

# OCEAN LAVA TRIATHLON POLSKA - SPRINT

Organizator: Towarzystwo Sportowe TRI-SPORT  
 Data: 2019-08-18  
 Miejsce: Bydgoszcz  
 Dystans: 25.75 km



## OCEAN LAVA TRIATHLON POLSKA - SPRINT, OPEN

| M-ce | Nazwisko i imię     | Nr  | Klub                                  | M-scowość  | Kraj   | Kat.   | M. kat | K/M  | Pływanie<br>0.75km | T1       | Rower<br>20km | T2       | Bieg<br>5km   | Kar/Bon  | Netto       | Brutto      |
|------|---------------------|-----|---------------------------------------|------------|--------|--------|--------|------|--------------------|----------|---------------|----------|---------------|----------|-------------|-------------|
| 1    | URBAŃSKI MICHAŁ     | 182 | TRISPACE                              | OSIELSKO   | POLSKA | M18-29 | 1      | M 1  | 00:09:29 (2)       | 00:02:10 | 00:31:35 (14) | 00:00:52 | 00:19:50 (12) |          | 01:03:56.15 | 01:03:56.15 |
| 2    | KUBIŃSKI JAKUB      | 90  | ENEA BYDGOSZCZ<br>TRIATHLON           | BYDGOSZCZ  | POLSKA | M30-39 | 1      | M 2  | 00:11:08 (6)       | 00:02:01 | 00:30:57 (7)  | 00:00:57 | 00:19:38 (10) | 00:00:10 | 01:04:41.00 | 01:04:41.00 |
| 3    | BEDNARCZYK TOMASZ   | 8   | BIKE U UP                             | GDYNIA     | POLSKA | M30-39 | 2      | M 3  | 00:11:12 (7)       | 00:02:05 | 00:31:43 (17) | 00:00:56 | 00:19:03 (5)  |          | 01:04:59.05 | 01:04:59.05 |
| 4    | ZIENKIEWICZ JANUSZ  | 207 | TRISPACE ALLIANZ<br>TRIATHLON TEAM    | BYDGOSZCZ  | POLSKA | M40-49 | 1      | M 4  | 00:12:07 (13)      | 00:02:05 | 00:31:24 (13) | 00:00:51 | 00:19:16 (6)  |          | 01:05:43.90 | 01:05:43.90 |
| 5    | LEWANDOWSKI MACIEJ  | 100 | TRIDEA TEAM                           | GDYNIA     | POLSKA | M30-39 | 3      | M 5  | 00:10:56 (4)       | 00:02:10 | 00:30:53 (6)  | 00:01:06 | 00:20:43 (23) |          | 01:05:48.10 | 01:05:48.10 |
| 6    | EJSMONT KRZYSZTOF   | 225 | TRISPACE                              | BORÓWNO    | POLSKA | M40-49 | 2      | M 6  | 00:13:20 (29)      | 00:02:02 | 00:30:20 (3)  | 00:01:17 | 00:18:54 (4)  |          | 01:05:53.00 | 01:05:53.00 |
| 7    | ZIELIŃSKI NICOLAS   | 205 | OLIMPIASPORT.PL                       | BYDGOSZCZ  | POLSKA | M18-29 | 2      | M 7  | 00:12:22 (17)      | 00:02:26 | 00:31:04 (8)  | 00:01:07 | 00:19:21 (9)  |          | 01:06:20.35 | 01:06:20.35 |
| 8    | WASZTYL MICHAŁ      | 187 | ZONE3 TEAM /<br>WITKOWO BIEGA         | POWIDZ     | POLSKA | M30-39 | 4      | M 8  | 00:11:29 (9)       | 00:02:07 | 00:32:11 (21) | 00:00:52 | 00:19:59 (13) |          | 01:06:38.95 | 01:06:38.95 |
| 9    | TOPCZEWSKI GRACJAN  | 231 | TRISPACE/TREK                         | BYDGOSZCZ  | POLSKA | M40-49 | 3      | M 9  | 00:12:37 (19)      | 00:02:21 | 00:30:42 (5)  | 00:01:19 | 00:20:02 (15) |          | 01:07:01.80 | 01:07:01.80 |
| 10   | ŚLIWIŃSKI ŁUKASZ    | 223 | LKS BOGMAR<br>OSTROMECKO              | OSTROMECKO | POLSKA | M30-39 | 5      | M 10 | 00:13:19 (28)      | 00:02:01 | 00:30:35 (4)  | 00:00:49 | 00:20:23 (19) |          | 01:07:07.00 | 01:07:07.00 |
| 11   | WITKOWSKI MATEUSZ   | 194 | JW 1223                               | KOSZALIN   | POLSKA | M18-29 | 3      | M 11 | 00:14:36 (56)      | 00:02:15 | 00:32:48 (33) | 00:00:54 | 00:16:52 (2)  |          | 01:07:25.75 | 01:07:25.75 |
| 12   | SAWIEŁAJC JAKUB     | 238 | FUJI KRYSPOORT<br>TEAM                | BYDGOSZCZ  | POLSKA | M18-29 | 4      | M 12 | 00:11:14 (8)       | 00:02:11 | 00:32:22 (25) | 00:01:07 | 00:21:14 (31) |          | 01:08:08.15 | 01:08:08.15 |
| 13   | KOTŁOWSKI BARTOSZ   | 78  | LKS OSTROMECKO                        | BYDGOSZCZ  | POLSKA | M18-29 | 5      | M 13 | 00:14:32 (54)      | 00:01:59 | 00:33:19 (43) | 00:01:29 | 00:16:51 (1)  |          | 01:08:10.05 | 01:08:10.05 |
| 14   | SZAŁKOWSKI ŁUKASZ   | 169 | UKS CITYZEN /BE3                      | POZNAŃ     | POLSKA | M30-39 | 6      | M 14 | 00:12:18 (15)      | 00:02:43 | 00:31:22 (12) | 00:01:44 | 00:20:11 (17) |          | 01:08:18.90 | 01:08:18.90 |
| 15   | KOZAR KAROL         | 83  | POLISH<br>TRIATHLETES IN UK           | SWINDON    | POLSKA | M30-39 | 7      | M 15 | 00:12:48 (21)      | 00:02:43 | 00:31:21 (11) | 00:01:53 | 00:19:39 (11) |          | 01:08:24.95 | 01:08:24.95 |
| 16   | HERMELIN WOJCIECH   | 226 | KANCELARIA HMM                        | BYDGOSZCZ  | POLSKA | M40-49 | 4      | M 16 | 00:11:57 (12)      | 00:02:01 | 00:31:46 (18) | 00:00:52 | 00:22:21 (54) |          | 01:08:57.90 | 01:08:57.90 |
| 17   | LITWINIUK KRZYSZTOF | 106 | KRISS COACHING                        | BARTĄG     | POLSKA | M30-39 | 8      | M 17 | 00:12:55 (24)      | 00:02:20 | 00:31:39 (16) | 00:01:05 | 00:21:06 (27) |          | 01:09:05.20 | 01:09:05.20 |
| 18   | MARTYNOWICZ MICHAŁ  | 114 | TRISPACE                              | BRZOZA     | POLSKA | M40-49 | 5      | M 18 | 00:11:44 (11)      | 00:02:22 | 00:32:09 (20) | 00:01:44 | 00:21:10 (29) |          | 01:09:09.30 | 01:09:09.30 |
| 19   | GOŚCINIAK MICHAŁ    | 127 | 3GRAVITY                              | BYDGOSZCZ  | POLSKA | M30-39 | 9      | M 19 | 00:13:37 (36)      | 00:02:58 | 00:33:07 (38) | 00:00:44 | 00:19:16 (7)  |          | 01:09:42.00 | 01:09:42.00 |
| 20   | CHOLEWIŃSKI DARIUSZ | 24  | HURAGAN<br>MIEDZYŃ                    | BYDGOSZCZ  | POLSKA | M40-49 | 6      | M 20 | 00:14:51 (63)      | 00:02:15 | 00:32:25 (26) | 00:00:55 | 00:20:01 (14) |          | 01:10:27.35 | 01:10:27.35 |
