

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3

Organizator: Towarzystwo Sportowe TRI-SPORT
 Data: 2023-08-19
 Miejsce: Bydgoszcz
 Dystans: 113 km
 Klasyfikacja wg czasów netto.



METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, OPEN

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie | T1 | Rower | T2 | Bieg | Netto |
|------|---------------------------|-----|---------------------------------------|-----------------------|------|------|--------|------|-------------------------|----------------|----------|---------------|----------|---------------|-------------|
| | | | | | | | | | | 1.9km | 89.8km | | 20.849km | | |
| 1 | MARCINEK TOMASZ | 737 | TM IRON TEAM | RACIBÓRZ | POL | M-32 | 1 | M 1 | TM IRONTEAM | 00:27:31 (1) | 00:01:58 | 02:10:06 (2) | 00:00:57 | 01:17:39 (1) | 03:58:11.95 |
| 2 | SAWIEŁAJC JAKUB | 691 | TM IRON TEAM | BYDGOSZCZ | POL | M-24 | 1 | M 2 | TM IRONTEAM | 00:29:49 (3) | 00:02:09 | 02:12:33 (3) | 00:01:59 | 01:29:49 (7) | 04:16:19.10 |
| 3 | RACEK TOMAŚ | 734 | IRONSTARS BEROUN | CERHOVICE | CZE | M-42 | 1 | M 3 | | 00:34:45 (14) | 00:02:44 | 02:10:03 (1) | 00:02:24 | 01:29:23 (5) | 04:19:19.65 |
| 4 | MADRASSI GIACOMO | 677 | TRI TEAM PULLY | LAUSANNE | | M-33 | 1 | M 4 | MIELCARKS TEAM | 00:27:42 (2) | 00:03:26 | 02:19:36 (4) | 00:01:41 | 01:28:08 (3) | 04:20:33.20 |
| 5 | GRZYBEK LUKASZ | 656 | TRIATHLON IQ | | POL | M-42 | 2 | M 5 | | 00:39:47 (50) | 00:02:37 | 02:24:24 (14) | 00:01:45 | 01:20:51 (2) | 04:29:24.95 |
| 6 | WASYLUK CEZARY | 746 | CONTROTLEC | WROCŁAW | POL | M-34 | 1 | M 6 | | 00:32:53 (7) | 00:02:13 | 02:24:44 (15) | 00:01:32 | 01:32:17 (10) | 04:33:39.50 |
| 7 | KAMIŃSKI TOMASZ | 717 | TM IRONTEAM | KOWALEWO POMORSKIE | POL | M-41 | 1 | M 7 | TM IRONTEAM | 00:34:41 (13) | 00:02:32 | 02:22:35 (10) | 00:02:04 | 01:32:51 (12) | 04:34:43.40 |
| 8 | GRONDZIEWSKI DARIUSZ | 663 | PHO3NIX GVT TEAM | SŁUPSK | POL | M-42 | 3 | M 8 | PHO3NIX GVT TEAM | 00:29:51 (4) | 00:03:16 | 02:21:34 (8) | 00:01:55 | 01:41:09 (25) | 04:37:45.80 |
| 9 | ZIĘBA ADAM | 501 | TRISPACE/TREK | BYDGOSZCZ | POL | M-50 | 1 | M 9 | TRISPACE/TREK | 00:42:03 (75) | 00:02:55 | 02:22:01 (9) | 00:01:47 | 01:30:12 (9) | 04:38:58.40 |
| 10 | GECZEW PAWEŁ | 615 | | WROCŁAW | POL | M-30 | 1 | M 10 | | 00:43:57 (99) | 00:02:15 | 02:22:38 (11) | 00:02:08 | 01:28:22 (4) | 04:39:20.45 |
| 11 | WOJCIECHOWSKI NORBERT | 522 | | GNIEZNO | POL | M-43 | 1 | M 11 | | 00:39:22 (44) | 00:02:53 | 02:24:04 (13) | 00:01:38 | 01:33:08 (13) | 04:41:05.55 |
| 12 | KILJANCIK PIOTR | 516 | | NEKLA | POL | M-43 | 2 | M 12 | | 00:40:18 (55) | 00:02:27 | 02:26:44 (22) | 00:04:17 | 01:29:40 (6) | 04:43:26.00 |
| 13 | MODZELEWSKI MACIEJ | 569 | VELO ŁOWICZ TRI | ŁOWICZ | POL | M-39 | 1 | M 13 | | 00:44:09 (103) | 00:02:46 | 02:25:32 (17) | 00:01:24 | 01:30:11 (8) | 04:44:02.05 |
| 14 | GOŁYŚ GRZEGORZ | 643 | | KNURÓW | POL | M-26 | 1 | M 14 | | 00:43:51 (97) | 00:03:24 | 02:20:32 (6) | 00:01:55 | 01:35:13 (16) | 04:44:55.55 |
| 15 | OLEWIŃSKI DARIUSZ | 712 | TRIATHLON KONSULTING | TORUŃ | POL | M-47 | 1 | M 15 | TRIATHLON KONSULTING | 00:37:24 (24) | 00:03:00 | 02:23:53 (12) | 00:02:07 | 01:40:30 (23) | 04:46:54.50 |
| 16 | KACPERSKI WOJTEK | 697 | WMKS OLSZTYŃSKA SZKOŁKA TRIATHLONU | OLSZTYN | POL | M-42 | 4 | M 16 | | 00:37:35 (25) | 00:02:32 | 02:29:29 (31) | 00:02:02 | 01:35:37 (17) | 04:47:15.15 |
| 17 | PRĄDZYŃSKI MARCIN | 646 | TM IRONTEAM | BYDGOSZCZ | POL | M-46 | 1 | M 17 | TM IRONTEAM | 00:35:20 (17) | 00:02:22 | 02:30:59 (36) | 00:01:43 | 01:40:43 (24) | 04:51:07.75 |
| 18 | CZECHOWSKI DAWID | 637 | | BYDGOSZCZ | POL | M-19 | 1 | M 18 | | 00:33:08 (8) | 00:03:23 | 02:36:12 (53) | 00:02:30 | 01:36:49 (18) | 04:52:02.35 |
| 19 | KRASNODĘBSKI SEBASTIAN | 733 | TM IRON TEAM | GRUDZIĄDZ | POL | M-41 | 2 | M 19 | TM IRONTEAM | 00:38:32 (34) | 00:03:13 | 02:25:45 (20) | 00:02:10 | 01:42:59 (30) | 04:52:39.20 |
| 20 | MIEDZIAK SEBASTIAN | 655 | LS PLUS RECYKLING TEAM | MIECZEWO | POL | M-40 | 1 | M 20 | | 00:37:59 (28) | 00:02:34 | 02:27:33 (24) | 00:01:33 | 01:43:13 (31) | 04:52:52.05 |
| 21 | MAGDZIARZ JAKUB | 540 | KANCELARIA HMM | BYDGOSZCZ | POL | M-43 | 3 | M 21 | | 00:39:53 (51) | 00:02:59 | 02:26:31 (21) | 00:02:20 | 01:41:50 (27) | 04:53:33.70 |
| 22 | ROGOZIEWICZ DAWID | 621 | LITWIN SPORT | MOKRONOS DOLNY | POL | M-22 | 1 | M 22 | | 00:33:22 (9) | 00:03:49 | 02:37:29 (61) | 00:02:08 | 01:37:38 (20) | 04:54:26.50 |
| 23 | NOSOWSKI JACEK | 528 | TRI.REGRESS | WARSZAWA | POL | M-49 | 1 | M 23 | | 00:34:59 (15) | 00:02:49 | 02:31:55 (39) | 00:02:09 | 01:42:43 (29) | 04:54:35.00 |
| 24 | EJSMONT KRZYSZTOF | 727 | | BORÓWNO | POL | M-46 | 2 | M 24 | | 00:43:08 (87) | 00:02:44 | 02:30:03 (33) | 00:01:24 | 01:38:34 (21) | 04:55:53.80 |
| 25 | STEFANIAK MARCIN | 718 | TM IRON TEAM | WAŁBRZYCH | POL | M-48 | 1 | M 25 | TM IRONTEAM | 00:38:29 (32) | 00:03:23 | 02:25:42 (19) | 00:02:42 | 01:46:44 (38) | 04:57:00.20 |
| 26 | CIMACHOWSKI JAKUB | 530 | CIMATECH | SOLEC KUJAWSKI | POL | M-43 | 4 | M 26 | | 00:35:10 (16) | 00:04:01 | 02:40:48 (76) | 00:02:22 | 01:34:55 (15) | 04:57:16.15 |
| 27 | BUZE ŁUKASZ | 652 | | KĘDZIERZYN-KOŹLE | POL | M-38 | 1 | M 27 | | 00:45:39 (122) | 00:03:25 | 02:32:19 (41) | 00:02:13 | 01:33:41 (14) | 04:57:17.70 |
| 28 | KRAJEWSKI TOMASZ | 670 | #ZALINIAMIETYTEAM | LUSOWO | POL | M-42 | 5 | M 28 | #ZALINIAMIETYTEAM | 00:38:43 (36) | 00:02:26 | 02:34:52 (47) | 00:02:22 | 01:38:59 (22) | 04:57:22.55 |
| 29 | ŁUKASZCZUK GRZEGORZ | 613 | TM IRONTEAM | ROKIETNICA | POL | M-41 | 3 | M 29 | TM IRONTEAM | 00:40:03 (53) | 00:04:58 | 02:30:17 (35) | 00:01:59 | 01:41:12 (26) | 04:58:29.45 |
| 30 | SUCHAN ŁUKASZ | 747 | SPORTWISE | KRAKÓW | POL | M-22 | 2 | M 30 | | 00:31:25 (5) | 00:03:23 | 02:35:25 (50) | 00:02:01 | 01:47:52 (42) | 05:00:06.75 |
| 31 | OGÓROWICZ JAKUB | 618 | BEEATHLETIC TEAM | OBORNIKI | POL | M-39 | 2 | M 31 | | 00:38:31 (33) | 00:03:35 | 02:32:13 (40) | 00:02:24 | 01:43:34 (32) | 05:00:17.35 |
| 32 | TURAJSKI MATEUSZ | 648 | AXENT IWONA TURAJSKA | ŚREM | POL | M-33 | 2 | M 32 | | 00:40:13 (54) | 00:03:22 | 02:28:55 (27) | 00:02:10 | 01:48:35 (44) | 05:03:15.55 |
| 33 | FAJOK SZYMON | 683 | MBC TEAM | POZNAŃ | POL | M-24 | 2 | M 33 | | 00:38:15 (30) | 00:03:06 | 02:19:59 (5) | 00:02:09 | 02:00:13 (80) | 05:03:42.40 |
| 34 | BARTOSIEWICZ TOMASZ | 562 | ORANGE POLSKA | ŻYRARDÓW | POL | M-39 | 3 | M 34 | | 00:42:11 (78) | 00:02:32 | 02:27:11 (23) | 00:01:48 | 01:50:16 (50) | 05:03:58.65 |
| 35 | WYSOCKI MARCIN | 628 | TORUŃSKI KLUB TRIATHLONOWY | NOWA CHEŁMŻA | POL | M-45 | 1 | M 35 | | 00:39:03 (43) | 00:02:55 | 02:27:41 (25) | 00:02:32 | 01:52:00 (55) | 05:04:11.25 |
| 36 | SZARMACHER SEBASTIAN | 560 | | DZIAŁDOWO | POL | M-40 | 2 | M 36 | | 00:41:00 (66) | 00:03:58 | 02:29:30 (32) | 00:01:57 | 01:47:50 (41) | 05:04:15.80 |
| 37 | HARTLIŃSKI GRZEGORZ | 725 | NAJMOWICZ TRIATHLON | JAROTY | POL | M-39 | 4 | M 37 | | 00:40:32 (58) | 00:03:01 | 02:34:26 (46) | 00:02:39 | 01:44:36 (35) | 05:05:14.70 |
| 38 | KAPSA DAWID | 598 | TRISPACE/TREK | BYDGOSZCZ | POL | M-45 | 2 | M 38 | TRISPACE/TREK | 00:43:04 (85) | 00:02:29 | 02:28:46 (26) | 00:02:23 | 01:49:00 (46) | 05:05:42.05 |
| 39 | LECH MIRO | 601 | | BRZEG | POL | M-37 | 1 | M 39 | | 00:36:17 (19) | 00:02:48 | 02:25:40 (18) | 00:02:17 | 01:59:35 (79) | 05:06:37.20 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|------------------------|-----|-------------------------------|-----------------------|------|------|--------|------|--------------------------|-------------------|----------|-----------------|----------|------------------|-------------|
| 40 | STAFARCZYK DAWID | 520 | TM IRON TEAM | RYBNIK | POL | M-31 | 1 | M 40 | TM IRONTEAM | 00:39:25 (45) | 00:02:30 | 02:34:08 (45) | 00:01:25 | 01:49:43 (48) | 05:07:11.10 |
| 41 | KĄŁEK ARTUR | 702 | TM IRON TEAM | BYDGOSZCZ | POL | M-49 | 2 | M 41 | TM IRONTEAM | 00:41:58 (73) | 00:03:46 | 02:29:24 (29) | 00:01:50 | 01:52:26 (59) | 05:09:24.40 |
| 42 | WYSOCKI PIOTR | 636 | | GDYNIA | POL | M-37 | 2 | M 42 | | 00:38:49 (38) | 00:03:39 | 02:31:12 (37) | 00:02:11 | 01:53:47 (67) | 05:09:38.10 |
| 43 | KOLEŚNIK BARTŁOMIEJ | 586 | 5 LUBUSKI PUŁK ARTYLERII | SULECHÓW | POL | M-34 | 2 | M 43 | 5 LUBUSKI PUŁK ARTYLERII | 00:37:03 (21) | 00:03:56 | 02:31:20 (38) | 00:01:59 | 01:55:39 (71) | 05:09:57.05 |
| 44 | HANUS WOJCIECH | 597 | | KRAKÓW | POL | M-34 | 3 | M 44 | | 00:44:38 (105) | 00:03:57 | 02:36:20 (55) | 00:02:33 | 01:42:41 (28) | 05:10:09.45 |
| 45 | PIESIK DAWID | 619 | TM IRON TEAM | BYDGOSZCZ | POL | M-33 | 3 | M 45 | TM IRONTEAM | 00:35:33 (18) | 00:02:49 | 02:29:06 (28) | 00:02:24 | 02:01:59 (87) | 05:11:51.60 |
| 46 | MILERT KRZYSZTOF | 714 | | POZNAŃ | POL | M-29 | 1 | M 46 | | 00:47:04 (139) | 00:05:28 | 02:41:51 (80) | 00:02:13 | 01:37:33 (19) | 05:14:09.20 |
| 47 | PILARCZYK BARTEK | 710 | AGAT TRI SUPERSONIC | OSTRÓW WLKP | POL | M-45 | 3 | M 47 | | 00:39:45 (49) | 00:03:36 | 02:37:36 (62) | 00:02:40 | 01:51:42 (53) | 05:15:19.25 |
| 48 | ALEKSANDROWICZ MARCIN | 741 | CHMURA COACHING | WROCŁAW | POL | M-31 | 2 | M 48 | | 00:45:39 (121) | 00:03:24 | 02:39:49 (71) | 00:02:43 | 01:43:53 (33) | 05:15:28.00 |
| 49 | SZYDŁOWSKI PAWEŁ | 633 | TRIWISE | KRAKÓW | POL | M-43 | 5 | M 49 | | 00:38:56 (39) | 00:03:33 | 02:40:49 (77) | 00:02:29 | 01:50:09 (49) | 05:15:56.05 |
| 50 | GNIOT JACEK | 538 | TRISPACE/TREK | GRUDZIĄDZ | POL | M-52 | 1 | M 50 | TRISPACE/TREK | 00:53:15 (190) | 00:02:58 | 02:32:56 (42) | 00:01:55 | 01:45:01 (36) | 05:16:05.40 |
| 51 | KRÓL HUBERT | 749 | WWW.TRENERTRIATHLONU.PL | POZNAŃ | POL | M-37 | 3 | M 51 | | 00:34:12 (12) | 00:02:31 | 02:34:07 (44) | 00:01:38 | 02:03:50 (95) | 05:16:18.00 |
| 52 | KROSNY SZYMON | 671 | CROSS-SPORT | RYBNIK | POL | M-32 | 2 | M 52 | CROSS-SPORT | 00:39:00 (41) | 00:03:19 | 02:40:26 (74) | 00:02:05 | 01:52:15 (57) | 05:17:05.50 |
| 53 | KUBASIK TOMASZ | 682 | | LUBLINIEC | POL | M-40 | 3 | M 53 | | 00:43:13 (88) | 00:03:01 | 02:40:52 (78) | 00:03:25 | 01:47:02 (40) | 05:17:33.10 |
| 54 | WALKOWIAK BARTOSZ | 567 | | NAKŁO NAD NOTECIĄ | POL | M-41 | 4 | M 54 | | 00:44:02 (100) | 00:02:46 | 02:37:13 (58) | 00:01:48 | 01:52:37 (61) | 05:18:26.00 |
| 55 | ULANOWSKI GRZEGORZ | 630 | STORMRIDER | ŚLUBICE | POL | M-49 | 3 | M 55 | | 00:49:06 (158) | 00:04:58 | 02:37:13 (59) | 00:03:26 | 01:43:56 (34) | 05:18:39.30 |
| 56 | ZAPALA ŁUKASZ | 645 | | ŚWIEBODZICE | POL | M-41 | 5 | M 56 | | 00:41:58 (74) | 00:06:19 | 02:36:42 (56) | 00:02:49 | 01:52:16 (58) | 05:20:04.95 |
| 57 | WALICH MACIEJ | 711 | 4T TARNOWSKIE TERMY TRIATHLON | PAMIĄTKOWO | POL | M-35 | 1 | M 57 | | 00:37:50 (26) | 00:02:58 | 02:35:04 (49) | 00:01:54 | 02:02:28 (89) | 05:20:14.40 |
| 58 | MYNC ANGELIKA | 647 | HTF LUDWIK SIKORSKI | ŁÓDŹ | POL | K-32 | 1 | K 1 | | 00:40:47 (59) | 00:02:56 | 02:48:59 (105) | 00:02:00 | 01:46:20 (37) | 05:21:02.30 |
| 59 | HÅKANSSON FREDRIK | 658 | HELENEHOLMS IF | LIMHAMN | SWE | M-52 | 2 | M 58 | | 00:36:43 (20) | 00:04:03 | 02:36:15 (54) | 00:03:00 | 02:01:06 (82) | 05:21:07.80 |
| 60 | JANKOWSKI TOMASZ | 690 | TRISPACE/TREK | BYDGOSZCZ | POL | M-50 | 2 | M 59 | TRISPACE/TREK | 00:41:57 (72) | 00:02:58 | 02:35:01 (48) | 00:02:36 | 01:59:03 (77) | 05:21:35.80 |
| 61 | GÓRNIŚIEWICZ PIOTR | 709 | WM TRISELF | KRAKÓW | POL | M-49 | 4 | M 60 | | 00:45:04 (109) | 00:03:40 | 02:39:26 (69) | 00:02:30 | 01:52:08 (56) | 05:22:48.55 |
| 62 | DOMERACKI DAMIAN | 504 | PERSONAL TRIATHLON | ŁOCHOWO | POL | M-43 | 6 | M 61 | | 00:46:50 (138) | 00:04:44 | 02:35:26 (51) | 00:02:34 | 01:56:19 (73) | 05:25:53.35 |
| 63 | GREJCZYK ALAN | 692 | CORTEZ TRIATHLON TEAM | BYDGOSZCZ | POL | M-29 | 2 | M 62 | | 00:42:14 (80) | 00:02:36 | 02:30:10 (34) | 00:01:55 | 02:09:19 (119) | 05:26:14.20 |
| 64 | JACH RAFAŁ | 594 | CROSS-SPORT | RYBNIK | POL | M-37 | 4 | M 63 | CROSS-SPORT | 00:46:48 (137) | 00:05:08 | 02:39:01 (66) | 00:02:53 | 01:52:36 (60) | 05:26:26.30 |
| 65 | KRAUSE SZYMON | 518 | SREBRNI TRI | TARNOWSKIE GÓRY | POL | M-41 | 6 | M 64 | SREBRNI TRI | 00:45:54 (128) | 00:03:49 | 02:39:00 (65) | 00:05:32 | 01:52:53 (63) | 05:27:08.30 |
| 66 | MOTYLEWSKA MARTA | 549 | PTT DELTA | PŁOCK | POL | K-32 | 2 | K 2 | PTT DELTA | 00:45:39 (123) | 00:02:57 | 02:42:16 (81) | 00:03:03 | 01:53:40 (66) | 05:27:35.15 |
| 67 | KONDRACKI ŁUKASZ | 631 | TRI TEAM LUBAŃ | ZGORZELEC | POL | M-40 | 4 | M 65 | | 00:37:07 (23) | 00:03:12 | 02:51:35 (120) | 00:02:25 | 01:53:21 (65) | 05:27:40.45 |
| 68 | BUTOWSKA KATARZYNA | 674 | BEZ ZBĘDNYCH PYTAŃ | STAROGARD GDAŃSKI | POL | K-41 | 1 | K 3 | | 00:45:31 (116) | 00:03:39 | 02:47:05 (101) | 00:03:12 | 01:48:57 (45) | 05:28:24.85 |
| 69 | CZEKAŁSKA MARIA | 565 | | POZNAŃ | POL | K-39 | 1 | K 4 | | 00:42:11 (79) | 00:03:39 | 02:49:21 (108) | 00:02:16 | 01:52:52 (62) | 05:30:19.05 |
| 70 | KAZIMIERCZYK ADAM | 707 | PTT DELTA | PŁOCK | POL | M-43 | 7 | M 66 | PTT DELTA | 00:41:02 (67) | 00:04:10 | 02:39:48 (70) | 00:02:17 | 02:03:48 (94) | 05:31:05.00 |
| 71 | WASILEWSKA AGATA | 527 | AKADEMIA MISTRZÓW SPORTU | OSÓWIEC | POL | K-42 | 1 | K 5 | AKADEMIA MISTRZÓW SPORTU | 00:43:14 (89) | 00:03:58 | 02:51:14 (117) | 00:01:59 | 01:51:37 (52) | 05:32:02.45 |
| 72 | WASILEWSKA MARTYNA | 548 | AKADEMIA MISTRZÓW SPORTU | BYDGOSZCZ | POL | K-40 | 1 | K 6 | AKADEMIA MISTRZÓW SPORTU | 00:42:44 (83) | 00:04:12 | 02:54:45 (134) | 00:02:23 | 01:48:02 (43) | 05:32:06.55 |
| 73 | ŻULEWSKI RADOŚLAW | 547 | | ŁÓDŹ | POL | M-36 | 1 | M 67 | | 00:47:42 (144) | 00:04:35 | 02:47:50 (103) | 00:02:28 | 01:49:37 (47) | 05:32:12.35 |
| 74 | CHMIELEWSKI RAFAŁ | 740 | TRIDIVISION TRIATHLON TEAM | GRUDZIĄDZ | POL | M-49 | 5 | M 68 | TRISPACE/TREK | 00:45:02 (108) | 00:03:06 | 02:38:32 (63) | 00:02:20 | 02:03:12 (92) | 05:32:12.75 |
| 75 | ODZIOBA SEBASTIAN | 519 | THE RWCYCKING | BISKUPIEC | POL | M-39 | 5 | M 69 | | 00:40:56 (63) | 00:03:08 | 02:38:57 (64) | 00:02:15 | 02:07:11 (112) | 05:32:27.45 |
| 76 | BARSCZEWSKI SEBASTIAN | 667 | | BYDGOSZCZ | POL | M-44 | 1 | M 70 | | 00:48:33 (153) | 00:03:20 | 02:41:48 (79) | 00:02:34 | 01:56:30 (74) | 05:32:45.30 |
| 77 | MENDRZYCKI ARTUR | 507 | | NOWE MIASTO LUBAWSKIE | POL | M-45 | 4 | M 71 | | 00:43:53 (98) | 00:04:23 | 02:39:55 (72) | 00:03:25 | 02:03:03 (91) | 05:34:39.35 |
| 78 | TRUSKOLAWSKA OLA | 545 | TRIDE TEAM | GDYNIA | POL | K-47 | 1 | K 7 | | 00:50:54 (171) | 00:03:06 | 02:43:10 (86) | 00:02:35 | 01:55:56 (72) | 05:35:41.85 |
| 79 | LICA GRZEGORZ | 510 | TRISPACE TREK | BYDGOSZCZ | POL | M-48 | 2 | M 72 | TRISPACE/TREK | 00:43:18 (91) | 00:03:22 | 02:35:45 (52) | 00:03:05 | 02:10:26 (126) | 05:35:56.20 |
| 80 | GRALIK JĘDRZEJ | 512 | BYDGOSKIE OKONIE | BYDGOSZCZ | POL | M-31 | 3 | M 73 | BYDGOSKIE OKONIE | 00:32:47 (6) | 00:04:27 | 02:54:04 (129) | 00:03:08 | 02:01:33 (85) | 05:35:59.70 |
| 81 | JOVANOVIĆ MARKO | 515 | GO APTIV! | KRAKÓW | SRB | M-31 | 4 | M 74 | | 00:38:25 (31) | 00:04:38 | 02:45:02 (92) | 00:03:03 | 02:05:02 (101) | 05:36:10.45 |
| 82 | WIŚNIEWSKI PIOTR | 632 | TRIATHLON KONSULTING | TORUŃ | POL | M-27 | 1 | M 75 | TRIATHLON KONSULTING | 00:39:00 (42) | 00:03:59 | 02:39:15 (68) | 00:02:01 | 02:11:57 (135) | 05:36:12.55 |
| 83 | DROŹDŹ MAŁGORZATA | 551 | AKADEMIA MISTRZÓW SPORTU | SADKI | POL | K-44 | 1 | K 8 | AKADEMIA MISTRZÓW SPORTU | 00:46:33 (135) | 00:03:33 | 02:51:16 (118) | 00:01:46 | 01:53:10 (64) | 05:36:18.50 |
| 84 | WODA EWELINA | 542 | | KRAKÓW | POL | K-39 | 2 | K 9 | | 00:38:44 (37) | 00:03:34 | 02:45:24 (95) | 00:02:16 | 02:06:38 (110) | 05:36:36.55 |
| 85 | STYLA KAMIL ALEKSANDER | 750 | MILOTEAM | KRAKOW | POL | M-36 | 2 | M 76 | MILOTEAM | 00:48:29 (151) | 00:03:41 | 02:40:48 (75) | 00:02:49 | 02:01:08 (83) | 05:36:55.55 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|-----------------------|-----|------------------------------------|--------------------------------|------|------|--------|-------|--------------------------|-------------------|----------|-----------------|----------|------------------|-------------|
| 86 | KUCHARCZYK KAMIL | 603 | TRI NOT TO DIE / EWA BUGDOŁ TEAM | POZNAŃ | POL | M-36 | 3 | M 77 | | 00:46:08 (129) | 00:04:18 | 02:44:42 (89) | 00:02:39 | 02:02:29 (90) | 05:40:16.00 |
| 87 | PESZT MAREK | 713 | | KRAKÓW | POL | M-42 | 6 | M 78 | | 00:40:49 (61) | 00:03:22 | 02:42:57 (84) | 00:02:50 | 02:10:30 (127) | 05:40:28.90 |
| 88 | MAZUR WOJCIECH | 678 | UCIEKAM PRZED ADIM ,) | BYDGOSZCZ | POL | M-38 | 2 | M 79 | | 00:37:06 (22) | 00:03:21 | 02:47:15 (102) | 00:01:47 | 02:11:54 (134) | 05:41:23.70 |
| 89 | PRYK RAFAŁ | 703 | | GOLENIÓW | POL | M-48 | 3 | M 80 | | 00:51:09 (172) | 00:04:05 | 02:50:07 (111) | 00:02:09 | 01:54:36 (70) | 05:42:06.70 |
| 90 | KIEDROWSKI JERZY | 669 | MIELCARKS TEAM | BYDGOSZCZ | POL | M-30 | 2 | M 81 | MIELCARKS TEAM | 00:44:51 (107) | 00:04:25 | 02:57:08 (148) | 00:04:26 | 01:51:55 (54) | 05:42:45.20 |
| 91 | OLEJNIK WOJCIECH | 553 | TRIGYM SZCZECIN | SZCZECIN | POL | M-27 | 2 | M 82 | TRIGYM SZCZECIN | 00:45:44 (126) | 00:04:38 | 02:42:37 (83) | 00:02:22 | 02:07:33 (114) | 05:42:54.65 |
| 92 | LASSAK BARTOSZ | 544 | AKADEMIA MISTRZÓW SPORTU | STRZELCE GÓRNE | POL | M-47 | 2 | M 83 | AKADEMIA MISTRZÓW SPORTU | 00:47:06 (140) | 00:03:46 | 02:44:05 (88) | 00:02:09 | 02:06:11 (105) | 05:43:17.95 |
| 93 | TRZASKOWSKI TOMASZ | 509 | | BYDGOSZCZ | POL | M-43 | 8 | M 84 | | 00:48:52 (155) | 00:04:06 | 02:43:07 (85) | 00:02:59 | 02:04:47 (99) | 05:43:51.30 |
| 94 | RADZIEJEWSKI TOMASZ | 688 | TEAMOCHAL | BYDGOSZCZ | POL | M-42 | 7 | M 85 | TEAMOCHAL | 00:46:24 (133) | 00:02:58 | 02:45:43 (97) | 00:01:41 | 02:07:07 (111) | 05:43:53.10 |
| 95 | PAKUŁA RAFAŁ | 640 | | STRYKÓW | POL | M-38 | 3 | M 86 | | 00:37:54 (27) | 00:02:59 | 02:45:05 (93) | 00:02:20 | 02:15:40 (143) | 05:43:58.85 |
| 96 | KIEPE NAURIS | 599 | | RIGA | LAT | M-47 | 3 | M 87 | | 00:40:31 (57) | 00:03:52 | 02:36:44 (57) | 00:02:44 | 02:21:47 (163) | 05:45:38.75 |
| 97 | KOSIŁKO TOMASZ | 581 | TRIGYM SZCZECIN | SZCZECIN | POL | M-43 | 9 | M 88 | TRIGYM SZCZECIN | 00:42:43 (82) | 00:03:29 | 02:37:13 (60) | 00:03:00 | 02:19:20 (154) | 05:45:45.65 |
| 98 | SAJDOK KAMIL | 680 | SREBRNI TRI | TARNOWSKIE GÓRY | POL | M-36 | 4 | M 89 | SREBRNI TRI | 00:46:20 (132) | 00:03:46 | 03:06:08 (175) | 00:03:16 | 01:47:02 (39) | 05:46:32.55 |
| 99 | KONIECZNY PRZEMEK | 609 | VELOCITY | BORÓWIEC | POL | M-37 | 5 | M 90 | | 00:43:47 (95) | 00:03:53 | 02:40:06 (73) | 00:02:57 | 02:15:56 (144) | 05:46:39.00 |
| 100 | KUPRACZ ANDRZEJ | 664 | TRISPACE | BRZOZA | POL | M-52 | 3 | M 91 | | 00:56:55 (202) | 00:04:32 | 02:44:50 (91) | 00:03:23 | 01:57:15 (75) | 05:46:55.25 |
| 101 | SOCHA KAMIL | 585 | 5 LUBUSKI PUŁK ARTYLRII | BRZEZIE K. SULECHÓW | POL | M-34 | 4 | M 92 | 5 LUBUSKI PUŁK ARTYLRII | 00:49:34 (162) | 00:03:50 | 02:49:58 (110) | 00:03:15 | 02:00:22 (81) | 05:46:59.95 |
| 102 | SZCZERBA MACIEJ | 508 | | NIEMCZ | POL | M-51 | 1 | M 93 | | 00:43:24 (92) | 00:03:42 | 02:45:59 (99) | 00:02:37 | 02:12:24 (137) | 05:48:06.65 |
| 103 | KODZIS PIOTR | 699 | OOO.OVOVO.OOO | BOKSZE STARE | POL | M-49 | 6 | M 94 | | 00:50:28 (169) | 00:06:20 | 02:58:28 (152) | 00:02:25 | 01:51:25 (51) | 05:49:06.35 |
| 104 | BARUKOV ARTEM | 624 | UNLIMITED SPORT 2.0 | KRAKOW | GBR | M-38 | 4 | M 95 | | 00:45:40 (124) | 00:06:00 | 02:52:57 (126) | 00:03:39 | 02:01:22 (84) | 05:49:38.90 |
| 105 | WŁODARCZYK WOJCIECH | 561 | CZARNE STOPY | BYDGOSZCZ | POL | M-59 | 1 | M 96 | | 00:52:43 (184) | 00:04:48 | 02:55:27 (136) | 00:03:30 | 01:54:05 (68) | 05:50:33.35 |
| 106 | LESZCZYŃSKI MARIUSZ | 517 | K. S. TRI B. ER | INOWROCLAW, POW. INOWROCLAWSKI | POL | M-47 | 4 | M 97 | | 00:43:33 (94) | 00:02:51 | 02:44:05 (87) | 00:02:00 | 02:18:28 (151) | 05:50:57.70 |
| 107 | PODLASIAK ARIEL | 676 | IM INSPIRATION | MIEDZYRZECZ | POL | M-32 | 3 | M 98 | | 00:45:31 (115) | 00:04:02 | 02:54:30 (133) | 00:02:08 | 02:04:56 (100) | 05:51:07.40 |
| 108 | DULIŃSKA DOROTA | 686 | TRISPACE TREK | NIEMCZ | POL | K-47 | 2 | K 10 | TRISPACE/TREK | 00:49:23 (159) | 00:03:33 | 02:50:35 (114) | 00:03:12 | 02:04:26 (97) | 05:51:09.10 |
| 109 | WODNICKI GRZEGORZ | 629 | | SZCZECIN | POL | M-28 | 1 | M 99 | | 00:45:34 (118) | 00:04:23 | 02:54:15 (131) | 00:02:48 | 02:04:09 (96) | 05:51:09.35 |
| 110 | WOJDYŁA MARTA | 679 | FUNTRI | WROCLAW | POL | K-32 | 3 | K 11 | | 00:39:42 (48) | 00:04:04 | 02:58:31 (153) | 00:02:40 | 02:07:48 (115) | 05:52:45.25 |
| 111 | WIECZOREK ANNA | 659 | BRZYSKI TRI TEAM | KRAKÓW | POL | K-27 | 1 | K 12 | | 00:39:29 (46) | 00:03:33 | 03:00:19 (161) | 00:03:38 | 02:05:51 (103) | 05:52:50.90 |