| 21   | BASIŃSKI ŁUKASZ     | 6   | OLIMPIASPORT.PL                       | BYDGOSZCZ  | POLSKA | M18-29 | 6      | M 21 | 00:14:04 (42)      | 00:01:55 | 00:32:16 (22) | 00:01:44 | 00:20:29 (20) |          | 01:10:28.80 | 01:10:28.80 |
| 22   | MADEJ RAFAŁ         | 112 | BRZESKO                               | BYDGOSZCZ  | POLSKA | M40-49 | 7      | M 22 | 00:14:19 (50)      | 00:02:46 | 00:31:16 (10) | 00:01:07 | 00:21:19 (32) |          | 01:10:47.50 | 01:10:47.50 |
| 23   | DOŁKOWSKI WOJCIECH  | 779 |                                       | BYDGOSZCZ  | POLSKA | M40-49 | 8      | M 23 | 00:11:40 (10)      | 00:02:42 | 00:32:28 (30) | 00:01:48 | 00:22:17 (52) |          | 01:10:55.85 | 01:10:55.85 |
| 24   | TRAWCZYŃSKI JACEK   | 176 | TRISPACE                              | BYDGOSZCZ  | POLSKA | M50-59 | 1      | M 24 | 00:14:25 (52)      | 00:02:23 | 00:31:35 (15) | 00:01:36 | 00:21:05 (25) |          | 01:11:04.05 | 01:11:04.05 |
| 25   | KOŁAKOWSKI TOMASZ   | 75  |                                       | BYDGOSZCZ  | POLSKA | M30-39 | 10     | M 25 | 00:15:25 (74)      | 00:02:34 | 00:33:13 (39) | 00:01:06 | 00:19:17 (8)  |          | 01:11:35.90 | 01:11:35.90 |
| 26   | LICZNIERSKI MAREK   | 102 | TRIATHLONISTA.CO<br>M/ ZONE3 TEAM     | PLEWISKA   | POLSKA | M30-39 | 11     | M 26 | 00:12:21 (16)      | 00:01:58 | 00:34:42 (67) | 00:01:27 | 00:21:10 (28) |          | 01:11:38.85 | 01:11:38.85 |
| 27   | HOPPE TOMASZ        | 21  | CB163 BTT<br>TRISPACE                 | BYDGOSZCZ  | POLSKA | M30-39 | 12     | M 27 | 00:14:18 (49)      | 00:02:50 | 00:32:18 (23) | 00:02:03 | 00:20:17 (18) |          | 01:11:46.40 | 01:11:46.40 |
| 28   | MICHAŁSKI MICHAŁ    | 119 |                                       | BYDGOSZCZ  | POLSKA | M30-39 | 13     | M 28 | 00:13:10 (26)      | 00:02:11 | 00:33:15 (40) | 00:01:05 | 00:22:24 (55) |          | 01:12:05.15 | 01:12:05.15 |
| 29   | KOWALSKA ANGELIKA   | 237 | TRISPACE                              | BYDGOSZCZ  | POLSKA | K30-39 | 1      | K 1  | 00:13:50 (37)      | 00:02:17 | 00:33:17 (42) | 00:00:49 | 00:21:56 (43) |          | 01:12:09.05 | 01:12:09.05 |
| 30   | BINKOWSKI ADRIAN    | 210 | PROFESSIONALHR/<br>CB163              | GZIN       | POLSKA | M30-39 | 14     | M 29 | 00:14:09 (45)      | 00:02:31 | 00:32:28 (29) | 00:01:51 | 00:21:26 (35) |          | 01:12:25.90 | 01:12:25.90 |
| 31   | DERDA PIOTR         | 32  |                                       | BYDGOSZCZ  | POLSKA | M18-29 | 7      | M 30 | 00:14:30 (53)      | 00:02:40 | 00:32:42 (32) | 00:01:29 | 00:21:06 (26) |          | 01:12:27.45 | 01:12:27.45 |
| 32   | SAWICKI ARKADIUSZ   | 230 | SCORPION GVT                          | WROCŁAW    | POLSKA | M30-39 | 15     | M 31 | 00:13:33 (33)      | 00:02:40 | 00:32:00 (19) | 00:00:56 | 00:23:41 (75) |          | 01:12:50.65 | 01:12:50.65 |
| 33   | DAWIDOWICZ MACIEJ   | 28  | BRZOZA BIEGA                          | BRZOZA     | POLSKA | M40-49 | 9      | M 32 | 00:12:48 (22)      | 00:02:19 | 00:33:04 (36) | 00:00:51 | 00:23:54 (81) |          | 01:12:56.60 | 01:12:56.60 |
| 34   | BOCIAN ŁUKASZ       | 14  | BOCIAN<br>SPORT&REKREACJA<br>/ F3TEAM | GDAŃSK     | POLSKA | M30-39 | 16     | M 33 | 00:12:25 (18)      | 00:02:46 | 00:33:16 (41) | 00:01:15 | 00:23:24 (73) |          | 01:13:06.40 | 01:13:06.40 |

**OCEAN LAVA TRIATHLON POLSKA - SPRINT, OPEN c.d.**

| M-ce | Nazwisko i imię         | Nr  | Klub                                       | M-scowość             | Kraj   | Kat.   | M. kat | K/M  | Pływanie<br>0.75km | T1       | Rower<br>20km  | T2       | Bieg<br>5km    | Kar/Bon | Netto       | Brutto      |
|------|-------------------------|-----|--------------------------------------------|-----------------------|--------|--------|--------|------|--------------------|----------|----------------|----------|----------------|---------|-------------|-------------|
| 35   | GOŁATA WOJCIECH         | 43  | WILCZA WATAHA                              | DĄBROWA<br>CHEŁMIŃSKA | POLSKA | M30-39 | 17     | M 34 | 00:16:28 (106)     | 00:02:29 | 00:34:03 (55)  | 00:00:57 | 00:20:42 (22)  |         | 01:14:39.65 | 01:14:39.65 |
| 36   | HIPNAROWICZ GRZEGORZ    | 55  | SPORTTREND.PL                              | BYDGOSZCZ             | POLSKA | M40-49 | 10     | M 35 | 00:13:23 (30)      | 00:02:33 | 00:34:03 (54)  | 00:01:55 | 00:22:52 (63)  |         | 01:14:46.70 | 01:14:46.70 |
| 37   | SIATKOWSKI PAWEŁ        | 153 | OPEN BROKERS<br>TEAM                       | KIELCE                | POLSKA | M30-39 | 18     | M 36 | 00:13:51 (38)      | 00:03:10 | 00:36:01 (90)  | 00:00:59 | 00:21:31 (36)  |         | 01:15:32.15 | 01:15:32.15 |
| 38   | PIEKARSKI WOJTEK        | 142 | TMS                                        | BYDGOSZCZ             | POLSKA | M40-49 | 11     | M 37 | 00:13:53 (39)      | 00:03:21 | 00:34:10 (59)  | 00:01:22 | 00:22:51 (62)  |         | 01:15:37.40 | 01:15:37.40 |
| 39   | NOWICKI BARTOSZ         | 128 | AQUA+                                      | BYDGOSZCZ             | POLSKA | M30-39 | 19     | M 38 | 00:12:40 (20)      | 00:02:50 | 00:34:24 (62)  | 00:01:03 | 00:24:42 (102) |         | 01:15:39.20 | 01:15:39.20 |
| 40   | BURDYN GRZEGORZ         | 20  | DIVINEBEAUTY /<br>F3TEAM                   | GDAŃSK                | POLSKA | M30-39 | 20     | M 39 | 00:15:20 (72)      | 00:03:41 | 00:33:46 (48)  | 00:00:48 | 00:22:07 (48)  |         | 01:15:42.05 | 01:15:42.05 |