| 112 | BURSKI PAWEŁ | 715 | | ŁÓDŹ | POL | M-54 | 1 | M 100 | | 00:46:13 (130) | 00:03:47 | 02:50:32 (113) | 00:04:01 | 02:08:57 (118) | 05:53:30.25 |
| 113 | GROCHOWSKI PIOTR | 731 | TRIDEA | GDAŃSK | POL | M-49 | 7 | M 101 | | 00:48:11 (149) | 00:03:34 | 02:52:09 (121) | 00:02:13 | 02:07:32 (113) | 05:53:39.10 |
| 114 | SAWICKI MICHAŁ | 642 | ADRIAN KOSTERA TEAM | WARSZAWA | POL | M-29 | 3 | M 102 | | 00:41:26 (70) | 00:04:01 | 02:47:02 (100) | 00:01:38 | 02:21:16 (160) | 05:55:23.45 |
| 115 | MASŁOWSKI MARCIN | 604 | HTF LUDWIK SIKORSKI | ŁÓDŹ | POL | M-44 | 2 | M 103 | HTF LUDWIK SIKORSKI | 00:40:56 (62) | 00:03:44 | 02:51:23 (119) | 00:02:05 | 02:17:50 (148) | 05:55:58.75 |
| 116 | GRUBA MAREK | 694 | TRISPACE/TREK | BRZOZA | POL | M-35 | 2 | M 104 | TRISPACE/TREK | 00:43:26 (93) | 00:03:25 | 02:57:13 (150) | 00:02:11 | 02:10:23 (124) | 05:56:38.35 |
| 117 | MAZUREK WOJCIECH | 595 | CROSS-SPORT | ZWONOWICE | POL | M-30 | 3 | M 105 | CROSS-SPORT | 00:47:15 (141) | 00:04:56 | 02:56:53 (147) | 00:03:10 | 02:04:31 (98) | 05:56:45.00 |
| 118 | GÓRNY BARTOSZ | 689 | TRISPACE/TREK | BYDGOSZCZ | POL | M-35 | 3 | M 106 | TRISPACE/TREK | 00:45:50 (127) | 00:02:57 | 02:49:06 (106) | 00:03:00 | 02:16:18 (146) | 05:57:11.35 |
| 119 | SĘK MAREK | 706 | WM TRISELF | KRAKÓW | POL | M-44 | 3 | M 107 | | 00:42:07 (76) | 00:03:32 | 03:03:18 (168) | 00:03:21 | 02:05:35 (102) | 05:57:53.15 |
| 120 | TAMBORSKA AGATA | 675 | UPGRADE PLATFORM | ŁÓDŹ | POL | K-35 | 1 | K 13 | | 00:38:42 (35) | 00:03:22 | 03:11:00 (190) | 00:03:19 | 02:01:38 (86) | 05:58:01.10 |
| 121 | CYREK GRZEGORZ | 657 | GLOBAL NATUREON BOCHNIA BIEGA TEAM | KOSZYCE MAŁE | POL | M-49 | 8 | M 108 | | 01:00:54 (213) | 00:05:34 | 02:39:01 (67) | 00:03:26 | 02:09:22 (120) | 05:58:17.55 |
| 122 | GALICKI JAKUB | 532 | AKADEMIA MISTRZÓW SPORTU | KOBYLARNIA | POL | M-49 | 9 | M 109 | AKADEMIA MISTRZÓW SPORTU | 00:44:08 (101) | 00:04:01 | 02:55:37 (138) | 00:03:36 | 02:11:17 (132) | 05:58:39.10 |
| 123 | MISZTELA TOMASZ | 588 | PTT DELTA | SŁUPNO | POL | M-57 | 1 | M 110 | PTT DELTA | 00:54:35 (195) | 00:04:16 | 02:56:41 (146) | 00:03:47 | 01:59:21 (78) | 05:58:40.30 |
| 124 | MAKOWSKI SŁAWOMIR | 502 | WTLENIE | BYDGOSZCZ | POL | M-54 | 2 | M 111 | AKADEMIA MISTRZÓW SPORTU | 00:54:02 (193) | 00:04:01 | 02:45:18 (94) | 00:03:15 | 02:12:10 (136) | 05:58:46.85 |
| 125 | AUGUSTYNIAK PIOTR | 745 | | BYDGOSZCZ | POL | M-47 | 5 | M 112 | | 00:47:17 (142) | 00:03:20 | 02:45:41 (96) | 00:05:20 | 02:17:29 (147) | 05:59:07.35 |
| 126 | SUDOŁ JACEK | 570 | PARKRUN BYDGOSZCZ | BYDGOSZCZ | POL | M-45 | 5 | M 113 | | 00:46:28 (134) | 00:03:49 | 03:04:30 (171) | 00:02:05 | 02:03:41 (93) | 06:00:33.85 |
| 127 | TREFON MICHALINA | 626 | KOZAK TEAM | ROGOŹNIK | POL | K-36 | 1 | K 14 | | 00:42:24 (81) | 00:03:24 | 03:05:42 (173) | 00:02:12 | 02:08:48 (117) | 06:02:30.95 |
| 128 | WOŹNIAKOWSKA AGATA | 726 | WTLENIE | BYDGOSZCZ | POL | K-39 | 3 | K 15 | AKADEMIA MISTRZÓW SPORTU | 00:41:20 (69) | 00:03:44 | 03:05:02 (172) | 00:02:57 | 02:09:41 (121) | 06:02:44.70 |
| 129 | BRUNOVSKÁ KATARÍNA | 662 | SLOVAK TRIATHLON ACADEMY | BRATISLAVA | SVK | K-28 | 1 | K 16 | | 00:33:59 (11) | 00:03:06 | 03:07:36 (183) | 00:03:33 | 02:14:39 (140) | 06:02:53.40 |
| 130 | ANDRZEJAK ROBERT | 638 | VAMOS | POZNAŃ | POL | M-47 | 6 | M 114 | | 01:00:44 (212) | 00:06:05 | 02:55:31 (137) | 00:02:17 | 02:02:01 (88) | 06:06:38.00 |
| 131 | ROMANOWSKI KAMIL | 654 | KOSTERA TEAM | MARKI | POL | M-42 | 8 | M 115 | | 00:52:35 (182) | 00:03:25 | 02:48:40 (104) | 00:04:53 | 02:17:54 (149) | 06:07:27.05 |
| 132 | ANDRZEJEWSKI JAKUB | 668 | | BYDGOSZCZ | POL | M-31 | 5 | M 116 | | 00:41:27 (71) | 00:04:08 | 03:02:17 (165) | 00:04:34 | 01:32:24 (11) | 06:07:50.00 |
| 133 | POHL DUCZMAL ELŻBIETA | 698 | CTS JAKUB CZAJA | PIERWOSZYNO | POL | K-50 | 1 | K 17 | | 00:44:09 (102) | 00:03:42 | 02:55:57 (142) | 00:02:39 | 02:21:26 (161) | 06:07:53.45 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|--------------------------|-----|--------------------------------|-----------------------|------|------|--------|-------|--------------------------------|-------------------|----------|-----------------|----------|------------------|-------------|
| 134 | MARCINIAK PRZEMYSŁAW | 744 | | BYDGOSZCZ | POL | M-41 | 7 | M 117 | | 00:48:01 (147) | 00:03:28 | 02:59:56 (158) | 00:03:12 | 02:14:59 (141) | 06:09:36.85 |
| 135 | TECZA ARTUR | 534 | | SOLEC KUJAWSKI | POL | M-46 | 3 | M 118 | | 00:42:09 (77) | 00:08:09 | 02:50:11 (112) | 00:04:59 | 02:24:24 (168) | 06:09:52.15 |
| 136 | TYSZKA FILIP | 575 | KRISS COACHING | JONKOWO | POL | M-42 | 9 | M 119 | | 00:59:45 (211) | 00:03:23 | 02:45:46 (98) | 00:02:36 | 02:18:32 (152) | 06:10:02.55 |
| 137 | WIŚNIEWSKI RAFAŁ | 665 | RAFAŁ WIŚNIEWSKI | BYDGOSZCZ | POL | M-40 | 5 | M 120 | AKADEMIA MISTRZÓW SPORTU | 00:53:02 (188) | 00:04:00 | 02:59:59 (159) | 00:02:22 | 02:11:08 (130) | 06:10:31.85 |
| 138 | WOJCIECHOWSKA MAŁGORZATA | 700 | | POZNAŃ | POL | K-35 | 2 | K 18 | | 00:45:07 (110) | 00:03:37 | 03:03:34 (169) | 00:04:23 | 02:14:22 (139) | 06:11:03.95 |
| 139 | WOLAK PAWEŁ | 616 | ORKAMASTERS IŁAWA | NOWE MIASTO LUBAWSKIE | POL | M-24 | 3 | M 121 | | 00:42:51 (84) | 00:04:31 | 03:00:18 (160) | 00:02:06 | 02:21:33 (162) | 06:11:19.85 |
| 140 | ADAMCZEWSKA AGNIESZKA | 730 | IRON HOUSE TRIATHLON WŁOCŁAWEK | LUBANIE | POL | K-48 | 1 | K 19 | IRON HOUSE TRIATHLON WŁOCŁAWEK | 00:55:36 (200) | 00:05:26 | 03:10:59 (189) | 00:01:41 | 01:58:45 (76) | 06:12:27.70 |
| 141 | MROTEK MICHAŁ | 666 | AKADEMIA MISTRZÓW SPORTU | KRUSZYN KRAJEŃSKI | POL | M-44 | 4 | M 122 | AKADEMIA MISTRZÓW SPORTU | 00:46:17 (131) | 00:03:58 | 03:24:25 (208) | 00:03:27 | 01:54:26 (69) | 06:12:33.70 |
| 142 | NOSIĄDEK MICHAŁ | 605 | CROSS SPORT | WODZISŁAW ŚLĄSKI | POL | M-38 | 5 | M 123 | CROSS-SPORT | 00:50:00 (168) | 00:04:53 | 02:55:54 (141) | 00:03:58 | 02:18:20 (150) | 06:13:05.15 |
| 143 | MIRELLA PERGOLA | 577 | SBRTRIATHLON | FAVARO VENETO | ITA | K-57 | 1 | K 20 | | 01:05:27 (219) | 00:04:54 | 02:53:51 (128) | 00:02:48 | 02:06:26 (108) | 06:13:26.10 |
| 144 | NOWICKI ADAM | 514 | | BYDGOSZCZ | POL | M-50 | 3 | M 124 | | 00:45:35 (119) | 00:03:31 | 02:52:38 (123) | 00:03:46 | 02:28:22 (172) | 06:13:52.65 |
| 145 | WIS MODESTA | 738 | | BRZESKO | POL | K-33 | 1 | K 21 | | 00:43:08 (86) | 00:04:09 | 03:13:17 (197) | 00:03:27 | 02:10:25 (125) | 06:14:26.85 |
| 146 | ŁĄCKI ANDRZEJ | 661 | | ZIELONA GÓRA | POL | M-55 | 1 | M 125 | | 00:40:25 (56) | 00:05:16 | 02:52:23 (122) | 00:02:59 | 02:34:07 (184) | 06:15:10.85 |
| 147 | RATAJCZAK MAREK | 685 | TM IRON TEAM | WROCŁAW | POL | M-57 | 2 | M 126 | TM IRONTEAM | 01:01:49 (215) | 00:07:25 | 02:56:27 (143) | 00:03:49 | 02:06:30 (109) | 06:16:00.40 |
| 148 | ŻEGLICZ MAREK | 572 | SPÓJNIA BIAŁE BŁOTA | BIAŁE BŁOTA | POL | M-28 | 2 | M 127 | | 00:44:32 (104) | 00:05:35 | 03:07:05 (179) | 00:08:43 | 02:10:12 (123) | 06:16:07.15 |
| 149 | ROSZUK JAKUB | 716 | EWA BUGDOŁ TRIATHLON TEAM | OPOLE | POL | M-44 | 5 | M 128 | | 00:38:59 (40) | 00:04:04 | 02:50:38 (115) | 00:02:57 | 02:39:31 (194) | 06:16:09.55 |
| 150 | BRUNOVSKÝ SIMON | 687 | SLOVAK TRIATHLON ACADEMY | BRATISLAVA | SVK | M-30 | 4 | M 129 | | 00:33:40 (10) | 00:04:06 | 03:06:40 (178) | 00:03:32 | 02:29:02 (175) | 06:17:00.35 |
| 151 | WŁODARCZAK WITOLD | 705 | TRISPACE/TREK | BYDGOSZCZ | POL | M-60 | 1 | M 130 | TRISPACE/TREK | 00:51:25 (176) | 00:02:51 | 02:55:42 (139) | 00:01:41 | 02:28:13 (171) | 06:19:52.25 |
| 152 | RADZIŃSKA JOANNA | 576 | TRISPACE/TREK | BYDGOSZCZ | POL | K-37 | 1 | K 22 | TRISPACE/TREK | 00:53:07 (189) | 00:03:54 | 03:02:19 (167) | 00:04:28 | 02:16:06 (145) | 06:19:54.70 |
| 153 | JABŁOŃSKA IZABELA | 579 | #IZIBIKE | KLINY | POL | K-42 | 2 | K 23 | | 00:44:49 (106) | 00:05:08 | 03:07:51 (185) | 00:03:52 | 02:18:44 (153) | 06:20:24.60 |
| 154 | WIŚNIEWSKI ARNOLD | 566 | KM PSP JRG9 ŁÓDŹ | ŁÓDŹ | POL | M-49 | 10 | M 131 | | 00:49:00 (156) | 00:05:53 | 03:07:38 (184) | 00:03:34 | 02:14:20 (138) | 06:20:25.60 |
| 155 | WALCZAK PAWEŁ | 503 | DRUŻYNA L&CH | BYDGOSZCZ | POL | M-34 | 5 | M 132 | | 01:05:27 (220) | 00:05:32 | 03:00:48 (163) | 00:02:25 | 02:06:13 (106) | 06:20:25.85 |
| 156 | PACHYKOUSKI PAVEL | 651 | | WARSZAWA | BEL | M-38 | 6 | M 133 | | 00:48:09 (148) | 00:03:50 | 03:11:52 (192) | 00:07:11 | 02:09:54 (122) | 06:20:56.15 |
| 157 | BEDYK IRENEUSZ | 523 | PTT DELTA | CEKANOWO | POL | M-66 | 1 | M 134 | PTT DELTA | 00:58:59 (209) | 00:05:35 | 02:58:55 (154) | 00:02:28 | 02:15:03 (142) | 06:21:00.55 |
| 158 | MYŚKOW LESZEK | 591 | TRI MISSION | SEICHNICE | POL | M-47 | 7 | M 135 | TRI MISSION | 00:47:30 (143) | 00:04:09 | 02:57:10 (149) | 00:04:02 | 02:28:28 (173) | 06:21:19.35 |
| 159 | BURŻACKA-TYC AGNIESZKA | 524 | PTT DELTA | PŁOCK | POL | K-51 | 1 | K 24 | PTT DELTA | 00:45:32 (117) | 00:05:18 | 03:17:06 (202) | 00:02:57 | 02:10:36 (129) | 06:21:29.90 |
| 160 | CZERNIAK GRACJAN | 607 | | KOSZALIN | POL | M-43 | 10 | M 136 | | 00:49:35 (163) | 00:04:51 | 03:03:36 (170) | 00:02:40 | 02:21:15 (159) | 06:21:57.05 |
| 161 | KRYGIER MACIEJ | 708 | | BYDGOSZCZ | POL | M-35 | 4 | M 137 | | 00:49:23 (160) | 00:06:10 | 02:56:36 (145) | 00:06:43 | 02:23:18 (164) | 06:22:10.75 |
| 162 | ROSZAK BARTOSZ | 748 | WRONIECKI KLUB BIEGACZA | WRONKI | POL | M-40 | 6 | M 138 | | 00:49:44 (164) | 00:04:15 | 03:06:30 (177) | 00:02:07 | 02:20:28 (157) | 06:23:04.70 |
| 163 | CZERWIAKOWSKI SEBASTIAN | 529 | | BYDGOSZCZ | POL | M-49 | 11 | M 139 | | 00:46:36 (136) | 00:05:15 | 02:49:36 (109) | 00:02:26 | 02:39:42 (195) | 06:23:35.00 |
| 164 | MISZTELA DARIUSZ | 587 | PTT DELTA | PŁOCK | POL | M-62 | 1 | M 140 | PTT DELTA | 00:55:47 (201) | 00:05:41 | 03:09:34 (187) | 00:02:04 | 02:10:31 (128) | 06:23:37.60 |
| 165 | ZAKRZEWSKI JAROSŁAW | 505 | | BYDGOSZCZ | POL | M-50 | 4 | M 141 | | 00:48:32 (152) | 00:03:27 | 02:54:45 (135) | 00:02:37 | 02:36:23 (190) | 06:25:44.20 |
| 166 | WIŚNIEWSKI MIKOŁAJ | 720 | ROWEROWA BRZOZA | OLIMPIN | POL | M-25 | 1 | M 142 | | 00:45:14 (112) | 00:04:06 | 02:58:57 (155) | 00:03:21 | 02:34:41 (185) | 06:26:19.75 |
| 167 | GRUBA JACEK | 608 | TRISPACE/TREK | BRZOZA | POL | M-63 | 1 | M 143 | TRISPACE/TREK | 00:52:38 (183) | 00:03:57 | 03:07:19 (180) | 00:03:01 | 02:19:48 (155) | 06:26:43.40 |
| 168 | SZYMCZAK KATARZYNA | 526 | | GDYNIA | POL | K-37 | 2 | K 25 | | 00:45:09 (111) | 00:04:52 | 03:13:03 (195) | 00:03:56 | 02:23:30 (166) | 06:30:30.50 |
| 169 | LIPSKI ŁUKASZ | 593 | | PIŁA | POL | M-41 | 8 | M 144 | | 00:48:45 (154) | 00:06:15 | 02:53:22 (127) | 00:02:58 | 02:40:06 (196) | 06:31:26.50 |
| 170 | WRZOCHOL PAWEŁ | 552 | TRIGYM SZCZECIN | SZCZECIN | POL | M-38 | 7 | M 145 | TRIGYM SZCZECIN | 00:51:39 (178) | 00:05:02 | 02:59:29 (157) | 00:04:09 | 02:31:18 (178) | 06:31:37.15 |
| 171 | ŁOZOVA OLGA | 723 | TRIWISE | KRAKÓW | POL | K-41 | 2 | K 26 | | 00:47:59 (146) | 00:04:58 | 03:06:28 (176) | 00:04:52 | 02:27:26 (170) | 06:31:43.75 |
| 172 | JASINSKI KAROL | 684 | | WROCŁAW | POL | M-30 | 5 | M 146 | | 00:51:35 (177) | 00:06:11 | 02:59:02 (156) | 00:05:00 | 02:31:18 (179) | 06:33:06.85 |
| 173 | SPLITT WOJCIECH | 558 | PŁOMIEN DRAŻNO | MROCAZ | POL | M-44 | 6 | M 147 | | 00:47:49 (145) | 00:06:49 | 03:07:26 (182) | 00:06:46 | 02:24:20 (167) | 06:33:10.35 |
| 174 | BU CZYŃSKI TOMASZ | 625 | | POZNAŃ | POL | M-39 | 6 | M 148 | | 01:03:44 (218) | 00:03:53 | 03:14:11 (198) | 00:02:57 | 02:08:25 (116) | 06:33:10.90 |
| 175 | DOBK PAWEŁ | 722 | MILOTEAM | PRZETOCZYNO | POL | M-43 | 11 | M 149 | | 00:54:50 (198) | 00:04:01 | 03:06:26 (162) | 00:03:21 | 02:32:12 (181) | 06:34:50.30 |
| 176 | ANTONOVITCH VLADIMIR | 653 | TRI.BY | WARSZAWA | | M-51 | 2 | M 150 | TRI.BY | 00:55:10 (199) | 00:04:32 | 02:55:46 (140) | 00:03:42 | 02:35:49 (188) | 06:34:59.25 |
| 177 | FABROWSKI DAWID | 513 | TRITAT TEAMOCHAL | BYDGOSZCZ | POL | M-42 | 10 | M 151 | TEAMOCHAL TRITATA | 00:40:57 (64) | 00:05:04 | 03:06:06 (174) | 00:04:59 | 02:38:32 (192) | 06:35:38.00 |
| 178 | BAYOK ILYA | 724 | | WARSAW | POL | M-28 | 3 | M 152 | | 00:58:50 (208) | 00:05:30 | 03:00:58 (164) | 00:01:27 | 02:28:53 (174) | 06:35:38.70 |
| 179 | SOBAŃSKI ROMAN | 641 | TARNOWO PODGÓRNE BIEGA | TARNOWO PODGÓRNE | POL | M-43 | 12 | M 153 | | 00:49:05 (157) | 00:04:53 | 02:54:15 (132) | 00:03:33 | 02:44:00 (200) | 06:35:46.80 |
| 180 | MYŚKOW ELŻBIETA | 590 | TRIMMISSION | SIECHNICE | POL | K-47 | 3 | K 27 | TRI MISSION | 00:48:23 (150) | 00:05:20 | 03:19:35 (205) | 00:03:07 | 02:20:04 (156) | 06:36:29.80 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|--------------------------|-----|----------------------------------|--------------------|------|------|--------|-------|--------------------------|--------------------|----------|-----------------|----------|------------------|-------------|
| 181 | NURKIEWICZ JAROSŁAW | 537 | KUNG FU PANDY 3 | BYDGOSZCZ | POL | M-52 | 4 | M 154 | | 00:51:52 (180) | 00:02:59 | 03:10:42 (188) | 00:02:19 | 02:30:21 (176) | 06:38:13.65 |
| 182 | KOCHANOWSKI MACIEJ | 580 | | BYDGOSZCZ | POL | M-31 | 6 | M 155 | | 00:54:37 (197) | 00:06:39 | 03:28:30 (213) | 00:02:45 | 02:05:54 (104) | 06:38:25.10 |
| 183 | KLAPENDA MARIUSZ | 571 | MARIO TEAM | ŁĘCZYCA | POL | M-49 | 12 | M 156 | | 01:15:39 (223) | 00:08:15 | 02:56:36 (144) | 00:07:35 | 02:11:15 (131) | 06:39:20.70 |
| 184 | KRUCZKOWSKA LASSAK ANITA | 582 | | STRZELCE GÓRNE | POL | K-43 | 1 | K 28 | | 01:02:08 (216) | 00:04:13 | 03:17:42 (204) | 00:03:42 | 02:11:45 (133) | 06:39:30.00 |
| 185 | MIELCAREK TOMASZ | 728 | MIELCARCS TEAM | PEŁŃSK | POL | M-49 | 13 | M 157 | MIELCARCS TEAM | 00:53:28 (191) | 00:05:15 | 03:02:19 (166) | 00:04:15 | 02:35:00 (187) | 06:40:17.15 |
| 186 | SZYMCZAK JAKUB | 525 | | GDYNIA | POL | M-35 | 5 | M 158 | | 00:45:43 (125) | 00:04:50 | 03:12:46 (194) | 00:03:39 | 02:34:54 (186) | 06:41:52.00 |
| 187 | WITKOWSKI TOMASZ | 550 | VIVALVIDA | BYDGOSZCZ | POL | M-39 | 7 | M 159 | | 00:52:49 (186) | 00:03:44 | 02:57:41 (151) | 00:03:43 | 02:47:00 (201) | 06:44:57.90 |
| 188 | SZULC ŁUKASZ | 639 | IRONSZULIS | GDĄSK | POL | M-40 | 7 | M 160 | | 00:57:41 (205) | 00:05:32 | 03:13:09 (196) | 00:05:11 | 02:23:25 (165) | 06:44:58.60 |
| 189 | BUDZIAK MAKSYMILIAN | 693 | | BYDGOSZCZ | POL | M-21 | 1 | M 161 | | 00:49:54 (165) | 00:06:25 | 03:37:20 (218) | 00:05:28 | 02:06:22 (107) | 06:45:29.60 |
| 190 | RAŻNIEWSKI ŁUKASZ | 546 | WMKS | DYWITY | POL | M-47 | 8 | M 162 | | 00:51:15 (175) | 00:04:19 | 03:07:24 (181) | 00:02:55 | 02:40:29 (198) | 06:46:22.40 |
| 191 | SZYMKUĆ WOJCIECH | 539 | | POZNAŃ | POL | M-34 | 6 | M 163 | | 00:52:47 (185) | 00:05:15 | 03:24:38 (209) | 00:02:53 | 02:20:53 (158) | 06:46:26.15 |
| 192 | BETLEJ HUBERT | 543 | | KRAKÓW | POL | M-41 | 9 | M 164 | | 00:57:47 (206) | 00:04:25 | 02:52:54 (125) | 00:02:34 | 02:48:57 (203) | 06:46:37.20 |
| 193 | WIŚNIEWSKI ZBIGNIEW | 719 | ROWEROWA BRZOZA | OLIMPIN | POL | M-57 | 3 | M 165 | ACTIVE AGE | 00:51:48 (179) | 00:05:51 | 03:14:55 (199) | 00:04:39 | 02:31:30 (180) | 06:48:43.90 |
| 194 | DUPRÉ BARBARA | 612 | SBR3ATHLON | MARTELLAGO | ITA | K-53 | 1 | K 29 | | 00:45:30 (114) | 00:05:03 | 03:09:00 (186) | 00:03:08 | 02:48:43 (202) | 06:51:24.10 |
| 195 | HUBCZAK MICHAŁ | 610 | ARTECH FORKLIFT | ŻYWIEC | POL | M-20 | 1 | M 166 | | 00:40:03 (52) | 00:05:05 | 02:54:09 (130) | 00:02:11 | 03:10:01 (210) | 06:51:29.05 |
| 196 | MACIEJEWSKI SZYMON | 644 | MACIEJEWSCY | ŁOMIANKI DOLNE | POL | M-45 | 6 | M 167 | | 00:41:18 (68) | 00:08:46 | 03:14:55 (200) | 00:07:34 | 02:39:04 (193) | 06:51:37.35 |
| 197 | ZUBEK RAFAŁ | 673 | PTT DELTA | STRÓŻEWKO | POL | M-56 | 1 | M 168 | PTT DELTA | 00:59:15 (210) | 00:06:14 | 03:11:12 (191) | 00:03:52 | 02:33:31 (183) | 06:54:04.85 |
| 198 | GRABOWSKI ANDRZEJ | 584 | PTT DELTA | SLUPNO | POL | M-47 | 9 | M 169 | PTT DELTA | 00:52:25 (181) | 00:04:40 | 03:17:27 (203) | 00:04:27 | 02:36:15 (189) | 06:55:14.50 |
| 199 | GRALIK KACPER | 531 | BYDGOSKIE OKONIE | BYDGOSZCZ | POL | M-27 | 3 | M 170 | | 00:45:37 (120) | 00:04:56 | 03:11:57 (193) | 00:05:18 | 02:49:58 (204) | 06:57:46.75 |
| 200 | DAWID ŁUKASZ | 701 | | GOLENIÓW | POL | M-37 | 6 | M 171 | | 00:51:14 (173) | 00:04:37 | 03:20:57 (206) | 00:05:01 | 02:40:28 (197) | 07:02:17.65 |
| 201 | KUPCZYK TOMASZ | 554 | | ŁOMIANKI DOLNE | POL | M-46 | 4 | M 172 | | 00:52:53 (187) | 00:06:10 | 03:31:35 (214) | 00:05:43 | 02:30:55 (177) | 07:07:16.75 |
| 202 | ZIELIŃSKA MAŁGORZATA | 622 | | IMIELINEK | POL | K-53 | 2 | K 30 | | 00:57:10 (203) | 00:06:12 | 03:26:33 (211) | 00:05:03 | 02:38:18 (191) | 07:13:16.50 |
| 203 | ARABE LUANNA | 563 | MIELCARCS TEAM | BARCELONA | ESP | K-30 | 1 | K 31 | MIELCARCS TEAM | 00:49:31 (161) | 00:07:15 | 03:43:22 (220) | 00:06:30 | 02:32:43 (182) | 07:19:21.55 |
| 204 | DOMBROWSKI CATHERINE | 596 | SKS OBORNIKI | DABROWKA LESNA | POL | K-42 | 3 | K 32 | | 01:05:40 (221) | 00:07:50 | 03:37:08 (217) | 00:02:30 | 02:26:20 (169) | 07:19:28.90 |
| 205 | ROGUSZ ZBIGNIEW | 635 | | GDĄSK | POL | M-39 | 8 | M 173 | | 00:49:58 (167) | 00:06:53 | 03:35:34 (215) | 00:07:02 | 02:42:54 (199) | 07:22:21.60 |
| 206 | GOŁATA AGNIESZKA | 732 | BOGMAR- AKADEMIA MISTRZÓW SPORTU | DĄBROWA CHEŁMIŃSKA | POL | K-41 | 3 | K 33 | AKADEMIA MISTRZÓW SPORTU | 00:50:30 (170) | 00:03:32 | 03:25:41 (210) | 00:04:33 | 02:58:39 (205) | 07:22:55.00 |
| 207 | WAWRZYŃIAK PRZEMYSŁAW | 672 | | WROCŁAW | POL | M-30 | 6 | M 174 | | 00:58:06 (207) | 00:07:42 | 03:21:58 (207) | 00:07:05 | 02:59:41 (206) | 07:34:32.45 |
| 208 | ANDRAU ANATOLI | 650 | TRI.BY | WARSAW | POL | M-46 | 5 | M 175 | TRI.BY | 01:08:44 (222) | 00:04:46 | 03:16:41 (201) | 00:02:57 | 03:04:23 (208) | 07:37:31.15 |
| 209 | MAĆKOWSKA MAGDALENA | 533 | MAGDALENA_M_TRI / TRICHICKAS | BYDGOSZCZ | POL | K-38 | 1 | K 34 | | 01:01:21 (214) | 00:03:56 | 03:39:16 (219) | 00:09:45 | 03:04:05 (207) | 07:58:23.40 |
| 210 | ZAKLIŃSKA KATARZYNA | 704 | | GLIWICE | POL | K-47 | 4 | K 35 | | 00:54:34 (194) | 00:22:37 | 03:27:44 (212) | 00:07:47 | 03:06:49 (209) | 07:59:31.90 |
| 211 | FIOSEK PAWEŁ | 535 | | BYDGOSZCZ | POL | M-28 | 4 | M 176 | | 00:43:14 (90) | 00:05:10 | 03:59:00 (221) | 00:03:01 | 03:21:22 (211) | 08:11:47.70 |
| 212 | GAJEWSKI PRZEMEK | 623 | SYBERIANHAMSTER | SZCZECIN | POL | M-45 | 7 | M 177 | | 00:57:17 (204) | 00:05:14 | 03:35:46 (216) | 00:06:43 | 03:28:12 (212) | 08:13:12.65 |
| | KAMIŃSKI TOMASZ | 743 | INMOTO TRITEAM SHRIMP BISTRO | BYDGOSZCZ | POL | M-43 | | | | 00:43:47 DNF (96) | 00:02:46 | 02:20:59 (7) | 00:02:17 | 00:00:00 () | DNF |
| | JARNOT OSKAR | 627 | TMT | TORUN | POL | M-34 | | | | 00:40:59 DNF (65) | 00:02:53 | 02:25:08 (16) | 00:01:51 | 00:00:00 () | DNF |
| | HUBCZAK WOJCIECH | 602 | ARTECH FORKLIFT | ŻYWIEC | POL | M-51 | | | | 00:54:37 DNF (196) | 00:04:39 | 02:50:56 (116) | 00:03:08 | 00:00:00 () | DNF |
| | SOBCZAK MARCIN | 521 | | ŻOŁĘDOWO | POL | M-48 | | | | 00:40:47 DNF (60) | 00:03:06 | 02:44:49 (90) | 00:04:01 | 00:00:00 () | DNF |
| | CHŁOSTA MAREK | 739 | | MYŚLENICE | GER | M-48 | | | | 00:45:25 DNF (113) | 00:04:20 | 02:52:46 (124) | 00:03:35 | 00:00:00 () | DNF |
| | TOPCZEWSKI GRACJAN | 742 | TRISPACE/TREK | BYDGOSZCZ | POL | M-47 | | | TRISPACE/TREK | 00:38:07 DNF (29) | 00:03:00 | 02:29:27 (30) | 00:02:02 | 00:00:00 () | DNF |
| | GRUDNIEWSKI RAFAŁ | 536 | SREBRNI TRI | TARNOWSKIE GÓRY | POL | M-43 | | | SREBRNI TRI | DNF (0) | 00:00:00 | 00:00:00 (0) | 03:20:32 | 00:00:00 (0) | DNF |
| | TRZASKA PRZEMYSŁAW | 600 | DREAM TRI TEAM | BAKOWO | POL | M-38 | | | DREM TRI TEAM | 00:39:32 DNF (47) | 00:02:43 | 02:49:21 (107) | 00:03:15 | 00:00:00 () | DNF |
| | KĄTNIK JACEK | 564 | | ŁOCHOWO | POL | M-53 | | | | 01:03:22 DNF (217) | 00:03:42 | 02:32:57 (43) | 00:02:04 | 00:00:00 () | DNF |
| | FOGT MACIEJ | 695 | | KRUSZYN | POL | M-42 | | | | 00:49:54 DNF (166) | 00:03:47 | 02:42:22 (82) | | 00:00:00 () | DNF |
| | CIUPA JAROSŁAW | 578 | AKADEMIA MISTRZÓW SPORTU | BYDGOSZCZ | POL | M-53 | | | AKADEMIA MISTRZÓW SPORTU | 00:51:14 DNF (174) | 00:03:02 | | 00:00:00 | 00:00:00 () | DNF |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|-----------------|-----|----------------|-----------|------|------|--------|-----|-----------|-----------------------|----------|-----------------|----------|------------------|-------|
| | ROSIAK MICHAŁ | 541 | BROWER LUTYNIA | LUTYNIA | POL | M-36 | | | | 00:53:58 DNF (192) | 00:05:52 | | 00:00:00 | 00:00:00 () | DNF |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, Kobiety

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|--------------------------|-----|----------------------------------|--------------------|------|------|--------|------|--------------------------------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | MYNC ANGELIKA | 647 | HTF LUDWIK SIKORSKI | ŁÓDŹ | POL | K-32 | 1 | K 1 | | 00:40:47 | 00:02:56 | 02:48:59 | 00:02:00 | 01:46:20 | 05:21:02.30 |
| 2 | MOTYLEWSKA MARTA | 549 | PTT DELTA | PŁOCK | POL | K-32 | 2 | K 2 | PTT DELTA | 00:45:39 | 00:02:57 | 02:42:16 | 00:03:03 | 01:53:40 | 05:27:35.15 |
| 3 | BUTOWSKA KATARZYNA | 674 | BEZ ZBĘDNYCH PYTAŃ | STAROGARD GDAŃSKI | POL | K-41 | 1 | K 3 | | 00:45:31 | 00:03:39 | 02:47:05 | 00:03:12 | 01:48:57 | 05:28:24.85 |
| 4 | CZEKAŁSKA MARIA | 565 | | POZNAŃ | POL | K-39 | 1 | K 4 | | 00:42:11 | 00:03:39 | 02:49:21 | 00:02:16 | 01:52:52 | 05:30:19.05 |
| 5 | WASILEWSKA AGATA | 527 | AKADEMIA MISTRZÓW SPORTU | OSÓWIEC | POL | K-42 | 1 | K 5 | AKADEMIA MISTRZÓW SPORTU | 00:43:14 | 00:03:58 | 02:51:14 | 00:01:59 | 01:51:37 | 05:32:02.45 |
| 6 | WASILEWSKA MARTYNA | 548 | AKADEMIA MISTRZÓW SPORTU | BYDGOSZCZ | POL | K-40 | 1 | K 6 | AKADEMIA MISTRZÓW SPORTU | 00:42:44 | 00:04:12 | 02:54:45 | 00:02:23 | 01:48:02 | 05:32:06.55 |
| 7 | TRUSKOLAWSKA OLA | 545 | TRIDE TEAM | GDYNIA | POL | K-47 | 1 | K 7 | | 00:50:54 | 00:03:06 | 02:43:10 | 00:02:35 | 01:55:56 | 05:35:41.85 |
| 8 | DROŹDŹ MAŁGORZATA | 551 | AKADEMIA MISTRZÓW SPORTU | SADKI | POL | K-44 | 1 | K 8 | AKADEMIA MISTRZÓW SPORTU | 00:46:33 | 00:03:33 | 02:51:16 | 00:01:46 | 01:53:10 | 05:36:18.50 |
| 9 | WODA EWELINA | 542 | | KRAKÓW | POL | K-39 | 2 | K 9 | | 00:38:44 | 00:03:34 | 02:45:24 | 00:02:16 | 02:06:38 | 05:36:36.55 |
| 10 | DULIŃSKA DOROTA | 686 | TRISPACE TREK | NIEMCZ | POL | K-47 | 2 | K 10 | TRISPACE/TREK | 00:49:23 | 00:03:33 | 02:50:35 | 00:03:12 | 02:04:26 | 05:51:09.10 |
| 11 | WOJDYŁA MARTA | 679 | FUNTRI | WROCŁAW | POL | K-32 | 3 | K 11 | | 00:39:42 | 00:04:04 | 02:58:31 | 00:02:40 | 02:07:48 | 05:52:45.25 |
| 12 | WIECZOREK ANNA | 659 | BRZYSKI TRI TEAM | KRAKÓW | POL | K-27 | 1 | K 12 | | 00:39:29 | 00:03:33 | 03:00:19 | 00:03:38 | 02:05:51 | 05:52:50.90 |
| 13 | TAMBORSKA AGATA | 675 | UPGRADE PLATFORM | ŁÓDŹ | POL | K-35 | 1 | K 13 | | 00:38:42 | 00:03:22 | 03:11:00 | 00:03:19 | 02:01:38 | 05:58:01.10 |
| 14 | TREFON MICHALINA | 626 | KOZAK TEAM | ROGOŹNIK | POL | K-36 | 1 | K 14 | | 00:42:24 | 00:03:24 | 03:05:42 | 00:02:12 | 02:08:48 | 06:02:30.95 |
| 15 | WOŹNIAKOWSKA AGATA | 726 | WTLENIE | BYDGOSZCZ | POL | K-39 | 3 | K 15 | AKADEMIA MISTRZÓW SPORTU | 00:41:20 | 00:03:44 | 03:05:02 | 00:02:57 | 02:09:41 | 06:02:44.70 |
| 16 | BRUNOVSKÁ KATARÍNA | 662 | SLOVAK TRIATHLON ACADEMY | BRATISLAVA | SVK | K-28 | 1 | K 16 | | 00:33:59 | 00:03:06 | 03:07:36 | 00:03:33 | 02:14:39 | 06:02:53.40 |
| 17 | POHL DUCZMAL ELŻBIETA | 698 | CTS JAKUB CZAJA | PIERWOSZYNO | POL | K-50 | 1 | K 17 | | 00:44:09 | 00:03:42 | 02:55:57 | 00:02:39 | 02:21:26 | 06:07:53.45 |
| 18 | WOJCIECHOWSKA MAŁGORZATA | 700 | | POZNAŃ | POL | K-35 | 2 | K 18 | | 00:45:07 | 00:03:37 | 03:03:34 | 00:04:23 | 02:14:22 | 06:11:03.95 |
| 19 | ADAMCZEWSKA AGNIESZKA | 730 | IRON HOUSE TRIATHLON WŁOCŁAWEK | LUBANIE | POL | K-48 | 1 | K 19 | IRON HOUSE TRIATHLON WŁOCŁAWEK | 00:55:36 | 00:05:26 | 03:10:59 | 00:01:41 | 01:58:45 | 06:12:27.70 |
| 20 | MIRELLA PERGOLA | 577 | SBRTRIATHLON | FAVARO VENETO | ITA | K-57 | 1 | K 20 | | 01:05:27 | 00:04:54 | 02:53:51 | 00:02:48 | 02:06:26 | 06:13:26.10 |
| 21 | WIS MODESTA | 738 | | BRZESKO | POL | K-33 | 1 | K 21 | | 00:43:08 | 00:04:09 | 03:13:17 | 00:03:27 | 02:10:25 | 06:14:26.85 |
| 22 | RADZIŃSKA JOANNA | 576 | TRISPACE/TREK | BYDGOSZCZ | POL | K-37 | 1 | K 22 | TRISPACE/TREK | 00:53:07 | 00:03:54 | 03:02:19 | 00:04:28 | 02:16:06 | 06:19:54.70 |
| 23 | JABŁOŃSKA IZABELA | 579 | #IZIBIKE | KLINY | POL | K-42 | 2 | K 23 | | 00:44:49 | 00:05:08 | 03:07:51 | 00:03:52 | 02:18:44 | 06:20:24.60 |
| 24 | BURŻACKA-TYC AGNIESZKA | 524 | PTT DELTA | PŁOCK | POL | K-51 | 1 | K 24 | PTT DELTA | 00:45:32 | 00:05:18 | 03:17:06 | 00:02:57 | 02:10:36 | 06:21:29.90 |
| 25 | SZYMCZAK KATARZYNA | 526 | | GDYNIA | POL | K-37 | 2 | K 25 | | 00:45:09 | 00:04:52 | 03:13:03 | 00:03:56 | 02:23:30 | 06:30:30.50 |
| 26 | LOZOVA OLGA | 723 | TRIWISE | KRAKOW | POL | K-41 | 2 | K 26 | | 00:47:59 | 00:04:58 | 03:06:28 | 00:04:52 | 02:27:26 | 06:31:43.75 |
| 27 | MYŚKOW ELŻBIETA | 590 | TRIMISSIION | SIECHNICE | POL | K-47 | 3 | K 27 | TRI MISSION | 00:48:23 | 00:05:20 | 03:19:35 | 00:03:07 | 02:20:04 | 06:36:29.80 |
| 28 | KRUCZKOWSKA LASSAK ANITA | 582 | | STRZELCE GÓRNE | POL | K-43 | 1 | K 28 | | 01:02:08 | 00:04:13 | 03:17:42 | 00:03:42 | 02:11:45 | 06:39:30.00 |
| 29 | DUPRÉ BARBARA | 612 | SBR3ATHLON | MARTELLAGO | ITA | K-53 | 1 | K 29 | | 00:45:30 | 00:05:03 | 03:09:00 | 00:03:08 | 02:48:43 | 06:51:24.10 |
| 30 | ZIELIŃSKA MAŁGORZATA | 622 | | IMIELINEK | POL | K-53 | 2 | K 30 | | 00:57:10 | 00:06:12 | 03:26:33 | 00:05:03 | 02:38:18 | 07:13:16.50 |
| 31 | ARABE LUANNA | 563 | MIELCARKS TEAM | BARCELONA | ESP | K-30 | 1 | K 31 | MIELCARKS TEAM | 00:49:31 | 00:07:15 | 03:43:22 | 00:06:30 | 02:32:43 | 07:19:21.55 |
| 32 | DOMBROWSKI CATHERINE | 596 | SKS OBORNIKI | DABROWKA LESNA | POL | K-42 | 3 | K 32 | | 01:05:40 | 00:07:50 | 03:37:08 | 00:02:30 | 02:26:20 | 07:19:28.90 |
| 33 | GOŁATA AGNIESZKA | 732 | BOGMAR- AKADEMIA MISTRZÓW SPORTU | DĄBROWA CHEŁMIŃSKA | POL | K-41 | 3 | K 33 | AKADEMIA MISTRZÓW SPORTU | 00:50:30 | 00:03:32 | 03:25:41 | 00:04:33 | 02:58:39 | 07:22:55.00 |
| 34 | MAĆKOWSKA MAGDALENA | 533 | MAGDALENA_M_TRI / TRICHICKAS | BYDGOSZCZ | POL | K-38 | 1 | K 34 | | 01:01:21 | 00:03:56 | 03:39:16 | 00:09:45 | 03:04:05 | 07:58:23.40 |
| 35 | ZAKLIŃSKA KATARZYNA | 704 | | GLIWICE | POL | K-47 | 4 | K 35 | | 00:54:34 | 00:22:37 | 03:27:44 | 00:07:47 | 03:06:49 | 07:59:31.90 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, Mężczyźni