| 41   | GIERES WALDEMAR         | 41  | PTT DELTA                                  | PŁOCK                 | POLSKA | M50-59 | 2      | M 40 | 00:15:27 (77)      | 00:02:33 | 00:33:59 (52)  | 00:01:33 | 00:22:17 (51)  |         | 01:15:49.05 | 01:15:49.05 |
| 42   | ŁUCZAK PAWEŁ            | 108 | TKKF KOLEJARZ<br>BYDGOSZCZ                 | BYDGOSZCZ             | POLSKA | M50-59 | 3      | M 41 | 00:15:53 (85)      | 00:02:45 | 00:34:33 (64)  | 00:01:22 | 00:21:22 (33)  |         | 01:15:55.55 | 01:15:55.55 |
| 43   | KUBIAK SŁAWOMIR         | 89  |                                            | BYDGOSZCZ             | POLSKA | M50-59 | 4      | M 42 | 00:15:35 (81)      | 00:03:00 | 00:34:41 (66)  | 00:01:20 | 00:21:23 (34)  |         | 01:15:59.70 | 01:15:59.70 |
| 44   | ZIENKIEWICZ MAREK       | 239 | ATOS                                       | MUROWANIEC            | POLSKA | M40-49 | 12     | M 43 | 00:14:04 (43)      | 00:02:58 | 00:35:16 (77)  | 00:01:07 | 00:22:35 (58)  |         | 01:16:00.00 | 01:16:00.00 |
| 45   | LISOWSKI ALEKSANDER     | 105 | RAZEM TRENUJEMY<br>SPORT                   | ŁÓDŹ                  | POLSKA | M30-39 | 21     | M 44 | 00:15:34 (80)      | 00:03:03 | 00:34:38 (65)  | 00:01:19 | 00:21:40 (38)  |         | 01:16:14.10 | 01:16:14.10 |
| 46   | KAWCZYŃSKI PAWEŁ        | 68  |                                            | GDYNIA                | POLSKA | M30-39 | 22     | M 45 | 00:11:00 (5)       | 00:02:34 | 00:34:46 (70)  | 00:01:27 | 00:26:30 (132) |         | 01:16:17.15 | 01:16:17.15 |
| 47   | JANUSZKIEWICZ PIOTR     | 59  | PROSIACZEK/HYDR<br>O-BART/JANTUR           | ŁOCHOWO               | POLSKA | M30-39 | 23     | M 46 | 00:14:17 (48)      | 00:03:53 | 00:34:46 (68)  | 00:01:33 | 00:21:51 (40)  |         | 01:16:20.20 | 01:16:20.20 |
| 48   | ŻMICH-FÓRCHANIAK JOANNA | 790 | TRISPACE/TRECK                             |                       |        | K40-49 | 1      | K 2  | 00:13:36 (34)      | 00:02:53 | 00:35:04 (73)  | 00:02:26 | 00:22:36 (59)  |         | 01:16:35.40 | 01:16:35.40 |
| 49   | ZIELIŃSKI MACIEJ        | 206 |                                            | BYDGOSZCZ             | POLSKA | M30-39 | 24     | M 47 | 00:15:30 (79)      | 00:02:20 | 00:31:14 (9)   | 00:01:00 | 00:26:42 (136) |         | 01:16:46.00 | 01:16:46.00 |
| 50   | PAWEŁCZYK KACPER        | 136 | 1987                                       | ŁÓDŹ                  | POLSKA | M30-39 | 25     | M 48 | 00:14:41 (58)      | 00:03:15 | 00:35:16 (75)  | 00:01:47 | 00:21:52 (41)  |         | 01:16:51.10 | 01:16:51.10 |
| 51   | SŁOMKA MACIEJ           | 159 | MOŻE I POWOLI<br>ALE ZA TO BYLE<br>JAK     | BYDGOSZCZ             | POLSKA | M30-39 | 26     | M 49 | 00:16:49 (116)     | 00:03:43 | 00:32:19 (24)  | 00:01:44 | 00:22:17 (53)  |         | 01:16:52.00 | 01:16:52.00 |
| 52   | ZAKURZEWSKI TOMASZ      | 203 | BRZOZABIEGA                                | BRZOZA                | POLSKA | M40-49 | 13     | M 50 | 00:13:54 (40)      | 00:02:34 | 00:35:25 (78)  | 00:02:06 | 00:23:02 (68)  |         | 01:17:01.90 | 01:17:01.90 |
| 53   | SMOCZYŃSKI MAREK        | 228 | MBC TEAM                                   | TUCHOLA               | POLSKA | M30-39 | 27     | M 51 | 00:15:12 (70)      | 00:03:17 | 00:32:50 (34)  | 00:01:42 | 00:24:02 (88)  |         | 01:17:03.60 | 01:17:03.60 |
| 54   | FIEGEL WOJCIECH         | 39  | TRISPACE/TREK                              | BYDGOSZCZ             | POLSKA | M40-49 | 14     | M 52 | 00:14:48 (61)      | 00:02:32 | 00:33:31 (44)  | 00:01:18 | 00:25:05 (111) |         | 01:17:14.80 | 01:17:14.80 |
| 55   | PERLINSKI DAMIAN        | 140 | MOŻE I POWOLI<br>ALE ZA TO BYLE<br>JAK     | BYDGOSZCZ             | POLSKA | M30-39 | 28     | M 53 | 00:16:23 (102)     | 00:02:42 | 00:34:00 (53)  | 00:01:15 | 00:22:59 (66)  |         | 01:17:19.20 | 01:17:19.20 |
| 56   | KĄTNIK JACEK            | 222 |                                            | ŁOCHOWO               | POLSKA | M40-49 | 15     | M 54 | 00:17:06 (132)     | 00:02:43 | 00:33:05 (37)  | 00:01:53 | 00:22:34 (56)  |         | 01:17:21.85 | 01:17:21.85 |
| 57   | BENTKOWSKA NATALIA      | 11  | WITKOWSKITEAM                              | PRADOCIN              | POLSKA | K18-29 | 1      | K 3  | 00:13:05 (25)      | 00:02:51 | 00:37:52 (136) | 00:01:32 | 00:22:03 (45)  |         | 01:17:23.80 | 01:17:23.80 |
| 58   | WROBEL MATEUSX          | 200 | TEAM WROBEL                                | FABIANKI              | POLSKA | M18-29 | 8      | M 55 | 00:17:15 (139)     | 00:02:23 | 00:33:02 (35)  | 00:00:27 | 00:24:27 (98)  |         | 01:17:34.95 | 01:17:34.95 |
| 59   | PILIUKH MARHARYTA       | 235 | TRISPACE/TREK                              | BYDGOSZCZ             | POLSKA | K18-29 | 2      | K 4  | 00:12:16 (14)      | 00:02:39 | 00:35:51 (87)  | 00:01:01 | 00:25:51 (123) |         | 01:17:38.80 | 01:17:38.80 |
| 60   | POPEK MACIEJ            | 143 | WŁOCLAWEK<br>TRIATHLON TEAM,<br>ANETA TEAM | WŁOCLAWEK             | POLSKA | M40-49 | 16     | M 56 | 00:15:53 (86)      | 00:03:31 | 00:34:10 (58)  | 00:01:21 | 00:22:53 (64)  |         | 01:17:48.95 | 01:17:48.95 |
| 61   | BUGALSKI WOJCIECH       | 19  |                                            | BYDGOSZCZ             | POLSKA | M40-49 | 17     | M 57 | 00:16:14 (95)      | 00:02:56 | 00:33:49 (50)  | 00:03:46 | 00:21:11 (30)  |         | 01:17:56.20 | 01:17:56.20 |
| 62   | KULWICKI KAROL          | 92  |                                            | BYDGOSZCZ             | POLSKA | M30-39 | 29     | M 58 | 00:15:38 (83)      | 00:03:04 | 00:32:26 (27)  | 00:01:32 | 00:25:23 (115) |         | 01:18:03.40 | 01:18:03.40 |
| 63   | MEYER MACIEJ            | 118 |                                            | BYDGOSZCZ             | POLSKA | M18-29 | 9      | M 59 | 00:16:10 (92)      | 00:03:21 | 00:36:26 (101) | 00:02:02 | 00:20:05 (16)  |         | 01:18:04.30 | 01:18:04.30 |
| 64   | WIŚNIEWSKI ARNOLD       | 193 |                                            | ŁÓDŹ                  | POLSKA | M40-49 | 18     | M 60 | 00:14:40 (57)      | 00:05:36 | 00:33:41 (46)  | 00:00:56 | 00:23:19 (71)  |         | 01:18:12.30 | 01:18:12.30 |
| 65   | SZULC WOJTEK            | 229 | KOCHAM DARIE                               | BYDGOSZCZ             | POLSKA | M50-59 | 5      | M 61 | 00:17:26 (142)     | 00:03:11 | 00:32:27 (28)  | 00:01:25 | 00:23:54 (80)  |         | 01:18:23.30 | 01:18:23.30 |
| 66   | WASILEWSKA MARTYNA      | 185 | AMS BYDGOSZCZ                              | BYDGOSZCZ             | POLSKA | K30-39 | 2      | K 5  | 00:14:44 (59)      | 00:02:57 | 00:36:37 (105) | 00:01:18 | 00:22:59 (65)  |         | 01:18:35.95 | 01:18:35.95 |
| 67   | TOMASZEWSKI MARCIN      | 175 |                                            | BYDGOSZCZ             | POLSKA | M40-49 | 19     | M 62 | 00:14:45 (60)      | 00:02:58 | 00:35:27 (80)  | 00:01:49 | 00:23:40 (74)  |         | 01:18:39.75 | 01:18:39.75 |
| 68   | URBANIAK DANIEL         | 181 |                                            | GDYNIA                | POLSKA | M40-49 | 20     | M 63 | 00:17:48 (145)     | 00:03:56 | 00:34:14 (60)  | 00:02:01 | 00:21:01 (24)  |         | 01:19:00.90 | 01:19:00.90 |
| 69   | DEMBSKI PATRYK          | 31  | TEAM PATROL                                | BYDGOSZCZ             | POLSKA | M18-29 | 10     | M 64 | 00:09:54 (3)       | 00:02:45 | 00:36:22 (99)  | 00:01:05 | 00:29:25 (176) |         | 01:19:31.00 | 01:19:31.00 |
| 70   | STACHNIUK PRZEMEK       | 163 | TRISPACE                                   | BYDGOSZCZ             | POLSKA | M40-49 | 21     | M 65 | 00:16:05 (90)      | 00:03:16 | 00:34:05 (56)  | 00:01:48 | 00:24:22 (94)  |         | 01:19:36.50 | 01:19:36.50 |
| 71   | BANAŚ MATEUSZ           | 4   |                                            | GDAŃSK                | POLSKA | M30-39 | 30     | M 66 | 00:18:53 (171)     | 00:02:10 | 00:35:50 (86)  | 00:02:08 | 00:20:36 (21)  |         | 01:19:37.15 | 01:19:37.15 |
| 72   | KAPUSTKA MIROSŁAW       | 66  | KAPUSTRI                                   | POZNAŃ                | POLSKA | M30-39 | 31     | M 67 | 00:15:04 (69)      | 00:03:09 | 00:36:54 (113) | 00:01:26 | 00:23:08 (69)  |         | 01:19:41.55 | 01:19:41.55 |
| 73   | BRYCKI JAKUB            | 219 | POLONIA BIELANY<br>WROCŁAWSKIE             | WYSOKA                | POLSKA | M18-29 | 11     | M 68 | 00:12:50 (23)      | 00:03:29 | 00:37:42 (130) | 00:00:44 | 00:25:07 (112) |         | 01:19:52.10 | 01:19:52.10 |
| 74   | SIUDA MAREK             | 155 | KLINIKA<br>TRIATHLONU<br>BYDGOSZCZ         | BYDGOSZCZ             | POLSKA | M40-49 | 22     | M 69 | 00:14:49 (62)      | 00:04:06 | 00:34:09 (57)  | 00:01:45 | 00:25:07 (113) |         | 01:19:56.30 | 01:19:56.30 |
| 75   | CIUPA JAROSŁAW          | 25  | ARRK                                       | BYDGOSZCZ             | POLSKA | M40-49 | 23     | M 70 | 00:16:27 (104)     | 00:03:31 | 00:34:32 (63)  | 00:02:06 | 00:23:24 (72)  |         | 01:20:00.10 | 01:20:00.10 |

**OCEAN LAVA TRIATHLON POLSKA - SPRINT, OPEN c.d.**

| M-ce | Nazwisko i imię           | Nr  | Klub                        | M-scowość | Kraj   | Kat.   | M. kat | K/M   | Pływanie<br>0.75km | T1       | Rower<br>20km  | T2       | Bieg<br>5km    | Kar/Bon | Netto       | Brutto      |
|------|---------------------------|-----|-----------------------------|-----------|--------|--------|--------|-------|--------------------|----------|----------------|----------|----------------|---------|-------------|-------------|
| 76   | PAWEŁA MARCIN             | 137 |                             | BYDGOSZCZ | POLSKA | M30-39 | 32     | M 71  | 00:19:14 (180)     | 00:02:37 | 00:33:44 (47)  | 00:02:55 | 00:21:32 (37)  |         | 01:20:02.20 | 01:20:02.20 |
| 77   | NAGOW MICHAŁ              | 124 |                             | BYDGOSZCZ | POLSKA | M40-49 | 24     | M 72  | 00:16:15 (96)      | 00:02:54 | 00:36:11 (94)  | 00:01:45 | 00:23:01 (67)  |         | 01:20:06.00 | 01:20:06.00 |
| 78   | GEHRKE TOMASZ             | 40  | LPN                         | GDYNIA    | POLSKA | M40-49 | 25     | M 73  | 00:16:44 (114)     | 00:03:59 | 00:35:03 (71)  | 00:01:38 | 00:22:46 (61)  |         | 01:20:10.00 | 01:20:10.00 |
| 79   | WOŹNIAK ANNA              | 198 |                             | BYDGOSZCZ | POLSKA | K40-49 | 2      | K 6   | 00:16:31 (108)     | 00:02:58 | 00:35:34 (81)  | 00:01:22 | 00:24:02 (87)  |         | 01:20:27.05 | 01:20:27.05 |
| 80   | GILL DANIEL               | 216 | BOGMAR                      | BYDGOSZCZ | POLSKA | M30-39 | 33     | M 74  | 00:15:00 (66)      | 00:03:21 | 00:36:55 (115) | 00:01:30 | 00:23:51 (78)  |         | 01:20:37.45 | 01:20:37.45 |