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie | T1 | Rower | T2 | Bieg | Netto | |
|------|---------------------------|-----|---------------------------------------|-----------------------|------|------|--------|------|-----------------------------|----------|----------|----------|----------|----------|-------------|--|
| | | | | | | | | | | 1.9km | 89.8km | | 20.849km | | | |
| 1 | MARCINEK TOMASZ | 737 | TM IRON TEAM | RACIBÓRZ | POL | M-32 | 1 | M 1 | TM IRONTEAM | 00:27:31 | 00:01:58 | 02:10:06 | 00:00:57 | 01:17:39 | 03:58:11.95 | |
| 2 | SAWIEŁAJC JAKUB | 691 | TM IRON TEAM | BYDGOSZCZ | POL | M-24 | 1 | M 2 | TM IRONTEAM | 00:29:49 | 00:02:09 | 02:12:33 | 00:01:59 | 01:29:49 | 04:16:19.10 | |
| 3 | RACEK TOMÁŠ | 734 | IRONSTARS BEROUN | CERHOVICE | CZE | M-42 | 1 | M 3 | | 00:34:45 | 00:02:44 | 02:10:03 | 00:02:24 | 01:29:23 | 04:19:19.65 | |
| 4 | MADRASSI GIACOMO | 677 | TRI TEAM PULLY | LAUSANNE | | M-33 | 1 | M 4 | MIELCARKS TEAM | 00:27:42 | 00:03:26 | 02:19:36 | 00:01:41 | 01:28:08 | 04:20:33.20 | |
| 5 | GRZYBEK LUKASZ | 656 | TRIATHLON IQ | KALISZ | POL | M-42 | 2 | M 5 | | 00:39:47 | 00:02:37 | 02:24:24 | 00:01:45 | 01:20:51 | 04:29:24.95 | |
| 6 | WASYLUK CEZARY | 746 | CONTROTLEC | WROCŁAW | POL | M-34 | 1 | M 6 | | 00:32:53 | 00:02:13 | 02:24:44 | 00:01:32 | 01:32:17 | 04:33:39.50 | |
| 7 | KAMIŃSKI TOMASZ | 717 | TM IRONTEAM | KOWALEWO POMORSKIE | POL | M-41 | 1 | M 7 | TM IRONTEAM | 00:34:41 | 00:02:32 | 02:22:35 | 00:02:04 | 01:32:51 | 04:34:43.40 | |
| 8 | GRONDZIEWSKI DARIUSZ | 663 | PHO3NIX GVT TEAM | SŁUPSK | POL | M-42 | 3 | M 8 | PHO3NIX GVT TEAM | 00:29:51 | 00:03:16 | 02:21:34 | 00:01:55 | 01:41:09 | 04:37:45.80 | |
| 9 | ZIĘBA ADAM | 501 | TRISPACE/TREK | BYDGOSZCZ | POL | M-50 | 1 | M 9 | TRISPACE/TREK | 00:42:03 | 00:02:55 | 02:22:01 | 00:01:47 | 01:30:12 | 04:38:58.40 | |
| 10 | GECZEW PAWEŁ | 615 | | WROCŁAW | POL | M-30 | 1 | M 10 | | 00:43:57 | 00:02:15 | 02:22:38 | 00:02:08 | 01:28:22 | 04:39:20.45 | |
| 11 | WOJCIECHOWSKI NORBERT | 522 | | GNIEZNO | POL | M-43 | 1 | M 11 | | 00:39:22 | 00:02:53 | 02:24:04 | 00:01:38 | 01:33:08 | 04:41:05.55 | |
| 12 | KILJJAŃCZYK PIOTR | 516 | | NEKLA | POL | M-43 | 2 | M 12 | | 00:40:18 | 00:02:27 | 02:26:44 | 00:04:17 | 01:29:40 | 04:43:26.00 | |
| 13 | MODZELEWSKI MACIEJ | 569 | VELO ŁOWICZ TRI | ŁOWICZ | POL | M-39 | 1 | M 13 | | 00:44:09 | 00:02:46 | 02:25:32 | 00:01:24 | 01:30:11 | 04:44:02.05 | |
| 14 | GOŁYS GRZEGORZ | 643 | | KNURÓW | POL | M-26 | 1 | M 14 | | 00:43:51 | 00:03:24 | 02:20:32 | 00:01:55 | 01:35:13 | 04:44:55.55 | |
| 15 | OLEWIŃSKI DARIUSZ | 712 | TRIATHLON KONSULTING | TORUŃ | POL | M-47 | 1 | M 15 | TRIATHLON KONSULTING | 00:37:24 | 00:03:00 | 02:23:53 | 00:02:07 | 01:40:30 | 04:46:54.50 | |
| 16 | KACPERSKI WOJTEK | 697 | WMKS OLSZTYŃSKA SZKÓŁKA TRIATHLONU | OLSZTYN | POL | M-42 | 4 | M 16 | | 00:37:35 | 00:02:32 | 02:29:29 | 00:02:02 | 01:35:37 | 04:47:15.15 | |
| 17 | PRĄDZYŃSKI MARCIN | 646 | TM IRONTEAM | BYDGOSZCZ | POL | M-46 | 1 | M 17 | TM IRONTEAM | 00:35:20 | 00:02:22 | 02:30:59 | 00:01:43 | 01:40:43 | 04:51:07.75 | |
| 18 | CZECHOWSKI DAWID | 637 | | BYDGOSZCZ | POL | M-19 | 1 | M 18 | | 00:33:08 | 00:03:23 | 02:36:12 | 00:02:30 | 01:36:49 | 04:52:02.35 | |
| 19 | KRASNODEBSKI SEBASTIAN | 733 | TM IRON TEAM | GRUDZIĄDZ | POL | M-41 | 2 | M 19 | TM IRONTEAM | 00:38:32 | 00:03:13 | 02:25:45 | 00:02:10 | 01:42:59 | 04:52:39.20 | |
| 20 | MIEDZIAK SEBASTIAN | 655 | LS PLUS RECYKLING TEAM | MIECZEWO | POL | M-40 | 1 | M 20 | | 00:37:59 | 00:02:34 | 02:27:33 | 00:01:33 | 01:43:13 | 04:52:52.05 | |
| 21 | MAGDZIARZ JAKUB | 540 | KANCELARIA HMM | BYDGOSZCZ | POL | M-43 | 3 | M 21 | | 00:39:53 | 00:02:59 | 02:26:31 | 00:02:20 | 01:41:50 | 04:53:33.70 | |
| 22 | ROGOZIEWICZ DAWID | 621 | LITWIN SPORT | MOKRONOS DOLNY | POL | M-22 | 1 | M 22 | | 00:33:22 | 00:03:49 | 02:37:29 | 00:02:08 | 01:37:38 | 04:54:26.50 | |
| 23 | NOSOWSKI JACEK | 528 | TRI.REGRESS | WARSZAWA | POL | M-49 | 1 | M 23 | | 00:34:59 | 00:02:49 | 02:31:55 | 00:02:09 | 01:42:43 | 04:54:35.00 | |
| 24 | EJSMONT KRZYSZTOF | 727 | | BORÓWNO | POL | M-46 | 2 | M 24 | | 00:43:08 | 00:02:44 | 02:30:03 | 00:01:24 | 01:38:34 | 04:55:53.80 | |
| 25 | STEFANIAK MARCIN | 718 | TM IRON TEAM | WAŁBRZYCH | POL | M-48 | 1 | M 25 | TM IRONTEAM | 00:38:29 | 00:03:23 | 02:25:42 | 00:02:42 | 01:46:44 | 04:57:00.20 | |
| 26 | CIMACHOWSKI JAKUB | 530 | CIMATECH | SOLEC KUJAWSKI | POL | M-43 | 4 | M 26 | | 00:35:10 | 00:04:01 | 02:40:48 | 00:02:22 | 01:34:55 | 04:57:16.15 | |
| 27 | BUZE ŁUKASZ | 652 | | KĘDZIERZYN-KOZŁE | POL | M-38 | 1 | M 27 | | 00:45:39 | 00:03:25 | 02:32:19 | 00:02:13 | 01:33:41 | 04:57:17.70 | |
| 28 | KRAJEWSKI TOMASZ | 670 | #ZALINIAMIETYTEAM | LUSOWO | POL | M-42 | 5 | M 28 | #ZALINIAMIETYTEAM | 00:38:43 | 00:02:26 | 02:34:52 | 00:02:22 | 01:38:59 | 04:57:22.55 | |
| 29 | ŁUKASZCZUK GRZEGORZ | 613 | TM IRONTEAM | ROKIETNICA | POL | M-41 | 3 | M 29 | TM IRONTEAM | 00:40:03 | 00:04:58 | 02:30:17 | 00:01:59 | 01:41:12 | 04:58:29.45 | |
| 30 | SUCHAN ŁUKASZ | 747 | SPORTWISE | KRAKÓW | POL | M-22 | 2 | M 30 | | 00:31:25 | 00:03:23 | 02:35:25 | 00:02:01 | 01:47:52 | 05:00:06.75 | |
| 31 | OGÓROWICZ JAKUB | 618 | BEEATHLETIC TEAM | OBORNIKI | POL | M-39 | 2 | M 31 | | 00:38:31 | 00:03:35 | 02:32:13 | 00:02:24 | 01:43:34 | 05:00:17.35 | |
| 32 | TURAJSKI MATEUSZ | 648 | AXENT IWONA TURAJSKA | ŚREM | POL | M-33 | 2 | M 32 | | 00:40:13 | 00:03:22 | 02:28:55 | 00:02:10 | 01:48:35 | 05:03:15.55 | |
| 33 | FAJOK SZYMON | 683 | MBC TEAM | POZNAŃ | POL | M-24 | 2 | M 33 | | 00:38:15 | 00:03:06 | 02:19:59 | 00:02:09 | 02:00:13 | 05:03:42.40 | |
| 34 | BARTOSIEWICZ TOMASZ | 562 | ORANGE POLSKA | ŻYRARDÓW | POL | M-39 | 3 | M 34 | | 00:42:11 | 00:02:32 | 02:27:11 | 00:01:48 | 01:50:16 | 05:03:58.65 | |
| 35 | WYSOCKI MARCIN | 628 | TORUŃSKI KLUB TRIATHLONOWY | NOWA CHEŁMŻA | POL | M-45 | 1 | M 35 | | 00:39:03 | 00:02:55 | 02:27:41 | 00:02:32 | 01:52:00 | 05:04:11.25 | |
| 36 | SZARMACHER SEBASTIAN | 560 | | DZIAŁDOWO | POL | M-40 | 2 | M 36 | | 00:41:00 | 00:03:58 | 02:29:30 | 00:01:57 | 01:47:50 | 05:04:15.80 | |
| 37 | HARTLIŃSKI GRZEGORZ | 725 | NAJMOWICZ TRIATHLON | JAROTY | POL | M-39 | 4 | M 37 | | 00:40:32 | 00:03:01 | 02:34:26 | 00:02:39 | 01:44:36 | 05:05:14.70 | |
| 38 | KAPSA DAWID | 598 | TRISPACE/TREK | BYDGOSZCZ | POL | M-45 | 2 | M 38 | TRISPACE/TREK | 00:43:04 | 00:02:29 | 02:28:46 | 00:02:23 | 01:49:00 | 05:05:42.05 | |
| 39 | LECH MIRO | 601 | | BRZEG | POL | M-37 | 1 | M 39 | | 00:36:17 | 00:02:48 | 02:25:40 | 00:02:17 | 01:59:35 | 05:06:37.20 | |
| 40 | STAFARCZYK DAWID | 520 | TM IRON TEAM | RYBNIK | POL | M-31 | 1 | M 40 | TM IRONTEAM | 00:39:25 | 00:02:30 | 02:34:08 | 00:01:25 | 01:49:43 | 05:07:11.10 | |
| 41 | KĄŁEK ARTUR | 702 | TM IRON TEAM | BYDGOSZCZ | POL | M-49 | 2 | M 41 | TM IRONTEAM | 00:41:58 | 00:03:46 | 02:29:24 | 00:01:50 | 01:52:26 | 05:09:24.40 | |
| 42 | WYSOCKI PIOTR | 636 | | GDYŃIA | POL | M-37 | 2 | M 42 | | 00:38:49 | 00:03:39 | 02:31:12 | 00:02:11 | 01:53:47 | 05:09:38.10 | |
| 43 | KOLEŚNIK BARTŁOMIEJ | 586 | 5 LUBUSKI PUŁK ARTYLERII | SULECHÓW | POL | M-34 | 2 | M 43 | 5 LUBUSKI PUŁK ARTYLERII | 00:37:03 | 00:03:56 | 02:31:20 | 00:01:59 | 01:55:39 | 05:09:57.05 | |
| 44 | HANUS WOJCIECH | 597 | | KRAKÓW | POL | M-34 | 3 | M 44 | | 00:44:38 | 00:03:57 | 02:36:20 | 00:02:33 | 01:42:41 | 05:10:09.45 | |
| 45 | PIESIK DAWID | 619 | TM IRON TEAM | BYDGOSZCZ | POL | M-33 | 3 | M 45 | TM IRONTEAM | 00:35:33 | 00:02:49 | 02:29:06 | 00:02:24 | 02:01:59 | 05:11:51.60 | |
| 46 | MILERT KRZYSZTOF | 714 | | POZNAŃ | POL | M-29 | 1 | M 46 | | 00:47:04 | 00:05:28 | 02:41:51 | 00:02:13 | 01:37:33 | 05:14:09.20 | |
| 47 | PILARCZYK BARTEK | 710 | AGAT TRI SUPERSONIC | OSTRÓW WLKP | POL | M-45 | 3 | M 47 | | 00:39:45 | 00:03:36 | 02:37:36 | 00:02:40 | 01:51:42 | 05:15:19.25 | |
| 48 | ALEKSANDROWICZ MARCIN | 741 | CHMURA COACHING | WROCŁAW | POL | M-31 | 2 | M 48 | | 00:45:39 | 00:03:24 | 02:39:49 | 00:02:43 | 01:43:53 | 05:15:28.00 | |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, Mężczyźni c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|------------------------|-----|----------------------------------|-----------------------|------|------|--------|------|--------------------------|-------------------|----------|-----------------|----------|------------------|-------------|
| 49 | SZYDŁOWSKI PAWEŁ | 633 | TRIWISE | KRAKÓW | POL | M-43 | 5 | M 49 | | 00:38:56 | 00:03:33 | 02:40:49 | 00:02:29 | 01:50:09 | 05:15:56.05 |
| 50 | GNIOT JACEK | 538 | TRISPACE/TREK | GRUDZIĄDZ | POL | M-52 | 1 | M 50 | TRISPACE/TREK | 00:53:15 | 00:02:58 | 02:32:56 | 00:01:55 | 01:45:01 | 05:16:05.40 |
| 51 | KRÓL HUBERT | 749 | WWW.TRENERTRIATHLONU.PL | POZNAŃ | POL | M-37 | 3 | M 51 | | 00:34:12 | 00:02:31 | 02:34:07 | 00:01:38 | 02:03:50 | 05:16:18.00 |
| 52 | KROSNY SZYMON | 671 | CROSS-SPORT | RYBNIK | POL | M-32 | 2 | M 52 | CROSS-SPORT | 00:39:00 | 00:03:19 | 02:40:26 | 00:02:05 | 01:52:15 | 05:17:05.50 |
| 53 | KUBASIK TOMASZ | 682 | | LUBLINIEC | POL | M-40 | 3 | M 53 | | 00:43:13 | 00:03:01 | 02:40:52 | 00:03:25 | 01:47:02 | 05:17:33.10 |
| 54 | WALKOWIAK BARTOSZ | 567 | | NAKŁO NAD NOTECIĄ | POL | M-41 | 4 | M 54 | | 00:44:02 | 00:02:46 | 02:37:13 | 00:01:48 | 01:52:37 | 05:18:26.00 |
| 55 | ULANOWSKI GRZEGORZ | 630 | STORMRIDER | ŚLUBICE | POL | M-49 | 3 | M 55 | | 00:49:06 | 00:04:58 | 02:37:13 | 00:03:26 | 01:43:56 | 05:18:39.30 |
| 56 | ZAPAŁA ŁUKASZ | 645 | | ŚWIEBODZICE | POL | M-41 | 5 | M 56 | | 00:41:58 | 00:06:19 | 02:36:42 | 00:02:49 | 01:52:16 | 05:20:04.95 |
| 57 | WALICH MACIEJ | 711 | 4T TARNOWSKIE TERMY TRIATHLON | PAMIĄTKOWO | POL | M-35 | 1 | M 57 | | 00:37:50 | 00:02:58 | 02:35:04 | 00:01:54 | 02:02:28 | 05:20:14.40 |
| 58 | HÅKANSSON FREDRIK | 658 | HELENEHOLMS IF | LIMHAMN | SWE | M-52 | 2 | M 58 | | 00:36:43 | 00:04:03 | 02:36:15 | 00:03:00 | 02:01:06 | 05:21:07.80 |
| 59 | JANKOWSKI TOMASZ | 690 | TRISPACE/TREK | BYDGOSZCZ | POL | M-50 | 2 | M 59 | TRISPACE/TREK | 00:41:57 | 00:02:58 | 02:35:01 | 00:02:36 | 01:59:03 | 05:21:35.80 |
| 60 | GÓRNIŚWIEWICZ PIOTR | 709 | WM TRISELF | KRAKÓW | POL | M-49 | 4 | M 60 | | 00:45:04 | 00:03:40 | 02:39:26 | 00:02:30 | 01:52:08 | 05:22:48.55 |
| 61 | DOMERACKI DAMIAN | 504 | PERSONAL TRIATHLON | ŁOCHOWO | POL | M-43 | 6 | M 61 | | 00:46:50 | 00:04:44 | 02:35:26 | 00:02:34 | 01:56:19 | 05:25:53.35 |
| 62 | GREJCZYK ALAN | 692 | CORTEZ TRIATHLON TEAM | BYDGOSZCZ | POL | M-29 | 2 | M 62 | | 00:42:14 | 00:02:36 | 02:30:10 | 00:01:55 | 02:09:19 | 05:26:14.20 |
| 63 | JACH RAFAŁ | 594 | CROSS-SPORT | RYBNIK | POL | M-37 | 4 | M 63 | CROSS-SPORT | 00:46:48 | 00:05:08 | 02:39:01 | 00:02:53 | 01:52:36 | 05:26:26.30 |
| 64 | KRAUSE SZYMON | 518 | SREBRNI TRI | TARNOWSKIE GÓRY | POL | M-41 | 6 | M 64 | SREBRNI TRI | 00:45:54 | 00:03:49 | 02:39:00 | 00:05:32 | 01:52:53 | 05:27:08.30 |
| 65 | KONDRACKI ŁUKASZ | 631 | TRI TEAM LUBAŃ | ZGORZELEC | POL | M-40 | 4 | M 65 | | 00:37:07 | 00:03:12 | 02:51:35 | 00:02:25 | 01:53:21 | 05:27:40.45 |
| 66 | KAZIMIERCZYK ADAM | 707 | PTT DELTA | PŁOCK | POL | M-43 | 7 | M 66 | PTT DELTA | 00:41:02 | 00:04:10 | 02:39:48 | 00:02:17 | 02:03:48 | 05:31:05.00 |
| 67 | ŻULEWSKI RADOSŁAW | 547 | | ŁÓDŹ | POL | M-36 | 1 | M 67 | | 00:47:42 | 00:04:35 | 02:47:50 | 00:02:28 | 01:49:37 | 05:32:12.35 |
| 68 | CHMIELEWSKI RAFAŁ | 740 | TRIDIVISION TRIATHLON TEAM | GRUDZIĄDZ | POL | M-49 | 5 | M 68 | | 00:45:02 | 00:03:06 | 02:38:32 | 00:02:20 | 02:03:12 | 05:32:12.75 |
| 69 | ODZIOBA SEBASTIAN | 519 | THE RWCYCKING | BISKUPIEC | POL | M-39 | 5 | M 69 | | 00:40:56 | 00:03:08 | 02:38:57 | 00:02:15 | 02:07:11 | 05:32:27.45 |
| 70 | BARSCZEWSKI SEBASTIAN | 667 | | BYDGOSZCZ | POL | M-44 | 1 | M 70 | | 00:48:33 | 00:03:20 | 02:41:48 | 00:02:34 | 01:56:30 | 05:32:45.30 |
| 71 | MENDRZYCKI ARTUR | 507 | | NOWE MIASTO LUBAWSKIE | POL | M-45 | 4 | M 71 | | 00:43:53 | 00:04:23 | 02:39:55 | 00:03:25 | 02:03:03 | 05:34:39.35 |
| 72 | LICA GRZEGORZ | 510 | TRISPACE TREK | BYDGOSZCZ | POL | M-48 | 2 | M 72 | TRISPACE/TREK | 00:43:18 | 00:03:22 | 02:35:45 | 00:03:05 | 02:10:26 | 05:35:56.20 |
| 73 | GRALIK JĘDRZEJ | 512 | BYDGOSKIE OKONIE | BYDGOSZCZ | POL | M-31 | 3 | M 73 | BYDGOSKIE OKONIE | 00:32:47 | 00:04:27 | 02:54:04 | 00:03:08 | 02:01:33 | 05:35:59.70 |
| 74 | JOVANOVIĆ MARKO | 515 | GO APTIV! | KRAKÓW | SRB | M-31 | 4 | M 74 | | 00:38:25 | 00:04:38 | 02:45:02 | 00:03:03 | 02:05:02 | 05:36:10.45 |
| 75 | WIŚNIEWSKI PIOTR | 632 | TRIATHLON KONSULTING | TORUŃ | POL | M-27 | 1 | M 75 | TRIATHLON KONSULTING | 00:39:00 | 00:03:59 | 02:39:15 | 00:02:01 | 02:11:57 | 05:36:12.55 |
| 76 | STYLA KAMIL ALEKSANDER | 750 | MILOTEAM | KRAKOW | POL | M-36 | 2 | M 76 | MILOTEAM | 00:48:29 | 00:03:41 | 02:40:48 | 00:02:49 | 02:01:08 | 05:36:55.55 |
| 77 | KUCHARCZYK KAMIL | 603 | TRI NOT TO DIE / EWA BUGDOŁ TEAM | POZNAŃ | POL | M-36 | 3 | M 77 | | 00:46:08 | 00:04:18 | 02:44:42 | 00:02:39 | 02:02:29 | 05:40:16.00 |
| 78 | PESZT MAREK | 713 | | KRAKÓW | POL | M-42 | 6 | M 78 | | 00:40:49 | 00:03:22 | 02:42:57 | 00:02:50 | 02:10:30 | 05:40:28.90 |
| 79 | MAZUR WOJCIECH | 678 | UCIEKAM PRZED ADIM ,) | BYDGOSZCZ | POL | M-38 | 2 | M 79 | | 00:37:06 | 00:03:21 | 02:47:15 | 00:01:47 | 02:11:54 | 05:41:23.70 |
| 80 | PRYK RAFAŁ | 703 | | GOLENIOW | POL | M-48 | 3 | M 80 | | 00:51:09 | 00:04:05 | 02:50:07 | 00:02:09 | 01:54:36 | 05:42:06.70 |
| 81 | KIEDROWSKI JERZY | 669 | MIELCARKS TEAM | BYDGOSZCZ | POL | M-30 | 2 | M 81 | MIELCARKS TEAM | 00:44:51 | 00:04:25 | 02:57:08 | 00:04:26 | 01:51:55 | 05:42:45.20 |
| 82 | OLEJNIK WOJCIECH | 553 | TRIGYM SZCZECIN | SZCZECIN | POL | M-27 | 2 | M 82 | TRIGYM SZCZECIN | 00:45:44 | 00:04:38 | 02:42:37 | 00:02:22 | 02:07:33 | 05:42:54.65 |
| 83 | LASSAK BARTOSZ | 544 | AKADEMIA MISTRZÓW SPORTU | STRZELCE GÓRNE | POL | M-47 | 2 | M 83 | AKADEMIA MISTRZÓW SPORTU | 00:47:06 | 00:03:46 | 02:44:05 | 00:02:09 | 02:06:11 | 05:43:17.95 |
| 84 | TRZASKOWSKI TOMASZ | 509 | | BYDGOSZCZ | POL | M-43 | 8 | M 84 | | 00:48:52 | 00:04:06 | 02:43:07 | 00:02:59 | 02:04:47 | 05:43:51.30 |
| 85 | RADZIEJEWSKI TOMASZ | 688 | TEAMOCHAL | BYDGOSZCZ | POL | M-42 | 7 | M 85 | TEAMOCHAL | 00:46:24 | 00:02:58 | 02:45:43 | 00:01:41 | 02:07:07 | 05:43:53.10 |
| 86 | PAKUŁA RAFAŁ | 640 | | STRYKÓW | POL | M-38 | 3 | M 86 | | 00:37:54 | 00:02:59 | 02:45:05 | 00:02:20 | 02:15:40 | 05:43:58.85 |
| 87 | KIEPE NAURIS | 599 | | RIGA | LAT | M-47 | 3 | M 87 | | 00:40:31 | 00:03:52 | 02:36:44 | 00:02:44 | 02:21:47 | 05:45:38.75 |
| 88 | KOSIŁKO TOMASZ | 581 | TRIGYM SZCZECIN | SZCZECIN | POL | M-43 | 9 | M 88 | TRIGYM SZCZECIN | 00:42:43 | 00:03:29 | 02:37:13 | 00:03:00 | 02:19:20 | 05:45:45.65 |
| 89 | SAJDOK KAMIL | 680 | SREBRNI TRI | TARNOWSKIE GÓRY | POL | M-36 | 4 | M 89 | SREBRNI TRI | 00:46:20 | 00:03:46 | 03:06:08 | 00:03:16 | 01:47:02 | 05:46:32.55 |
| 90 | KONIECZNY PRZEMEK | 609 | VELOCITY | BORÓWIEC | POL | M-37 | 5 | M 90 | | 00:43:47 | 00:03:53 | 02:40:06 | 00:02:57 | 02:15:56 | 05:46:39.00 |
| 91 | KUPRACZ ANDRZEJ | 664 | TRISPACE | BRZOZA | POL | M-52 | 3 | M 91 | | 00:56:55 | 00:04:32 | 02:44:50 | 00:03:23 | 01:57:15 | 05:46:55.25 |
| 92 | SOCHA KAMIL | 585 | 5 LUBUSKI PUŁK ARTYLRII | BRZEZIE K. SULECHÓW | POL | M-34 | 4 | M 92 | 5 LUBUSKI PUŁK ARTYLRII | 00:49:34 | 00:03:50 | 02:49:58 | 00:03:15 | 02:00:22 | 05:46:59.95 |
| 93 | SZCZERBA MACIEJ | 508 | | NIEMCZ | POL | M-51 | 1 | M 93 | | 00:43:24 | 00:03:42 | 02:45:59 | 00:02:37 | 02:12:24 | 05:48:06.65 |
| 94 | KODZIS PIOTR | 699 | OOO.OVOVO.OOO | BOKSZE STARE | POL | M-49 | 6 | M 94 | | 00:50:28 | 00:06:20 | 02:58:28 | 00:02:25 | 01:51:25 | 05:49:06.35 |