| 81   | KRUCZKOWSKI PIOTR         | 220 | KRYSPOORT TEAM              | BYDGOSZCZ | POLSKA | M50-59 | 6      | M 75  | 00:17:10 (134)     | 00:02:46 | 00:33:49 (51)  | 00:00:57 | 00:26:02 (126) |         | 01:20:44.60 | 01:20:44.60 |
| 82   | RADZIEJEWSKI TOMASZ       | 146 |                             | BYDGOSZCZ | POLSKA | M30-39 | 34     | M 76  | 00:15:54 (87)      | 00:03:53 | 00:36:14 (95)  | 00:00:51 | 00:23:54 (82)  |         | 01:20:46.90 | 01:20:46.90 |
| 83   | BYRTEK GRZEGORZ           | 22  |                             | BYDGOSZCZ | POLSKA | M40-49 | 26     | M 77  | 00:13:18 (27)      | 00:03:11 | 00:36:42 (110) | 00:01:08 | 00:26:46 (139) |         | 01:21:05.70 | 01:21:05.70 |
| 84   | WOŹNIAK RADEK             | 199 | BOZITA POLSKA               | BYDGOSZCZ | POLSKA | M30-39 | 35     | M 78  | 00:17:00 (130)     | 00:03:14 | 00:34:46 (69)  | 00:01:39 | 00:24:27 (96)  |         | 01:21:06.00 | 01:21:06.00 |
| 85   | BOROWSKI RADOSŁAW         | 15  | MLKS KRAJNA SĘPÓLNO         | BYDGOSZCZ | POLSKA | M30-39 | 36     | M 79  | 00:16:59 (129)     | 00:02:53 | 00:37:12 (119) | 00:01:25 | 00:22:43 (60)  |         | 01:21:12.85 | 01:21:12.85 |
| 86   | GRUBICH ARKADIUSZ         | 217 |                             | NIEMCZ    | POLSKA | M40-49 | 27     | M 80  | 00:16:58 (127)     | 00:02:55 | 00:35:49 (85)  | 00:01:15 | 00:24:18 (91)  |         | 01:21:15.15 | 01:21:15.15 |
| 87   | KRAWISZ MACIEJ            | 84  | LP500                       | BYDGOSZCZ | POLSKA | M40-49 | 28     | M 81  | 00:16:35 (109)     | 00:02:40 | 00:35:16 (76)  | 00:01:47 | 00:24:58 (107) |         | 01:21:16.55 | 01:21:16.55 |
| 88   | KWIATON MICHAŁ            | 98  |                             | BYDGOSZCZ | POLSKA | M18-29 | 12     | M 82  | 00:16:21 (99)      | 00:03:57 | 00:32:34 (31)  | 00:01:26 | 00:27:04 (145) |         | 01:21:22.20 | 01:21:22.20 |
| 89   | SKOWROŃSKI JAROSŁAW       | 157 | KRISS COACHING              | OLSZTYN   | POLSKA | M30-39 | 37     | M 83  | 00:16:21 (98)      | 00:03:14 | 00:36:54 (114) | 00:01:01 | 00:24:00 (84)  |         | 01:21:30.70 | 01:21:30.70 |
| 90   | WOLSKI TOMASZ             | 196 | BYDGOSZCZ TRIATHLON TEAM    | BYDGOSZCZ | POLSKA | M18-29 | 13     | M 84  | 00:16:40 (111)     | 00:03:03 | 00:36:00 (89)  | 00:01:29 | 00:24:27 (97)  |         | 01:21:39.75 | 01:21:39.75 |
| 91   | SZARLEJ MARCIN            | 170 | PKO BANK POLSKI S.A.        | BYDGOSZCZ | POLSKA | M30-39 | 38     | M 85  | 00:16:57 (124)     | 00:03:10 | 00:35:53 (88)  | 00:01:17 | 00:24:28 (99)  |         | 01:21:45.05 | 01:21:45.05 |
| 92   | LICZNIERSKA ALINA         | 101 | ZONE3 TEAM                  | PLEWISKA  | POLSKA | K30-39 | 3      | K 7   | 00:17:15 (138)     | 00:02:51 | 00:38:28 (148) | 00:01:12 | 00:22:03 (46)  |         | 01:21:49.55 | 01:21:49.55 |
| 93   | TWAROWSKI ARKADIUSZ       | 180 |                             | TORUŃ     | POLSKA | M40-49 | 29     | M 86  | 00:14:58 (65)      | 00:02:54 | 00:38:27 (147) | 00:01:40 | 00:24:01 (86)  |         | 01:22:00.70 | 01:22:00.70 |
| 94   | DRELICH MICHAŁ            | 240 | SEGROND                     |           | POLSKA | M30-39 | 39     | M 87  | 00:17:01 (131)     | 00:03:48 | 00:37:19 (125) | 00:01:51 | 00:22:07 (49)  |         | 01:22:06.80 | 01:22:06.80 |
| 95   | JARUSZEWSKI KRZYSZTOF     | 60  | MAJKA TEAM                  | CHEŁMNO   | POLSKA | M40-49 | 30     | M 88  | 00:15:01 (67)      | 00:04:50 | 00:33:46 (49)  | 00:01:45 | 00:26:49 (141) |         | 01:22:11.90 | 01:22:11.90 |
| 96   | WERNER MICHAŁ             | 190 | GARDENFLORA MTB TEAM        | ŁABISZYN  | POLSKA | M18-29 | 14     | M 89  | 00:18:45 (168)     | 00:03:30 | 00:36:55 (116) | 00:01:13 | 00:21:54 (42)  |         | 01:22:17.80 | 01:22:17.80 |
| 97   | DĘBIEC ANDRZEJ            | 218 |                             | NIEMCZ    | POLSKA | M30-39 | 40     | M 90  | 00:17:12 (136)     | 00:02:44 | 00:36:37 (106) | 00:00:43 | 00:25:04 (110) |         | 01:22:20.75 | 01:22:20.75 |
| 98   | WASILEWSKA-MICHALAK AGATA | 186 | AMS                         | OSÓWIEC   | POLSKA | K30-39 | 4      | K 8   | 00:15:26 (75)      | 00:03:25 | 00:37:19 (124) | 00:01:26 | 00:24:59 (108) |         | 01:22:35.45 | 01:22:35.45 |
| 99   | DUDEK KRZYSZTOF           | 221 | POLONIA BIELANY WROCŁAWSKIE | ŚLĘZA     | POLSKA | M18-29 | 15     | M 91  | 00:13:30 (32)      | 00:03:53 | 00:37:16 (122) | 00:01:27 | 00:26:32 (134) |         | 01:22:38.55 | 01:22:38.55 |
| 100  | SKORECKI ALEKSANDER       | 156 | BYDGOSZCZ TRIATHLON TEAM    | BYDGOSZCZ | POLSKA | M18-29 | 16     | M 92  | 00:14:05 (44)      | 00:02:48 | 00:35:11 (74)  | 00:00:56 | 00:29:53 (180) |         | 01:22:53.60 | 01:22:53.60 |
| 101  | ZIÓŁKOWSKI KRZYSZTOF      | 171 |                             | BYDGOSZCZ | POLSKA | M30-39 | 41     | M 93  | 00:15:36 (82)      | 00:02:23 | 00:39:23 (165) | 00:01:23 | 00:24:10 (90)  |         | 01:22:55.80 | 01:22:55.80 |
| 102  | TACIAK DAWID              | 174 | ATOS/KLINIKA TRIATHLONU     | BYDGOSZCZ | POLSKA | M30-39 | 42     | M 94  | 00:16:46 (115)     | 00:03:57 | 00:36:20 (98)  | 00:01:35 | 00:24:21 (93)  |         | 01:22:59.45 | 01:22:59.45 |
| 103  | SKRZYNIARZ HUBERT         | 158 | #CIAGLA_WALKA_Z_BMI         | ŁOCHOWO   | POLSKA | M30-39 | 43     | M 95  | 00:16:25 (103)     | 00:04:00 | 00:34:22 (61)  | 00:01:42 | 00:26:31 (133) |         | 01:23:00.20 | 01:23:00.20 |
| 104  | KUŹMA WOJTEK              | 94  |                             | BYDGOSZCZ | POLSKA | M50-59 | 7      | M 96  | 00:16:54 (122)     | 00:02:35 | 00:36:33 (104) | 00:00:57 | 00:26:20 (130) |         | 01:23:19.50 | 01:23:19.50 |
| 105  | KUCHARCZYK MICHAŁ         | 139 | KS POLONIA BIELANY          | WROCŁAW   | POLSKA | M18-29 | 17     | M 97  | 00:18:37 (165)     | 00:04:04 | 00:38:02 (142) | 00:00:33 | 00:22:12 (50)  |         | 01:23:28.80 | 01:23:28.80 |
| 106  | LESZCZYŃSKI MARCIN        | 99  | BYDGOSZCZ TRIATHLON TEAM    | BYDGOSZCZ | POLSKA | M18-29 | 18     | M 98  | 00:16:50 (117)     | 00:03:12 | 00:37:13 (121) | 00:01:44 | 00:24:31 (100) |         | 01:23:30.60 | 01:23:30.60 |
| 107  | HENDRZAK SYLWESTER        | 54  | MISYL RUN TEAM              | ŁUBIANKA  | POLSKA | M30-39 | 44     | M 99  | 00:20:05 (190)     | 00:04:11 | 00:36:38 (108) | 00:00:58 | 00:21:50 (39)  |         | 01:23:42.60 | 01:23:42.60 |
| 108  | GUSS RAFAŁ                | 48  | ARRK                        | TUCHOLA   | POLSKA | M18-29 | 19     | M 100 | 00:18:12 (157)     | 00:04:13 | 00:36:39 (109) | 00:00:51 | 00:23:49 (77)  |         | 01:23:44.85 | 01:23:44.85 |
| 109  | WARCZAK KATARZYNA         | 215 | TEAMOCHAL                   | BYDGOSZCZ | POLSKA | K30-39 | 5      | K 9   | 00:14:12 (47)      | 00:03:24 | 00:38:30 (150) | 00:01:31 | 00:26:14 (128) |         | 01:23:51.10 | 01:23:51.10 |
| 110  | GREJCZYK ALAN             | 123 |                             | BYDGOSZCZ | POLSKA | M18-29 | 20     | M 101 | 00:19:14 (179)     | 00:03:27 | 00:35:44 (84)  | 00:01:28 | 00:24:00 (85)  |         | 01:23:53.20 | 01:23:53.20 |
| 111  | KOWALSKI MAREK            | 82  | REKINY OSIELSKO             |           | POLSKA | M40-49 | 31     | M 102 | 00:15:24 (73)      | 00:02:35 | 00:39:13 (161) | 00:02:24 | 00:24:19 (92)  |         | 01:23:55.55 | 01:23:55.55 |
| 112  | DOBRAŃSKI DARIUSZ         | 34  | 3GRAVITY                    | BYDGOSZCZ | POLSKA | M18-29 | 21     | M 103 | 00:15:13 (71)      | 00:04:06 | 00:35:40 (83)  | 00:01:24 | 00:27:35 (155) |         | 01:23:58.50 | 01:23:58.50 |
| 113  | DULIŃSKI JACEK            | 37  |                             | NIEMCZ    | POLSKA | M40-49 | 32     | M 104 | 00:16:58 (128)     | 00:04:14 | 00:36:30 (102) | 00:01:39 | 00:25:02 (109) |         | 01:24:23.40 | 01:24:23.40 |
| 114  | ŁATKA MARCIN              | 107 |                             | BYDGOSZCZ | POLSKA | M40-49 | 33     | M 105 | 00:14:25 (51)      | 00:03:06 | 00:39:05 (157) | 00:01:35 | 00:26:23 (131) |         | 01:24:34.95 | 01:24:34.95 |
| 115  | JAKUBOWSKA-OLECH EDYTA    | 232 | AMATOR ŚWIECIE              | ŚWIECIE   | POLSKA | K50-59 | 1      | K 10  | 00:18:18 (159)     | 00:03:07 | 00:37:41 (129) | 00:01:08 | 00:24:45 (104) |         | 01:24:59.90 | 01:24:59.90 |
| 116  | DULIŃSKA DOROTA           | 36  | TRISPACE                    | NIEMCZ    | POLSKA | K40-49 | 3      | K 11  | 00:16:36 (110)     | 00:02:23 | 00:38:12 (144) | 00:01:30 | 00:26:20 (129) |         | 01:25:01.95 | 01:25:01.95 |
| 117  | CZAJKOWSKA NATALIA        | 26  |                             | BYDGOSZCZ | POLSKA | K18-29 | 3      | K 12  | 00:13:25 (31)      | 00:03:20 | 00:36:23 (100) | 00:01:51 | 00:30:05 (183) |         | 01:25:04.80 | 01:25:04.80 |
| 118  | NAWROCKI MARCIN           | 125 | DELIKATESY RYBNE FISHKA.PL  | BYDGOSZCZ | POLSKA | M30-39 | 45     | M 106 | 00:16:20 (97)      | 00:04:25 | 00:37:36 (127) | 00:01:24 | 00:25:25 (117) |         | 01:25:10.60 | 01:25:10.60 |
| 119  | MIKA-HOFFMANN MAGDALENA   | 122 | BRZYSKI TRI TEAM            | KRAKÓW    | POLSKA | K40-49 | 4      | K 13  | 00:16:51 (119)     | 00:03:13 | 00:38:18 (145) | 00:01:11 | 00:25:37 (121) |         | 01:25:10.75 | 01:25:10.75 |

**OCEAN LAVA TRIATHLON POLSKA - SPRINT, OPEN c.d.**

| M-ce | Nazwisko i imię            | Nr  | Klub                                  | M-scowość                       | Kraj    | Kat.   | M. kat | K/M   | Pływanie<br>0.75km | T1       | Rower<br>20km  | T2       | Bieg<br>5km    | Kar/Bon | Netto       | Brutto      |
|------|----------------------------|-----|---------------------------------------|---------------------------------|---------|--------|--------|-------|--------------------|----------|----------------|----------|----------------|---------|-------------|-------------|
| 120  | LIPNIEWICZ PAWEŁ           | 104 | LIPNE MUMIE                           | KOSZALIN                        | POLSKA  | M30-39 | 46     | M 107 | 00:19:12 (177)     | 00:03:34 | 00:33:37 (45)  | 00:01:09 | 00:27:42 (157) |         | 01:25:14.00 | 01:25:14.00 |
| 121  | TRZASKOWSKI TOMASZ         | 177 |                                       | BYDGOSZCZ                       | POLSKA  | M30-39 | 47     | M 108 | 00:14:34 (55)      | 00:04:54 | 00:36:42 (111) | 00:01:50 | 00:27:22 (152) |         | 01:25:22.45 | 01:25:22.45 |
| 122  | KULIŃSKI GRZEGORZ          | 91  |                                       | BYDGOSZCZ                       | POLSKA  | M18-29 | 22     | M 109 | 00:16:42 (113)     | 00:03:18 | 00:39:11 (159) | 00:00:47 | 00:25:35 (119) |         | 01:25:33.10 | 01:25:33.10 |
| 123  | OLECH JACEK                | 233 |                                       | ŚWIECIE                         | POLSKA  | M40-49 | 34     | M 110 | 00:19:45 (186)     | 00:03:30 | 00:36:05 (92)  | 00:00:45 | 00:25:31 (118) |         | 01:25:36.00 | 01:25:36.00 |