| 95 | BARUKOV ARTEM | 624 | UNLIMITED SPORT 2.0 | KRAKOW | GBR | M-38 | 4 | M 95 | | 00:45:40 | 00:06:00 | 02:52:57 | 00:03:39 | 02:01:22 | 05:49:38.90 |
| 96 | WŁODARCZYK WOJCIECH | 561 | CZARNE STOPY | BYDGOSZCZ | POL | M-59 | 1 | M 96 | | 00:52:43 | 00:04:48 | 02:55:27 | 00:03:30 | 01:54:05 | 05:50:33.35 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, Mężczyźni c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|-------------------------|-----|------------------------------------|--------------------------------|------|------|--------|-------|--------------------------|-------------------|----------|-----------------|----------|------------------|-------------|
| 97 | LESZCZYŃSKI MARIUSZ | 517 | K. S. TRI B. ER | INOWROCLAW, POW. INOWROCLAWSKI | POL | M-47 | 4 | M 97 | | 00:43:33 | 00:02:51 | 02:44:05 | 00:02:00 | 02:18:28 | 05:50:57.70 |
| 98 | PODLASIAK ARIEL | 676 | IM INSPIRATION | MIĘDZYRZECZ | POL | M-32 | 3 | M 98 | | 00:45:31 | 00:04:02 | 02:54:30 | 00:02:08 | 02:04:56 | 05:51:07.40 |
| 99 | WODNICKI GRZEGORZ | 629 | | SZCZECIN | POL | M-28 | 1 | M 99 | | 00:45:34 | 00:04:23 | 02:54:15 | 00:02:48 | 02:04:09 | 05:51:09.35 |
| 100 | BURSKI PAWEŁ | 715 | | ŁÓDŹ | POL | M-54 | 1 | M 100 | | 00:46:13 | 00:03:47 | 02:50:32 | 00:04:01 | 02:08:57 | 05:53:30.25 |
| 101 | GROCHOWSKI PIOTR | 731 | TRIDEA | GDAŃSK | POL | M-49 | 7 | M 101 | | 00:48:11 | 00:03:34 | 02:52:09 | 00:02:13 | 02:07:32 | 05:53:39.10 |
| 102 | SAWICKI MICHAŁ | 642 | ADRIAN KOSTERA TEAM | WARSZAWA | POL | M-29 | 3 | M 102 | | 00:41:26 | 00:04:01 | 02:47:02 | 00:01:38 | 02:21:16 | 05:55:23.45 |
| 103 | MASŁOWSKI MARCIN | 604 | HTF LUDWIK SIKORSKI | ŁÓDŹ | POL | M-44 | 2 | M 103 | HTF LUDWIK SIKORSKI | 00:40:56 | 00:03:44 | 02:51:23 | 00:02:05 | 02:17:50 | 05:55:58.75 |
| 104 | GRUBA MAREK | 694 | TRISPACE/TREK | BRZOZA | POL | M-35 | 2 | M 104 | TRISPACE/TREK | 00:43:26 | 00:03:25 | 02:57:13 | 00:02:11 | 02:10:23 | 05:56:38.35 |
| 105 | MAZUREK WOJCIECH | 595 | CROSS-SPORT | ZWONOWICE | POL | M-30 | 3 | M 105 | CROSS-SPORT | 00:47:15 | 00:04:56 | 02:56:53 | 00:03:10 | 02:04:31 | 05:56:45.00 |
| 106 | GÓRNY BARTOSZ | 689 | TRISPACE/TREK | BYDGOSZCZ | POL | M-35 | 3 | M 106 | TRISPACE/TREK | 00:45:50 | 00:02:57 | 02:49:06 | 00:03:00 | 02:16:18 | 05:57:11.35 |
| 107 | SEK MAREK | 706 | WM TRISELF | KRAKÓW | POL | M-44 | 3 | M 107 | | 00:42:07 | 00:03:32 | 03:03:18 | 00:03:21 | 02:05:35 | 05:57:53.15 |
| 108 | CYREK GRZEGORZ | 657 | GLOBAL NATUREON BOCHNIA BIEGA TEAM | KOSZYCE MAŁE | POL | M-49 | 8 | M 108 | | 01:00:54 | 00:05:34 | 02:39:01 | 00:03:26 | 02:09:22 | 05:58:17.55 |
| 109 | GALICKI JAKUB | 532 | AKADEMIA MISTRZÓW SPORTU | KOBYLARNIA | POL | M-49 | 9 | M 109 | AKADEMIA MISTRZÓW SPORTU | 00:44:08 | 00:04:01 | 02:55:37 | 00:03:36 | 02:11:17 | 05:58:39.10 |
| 110 | MISZTELA TOMASZ | 588 | PTT DELTA | SŁUPNO | POL | M-57 | 1 | M 110 | PTT DELTA | 00:54:35 | 00:04:16 | 02:56:41 | 00:03:47 | 01:59:21 | 05:58:40.30 |
| 111 | MAKOWSKI SŁAWOMIR | 502 | WTLENIE | BYDGOSZCZ | POL | M-54 | 2 | M 111 | AKADEMIA MISTRZÓW SPORTU | 00:54:02 | 00:04:01 | 02:45:18 | 00:03:15 | 02:12:10 | 05:58:46.85 |
| 112 | AUGUSTYNIAK PIOTR | 745 | | BYDGOSZCZ | POL | M-47 | 5 | M 112 | | 00:47:17 | 00:03:20 | 02:45:41 | 00:05:20 | 02:17:29 | 05:59:07.35 |
| 113 | SUDOŁ JACEK | 570 | PARKRUN BYDGOSZCZ | BYDGOSZCZ | POL | M-45 | 5 | M 113 | | 00:46:28 | 00:03:49 | 03:04:30 | 00:02:05 | 02:03:41 | 06:00:33.85 |
| 114 | ANDRZEJAK ROBERT | 638 | VAMOS | POZNAŃ | POL | M-47 | 6 | M 114 | | 01:00:44 | 00:06:05 | 02:55:31 | 00:02:17 | 02:02:01 | 06:06:38.00 |
| 115 | ROMANOWSKI KAMIL | 654 | KOSTERA TEAM | MARKI | POL | M-42 | 8 | M 115 | | 00:52:35 | 00:03:25 | 02:48:40 | 00:04:53 | 02:17:54 | 06:07:27.05 |
| 116 | ANDRZEJEWSKI JAKUB | 668 | | BYDGOSZCZ | POL | M-31 | 5 | M 116 | | 00:41:27 | 00:04:08 | 03:02:17 | 00:47:34 | 01:32:24 | 06:07:50.00 |
| 117 | MARCINIAK PRZEMYSŁAW | 744 | | BYDGOSZCZ | POL | M-41 | 7 | M 117 | | 00:48:01 | 00:03:28 | 02:59:56 | 00:03:12 | 02:14:59 | 06:09:36.85 |
| 118 | TECZA ARTUR | 534 | | SOLEC KUJAWSKI | POL | M-46 | 3 | M 118 | | 00:42:09 | 00:08:09 | 02:50:11 | 00:04:59 | 02:24:24 | 06:09:52.15 |
| 119 | TYSZKA FILIP | 575 | KRISS COACHING | JONKOWO | POL | M-42 | 9 | M 119 | | 00:59:45 | 00:03:23 | 02:45:46 | 00:02:36 | 02:18:32 | 06:10:02.55 |
| 120 | WIŚNIEWSKI RAFAŁ | 665 | RAFAŁ WISNIEWSKI | BYDGOSZCZ | POL | M-40 | 5 | M 120 | AKADEMIA MISTRZÓW SPORTU | 00:53:02 | 00:04:00 | 02:59:59 | 00:02:22 | 02:11:08 | 06:10:31.85 |
| 121 | WOLAK PAWEŁ | 616 | ORKAMASTERS ŁAWA | NOWE MIASTO LUBAWSKIE | POL | M-24 | 3 | M 121 | | 00:42:51 | 00:04:31 | 03:00:18 | 00:02:06 | 02:21:33 | 06:11:19.85 |
| 122 | MROTEK MICHAŁ | 666 | AKADEMIA MISTRZÓW SPORTU | KRUSZYN KRAJEŃSKI | POL | M-44 | 4 | M 122 | AKADEMIA MISTRZÓW SPORTU | 00:46:17 | 00:03:58 | 03:24:25 | 00:03:27 | 01:54:26 | 06:12:33.70 |
| 123 | NOSIADEK MICHAŁ | 605 | CROSS SPORT | WODZISŁAW ŚLĄSKI | POL | M-38 | 5 | M 123 | CROSS-SPORT | 00:50:00 | 00:04:53 | 02:55:54 | 00:03:58 | 02:18:20 | 06:13:05.15 |
| 124 | NOWICKI ADAM | 514 | | BYDGOSZCZ | POL | M-50 | 3 | M 124 | | 00:45:35 | 00:03:31 | 02:52:38 | 00:03:46 | 02:28:22 | 06:13:52.65 |
| 125 | ŁĄCKI ANDRZEJ | 661 | | ZIELONA GÓRA | POL | M-55 | 1 | M 125 | | 00:40:25 | 00:05:16 | 02:52:23 | 00:02:59 | 02:34:07 | 06:15:10.85 |
| 126 | RATAJCZAK MAREK | 685 | TM IRON TEAM | WROCLAW | POL | M-57 | 2 | M 126 | TM IRONTEAM | 01:01:49 | 00:07:25 | 02:56:27 | 00:03:49 | 02:06:30 | 06:16:00.40 |
| 127 | ŻEGLICZ MAREK | 572 | SPOJNIA BIAŁE BŁOTA | BIAŁE BŁOTA | POL | M-28 | 2 | M 127 | | 00:44:32 | 00:05:35 | 03:07:05 | 00:08:43 | 02:10:12 | 06:16:07.15 |
| 128 | ROSZUK JAKUB | 716 | EWA BUGDOŁ TRIATHLON TEAM | OPOLE | POL | M-44 | 5 | M 128 | | 00:38:59 | 00:04:04 | 02:50:38 | 00:02:57 | 02:39:31 | 06:16:09.55 |
| 129 | BRUNOVSKÝ SIMON | 687 | SLOVAK TRIATHLON ACADEMY | BRATISLAVA | SVK | M-30 | 4 | M 129 | | 00:33:40 | 00:04:06 | 03:06:40 | 00:03:32 | 02:29:02 | 06:17:00.35 |
| 130 | WŁODARCZAK WITOLD | 705 | TRISPACE/TREK | BYDGOSZCZ | POL | M-60 | 1 | M 130 | TRISPACE/TREK | 00:51:25 | 00:02:51 | 02:55:42 | 00:01:41 | 02:28:13 | 06:19:52.25 |
| 131 | WIŚNIEWSKI ARNOLD | 566 | KM PSP JRG9 ŁÓDŹ | ŁÓDŹ | POL | M-49 | 10 | M 131 | | 00:49:00 | 00:05:53 | 03:07:38 | 00:03:34 | 02:14:20 | 06:20:25.60 |
| 132 | WALCZAK PAWEŁ | 503 | DRUŻYNA L&CH | BYDGOSZCZ | POL | M-34 | 5 | M 132 | | 01:05:27 | 00:05:32 | 03:00:48 | 00:02:25 | 02:06:13 | 06:20:25.85 |
| 133 | PACHYKOUSKÝ PAVEL | 651 | | WARSZAWA | BEL | M-38 | 6 | M 133 | | 00:48:09 | 00:03:50 | 03:11:52 | 00:07:11 | 02:09:54 | 06:20:56.15 |
| 134 | BEDYK IRENEUSZ | 523 | PTT DELTA | CEKANOWO | POL | M-66 | 1 | M 134 | PTT DELTA | 00:58:59 | 00:05:35 | 02:58:55 | 00:02:28 | 02:15:03 | 06:21:00.55 |
| 135 | MYŚKOW LESZEK | 591 | TRI MISSION | SEICHNICE | POL | M-47 | 7 | M 135 | TRI MISSION | 00:47:30 | 00:04:09 | 02:57:10 | 00:04:02 | 02:28:28 | 06:21:19.35 |
| 136 | CZERNAK GRACJAN | 607 | | KOSZALIN | POL | M-43 | 10 | M 136 | | 00:49:35 | 00:04:51 | 03:03:36 | 00:02:40 | 02:21:15 | 06:21:57.05 |
| 137 | KRYGIER MACIEJ | 708 | | BYDGOSZCZ | POL | M-35 | 4 | M 137 | | 00:49:23 | 00:06:10 | 02:56:36 | 00:06:43 | 02:23:18 | 06:22:10.75 |
| 138 | ROSZAK BARTOSZ | 748 | WRONIECKI KLUB BIEGACZA | WRONKI | POL | M-40 | 6 | M 138 | | 00:49:44 | 00:04:15 | 03:06:30 | 00:02:07 | 02:20:28 | 06:23:04.70 |
| 139 | CZERWIAKOWSKI SEBASTIAN | 529 | | BYDGOSZCZ | POL | M-49 | 11 | M 139 | | 00:46:36 | 00:05:15 | 02:49:36 | 00:02:26 | 02:39:42 | 06:23:35.00 |
| 140 | MISZTELA DARIUSZ | 587 | PTT DELTA | PŁOCK | POL | M-62 | 1 | M 140 | PTT DELTA | 00:55:47 | 00:05:41 | 03:09:34 | 00:02:04 | 02:10:31 | 06:23:37.60 |
| 141 | ZAKRZEWSKI JAROSŁAW | 505 | | BYDGOSZCZ | POL | M-50 | 4 | M 141 | | 00:48:32 | 00:03:27 | 02:54:45 | 00:02:37 | 02:36:23 | 06:25:44.20 |
| 142 | WIŚNIEWSKI MIKOŁAJ | 720 | ROWEROWA BRZOZA | OLIMPIN | POL | M-25 | 1 | M 142 | | 00:45:14 | 00:04:06 | 02:58:57 | 00:03:21 | 02:34:41 | 06:26:19.75 |
| 143 | GRUBA JACEK | 608 | TRISPACE/TREK | BRZOZA | POL | M-63 | 1 | M 143 | TRISPACE/TREK | 00:52:38 | 00:03:57 | 03:07:19 | 00:03:01 | 02:19:48 | 06:26:43.40 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, Mężczyźni c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie | T1 | Rower | T2 | Bieg | Netto | |
|------|-----------------------|-----|------------------------------|------------------|------|------|--------|-------|--------------------------|----------|----------|----------|----------|----------|-------------|-----|
| | | | | | | | | | | 1.9km | | 89.8km | | 20.849km | | |
| 144 | LIPSKI ŁUKASZ | 593 | | PIŁA | POL | M-41 | 8 | M 144 | | 00:48:45 | 00:06:15 | 02:53:22 | 00:02:58 | 02:40:06 | 06:31:26.50 | |
| 145 | WRZOCHOL PAWEŁ | 552 | TRIGYM SZCZECIN | SZCZECIN | POL | M-38 | 7 | M 145 | TRIGYM SZCZECIN | 00:51:39 | 00:05:02 | 02:59:29 | 00:04:09 | 02:31:18 | 06:31:37.15 | |
| 146 | JASINSKI KAROL | 684 | | WROCŁAW | POL | M-30 | 5 | M 146 | | 00:51:35 | 00:06:11 | 02:59:02 | 00:05:00 | 02:31:18 | 06:33:06.85 | |
| 147 | SPLITT WOJCIECH | 558 | PŁOMIEN DRAŻNO | MROČZA | POL | M-44 | 6 | M 147 | | 00:47:49 | 00:06:49 | 03:07:26 | 00:06:46 | 02:24:20 | 06:33:10.35 | |
| 148 | BUCZYŃSKI TOMASZ | 625 | | POZNAŃ | POL | M-39 | 6 | M 148 | | 01:03:44 | 00:03:53 | 03:14:11 | 00:02:57 | 02:08:25 | 06:33:10.90 | |
| 149 | DOBEK PAWEŁ | 722 | MILOTEAM | PRZETOCZYNO | POL | M-43 | 11 | M 149 | | 00:54:50 | 00:04:01 | 03:00:26 | 00:03:21 | 02:32:12 | 06:34:50.30 | |
| 150 | ANTONOVITCH VLADIMIR | 653 | TRI.BY | WARSZAWA | | M-51 | 2 | M 150 | TRI.BY | 00:55:10 | 00:04:32 | 02:55:46 | 00:03:42 | 02:35:49 | 06:34:59.25 | |
| 151 | FABROWSKI DAWID | 513 | TRITAT TEAMOCHAL | BYDGOSZCZ | POL | M-42 | 10 | M 151 | TEAMOCHAL TRITATA | 00:40:57 | 00:05:04 | 03:06:06 | 00:04:59 | 02:38:32 | 06:35:38.00 | |
| 152 | BAYOK ILYA | 724 | | WARSZAW | POL | M-28 | 3 | M 152 | | 00:58:50 | 00:05:30 | 03:00:58 | 00:01:27 | 02:28:53 | 06:35:38.70 | |
| 153 | SOBAŃSKI ROMAN | 641 | TARNOWO PODGÓRNE BIEGA | TARNOWO PODGÓRNE | POL | M-43 | 12 | M 153 | | 00:49:05 | 00:04:53 | 02:54:15 | 00:03:33 | 02:44:00 | 06:35:46.80 | |
| 154 | NURKIEWICZ JAROSŁAW | 537 | KUNG FU PANDY 3 | BYDGOSZCZ | POL | M-52 | 4 | M 154 | | 00:51:52 | 00:02:59 | 03:10:42 | 00:02:19 | 02:30:21 | 06:38:13.65 | |
| 155 | KOCHANOWSKI MACIEJ | 580 | | BYDGOSZCZ | POL | M-31 | 6 | M 155 | | 00:54:37 | 00:06:39 | 03:28:30 | 00:02:45 | 02:05:54 | 06:38:25.10 | |
| 156 | KLAPENDA MARIUSZ | 571 | MARIO TEAM | ŁĘCZYCA | POL | M-49 | 12 | M 156 | | 01:15:39 | 00:08:15 | 02:56:36 | 00:07:35 | 02:11:15 | 06:39:20.70 | |
| 157 | MIELCAREK TOMASZ | 728 | MIELCARKS TEAM | PŁOŃSK | POL | M-49 | 13 | M 157 | MIELCARKS TEAM | 00:53:28 | 00:05:15 | 03:02:19 | 00:04:15 | 02:35:00 | 06:40:17.15 | |
| 158 | SZYMCAK JAKUB | 525 | | GDYNIA | POL | M-35 | 5 | M 158 | | 00:45:43 | 00:04:50 | 03:12:46 | 00:03:39 | 02:34:54 | 06:41:52.00 | |
| 159 | WITKOWSKI TOMASZ | 550 | VIVALAVIDA | BYDGOSZCZ | POL | M-39 | 7 | M 159 | | 00:52:49 | 00:03:44 | 02:57:41 | 00:03:43 | 02:47:00 | 06:44:57.90 | |
| 160 | SZULC ŁUKASZ | 639 | IRONSZULIS | GDAŃSK | POL | M-40 | 7 | M 160 | | 00:57:41 | 00:05:32 | 03:13:09 | 00:05:11 | 02:23:25 | 06:44:58.60 | |
| 161 | BUDZIAK MAKSYMILIAN | 693 | | BYDGOSZCZ | POL | M-21 | 1 | M 161 | | 00:49:54 | 00:06:25 | 03:37:20 | 00:05:28 | 02:06:22 | 06:45:29.60 | |
| 162 | RAŹNIEWSKI ŁUKASZ | 546 | WMKS | DYWITY | POL | M-47 | 8 | M 162 | | 00:51:15 | 00:04:19 | 03:07:24 | 00:02:55 | 02:40:29 | 06:46:22.40 | |
| 163 | SZYMKUĆ WOJCIECH | 539 | | POZNAŃ | POL | M-34 | 6 | M 163 | | 00:52:47 | 00:05:15 | 03:24:38 | 00:02:53 | 02:20:53 | 06:46:26.15 | |
| 164 | BETLEJ HUBERT | 543 | | KRAKÓW | POL | M-41 | 9 | M 164 | | 00:57:47 | 00:04:25 | 02:52:54 | 00:02:34 | 02:48:57 | 06:46:37.20 | |
| 165 | WIŚNIEWSKI ZBIGNIEW | 719 | ROWEROWA BRZOZA | OLIMPIN | POL | M-57 | 3 | M 165 | ACTIVE AGE | 00:51:48 | 00:05:51 | 03:14:55 | 00:04:39 | 02:31:30 | 06:48:43.90 | |
| 166 | HUBCZAK MICHAŁ | 610 | ARTECH FORKLIFT | ŻYWIEC | POL | M-20 | 1 | M 166 | | 00:40:03 | 00:05:05 | 02:54:09 | 00:02:11 | 03:10:01 | 06:51:29.05 | |
| 167 | MACIEJEWSKI SZYMON | 644 | MACIEJEWSCY | ŁOMIANKI DOLNE | POL | M-45 | 6 | M 167 | | 00:41:18 | 00:08:46 | 03:14:55 | 00:07:34 | 02:39:04 | 06:51:37.35 | |
| 168 | ZUBEK RAFAŁ | 673 | PTT DELTA | STRÓŻEWKO | POL | M-56 | 1 | M 168 | PTT DELTA | 00:59:15 | 00:06:14 | 03:11:12 | 00:03:52 | 02:33:31 | 06:54:04.85 | |
| 169 | GRABOWSKI ANDRZEJ | 584 | PTT DELTA | SŁUPNO | POL | M-47 | 9 | M 169 | PTT DELTA | 00:52:25 | 00:04:40 | 03:17:27 | 00:04:27 | 02:36:15 | 06:55:14.50 | |
| 170 | GRALIK KACPER | 531 | BYDGOSKIE OKONIE | BYDGOSZCZ | POL | M-27 | 3 | M 170 | | 00:45:37 | 00:04:56 | 03:11:57 | 00:05:18 | 02:49:58 | 06:57:46.75 | |
| 171 | DAWID ŁUKASZ | 701 | | GOLENIÓW | POL | M-37 | 6 | M 171 | | 00:51:14 | 00:04:37 | 03:20:57 | 00:05:01 | 02:40:28 | 07:02:17.65 | |
| 172 | KUPCZYK TOMASZ | 554 | | ŁOMIANKI DOLNE | POL | M-46 | 4 | M 172 | | 00:52:53 | 00:06:10 | 03:31:35 | 00:05:43 | 02:30:55 | 07:07:16.75 | |
| 173 | ROGUSZ ZBIGNIEW | 635 | | GDAŃSK | POL | M-39 | 8 | M 173 | | 00:49:58 | 00:06:53 | 03:35:34 | 00:07:02 | 02:42:54 | 07:22:21.60 | |
| 174 | WAWRZYŃIAK PRZEMYSŁAW | 672 | | WROCŁAW | POL | M-30 | 6 | M 174 | | 00:58:06 | 00:07:42 | 03:21:58 | 00:07:05 | 02:59:41 | 07:34:32.45 | |
| 175 | ANDRAU ANATOLI | 650 | TRI.BY | WARSAW | POL | M-46 | 5 | M 175 | TRI.BY | 01:08:44 | 00:04:46 | 03:16:41 | 00:02:57 | 03:04:23 | 07:37:31.15 | |
| 176 | FIOSEK PAWEŁ | 535 | | BYDGOSZCZ | POL | M-28 | 4 | M 176 | | 00:43:14 | 00:05:10 | 03:59:00 | 00:03:01 | 03:21:22 | 08:11:47.70 | |
| 177 | GAJEWSKI PRZEMEK | 623 | SYBERIANHAMSTER | SZCZECIN | POL | M-45 | 7 | M 177 | | 00:57:17 | 00:05:14 | 03:35:46 | 00:06:43 | 03:28:12 | 08:13:12.65 | |
| | KAMIŃSKI TOMASZ | 743 | INMOTO TRITEAM SHRIMP BISTRO | BYDGOSZCZ | POL | M-43 | | | | 00:43:47 | DNF | 00:02:46 | 02:20:59 | 00:02:17 | 00:00:00 | DNF |
| | JARNOT OSKAR | 627 | TMT | TORUN | POL | M-34 | | | | 00:40:59 | DNF | 00:02:53 | 02:25:08 | 00:01:51 | 00:00:00 | DNF |
| | HUBCZAK WOJCIECH | 602 | ARTECH FORKLIFT | ŻYWIEC | POL | M-51 | | | | 00:54:37 | DNF | 00:04:39 | 02:50:56 | 00:03:08 | 00:00:00 | DNF |
| | SOBCZAK MARCIN | 521 | | ŻOŁĘDOWO | POL | M-48 | | | | 00:40:47 | DNF | 00:03:06 | 02:44:49 | 00:04:01 | 00:00:00 | DNF |
| | CHŁOSTA MAREK | 739 | | MYSLENICE | GER | M-48 | | | | 00:45:25 | DNF | 00:04:20 | 02:52:46 | 00:03:35 | 00:00:00 | DNF |
| | TOPCZEWSKI GRACJAN | 742 | TRISPACE/TREK | BYDGOSZCZ | POL | M-47 | | | TRISPACE/TREK | 00:38:07 | DNF | 00:03:00 | 02:29:27 | 00:02:02 | 00:00:00 | DNF |
| | GRUDNIEWSKI RAFAŁ | 536 | SREBRNI TRI | TARNOWSKIE GÓRY | POL | M-43 | | | SREBRNI TRI | DNF | 00:00:00 | 00:00:00 | 03:20:32 | 00:00:00 | DNF | |
| | TRZASKA PRZEMYSŁAW | 600 | DREAM TRI TEAM | BĄKOWO | POL | M-38 | | | DREM TRI TEAM | 00:39:32 | DNF | 00:02:43 | 02:49:21 | 00:03:15 | 00:00:00 | DNF |
| | KĄTNIK JACEK | 564 | | ŁOCHOWO | POL | M-53 | | | | 01:03:22 | DNF | 00:03:42 | 02:32:57 | 00:02:04 | 00:00:00 | DNF |
| | FOGT MACIEJ | 695 | | KRUSZYN | POL | M-42 | | | | 00:49:54 | DNF | 00:03:47 | 02:42:22 | | 00:00:00 | DNF |
| | CIUPA JAROSŁAW | 578 | AKADEMIA MISTRZÓW SPORTU | BYDGOSZCZ | POL | M-53 | | | AKADEMIA MISTRZÓW SPORTU | 00:51:14 | DNF | 00:03:02 | | 00:00:00 | 00:00:00 | DNF |
| | ROSIĄK MICHAŁ | 541 | BROWER LUTYNIA | LUTYNIA | POL | M-36 | | | | 00:53:58 | DNF | 00:05:52 | | 00:00:00 | 00:00:00 | DNF |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-19