| 124  | KIELPIŃSKI MIKOŁAJ         | 69  |                                       | BYDGOSZCZ                       | POLSKA  | M18-29 | 23     | M 111 | 00:13:59 (41)      | 00:03:28 | 00:38:40 (153) | 00:01:14 | 00:28:25 (167) |         | 01:25:46.35 | 01:25:46.35 |
| 125  | KARCZEWSKI FILIP           | 67  |                                       | BYDGOSZCZ                       | POLSKA  | M30-39 | 48     | M 112 | 00:17:54 (151)     | 00:03:05 | 00:36:18 (97)  | 00:01:08 | 00:27:22 (151) |         | 01:25:47.65 | 01:25:47.65 |
| 126  | KLINOWSKI RADOSŁAW         | 72  | GALACTICA                             | BYDGOSZCZ                       | POLSKA  | M30-39 | 49     | M 113 | 00:20:25 (192)     | 00:03:56 | 00:37:50 (133) | 00:01:48 | 00:21:58 (44)  |         | 01:25:57.85 | 01:25:57.85 |
| 127  | MACIEJEWSKI TOMASZ         | 111 | NORMOBARIC                            | BYDGOSZCZ                       | POLSKA  | M18-29 | 24     | M 114 | 00:17:48 (146)     | 00:02:11 | 00:40:32 (173) | 00:02:15 | 00:23:16 (70)  |         | 01:26:02.15 | 01:26:02.15 |
| 128  | TUREK MARTA                | 178 | TRIBA BOSIR<br>BARCIN                 | ŻNIN                            | POLSKA  | K30-39 | 6      | K 14  | 00:17:58 (153)     | 00:03:29 | 00:36:18 (96)  | 00:01:11 | 00:27:06 (146) |         | 01:26:02.20 | 01:26:02.20 |
| 129  | KRUCZKOWSKA - LASSAK ANITA | 85  | CHŁOPAKI TO MY                        | STRZELCE GÓRNE                  | POLSKA  | K30-39 | 7      | K 15  | 00:18:14 (158)     | 00:03:15 | 00:38:23 (146) | 00:01:32 | 00:24:46 (105) |         | 01:26:10.70 | 01:26:10.70 |
| 130  | KOSMALA-SZULC DARIA        | 214 | KOCHAM WOJTKA                         | BYDGOSZCZ                       | POLSKA  | K30-39 | 8      | K 16  | 00:16:56 (123)     | 00:03:35 | 00:37:44 (132) | 00:01:14 | 00:26:43 (137) |         | 01:26:12.90 | 01:26:12.90 |
| 131  | RASZLIŃSKA MARIOLA         | 147 |                                       | BYDGOSZCZ                       | POLSKA  | K50-59 | 2      | K 17  | 00:17:11 (135)     | 00:03:09 | 00:38:02 (141) | 00:01:37 | 00:26:14 (127) |         | 01:26:13.95 | 01:26:13.95 |
| 132  | RIVAT EMMANUEL             | 212 |                                       | BIAŁE BLOTA                     | FRANCJA | M40-49 | 35     | M 115 | 00:16:10 (93)      | 00:04:02 | 00:37:06 (117) | 00:01:25 | 00:27:35 (154) |         | 01:26:18.65 | 01:26:18.65 |
| 133  | MACIEJCZYK MICHAŁ          | 110 |                                       | PISZ                            | POLSKA  | M30-39 | 50     | M 116 | 00:13:37 (35)      | 00:02:45 | 00:36:52 (112) | 00:01:50 | 00:31:24 (196) |         | 01:26:28.90 | 01:26:28.90 |
| 134  | MALINOWSKI ARTUR           | 113 |                                       | MAKSYMILIANOWO                  | POLSKA  | M50-59 | 8      | M 117 | 00:18:50 (170)     | 00:04:18 | 00:36:09 (93)  | 00:01:43 | 00:25:40 (122) |         | 01:26:40.35 | 01:26:40.35 |
| 135  | STRYCZYŃSKI MAREK          | 166 | TRISPACE                              | BYDGOSZCZ                       | POLSKA  | M30-39 | 51     | M 118 | 00:16:30 (107)     | 00:03:15 | 00:38:53 (155) | 00:01:21 | 00:26:46 (140) |         | 01:26:45.35 | 01:26:45.35 |
| 136  | KLIMKOWSKI MATEUSZ         | 71  | DECATHLON<br>TRIATHLON TEAM           | BYDGOSZCZ                       | POLSKA  | M18-29 | 25     | M 119 | 00:15:26 (76)      | 00:02:44 | 00:36:33 (103) | 00:01:21 | 00:30:46 (188) |         | 01:26:50.90 | 01:26:50.90 |
| 137  | OSAK PAWEŁ                 | 129 |                                       | BYDGOSZCZ                       | POLSKA  | M30-39 | 52     | M 120 | 00:17:07 (133)     | 00:04:02 | 00:37:53 (137) | 00:01:15 | 00:26:53 (142) |         | 01:27:10.05 | 01:27:10.05 |
| 138  | ROŚ SŁAWEK                 | 148 |                                       | BYDGOSZCZ /<br>NOWA WIEŚ WIELKA | POLSKA  | M30-39 | 53     | M 121 | 00:16:41 (112)     | 00:03:54 | 00:37:58 (138) | 00:01:10 | 00:27:31 (153) |         | 01:27:14.30 | 01:27:14.30 |
| 139  | BEJFUS ŁUKASZ              | 9   | LEŚNY PARK<br>KULTURY I<br>WYPOCZYŃKU | BYDGOSZCZ                       | POLSKA  | M18-29 | 26     | M 122 | 00:18:26 (162)     | 00:03:06 | 00:36:38 (107) | 00:01:11 | 00:27:58 (160) |         | 01:27:19.50 | 01:27:19.50 |
| 140  | BEJFUS MATEUSZ             | 10  |                                       | BYDGOSZCZ                       | POLSKA  | M18-29 | 27     | M 123 | 00:17:23 (141)     | 00:03:35 | 00:37:13 (120) | 00:01:07 | 00:28:02 (162) |         | 01:27:20.30 | 01:27:20.30 |
| 141  | CZAPLIŃSKI WOJCIECH        | 211 |                                       | WARSZAWA                        | POLSKA  | M40-49 | 36     | M 124 | 00:19:38 (185)     | 00:02:21 | 00:39:44 (167) | 00:02:11 | 00:23:47 (76)  |         | 01:27:41.60 | 01:27:41.60 |
| 142  | MARTYNOWICZ MARIA          | 115 | TRISPACE                              | BRZOZA                          | POLSKA  | K40-49 | 5      | K 18  | 00:19:24 (183)     | 00:03:34 | 00:37:52 (135) | 00:01:39 | 00:25:25 (116) |         | 01:27:54.55 | 01:27:54.55 |
| 143  | MAZURKIEWICZ PIOTR         | 116 |                                       | DOBRCZ                          | POLSKA  | M40-49 | 37     | M 125 | 00:20:13 (191)     | 00:04:10 | 00:37:29 (126) | 00:01:21 | 00:24:44 (103) |         | 01:27:57.10 | 01:27:57.10 |