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|------------------|-----|------|-----------|------|------|--------|------|-----------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | CZECHOWSKI DAWID | 637 | | BYDGOSZCZ | POL | M-19 | 1 | M 18 | | 00:33:08 | 00:03:23 | 02:36:12 | 00:02:30 | 01:36:49 | 04:52:02.35 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-20

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|-----------------|-----|-----------------|-----------|------|------|--------|-------|-----------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | HUBCZAK MICHAŁ | 610 | ARTECH FORKLIFT | ŻYWIEC | POL | M-20 | 1 | M 166 | | 00:40:03 | 00:05:05 | 02:54:09 | 00:02:11 | 03:10:01 | 06:51:29.05 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-21

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|---------------------|-----|------|-----------|------|------|--------|-------|-----------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | BUDZIAK MAKSYMILIAN | 693 | | BYDGOSZCZ | POL | M-21 | 1 | M 161 | | 00:49:54 | 00:06:25 | 03:37:20 | 00:05:28 | 02:06:22 | 06:45:29.60 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-22

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|-------------------|-----|--------------|----------------|------|------|--------|------|-----------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | ROGOZIEWICZ DAWID | 621 | LITWIN SPORT | MOKRONOS DOLNY | POL | M-22 | 1 | M 22 | | 00:33:22 | 00:03:49 | 02:37:29 | 00:02:08 | 01:37:38 | 04:54:26.50 |
| 2 | SUCHAN ŁUKASZ | 747 | SPORTWISE | KRAKÓW | POL | M-22 | 2 | M 30 | | 00:31:25 | 00:03:23 | 02:35:25 | 00:02:01 | 01:47:52 | 05:00:06.75 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-24

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|-----------------|-----|-------------------|--------------------------|------|------|--------|-------|-------------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | SAWIEŁAJC JAKUB | 691 | TM IRON TEAM | BYDGOSZCZ | POL | M-24 | 1 | M 2 | TM IRONTEAM | 00:29:49 | 00:02:09 | 02:12:33 | 00:01:59 | 01:29:49 | 04:16:19.10 |
| 2 | FAJOK SZYMON | 683 | MBC TEAM | POZNAŃ | POL | M-24 | 2 | M 33 | | 00:38:15 | 00:03:06 | 02:19:59 | 00:02:09 | 02:00:13 | 05:03:42.40 |
| 3 | WOLAK PAWEŁ | 616 | ORKAMASTERS IŁAWA | NOWE MIASTO LUBAWSKIE | POL | M-24 | 3 | M 121 | | 00:42:51 | 00:04:31 | 03:00:18 | 00:02:06 | 02:21:33 | 06:11:19.85 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-25

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|--------------------|-----|-----------------|-----------|------|------|--------|-------|-----------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | WIŚNIEWSKI MIKOŁAJ | 720 | ROWEROWA BRZOZA | OLIMPIN | POL | M-25 | 1 | M 142 | | 00:45:14 | 00:04:06 | 02:58:57 | 00:03:21 | 02:34:41 | 06:26:19.75 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-26

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|-----------------|-----|------|-----------|------|------|--------|------|-----------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | GOŁYŚ GRZEGORZ | 643 | | KNURÓW | POL | M-26 | 1 | M 14 | | 00:43:51 | 00:03:24 | 02:20:32 | 00:01:55 | 01:35:13 | 04:44:55.55 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K-27

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|-----------------|-----|------------------|-----------|------|------|--------|------|-----------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | WIECZOREK ANNA | 659 | BRZYSKI TRI TEAM | KRAKÓW | POL | K-27 | 1 | K 12 | | 00:39:29 | 00:03:33 | 03:00:19 | 00:03:38 | 02:05:51 | 05:52:50.90 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-27

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|------------------|-----|----------------------|-----------|------|------|--------|-------|----------------------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | WIŚNIEWSKI PIOTR | 632 | TRIATHLON KONSULTING | TORUŃ | POL | M-27 | 1 | M 75 | TRIATHLON KONSULTING | 00:39:00 | 00:03:59 | 02:39:15 | 00:02:01 | 02:11:57 | 05:36:12.55 |
| 2 | OLEJNIK WOJCIECH | 553 | TRIGYM SZCZECIN | SZCZECIN | POL | M-27 | 2 | M 82 | TRIGYM SZCZECIN | 00:45:44 | 00:04:38 | 02:42:37 | 00:02:22 | 02:07:33 | 05:42:54.65 |
| 3 | GRALIK KACPER | 531 | BYDGOSKIE OKONIE | BYDGOSZCZ | POL | M-27 | 3 | M 170 | | 00:45:37 | 00:04:56 | 03:11:57 | 00:05:18 | 02:49:58 | 06:57:46.75 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K-28

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|--------------------|-----|--------------------------|------------|------|------|--------|------|-----------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | BRUNOVSKÁ KATARÍNA | 662 | SLOVAK TRIATHLON ACADEMY | BRATISLAVA | SVK | K-28 | 1 | K 16 | | 00:33:59 | 00:03:06 | 03:07:36 | 00:03:33 | 02:14:39 | 06:02:53.40 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-28

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|-------------------|-----|---------------------|-------------|------|------|--------|-------|-----------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | WODNICKI GRZEGORZ | 629 | | SZCZECIN | POL | M-28 | 1 | M 99 | | 00:45:34 | 00:04:23 | 02:54:15 | 00:02:48 | 02:04:09 | 05:51:09.35 |
| 2 | ŻEGLICZ MAREK | 572 | SPÓJNIA BIAŁE BŁOTA | BIAŁE BŁOTA | POL | M-28 | 2 | M 127 | | 00:44:32 | 00:05:35 | 03:07:05 | 00:08:43 | 02:10:12 | 06:16:07.15 |
| 3 | BAYOK ILYA | 724 | | WARSAW | POL | M-28 | 3 | M 152 | | 00:58:50 | 00:05:30 | 03:00:58 | 00:01:27 | 02:28:53 | 06:35:38.70 |
| 4 | FIOSEK PAWEŁ | 535 | | BYDGOSZCZ | POL | M-28 | 4 | M 176 | | 00:43:14 | 00:05:10 | 03:59:00 | 00:03:01 | 03:21:22 | 08:11:47.70 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-29

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|------------------|-----|-----------------------|-----------|------|------|--------|-------|-----------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | MILERT KRZYSZTOF | 714 | | POZNAŃ | POL | M-29 | 1 | M 46 | | 00:47:04 | 00:05:28 | 02:41:51 | 00:02:13 | 01:37:33 | 05:14:09.20 |
| 2 | GREJCZYK ALAN | 692 | CORTEZ TRIATHLON TEAM | BYDGOSZCZ | POL | M-29 | 2 | M 62 | | 00:42:14 | 00:02:36 | 02:30:10 | 00:01:55 | 02:09:19 | 05:26:14.20 |
| 3 | SAWICKI MICHAŁ | 642 | ADRIAN KOSTERA TEAM | WARSAWA | POL | M-29 | 3 | M 102 | | 00:41:26 | 00:04:01 | 02:47:02 | 00:01:38 | 02:21:16 | 05:55:23.45 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K-30

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|-----------------|-----|----------------|-----------|------|------|--------|------|----------------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | ARABE LUANNA | 563 | MIELCARCS TEAM | BARCELONA | ESP | K-30 | 1 | K 31 | MIELCARCS TEAM | 00:49:31 | 00:07:15 | 03:43:22 | 00:06:30 | 02:32:43 | 07:19:21.55 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-30

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|-----------------------|-----|--------------------------|------------|------|------|--------|-------|----------------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | GECEW PAWEŁ | 615 | | WROCLAW | POL | M-30 | 1 | M 10 | | 00:43:57 | 00:02:15 | 02:22:38 | 00:02:08 | 01:28:22 | 04:39:20.45 |
| 2 | KIEDROWSKI JERZY | 669 | MIELCARKS TEAM | BYDGOSZCZ | POL | M-30 | 2 | M 81 | MIELCARKS TEAM | 00:44:51 | 00:04:25 | 02:57:08 | 00:04:26 | 01:51:55 | 05:42:45.20 |
| 3 | MAZUREK WOJCIECH | 595 | CROSS-SPORT | ZWONOWICE | POL | M-30 | 3 | M 105 | CROSS-SPORT | 00:47:15 | 00:04:56 | 02:56:53 | 00:03:10 | 02:04:31 | 05:56:45.00 |
| 4 | BRUNOVSKÝ SIMON | 687 | SLOVAK TRIATHLON ACADEMY | BRATISLAVA | SVK | M-30 | 4 | M 129 | | 00:33:40 | 00:04:06 | 03:06:40 | 00:03:32 | 02:29:02 | 06:17:00.35 |
| 5 | JASINSKI KAROL | 684 | | WROCLAW | POL | M-30 | 5 | M 146 | | 00:51:35 | 00:06:11 | 02:59:02 | 00:05:00 | 02:31:18 | 06:33:06.85 |
| 6 | WAWRZYŃIAK PRZEMYSŁAW | 672 | | WROCLAW | POL | M-30 | 6 | M 174 | | 00:58:06 | 00:07:42 | 03:21:58 | 00:07:05 | 02:59:41 | 07:34:32.45 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-31

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|-----------------------|-----|------------------|-----------|------|------|--------|-------|------------------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | STAFARCZYK DAWID | 520 | TM IRON TEAM | RYBNIK | POL | M-31 | 1 | M 40 | TM IRONTEAM | 00:39:25 | 00:02:30 | 02:34:08 | 00:01:25 | 01:49:43 | 05:07:11.10 |
| 2 | ALEKSANDROWICZ MARCIN | 741 | CHMURA COACHING | WROCLAW | POL | M-31 | 2 | M 48 | | 00:45:39 | 00:03:24 | 02:39:49 | 00:02:43 | 01:43:53 | 05:15:28.00 |
| 3 | GRALIK JĘDRZEJ | 512 | BYDGOSKIE OKONIE | BYDGOSZCZ | POL | M-31 | 3 | M 73 | BYDGOSKIE OKONIE | 00:32:47 | 00:04:27 | 02:54:04 | 00:03:08 | 02:01:33 | 05:35:59.70 |
| 4 | JOVANOVIĆ MARKO | 515 | GO APTIV! | KRAKÓW | SRB | M-31 | 4 | M 74 | | 00:38:25 | 00:04:38 | 02:45:02 | 00:03:03 | 02:05:02 | 05:36:10.45 |
| 5 | ANDRZEJEWSKI JAKUB | 668 | | BYDGOSZCZ | POL | M-31 | 5 | M 116 | | 00:41:27 | 00:04:08 | 03:02:17 | 00:04:34 | 01:32:24 | 06:07:50.00 |
| 6 | KOCHANOWSKI MACIEJ | 580 | | BYDGOSZCZ | POL | M-31 | 6 | M 155 | | 00:54:37 | 00:06:39 | 03:28:30 | 00:02:45 | 02:05:54 | 06:38:25.10 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K-32

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|------------------|-----|---------------------|-----------|------|------|--------|------|-----------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | MYNC ANGELIKA | 647 | HTF LUDWIK SIKORSKI | ŁÓDŹ | POL | K-32 | 1 | K 1 | | 00:40:47 | 00:02:56 | 02:48:59 | 00:02:00 | 01:46:20 | 05:21:02.30 |
| 2 | MOTYLEWSKA MARTA | 549 | PTT DELTA | PŁOCK | POL | K-32 | 2 | K 2 | PTT DELTA | 00:45:39 | 00:02:57 | 02:42:16 | 00:03:03 | 01:53:40 | 05:27:35.15 |
| 3 | WOJDYŁA MARTA | 679 | FUNTRI | WROCLAW | POL | K-32 | 3 | K 11 | | 00:39:42 | 00:04:04 | 02:58:31 | 00:02:40 | 02:07:48 | 05:52:45.25 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-32

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|-----------------|-----|----------------|-------------|------|------|--------|------|-------------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | MARCINEK TOMASZ | 737 | TM IRON TEAM | RACIBÓRZ | POL | M-32 | 1 | M 1 | TM IRONTEAM | 00:27:31 | 00:01:58 | 02:10:06 | 00:00:57 | 01:17:39 | 03:58:11.95 |
| 2 | KROŚNY SZYMON | 671 | CROSS-SPORT | RYBNIK | POL | M-32 | 2 | M 52 | CROSS-SPORT | 00:39:00 | 00:03:19 | 02:40:26 | 00:02:05 | 01:52:15 | 05:17:05.50 |
| 3 | PODLASIAK ARIEL | 676 | IM INSPIRATION | MIĘDZYRZECZ | POL | M-32 | 3 | M 98 | | 00:45:31 | 00:04:02 | 02:54:30 | 00:02:08 | 02:04:56 | 05:51:07.40 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K-33

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|-----------------|-----|------|-----------|------|------|--------|------|-----------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | WIS MODESTA | 738 | | BRZESKO | POL | K-33 | 1 | K 21 | | 00:43:08 | 00:04:09 | 03:13:17 | 00:03:27 | 02:10:25 | 06:14:26.85 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-33

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|------------------|-----|----------------------|-----------|------|------|--------|------|----------------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | MADRASSI GIACOMO | 677 | TRI TEAM PULLY | LAUSANNE | | M-33 | 1 | M 4 | MIELCARCS TEAM | 00:27:42 | 00:03:26 | 02:19:36 | 00:01:41 | 01:28:08 | 04:20:33.20 |
| 2 | TURAJSKI MATEUSZ | 648 | AXENT IWONA TURAJSKA | ŚREM | POL | M-33 | 2 | M 32 | | 00:40:13 | 00:03:22 | 02:28:55 | 00:02:10 | 01:48:35 | 05:03:15.55 |
| 3 | PIESIK DAWID | 619 | TM IRON TEAM | BYDGOSZCZ | POL | M-33 | 3 | M 45 | TM IRONTEAM | 00:35:33 | 00:02:49 | 02:29:06 | 00:02:24 | 02:01:59 | 05:11:51.60 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-34

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|---------------------|-----|--------------------------|---------------------|------|------|--------|-------|--------------------------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | WASYLUK CEZARY | 746 | CONTROTLEC | WROCŁAW | POL | M-34 | 1 | M 6 | | 00:32:53 | 00:02:13 | 02:24:44 | 00:01:32 | 01:32:17 | 04:33:39.50 |
| 2 | KOLEŚNIK BARTŁOMIEJ | 586 | 5 LUBUSKI PUŁK ARTYLERII | SULECHÓW | POL | M-34 | 2 | M 43 | 5 LUBUSKI PUŁK ARTYLERII | 00:37:03 | 00:03:56 | 02:31:20 | 00:01:59 | 01:55:39 | 05:09:57.05 |
| 3 | HANUS WOJCIECH | 597 | | KRAKÓW | POL | M-34 | 3 | M 44 | | 00:44:38 | 00:03:57 | 02:36:20 | 00:02:33 | 01:42:41 | 05:10:09.45 |
| 4 | SOCHA KAMIL | 585 | 5 LUBUSKI PUŁK ARTYLRII | BRZEZIE K. SULECHÓW | POL | M-34 | 4 | M 92 | 5 LUBUSKI PUŁK ARTYLERII | 00:49:34 | 00:03:50 | 02:49:58 | 00:03:15 | 02:00:22 | 05:46:59.95 |
| 5 | WALCZAK PAWEŁ | 503 | DRUŻYNA L&CH | BYDGOSZCZ | POL | M-34 | 5 | M 132 | | 01:05:27 | 00:05:32 | 03:00:48 | 00:02:25 | 02:06:13 | 06:20:25.85 |
| 6 | SZYMKUĆ WOJCIECH | 539 | | POZNAŃ | POL | M-34 | 6 | M 163 | | 00:52:47 | 00:05:15 | 03:24:38 | 00:02:53 | 02:20:53 | 06:46:26.15 |
| | JARNOT OSKAR | 627 | TMT | TORUN | POL | M-34 | | | | 00:40:59 DNF | 00:02:53 | 02:25:08 | 00:01:51 | 00:00:00 | DNF |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K-35

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|--------------------------|-----|------------------|-----------|------|------|--------|------|-----------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | TAMBORSKA AGATA | 675 | UPGRADE PLATFORM | ŁÓDŹ | POL | K-35 | 1 | K 13 | | 00:38:42 | 00:03:22 | 03:11:00 | 00:03:19 | 02:01:38 | 05:58:01.10 |
| 2 | WOJCIECHOWSKA MAŁGORZATA | 700 | | POZNAŃ | POL | K-35 | 2 | K 18 | | 00:45:07 | 00:03:37 | 03:03:34 | 00:04:23 | 02:14:22 | 06:11:03.95 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-35

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|-----------------|-----|-------------------------------|------------|------|------|--------|-------|---------------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | WALICH MACIEJ | 711 | 4T TARNOWSKIE TERMY TRIATHLON | PAMIĄTKOWO | POL | M-35 | 1 | M 57 | | 00:37:50 | 00:02:58 | 02:35:04 | 00:01:54 | 02:02:28 | 05:20:14.40 |
| 2 | GRUBA MAREK | 694 | TRISPACE/TREK | BRZOZA | POL | M-35 | 2 | M 104 | TRISPACE/TREK | 00:43:26 | 00:03:25 | 02:57:13 | 00:02:11 | 02:10:23 | 05:56:38.35 |
| 3 | GÓRNY BARTOSZ | 689 | TRISPACE/TREK | BYDGOSZCZ | POL | M-35 | 3 | M 106 | TRISPACE/TREK | 00:45:50 | 00:02:57 | 02:49:06 | 00:03:00 | 02:16:18 | 05:57:11.35 |
| 4 | KRYGIER MACIEJ | 708 | | BYDGOSZCZ | POL | M-35 | 4 | M 137 | | 00:49:23 | 00:06:10 | 02:56:36 | 00:06:43 | 02:23:18 | 06:22:10.75 |
| 5 | SZYMCZAK JAKUB | 525 | | GDYNIA | POL | M-35 | 5 | M 158 | | 00:45:43 | 00:04:50 | 03:12:46 | 00:03:39 | 02:34:54 | 06:41:52.00 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K-36

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|------------------|-----|------------|-----------|------|------|--------|------|-----------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | TREFON MICHALINA | 626 | KOZAK TEAM | ROGOŹNIK | POL | K-36 | 1 | K 14 | | 00:42:24 | 00:03:24 | 03:05:42 | 00:02:12 | 02:08:48 | 06:02:30.95 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-36

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|------------------------|-----|----------------------------------|-----------------|------|------|--------|------|-------------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | ŻULEWSKI RADOSŁAW | 547 | | ŁÓDŹ | POL | M-36 | 1 | M 67 | | 00:47:42 | 00:04:35 | 02:47:50 | 00:02:28 | 01:49:37 | 05:32:12.35 |
| 2 | STYLA KAMIL ALEKSANDER | 750 | MILOTEAM | KRAKOW | POL | M-36 | 2 | M 76 | MILOTEAM | 00:48:29 | 00:03:41 | 02:40:48 | 00:02:49 | 02:01:08 | 05:36:55.55 |
| 3 | KUCHARCZYK KAMIL | 603 | TRI NOT TO DIE / EWA BUGDOŁ TEAM | POZNAŃ | POL | M-36 | 3 | M 77 | | 00:46:08 | 00:04:18 | 02:44:42 | 00:02:39 | 02:02:29 | 05:40:16.00 |
| 4 | SAJDOK KAMIL | 680 | SREBRNI TRI | TARNOWSKIE GÓRY | POL | M-36 | 4 | M 89 | SREBRNI TRI | 00:46:20 | 00:03:46 | 03:06:08 | 00:03:16 | 01:47:02 | 05:46:32.55 |
| | ROSIĄK MICHAŁ | 541 | BROWER LUTYNIA | LUTYNIA | POL | M-36 | | | | 00:53:58 DNF | 00:05:52 | | 00:00:00 | 00:00:00 | DNF |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K-37

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|--------------------|-----|---------------|-----------|------|------|--------|------|---------------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | RADZIŃSKA JOANNA | 576 | TRISPACE/TREK | BYDGOSZCZ | POL | K-37 | 1 | K 22 | TRISPACE/TREK | 00:53:07 | 00:03:54 | 03:02:19 | 00:04:28 | 02:16:06 | 06:19:54.70 |
| 2 | SZYMCZAK KATARZYNA | 526 | | GDYNIA | POL | K-37 | 2 | K 25 | | 00:45:09 | 00:04:52 | 03:13:03 | 00:03:56 | 02:23:30 | 06:30:30.50 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-37

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|-------------------|-----|-------------------------|-----------|------|------|--------|-------|-------------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | LECH MIRO | 601 | | BRZEG | POL | M-37 | 1 | M 39 | | 00:36:17 | 00:02:48 | 02:25:40 | 00:02:17 | 01:59:35 | 05:06:37.20 |
| 2 | WYSOCKI PIOTR | 636 | | GDYNIA | POL | M-37 | 2 | M 42 | | 00:38:49 | 00:03:39 | 02:31:12 | 00:02:11 | 01:53:47 | 05:09:38.10 |
| 3 | KRÓL HUBERT | 749 | WWW.TRENERTRIATHLONU.PL | POZNAŃ | POL | M-37 | 3 | M 51 | | 00:34:12 | 00:02:31 | 02:34:07 | 00:01:38 | 02:03:50 | 05:16:18.00 |
| 4 | JACH RAFAŁ | 594 | CROSS-SPORT | RYBNIK | POL | M-37 | 4 | M 63 | CROSS-SPORT | 00:46:48 | 00:05:08 | 02:39:01 | 00:02:53 | 01:52:36 | 05:26:26.30 |
| 5 | KONIECZNY PRZEMEK | 609 | VELOCITY | BORÓWIEC | POL | M-37 | 5 | M 90 | | 00:43:47 | 00:03:53 | 02:40:06 | 00:02:57 | 02:15:56 | 05:46:39.00 |
| 6 | DAWID ŁUKASZ | 701 | | GOLENIÓW | POL | M-37 | 6 | M 171 | | 00:51:14 | 00:04:37 | 03:20:57 | 00:05:01 | 02:40:28 | 07:02:17.65 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K-38

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|---------------------|-----|------------------------------|-----------|------|------|--------|------|-----------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | MAĆKOWSKA MAGDALENA | 533 | MAGDALENA_M_TRI / TRICHICKAS | BYDGOSZCZ | POL | K-38 | 1 | K 34 | | 01:01:21 | 00:03:56 | 03:39:16 | 00:09:45 | 03:04:05 | 07:58:23.40 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-38

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|--------------------|-----|-----------------------|------------------|------|------|--------|-------|-----------------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | BUZE ŁUKASZ | 652 | | KĘDZIERZYN-KOŹLE | POL | M-38 | 1 | M 27 | | 00:45:39 | 00:03:25 | 02:32:19 | 00:02:13 | 01:33:41 | 04:57:17.70 |
| 2 | MAZUR WOJCIECH | 678 | UCIEKAM PRZED ADIM ,) | BYDGOSZCZ | POL | M-38 | 2 | M 79 | | 00:37:06 | 00:03:21 | 02:47:15 | 00:01:47 | 02:11:54 | 05:41:23.70 |
| 3 | PAKUŁA RAFAŁ | 640 | | STRYKÓW | POL | M-38 | 3 | M 86 | | 00:37:54 | 00:02:59 | 02:45:05 | 00:02:20 | 02:15:40 | 05:43:58.85 |
| 4 | BARSKOV ARTEM | 624 | UNLIMITED SPORT 2.0 | KRAKOW | GBR | M-38 | 4 | M 95 | | 00:45:40 | 00:06:00 | 02:52:57 | 00:03:39 | 02:01:22 | 05:49:38.90 |
| 5 | NOSIADEK MICHAŁ | 605 | CROSS SPORT | WODZISŁAW ŚLĄSKI | POL | M-38 | 5 | M 123 | CROSS-SPORT | 00:50:00 | 00:04:53 | 02:55:54 | 00:03:58 | 02:18:20 | 06:13:05.15 |
| 6 | PACHYKOUSKI PAVEL | 651 | | WARSZAWA | BEL | M-38 | 6 | M 133 | | 00:48:09 | 00:03:50 | 03:11:52 | 00:07:11 | 02:09:54 | 06:20:56.15 |
| 7 | WRZOCHOL PAWEŁ | 552 | TRIGYM SZCZECIN | SZCZECIN | POL | M-38 | 7 | M 145 | TRIGYM SZCZECIN | 00:51:39 | 00:05:02 | 02:59:29 | 00:04:09 | 02:31:18 | 06:31:37.15 |
| | TRZASKA PRZEMYSŁAW | 600 | DREAM TRI TEAM | BAKOWO | POL | M-38 | | | DREM TRI TEAM | 00:39:32 DNF | 00:02:43 | 02:49:21 | 00:03:15 | 00:00:00 | DNF |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K-39

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|--------------------|-----|---------|-----------|------|------|--------|------|--------------------------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | CZEKAŁSKA MARIA | 565 | | POZNAŃ | POL | K-39 | 1 | K 4 | | 00:42:11 | 00:03:39 | 02:49:21 | 00:02:16 | 01:52:52 | 05:30:19.05 |
| 2 | WODA EWELINA | 542 | | KRAKÓW | POL | K-39 | 2 | K 9 | | 00:38:44 | 00:03:34 | 02:45:24 | 00:02:16 | 02:06:38 | 05:36:36.55 |
| 3 | WOŹNIAKOWSKA AGATA | 726 | WTLENIE | BYDGOSZCZ | POL | K-39 | 3 | K 15 | AKADEMIA MISTRZÓW SPORTU | 00:41:20 | 00:03:44 | 03:05:02 | 00:02:57 | 02:09:41 | 06:02:44.70 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-39

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|---------------------|-----|---------------------|-----------|------|------|--------|-------|-----------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | MODZELEWSKI MACIEJ | 569 | VELO ŁOWICZ TRI | ŁOWICZ | POL | M-39 | 1 | M 13 | | 00:44:09 | 00:02:46 | 02:25:32 | 00:01:24 | 01:30:11 | 04:44:02.05 |
| 2 | OGÓROWICZ JAKUB | 618 | BEEATHLETIC TEAM | OBORNIKI | POL | M-39 | 2 | M 31 | | 00:38:31 | 00:03:35 | 02:32:13 | 00:02:24 | 01:43:34 | 05:00:17.35 |
| 3 | BARTOSIEWICZ TOMASZ | 562 | ORANGE POLSKA | ŻYRARDÓW | POL | M-39 | 3 | M 34 | | 00:42:11 | 00:02:32 | 02:27:11 | 00:01:48 | 01:50:16 | 05:03:58.65 |
| 4 | HARTLIŃSKI GRZEGORZ | 725 | NAJMOWICZ TRIATHLON | JAROTY | POL | M-39 | 4 | M 37 | | 00:40:32 | 00:03:01 | 02:34:26 | 00:02:39 | 01:44:36 | 05:05:14.70 |
| 5 | ODZIOBA SEBASTIAN | 519 | THE RWCYCKING | BISKUPIEC | POL | M-39 | 5 | M 69 | | 00:40:56 | 00:03:08 | 02:38:57 | 00:02:15 | 02:07:11 | 05:32:27.45 |
| 6 | BUCZYŃSKI TOMASZ | 625 | | POZNAŃ | POL | M-39 | 6 | M 148 | | 01:03:44 | 00:03:53 | 03:14:11 | 00:02:57 | 02:08:25 | 06:33:10.90 |
| 7 | WITKOWSKI TOMASZ | 550 | VIVALAVIDA | BYDGOSZCZ | POL | M-39 | 7 | M 159 | | 00:52:49 | 00:03:44 | 02:57:41 | 00:03:43 | 02:47:00 | 06:44:57.90 |
| 8 | ROGUSZ ZBIGNIEW | 635 | | GDAŃSK | POL | M-39 | 8 | M 173 | | 00:49:58 | 00:06:53 | 03:35:34 | 00:07:02 | 02:42:54 | 07:22:21.60 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K-40

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|--------------------|-----|--------------------------|-----------|------|------|--------|-----|--------------------------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | WASILEWSKA MARTYNA | 548 | AKADEMIA MISTRZÓW SPORTU | BYDGOSZCZ | POL | K-40 | 1 | K 6 | AKADEMIA MISTRZÓW SPORTU | 00:42:44 | 00:04:12 | 02:54:45 | 00:02:23 | 01:48:02 | 05:32:06.55 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-40

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|----------------------|-----|-------------------------|-----------|------|------|--------|-------|--------------------------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | MIEDZIAK SEBASTIAN | 655 | LS PLUS RECYKLING TEAM | MIECZEWO | POL | M-40 | 1 | M 20 | | 00:37:59 | 00:02:34 | 02:27:33 | 00:01:33 | 01:43:13 | 04:52:52.05 |
| 2 | SZARMACHER SEBASTIAN | 560 | | DZIAŁDOWO | POL | M-40 | 2 | M 36 | | 00:41:00 | 00:03:58 | 02:29:30 | 00:01:57 | 01:47:50 | 05:04:15.80 |
| 3 | KUBASIK TOMASZ | 682 | | LUBLINIEC | POL | M-40 | 3 | M 53 | | 00:43:13 | 00:03:01 | 02:40:52 | 00:03:25 | 01:47:02 | 05:17:33.10 |
| 4 | KONDRACKI ŁUKASZ | 631 | TRI TEAM LUBAŃ | ZGORZELEC | POL | M-40 | 4 | M 65 | | 00:37:07 | 00:03:12 | 02:51:35 | 00:02:25 | 01:53:21 | 05:27:40.45 |
| 5 | WIŚNIEWSKI RAFAŁ | 665 | RAFAŁ WISNIEWSKI | BYDGOSZCZ | POL | M-40 | 5 | M 120 | AKADEMIA MISTRZÓW SPORTU | 00:53:02 | 00:04:00 | 02:59:59 | 00:02:22 | 02:11:08 | 06:10:31.85 |
| 6 | ROSZAK BARTOSZ | 748 | WRONIECKI KLUB BIEGACZA | WRONKI | POL | M-40 | 6 | M 138 | | 00:49:44 | 00:04:15 | 03:06:30 | 00:02:07 | 02:20:28 | 06:23:04.70 |
| 7 | SZULC ŁUKASZ | 639 | IRONSZULIS | GDAŃSK | POL | M-40 | 7 | M 160 | | 00:57:41 | 00:05:32 | 03:13:09 | 00:05:11 | 02:23:25 | 06:44:58.60 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K-41

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|--------------------|-----|----------------------------------|--------------------|------|------|--------|------|--------------------------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | BUTOWSKA KATARZYNA | 674 | BEZ ZBĘDNYCH PYTAŃ | STAROGARD GDAŃSKI | POL | K-41 | 1 | K 3 | | 00:45:31 | 00:03:39 | 02:47:05 | 00:03:12 | 01:48:57 | 05:28:24.85 |
| 2 | LOZOVA OLGA | 723 | TRIWISE | KRAKÓW | POL | K-41 | 2 | K 26 | | 00:47:59 | 00:04:58 | 03:06:28 | 00:04:52 | 02:27:26 | 06:31:43.75 |
| 3 | GOŁATA AGNIESZKA | 732 | BOGMAR- AKADEMIA MISTRZÓW SPORTU | DĄBROWA CHEŁMIŃSKA | POL | K-41 | 3 | K 33 | AKADEMIA MISTRZÓW SPORTU | 00:50:30 | 00:03:32 | 03:25:41 | 00:04:33 | 02:58:39 | 07:22:55.00 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-41

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|---------------------------|-----|--------------|-----------------------|------|------|--------|-------|-------------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | KAMIŃSKI TOMASZ | 717 | TM IRONTEAM | KOWALEWO POMORSKIE | POL | M-41 | 1 | M 7 | TM IRONTEAM | 00:34:41 | 00:02:32 | 02:22:35 | 00:02:04 | 01:32:51 | 04:34:43.40 |
| 2 | KRASNODEBSKI SEBASTIAN | 733 | TM IRON TEAM | GRUDZIĄDZ | POL | M-41 | 2 | M 19 | TM IRONTEAM | 00:38:32 | 00:03:13 | 02:25:45 | 00:02:10 | 01:42:59 | 04:52:39.20 |
| 3 | ŁUKASZCZUK GRZEGORZ | 613 | TM IRONTEAM | ROKIETNICA | POL | M-41 | 3 | M 29 | TM IRONTEAM | 00:40:03 | 00:04:58 | 02:30:17 | 00:01:59 | 01:41:12 | 04:58:29.45 |
| 4 | WALKOWIAK BARTOSZ | 567 | | NAKŁO NAD NOTECIĄ | POL | M-41 | 4 | M 54 | | 00:44:02 | 00:02:46 | 02:37:13 | 00:01:48 | 01:52:37 | 05:18:26.00 |
| 5 | ZAPAŁA ŁUKASZ | 645 | | ŚWIEBODZICE | POL | M-41 | 5 | M 56 | | 00:41:58 | 00:06:19 | 02:36:42 | 00:02:49 | 01:52:16 | 05:20:04.95 |
| 6 | KRAUSE SZYMON | 518 | SREBRNI TRI | TARNOWSKIE GÓRY | POL | M-41 | 6 | M 64 | SREBRNI TRI | 00:45:54 | 00:03:49 | 02:39:00 | 00:05:32 | 01:52:53 | 05:27:08.30 |
| 7 | MARCINIAK PRZEMYSŁAW | 744 | | BYDGOSZCZ | POL | M-41 | 7 | M 117 | | 00:48:01 | 00:03:28 | 02:59:56 | 00:03:12 | 02:14:59 | 06:09:36.85 |
| 8 | LIPSKI ŁUKASZ | 593 | | PIŁA | POL | M-41 | 8 | M 144 | | 00:48:45 | 00:06:15 | 02:53:22 | 00:02:58 | 02:40:06 | 06:31:26.50 |
| 9 | BETLEJ HUBERT | 543 | | KRAKÓW | POL | M-41 | 9 | M 164 | | 00:57:47 | 00:04:25 | 02:52:54 | 00:02:34 | 02:48:57 | 06:46:37.20 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K-42

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|----------------------|-----|--------------------------|----------------|------|------|--------|------|-----------------------------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | WASILEWSKA AGATA | 527 | AKADEMIA MISTRZÓW SPORTU | OSÓWIEC | POL | K-42 | 1 | K 5 | AKADEMIA MISTRZÓW SPORTU | 00:43:14 | 00:03:58 | 02:51:14 | 00:01:59 | 01:51:37 | 05:32:02.45 |
| 2 | JABŁOŃSKA IZABELA | 579 | #IZIBIKE | KLINY | POL | K-42 | 2 | K 23 | | 00:44:49 | 00:05:08 | 03:07:51 | 00:03:52 | 02:18:44 | 06:20:24.60 |
| 3 | DOMBROWSKI CATHERINE | 596 | SKS OBORNIKI | DABROWKA LESNA | POL | K-42 | 3 | K 32 | | 01:05:40 | 00:07:50 | 03:37:08 | 00:02:30 | 02:26:20 | 07:19:28.90 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-42

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|----------------------|-----|---------------------------------------|-----------|------|------|--------|-------|-------------------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | RACEK TOMAŠ | 734 | IRONSTARS BEROUN | CERHOVICE | CZE | M-42 | 1 | M 3 | | 00:34:45 | 00:02:44 | 02:10:03 | 00:02:24 | 01:29:23 | 04:19:19.65 |
| 2 | GRZYBEK LUKASZ | 656 | TRIATHLON IQ | KALISZ | POL | M-42 | 2 | M 5 | | 00:39:47 | 00:02:37 | 02:24:24 | 00:01:45 | 01:20:51 | 04:29:24.95 |
| 3 | GRONDZIEWSKI DARIUSZ | 663 | PHO3NIX GVT TEAM | SŁUPSK | POL | M-42 | 3 | M 8 | PHO3NIX GVT TEAM | 00:29:51 | 00:03:16 | 02:21:34 | 00:01:55 | 01:41:09 | 04:37:45.80 |
| 4 | KACPERSKI WOJTEK | 697 | WMKS OLSZTYŃSKA SZKÓŁKA TRIATHLONU | OLSZTYN | POL | M-42 | 4 | M 16 | | 00:37:35 | 00:02:32 | 02:29:29 | 00:02:02 | 01:35:37 | 04:47:15.15 |
| 5 | KRAJEWSKI TOMASZ | 670 | #ZALINIAMETYTEAM | LUSOWO | POL | M-42 | 5 | M 28 | #ZALINIAMETYTEAM | 00:38:43 | 00:02:26 | 02:34:52 | 00:02:22 | 01:38:59 | 04:57:22.55 |
| 6 | PESZT MAREK | 713 | | KRAKÓW | POL | M-42 | 6 | M 78 | | 00:40:49 | 00:03:22 | 02:42:57 | 00:02:50 | 02:10:30 | 05:40:28.90 |
| 7 | RADZIEJEWSKI TOMASZ | 688 | TEAMOCHAL | BYDGOSZCZ | POL | M-42 | 7 | M 85 | TEAMOCHAL | 00:46:24 | 00:02:58 | 02:45:43 | 00:01:41 | 02:07:07 | 05:43:53.10 |
| 8 | ROMANOWSKI KAMIL | 654 | KOSTERA TEAM | MARKI | POL | M-42 | 8 | M 115 | | 00:52:35 | 00:03:25 | 02:48:40 | 00:04:53 | 02:17:54 | 06:07:27.05 |
| 9 | TYSZKA FILIP | 575 | KRISS COACHING | JONKOWO | POL | M-42 | 9 | M 119 | | 00:59:45 | 00:03:23 | 02:45:46 | 00:02:36 | 02:18:32 | 06:10:02.55 |
| 10 | FABROWSKI DAWID | 513 | TRITAT TEAMOCHAL | BYDGOSZCZ | POL | M-42 | 10 | M 151 | TEAMOCHAL TRITATA | 00:40:57 | 00:05:04 | 03:06:06 | 00:04:59 | 02:38:32 | 06:35:38.00 |
| | FOGT MACIEJ | 695 | | KRUSZYN | POL | M-42 | | | | 00:49:54 DNF | 00:03:47 | 02:42:22 | | 00:00:00 | DNF |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K-43

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|-----------------------------|-----|------|----------------|------|------|--------|------|-----------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | KRUCZKOWSKA LASSAK ANITA | 582 | | STRZELCE GÓRNE | POL | K-43 | 1 | K 28 | | 01:02:08 | 00:04:13 | 03:17:42 | 00:03:42 | 02:11:45 | 06:39:30.00 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-43

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto | |
|------|-----------------------|-----|------------------------------|------------------|------|------|--------|-------|-----------------|-------------------|----------|-----------------|----------|------------------|-------------|-----|
| 1 | WOJCIECHOWSKI NORBERT | 522 | | GNIEZNO | POL | M-43 | 1 | M 11 | | 00:39:22 | 00:02:53 | 02:24:04 | 00:01:38 | 01:33:08 | 04:41:05.55 | |
| 2 | KILIJANCIK PIOTR | 516 | | NEKLA | POL | M-43 | 2 | M 12 | | 00:40:18 | 00:02:27 | 02:26:44 | 00:04:17 | 01:29:40 | 04:43:26.00 | |
| 3 | MAGDZIARZ JAKUB | 540 | KANCELARIA HMM | BYDGOSZCZ | POL | M-43 | 3 | M 21 | | 00:39:53 | 00:02:59 | 02:26:31 | 00:02:20 | 01:41:50 | 04:53:33.70 | |
| 4 | CIMACHOWSKI JAKUB | 530 | CIMATECH | SOLEC KUJAWSKI | POL | M-43 | 4 | M 26 | | 00:35:10 | 00:04:01 | 02:40:48 | 00:02:22 | 01:34:55 | 04:57:16.15 | |
| 5 | SZYDŁOWSKI PAWEŁ | 633 | TRIWISE | KRAKÓW | POL | M-43 | 5 | M 49 | | 00:38:56 | 00:03:33 | 02:40:49 | 00:02:29 | 01:50:09 | 05:15:56.05 | |
| 6 | DOMERACKI DAMIAN | 504 | PERSONAL TRIATHLON | ŁOCHOWO | POL | M-43 | 6 | M 61 | | 00:46:50 | 00:04:44 | 02:35:26 | 00:02:34 | 01:56:19 | 05:25:53.35 | |
| 7 | KAZIMIERCZYK ADAM | 707 | PTT DELTA | PŁOCK | POL | M-43 | 7 | M 66 | PTT DELTA | 00:41:02 | 00:04:10 | 02:39:48 | 00:02:17 | 02:03:48 | 05:31:05.00 | |
| 8 | TRZASKOWSKI TOMASZ | 509 | | BYDGOSZCZ | POL | M-43 | 8 | M 84 | | 00:48:52 | 00:04:06 | 02:43:07 | 00:02:59 | 02:04:47 | 05:43:51.30 | |
| 9 | KOSIŁKO TOMASZ | 581 | TRIGYM SZCZECIN | SZCZECIN | POL | M-43 | 9 | M 88 | TRIGYM SZCZECIN | 00:42:43 | 00:03:29 | 02:37:13 | 00:03:00 | 02:19:20 | 05:45:45.65 | |
| 10 | CZERNAK GRACJAN | 607 | | KOSZALIN | POL | M-43 | 10 | M 136 | | 00:49:35 | 00:04:51 | 03:03:36 | 00:02:40 | 02:21:15 | 06:21:57.05 | |
| 11 | DOBEK PAWEŁ | 722 | MILOTEAM | PRZETOCZYNO | POL | M-43 | 11 | M 149 | | 00:54:50 | 00:04:01 | 03:00:26 | 00:03:21 | 02:32:12 | 06:34:50.30 | |
| 12 | SOBAŃSKI ROMAN | 641 | TARNOWO PODGÓRNE BIEGA | TARNOWO PODGÓRNE | POL | M-43 | 12 | M 153 | | 00:49:05 | 00:04:53 | 02:54:15 | 00:03:33 | 02:44:00 | 06:35:46.80 | |
| | KAMIŃSKI TOMASZ | 743 | INMOTO TRITEAM SHRIMP BISTRO | BYDGOSZCZ | POL | M-43 | | | | 00:43:47 | DNF | 00:02:46 | 02:20:59 | 00:02:17 | 00:00:00 | DNF |
| | GRUDNIEWSKI RAFAŁ | 536 | SREBRNI TRI | TARNOWSKIE GÓRY | POL | M-43 | | | SREBRNI TRI | DNF | 00:00:00 | 00:00:00 | 03:20:32 | 00:00:00 | DNF | |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K-44

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|-------------------|-----|--------------------------|-----------|------|------|--------|-----|--------------------------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | DROŻDŻ MAŁGORZATA | 551 | AKADEMIA MISTRZÓW SPORTU | SADKI | POL | K-44 | 1 | K 8 | AKADEMIA MISTRZÓW SPORTU | 00:46:33 | 00:03:33 | 02:51:16 | 00:01:46 | 01:53:10 | 05:36:18.50 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-44

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|------------------------|-----|---------------------------|-------------------|------|------|--------|-------|--------------------------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | BARSZCZEWSKI SEBASTIAN | 667 | | BYDGOSZCZ | POL | M-44 | 1 | M 70 | | 00:48:33 | 00:03:20 | 02:41:48 | 00:02:34 | 01:56:30 | 05:32:45.30 |
| 2 | MASŁOWSKI MARCIN | 604 | HTF LUDWIK SIKORSKI | ŁÓDŹ | POL | M-44 | 2 | M 103 | HTF LUDWIK SIKORSKI | 00:40:56 | 00:03:44 | 02:51:23 | 00:02:05 | 02:17:50 | 05:55:58.75 |
| 3 | SĘK MAREK | 706 | WM TRISELF | KRAKÓW | POL | M-44 | 3 | M 107 | | 00:42:07 | 00:03:32 | 03:03:18 | 00:03:21 | 02:05:35 | 05:57:53.15 |
| 4 | MROTEK MICHAŁ | 666 | AKADEMIA MISTRZÓW SPORTU | KRUSZYŃ KRAJEŃSKI | POL | M-44 | 4 | M 122 | AKADEMIA MISTRZÓW SPORTU | 00:46:17 | 00:03:58 | 03:24:25 | 00:03:27 | 01:54:26 | 06:12:33.70 |
| 5 | ROSZUK JAKUB | 716 | EWA BUGDOŁ TRIATHLON TEAM | OPOLE | POL | M-44 | 5 | M 128 | | 00:38:59 | 00:04:04 | 02:50:38 | 00:02:57 | 02:39:31 | 06:16:09.55 |
| 6 | SPLITT WOJCIECH | 558 | PŁOMIEN DRAŻNO | MROCZA | POL | M-44 | 6 | M 147 | | 00:47:49 | 00:06:49 | 03:07:26 | 00:06:46 | 02:24:20 | 06:33:10.35 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-45

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|--------------------|-----|----------------------------|-----------------------|------|------|--------|-------|--------------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | WYSOCKI MARCIN | 628 | TORUŃSKI KLUB TRIATHLONOWY | NOWA CHEŁMŻA | POL | M-45 | 1 | M 35 | | 00:39:03 | 00:02:55 | 02:27:41 | 00:02:32 | 01:52:00 | 05:04:11.25 |
| 2 | KAPSA DAWID | 598 | TRISPCA/TREK | BYDGOSZCZ | POL | M-45 | 2 | M 38 | TRISPCA/TREK | 00:43:04 | 00:02:29 | 02:28:46 | 00:02:23 | 01:49:00 | 05:05:42.05 |
| 3 | PILARCZYK BARTEK | 710 | AGAT TRI SUPERSONIC | OSTRÓW WLKP | POL | M-45 | 3 | M 47 | | 00:39:45 | 00:03:36 | 02:37:36 | 00:02:40 | 01:51:42 | 05:15:19.25 |
| 4 | MENDRZYCKI ARTUR | 507 | | NOWE MIASTO LUBAWSKIE | POL | M-45 | 4 | M 71 | | 00:43:53 | 00:04:23 | 02:39:55 | 00:03:25 | 02:03:03 | 05:34:39.35 |
| 5 | SUDOŁ JACEK | 570 | PARKRUN BYDGOSZCZ | BYDGOSZCZ | POL | M-45 | 5 | M 113 | | 00:46:28 | 00:03:49 | 03:04:30 | 00:02:05 | 02:03:41 | 06:00:33.85 |
| 6 | MACIEJEWSKI SZYMON | 644 | MACIEJEWSKY | ŁOMIANKI DOLNE | POL | M-45 | 6 | M 167 | | 00:41:18 | 00:08:46 | 03:14:55 | 00:07:34 | 02:39:04 | 06:51:37.35 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-45 c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|------------------|-----|-----------------|-----------|------|------|--------|-------|-----------|-------------------|----------|-----------------|----------|------------------|-------------|
| 7 | GAJEWSKI PRZEMEK | 623 | SYBERIANHAMSTER | SZCZECIN | POL | M-45 | 7 | M 177 | | 00:57:17 | 00:05:14 | 03:35:46 | 00:06:43 | 03:28:12 | 08:13:12.65 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-46

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|-------------------|-----|-------------|----------------|------|------|--------|-------|-------------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | PRADZYŃSKI MARCIN | 646 | TM IRONTEAM | BYDGOSZCZ | POL | M-46 | 1 | M 17 | TM IRONTEAM | 00:35:20 | 00:02:22 | 02:30:59 | 00:01:43 | 01:40:43 | 04:51:07.75 |
| 2 | EJSMONT KRZYSZTOF | 727 | | BORÓWNO | POL | M-46 | 2 | M 24 | | 00:43:08 | 00:02:44 | 02:30:03 | 00:01:24 | 01:38:34 | 04:55:53.80 |
| 3 | TECZA ARTUR | 534 | | SOLEC KUJAWSKI | POL | M-46 | 3 | M 118 | | 00:42:09 | 00:08:09 | 02:50:11 | 00:04:59 | 02:24:24 | 06:09:52.15 |
| 4 | KUPCZYK TOMASZ | 554 | | ŁOMIAŃKI DOLNE | POL | M-46 | 4 | M 172 | | 00:52:53 | 00:06:10 | 03:31:35 | 00:05:43 | 02:30:55 | 07:07:16.75 |
| 5 | ANDRAU ANATOLI | 650 | TRI.BY | WARSAW | POL | M-46 | 5 | M 175 | TRI.BY | 01:08:44 | 00:04:46 | 03:16:41 | 00:02:57 | 03:04:23 | 07:37:31.15 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K-47

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|---------------------|-----|---------------|-----------|------|------|--------|------|---------------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | TRUSKOLAWSKA OLA | 545 | TRIDE TEAM | GDYNIA | POL | K-47 | 1 | K 7 | | 00:50:54 | 00:03:06 | 02:43:10 | 00:02:35 | 01:55:56 | 05:35:41.85 |
| 2 | DULIŃSKA DOROTA | 686 | TRISPACE TREK | NIEMCZ | POL | K-47 | 2 | K 10 | TRISPACE/TREK | 00:49:23 | 00:03:33 | 02:50:35 | 00:03:12 | 02:04:26 | 05:51:09.10 |
| 3 | MYŚKOW ELZBIETA | 590 | TRIMISSIION | SIECHNICE | POL | K-47 | 3 | K 27 | TRI MISSION | 00:48:23 | 00:05:20 | 03:19:35 | 00:03:07 | 02:20:04 | 06:36:29.80 |
| 4 | ZAKLIŃSKA KATARZYNA | 704 | | GLIWICE | POL | K-47 | 4 | K 35 | | 00:54:34 | 00:22:37 | 03:27:44 | 00:07:47 | 03:06:49 | 07:59:31.90 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-47

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|---------------------|-----|--------------------------|--------------------------------|------|------|--------|-------|--------------------------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | OLEWIŃSKI DARIUSZ | 712 | TRIATHLON KONSULTING | TORUŃ | POL | M-47 | 1 | M 15 | TRIATHLON KONSULTING | 00:37:24 | 00:03:00 | 02:23:53 | 00:02:07 | 01:40:30 | 04:46:54.50 |
| 2 | LASSAK BARTOSZ | 544 | AKADEMIA MISTRZÓW SPORTU | STRZELCE GÓRNE | POL | M-47 | 2 | M 83 | AKADEMIA MISTRZÓW SPORTU | 00:47:06 | 00:03:46 | 02:44:05 | 00:02:09 | 02:06:11 | 05:43:17.95 |
| 3 | KIEPE NAURIS | 599 | | RIGA | LAT | M-47 | 3 | M 87 | | 00:40:31 | 00:03:52 | 02:36:44 | 00:02:44 | 02:21:47 | 05:45:38.75 |
| 4 | LESZCZYŃSKI MARIUSZ | 517 | K. S. TRI B. ER | INOWROCŁAW, POW. INOWROCŁAWSKI | POL | M-47 | 4 | M 97 | | 00:43:33 | 00:02:51 | 02:44:05 | 00:02:00 | 02:18:28 | 05:50:57.70 |
| 5 | AUGUSTYNIAK PIOTR | 745 | | BYDGOSZCZ | POL | M-47 | 5 | M 112 | | 00:47:17 | 00:03:20 | 02:45:41 | 00:05:20 | 02:17:29 | 05:59:07.35 |
| 6 | ANDRZEJAK ROBERT | 638 | VAMOS | POZNAŃ | POL | M-47 | 6 | M 114 | | 01:00:44 | 00:06:05 | 02:55:31 | 00:02:17 | 02:02:01 | 06:06:38.00 |
| 7 | MYŚKOW LESZEK | 591 | TRI MISSION | SEICHNICE | POL | M-47 | 7 | M 135 | TRI MISSION | 00:47:30 | 00:04:09 | 02:57:10 | 00:04:02 | 02:28:28 | 06:21:19.35 |
| 8 | RAŹNIEWSKI ŁUKASZ | 546 | WMKS | DYWITY | POL | M-47 | 8 | M 162 | | 00:51:15 | 00:04:19 | 03:07:24 | 00:02:55 | 02:40:29 | 06:46:22.40 |
| 9 | GRABOWSKI ANDRZEJ | 584 | PTT DELTA | SŁUPNO | POL | M-47 | 9 | M 169 | PTT DELTA | 00:52:25 | 00:04:40 | 03:17:27 | 00:04:27 | 02:36:15 | 06:55:14.50 |
| | TOPCZEWSKI GRACJAN | 742 | TRISPACE/TREK | BYDGOSZCZ | POL | M-47 | | | TRISPACE/TREK | 00:38:07 DNF | 00:03:00 | 02:29:27 | 00:02:02 | 00:00:00 | DNF |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K-48

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|-----------------------|-----|--------------------------------|-----------|------|------|--------|------|--------------------------------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | ADAMCZEWSKA AGNIESZKA | 730 | IRON HOUSE TRIATHLON WŁOCŁAWEK | LUBANIE | POL | K-48 | 1 | K 19 | IRON HOUSE TRIATHLON WŁOCŁAWEK | 00:55:36 | 00:05:26 | 03:10:59 | 00:01:41 | 01:58:45 | 06:12:27.70 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-48

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|------------------|-----|---------------|-----------|------|------|--------|------|---------------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | STEFANIAK MARCIN | 718 | TM IRON TEAM | WAŁBRZYCH | POL | M-48 | 1 | M 25 | TM IRONTEAM | 00:38:29 | 00:03:23 | 02:25:42 | 00:02:42 | 01:46:44 | 04:57:00.20 |
| 2 | LICA GRZEGORZ | 510 | TRISPACE TREK | BYDGOSZCZ | POL | M-48 | 2 | M 72 | TRISPACE/TREK | 00:43:18 | 00:03:22 | 02:35:45 | 00:03:05 | 02:10:26 | 05:35:56.20 |
| 3 | PRYK RAFAŁ | 703 | | GOLENIOW | POL | M-48 | 3 | M 80 | | 00:51:09 | 00:04:05 | 02:50:07 | 00:02:09 | 01:54:36 | 05:42:06.70 |
| | SOBCZAK MARCIN | 521 | | ŻOŁĘDOWO | POL | M-48 | | | | 00:40:47 DNF | 00:03:06 | 02:44:49 | 00:04:01 | 00:00:00 | DNF |
| | CHŁOSTA MAREK | 739 | | MYSLENICE | GER | M-48 | | | | 00:45:25 DNF | 00:04:20 | 02:52:46 | 00:03:35 | 00:00:00 | DNF |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-49

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|-------------------------|-----|------------------------------------|--------------|------|------|--------|-------|--------------------------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | NOSOWSKI JACEK | 528 | TRI.REGRESS | WARSZAWA | POL | M-49 | 1 | M 23 | | 00:34:59 | 00:02:49 | 02:31:55 | 00:02:09 | 01:42:43 | 04:54:35.00 |
| 2 | KĄŁEK ARTUR | 702 | TM IRON TEAM | BYDGOSZCZ | POL | M-49 | 2 | M 41 | TM IRONTEAM | 00:41:58 | 00:03:46 | 02:29:24 | 00:01:50 | 01:52:26 | 05:09:24.40 |
| 3 | ULANOWSKI GRZEGORZ | 630 | STORMRIDER | SŁUBICE | POL | M-49 | 3 | M 55 | | 00:49:06 | 00:04:58 | 02:37:13 | 00:03:26 | 01:43:56 | 05:18:39.30 |
| 4 | GÓRNISIEWICZ PIOTR | 709 | WM TRISELF | KRAKÓW | POL | M-49 | 4 | M 60 | | 00:45:04 | 00:03:40 | 02:39:26 | 00:02:30 | 01:52:08 | 05:22:48.55 |
| 5 | CHMIELEWSKI RAFAŁ | 740 | TRIDIVISION TRIATHLON TEAM | GRUDZIĄDZ | POL | M-49 | 5 | M 68 | | 00:45:02 | 00:03:06 | 02:38:32 | 00:02:20 | 02:03:12 | 05:32:12.75 |
| 6 | KODZIS PIOTR | 699 | OOO.OVOVO.OOO | BOKSZE STARE | POL | M-49 | 6 | M 94 | | 00:50:28 | 00:06:20 | 02:58:28 | 00:02:25 | 01:51:25 | 05:49:06.35 |
| 7 | GROCHOWSKI PIOTR | 731 | TRIDEA | GDAŃSK | POL | M-49 | 7 | M 101 | | 00:48:11 | 00:03:34 | 02:52:09 | 00:02:13 | 02:07:32 | 05:53:39.10 |
| 8 | CYREK GRZEGORZ | 657 | GLOBAL NATUREON BOCHNIA BIEGA TEAM | KOSZYCE MAŁE | POL | M-49 | 8 | M 108 | | 01:00:54 | 00:05:34 | 02:39:01 | 00:03:26 | 02:09:22 | 05:58:17.55 |
| 9 | GALICKI JAKUB | 532 | AKADEMIA MISTRZÓW SPORTU | KOBYLARNIA | POL | M-49 | 9 | M 109 | AKADEMIA MISTRZÓW SPORTU | 00:44:08 | 00:04:01 | 02:55:37 | 00:03:36 | 02:11:17 | 05:58:39.10 |
| 10 | WIŚNIEWSKI ARNOLD | 566 | KM PSP JRG9 ŁÓDŹ | ŁÓDŹ | POL | M-49 | 10 | M 131 | | 00:49:00 | 00:05:53 | 03:07:38 | 00:03:34 | 02:14:20 | 06:20:25.60 |
| 11 | CZERWIAKOWSKI SEBASTIAN | 529 | | BYDGOSZCZ | POL | M-49 | 11 | M 139 | | 00:46:36 | 00:05:15 | 02:49:36 | 00:02:26 | 02:39:42 | 06:23:35.00 |
| 12 | KŁAPENDA MARIUSZ | 571 | MARIO TEAM | ŁĘCZYCA | POL | M-49 | 12 | M 156 | | 01:15:39 | 00:08:15 | 02:56:36 | 00:07:35 | 02:11:15 | 06:39:20.70 |
| 13 | MIELCAREK TOMASZ | 728 | MIELCARCS TEAM | PŁOŃSK | POL | M-49 | 13 | M 157 | MIELCARCS TEAM | 00:53:28 | 00:05:15 | 03:02:19 | 00:04:15 | 02:35:00 | 06:40:17.15 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K-50

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|-----------------------|-----|-----------------|-------------|------|------|--------|------|-----------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | POHL DUCZMAL ELŻBIETA | 698 | CTS JAKUB CZAJA | PIERWOSZYNO | POL | K-50 | 1 | K 17 | | 00:44:09 | 00:03:42 | 02:55:57 | 00:02:39 | 02:21:26 | 06:07:53.45 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-50

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|---------------------|-----|---------------|-----------|------|------|--------|-------|---------------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | ZIĘBA ADAM | 501 | TRISPACE/TREK | BYDGOSZCZ | POL | M-50 | 1 | M 9 | TRISPACE/TREK | 00:42:03 | 00:02:55 | 02:22:01 | 00:01:47 | 01:30:12 | 04:38:58.40 |
| 2 | JANKOWSKI TOMASZ | 690 | TRISPACE/TREK | BYDGOSZCZ | POL | M-50 | 2 | M 59 | TRISPACE/TREK | 00:41:57 | 00:02:58 | 02:35:01 | 00:02:36 | 01:59:03 | 05:21:35.80 |
| 3 | NOWICKI ADAM | 514 | | BYDGOSZCZ | POL | M-50 | 3 | M 124 | | 00:45:35 | 00:03:31 | 02:52:38 | 00:03:46 | 02:28:22 | 06:13:52.65 |
| 4 | ZAKRZEWSKI JAROSŁAW | 505 | | BYDGOSZCZ | POL | M-50 | 4 | M 141 | | 00:48:32 | 00:03:27 | 02:54:45 | 00:02:37 | 02:36:23 | 06:25:44.20 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K-51

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|------------------------|-----|-----------|-----------|------|------|--------|------|-----------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | BURŻACKA-TYC AGNIESZKA | 524 | PTT DELTA | PŁOCK | POL | K-51 | 1 | K 24 | PTT DELTA | 00:45:32 | 00:05:18 | 03:17:06 | 00:02:57 | 02:10:36 | 06:21:29.90 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-51

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|----------------------|-----|-----------------|-----------|------|------|--------|-------|-----------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | SZCZERBA MACIEJ | 508 | | NIEMCZ | POL | M-51 | 1 | M 93 | | 00:43:24 | 00:03:42 | 02:45:59 | 00:02:37 | 02:12:24 | 05:48:06.65 |
| 2 | ANTONOVITCH VLADIMIR | 653 | TRI.BY | WARSZAWA | | M-51 | 2 | M 150 | TRI.BY | 00:55:10 | 00:04:32 | 02:55:46 | 00:03:42 | 02:35:49 | 06:34:59.25 |
| | HUBCZAK WOJCIECH | 602 | ARTECH FORKLIFT | ŻYWIEC | POL | M-51 | | | | 00:54:37 DNF | 00:04:39 | 02:50:56 | 00:03:08 | 00:00:00 | DNF |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-52

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|---------------------|-----|-----------------|-----------|------|------|--------|-------|---------------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | GNIOT JACEK | 538 | TRISPACE/TREK | GRUDZIĄDZ | POL | M-52 | 1 | M 50 | TRISPACE/TREK | 00:53:15 | 00:02:58 | 02:32:56 | 00:01:55 | 01:45:01 | 05:16:05.40 |
| 2 | HÅKANSSON FREDRIK | 658 | HELENEHOLMS IF | LIMHAMN | SWE | M-52 | 2 | M 58 | | 00:36:43 | 00:04:03 | 02:36:15 | 00:03:00 | 02:01:06 | 05:21:07.80 |
| 3 | KUPRACZ ANDRZEJ | 664 | TRISPACE | BRZOZA | POL | M-52 | 3 | M 91 | | 00:56:55 | 00:04:32 | 02:44:50 | 00:03:23 | 01:57:15 | 05:46:55.25 |
| 4 | NURKIEWICZ JAROSŁAW | 537 | KUNG FU PANDY 3 | BYDGOSZCZ | POL | M-52 | 4 | M 154 | | 00:51:52 | 00:02:59 | 03:10:42 | 00:02:19 | 02:30:21 | 06:38:13.65 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K-53

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|----------------------|-----|------------|------------|------|------|--------|------|-----------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | DUPRÉ BARBARA | 612 | SBR3ATHLON | MARTELLAGO | ITA | K-53 | 1 | K 29 | | 00:45:30 | 00:05:03 | 03:09:00 | 00:03:08 | 02:48:43 | 06:51:24.10 |
| 2 | ZIELIŃSKA MAŁGORZATA | 622 | | IMIELINEK | POL | K-53 | 2 | K 30 | | 00:57:10 | 00:06:12 | 03:26:33 | 00:05:03 | 02:38:18 | 07:13:16.50 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-53

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|-----------------|-----|--------------------------|-----------|------|------|--------|-----|--------------------------|-------------------|----------|-----------------|----------|------------------|-------|
| | KĄTNIK JACEK | 564 | | ŁOCHOWO | POL | M-53 | | | | 01:03:22 DNF | 00:03:42 | 02:32:57 | 00:02:04 | 00:00:00 | DNF |
| | CIUPA JAROSŁAW | 578 | AKADEMIA MISTRZÓW SPORTU | BYDGOSZCZ | POL | M-53 | | | AKADEMIA MISTRZÓW SPORTU | 00:51:14 DNF | 00:03:02 | | 00:00:00 | 00:00:00 | DNF |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-54

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|-------------------|-----|---------|-----------|------|------|--------|-------|--------------------------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | BURSKI PAWEŁ | 715 | | ŁÓDŹ | POL | M-54 | 1 | M 100 | | 00:46:13 | 00:03:47 | 02:50:32 | 00:04:01 | 02:08:57 | 05:53:30.25 |
| 2 | MAKOWSKI SŁAWOMIR | 502 | WTLENIE | BYDGOSZCZ | POL | M-54 | 2 | M 111 | AKADEMIA MISTRZÓW SPORTU | 00:54:02 | 00:04:01 | 02:45:18 | 00:03:15 | 02:12:10 | 05:58:46.85 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-55

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|-----------------|-----|------|--------------|------|------|--------|-------|-----------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | ŁĄCKI ANDRZEJ | 661 | | ZIELONA GÓRA | POL | M-55 | 1 | M 125 | | 00:40:25 | 00:05:16 | 02:52:23 | 00:02:59 | 02:34:07 | 06:15:10.85 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-56

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|-----------------|-----|-----------|-----------|------|------|--------|-------|-----------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | ZUBEK RAFAŁ | 673 | PTT DELTA | STRÓŻEWKO | POL | M-56 | 1 | M 168 | PTT DELTA | 00:59:15 | 00:06:14 | 03:11:12 | 00:03:52 | 02:33:31 | 06:54:04.85 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K-57

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|-----------------|-----|--------------|---------------|------|------|--------|------|-----------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | MIRELLA PERGOLA | 577 | SBRTRIATHLON | FAVARO VENETO | ITA | K-57 | 1 | K 20 | | 01:05:27 | 00:04:54 | 02:53:51 | 00:02:48 | 02:06:26 | 06:13:26.10 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-57

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|---------------------|-----|-----------------|-----------|------|------|--------|-------|-------------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | MISZTELA TOMASZ | 588 | PTT DELTA | SŁUPNO | POL | M-57 | 1 | M 110 | PTT DELTA | 00:54:35 | 00:04:16 | 02:56:41 | 00:03:47 | 01:59:21 | 05:58:40.30 |
| 2 | RATAJCZAK MAREK | 685 | TM IRON TEAM | WROCŁAW | POL | M-57 | 2 | M 126 | TM IRONTEAM | 01:01:49 | 00:07:25 | 02:56:27 | 00:03:49 | 02:06:30 | 06:16:00.40 |
| 3 | WIŚNIEWSKI ZBIGNIEW | 719 | ROWEROWA BRZOZA | OLIMPIN | POL | M-57 | 3 | M 165 | ACTIVE AGE | 00:51:48 | 00:05:51 | 03:14:55 | 00:04:39 | 02:31:30 | 06:48:43.90 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-59

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|---------------------|-----|--------------|-----------|------|------|--------|------|-----------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | WŁODARCZYK WOJCIECH | 561 | CZARNE STOPY | BYDGOSZCZ | POL | M-59 | 1 | M 96 | | 00:52:43 | 00:04:48 | 02:55:27 | 00:03:30 | 01:54:05 | 05:50:33.35 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-60

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|-------------------|-----|---------------|-----------|------|------|--------|-------|---------------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | WŁODARCZAK WITOLD | 705 | TRISPACE/TREK | BYDGOSZCZ | POL | M-60 | 1 | M 130 | TRISPACE/TREK | 00:51:25 | 00:02:51 | 02:55:42 | 00:01:41 | 02:28:13 | 06:19:52.25 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-62

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|------------------|-----|-----------|-----------|------|------|--------|-------|-----------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | MISZTELA DARIUSZ | 587 | PTT DELTA | PŁOCK | POL | M-62 | 1 | M 140 | PTT DELTA | 00:55:47 | 00:05:41 | 03:09:34 | 00:02:04 | 02:10:31 | 06:23:37.60 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-63

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|-----------------|-----|---------------|-----------|------|------|--------|-------|---------------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | GRUBA JACEK | 608 | TRISPACE/TREK | BRZOZA | POL | M-63 | 1 | M 143 | TRISPACE/TREK | 00:52:38 | 00:03:57 | 03:07:19 | 00:03:01 | 02:19:48 | 06:26:43.40 |

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M-66

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Pływanie 1.9km | T1 | Rower 89.8km | T2 | Bieg 20.849km | Netto |
|------|-----------------|-----|-----------|-----------|------|------|--------|-------|-----------|-------------------|----------|-----------------|----------|------------------|-------------|
| 1 | BEDYK IRENEUSZ | 523 | PTT DELTA | CEKANOWO | POL | M-66 | 1 | M 134 | PTT DELTA | 00:58:59 | 00:05:35 | 02:58:55 | 00:02:28 | 02:15:03 | 06:21:00.55 |