| 144  | BOROWSKI ŁUKASZ            | 16  | LADYSI TEAM                           | BYDGOSZCZ                       | POLSKA  | M40-49 | 38     | M 126 | 00:17:13 (137)     | 00:03:22 | 00:37:44 (131) | 00:01:40 | 00:28:02 (161) |         | 01:28:01.50 | 01:28:01.50 |
| 145  | IWAŃCZYK MARCIN            | 57  | CB163                                 | NOWA WIEŚ WIELKA                | POLSKA  | M30-39 | 54     | M 127 | 00:16:09 (91)      | 00:04:47 | 00:37:18 (123) | 00:01:44 | 00:28:09 (164) |         | 01:28:07.65 | 01:28:07.65 |
| 146  | OSUCH MIRKA                | 132 |                                       | GRUDZIĄDZ                       | POLSKA  | K50-59 | 3      | K 19  | 00:17:58 (152)     | 00:03:11 | 00:37:51 (134) | 00:01:26 | 00:27:44 (158) |         | 01:28:10.65 | 01:28:10.65 |
| 147  | SŁOMSKI MARCIN             | 160 | TRIATHLON<br>KONSULTING TEAM          | MAKSYMILIANOWO                  | POLSKA  | M30-39 | 55     | M 128 | 00:16:23 (101)     | 00:04:01 | 00:40:49 (174) | 00:01:00 | 00:25:59 (125) |         | 01:28:12.25 | 01:28:12.25 |
| 148  | GRUBA JACEK                | 45  |                                       | BRZOZA                          | POLSKA  | M50-59 | 9      | M 129 | 00:18:01 (154)     | 00:04:07 | 00:37:12 (118) | 00:01:39 | 00:27:15 (148) |         | 01:28:14.60 | 01:28:14.60 |
| 149  | KLISZEWSKI DAMIAN          | 73  |                                       | BYDGOSZCZ                       | POLSKA  | M40-49 | 39     | M 130 | 00:17:49 (147)     | 00:02:10 | 00:39:44 (166) | 00:01:28 | 00:27:17 (149) |         | 01:28:28.20 | 01:28:28.20 |
| 150  | PELANT HANNA               | 138 | WICHER<br>ROSŃÓWKO                    | ROSŃÓWKO                        | POLSKA  | K18-29 | 4      | K 20  | 00:18:35 (164)     | 00:03:27 | 00:42:14 (189) | 00:01:43 | 00:22:34 (57)  |         | 01:28:33.30 | 01:28:33.30 |
| 151  | PRZYBYTKOWSKI MAREK        | 145 |                                       | BYDGOSZCZ                       | POLSKA  | M18-29 | 28     | M 131 | 00:24:57 (214)     | 00:04:56 | 00:35:37 (82)  | 00:01:32 | 00:22:07 (47)  |         | 01:29:09.40 | 01:29:09.40 |
| 152  | BORUCKI MARCIN             | 17  |                                       | ŚWIECIE                         | POLSKA  | M30-39 | 56     | M 132 | 00:15:55 (88)      | 00:04:33 | 00:38:56 (156) | 00:01:31 | 00:28:16 (165) |         | 01:29:11.60 | 01:29:11.60 |
| 153  | RYBCZYŃSKI ŁUKASZ          | 213 |                                       | BARCIN                          | POLSKA  | M18-29 | 29     | M 133 | 00:16:51 (118)     | 00:03:56 | 00:41:08 (179) | 00:01:42 | 00:25:37 (120) |         | 01:29:14.15 | 01:29:14.15 |
| 154  | OSTRZYCKI SŁAWOMIR         | 131 | TRISPACE/TREK                         | BYDGOSZCZ                       | POLSKA  | M30-39 | 57     | M 134 | 00:16:57 (125)     | 00:03:57 | 00:39:13 (160) | 00:01:31 | 00:27:38 (156) |         | 01:29:16.15 | 01:29:16.15 |
| 155  | RYBAK MARIUSZ              | 150 | SISU-OWB TEAM                         | MAŁE RUDY                       | POLSKA  | M40-49 | 40     | M 135 | 00:15:27 (78)      | 00:03:40 | 00:40:23 (170) | 00:00:45 | 00:29:02 (173) |         | 01:29:17.05 | 01:29:17.05 |
| 156  | ADLER FILIP                | 1   |                                       | BYDGOSZCZ                       | POLSKA  | M18-29 | 30     | M 136 | 00:17:17 (140)     | 00:03:20 | 00:41:09 (180) | 00:02:13 | 00:25:18 (114) |         | 01:29:17.85 | 01:29:17.85 |
| 157  | KAMIŃSKA AGNIESZKA         | 65  | SAN ESCOBAR<br>TRIATHLON TEAM         | BYDGOSZCZ                       | POLSKA  | K40-49 | 6      | K 21  | 00:17:45 (144)     | 00:04:27 | 00:37:38 (128) | 00:01:13 | 00:28:28 (168) |         | 01:29:31.10 | 01:29:31.10 |
| 158  | BARANOWICZ BARTOSZ         | 5   | TMS GLOBART                           | BYDGOSZCZ                       | POLSKA  | M40-49 | 41     | M 137 | 00:14:10 (46)      | 00:03:52 | 00:39:06 (158) | 00:01:46 | 00:30:40 (185) |         | 01:29:34.45 | 01:29:34.45 |
| 159  | ZUPA MARTYNA               | 209 | SISU-OWB TEAM                         | BYDGOSZCZ                       | POLSKA  | K18-29 | 5      | K 22  | 00:14:53 (64)      | 00:03:39 | 00:41:02 (177) | 00:01:23 | 00:28:44 (171) |         | 01:29:41.55 | 01:29:41.55 |
| 160  | ZIELIŃSKI RADOSŁAW         | 204 |                                       | BYDGOSZCZ                       | POLSKA  | M30-39 | 58     | M 138 | 00:19:13 (178)     | 00:03:43 | 00:36:02 (91)  | 00:02:01 | 00:28:43 (170) |         | 01:29:42.20 | 01:29:42.20 |
| 161  | KOSIŃSKI ROBERT            | 77  | NOKIA BYDGOSZCZ                       | PAKOŚĆ                          | POLSKA  | M30-39 | 59     | M 139 | 00:15:51 (84)      | 00:03:08 | 00:38:00 (139) | 00:01:31 | 00:31:13 (193) |         | 01:29:43.45 | 01:29:43.45 |
| 162  | PAPIEROWSKI PIOTR          | 134 |                                       | BYDGOSZCZ                       | POLSKA  | M30-39 | 60     | M 140 | 00:18:44 (167)     | 00:02:45 | 00:39:13 (162) | 00:00:53 | 00:28:19 (166) |         | 01:29:54.05 | 01:29:54.05 |
| 163  | WOZNIAK TOMASZ             | 197 |                                       | GDANSK                          | POLSKA  | M40-49 | 42     | M 141 | 00:19:31 (184)     | 00:04:32 | 00:40:26 (171) | 00:01:30 | 00:23:56 (83)  |         | 01:29:55.50 | 01:29:55.50 |
| 164  | KOTOWSKI JACEK             | 79  |                                       | BYDGOSZCZ                       | POLSKA  | M40-49 | 43     | M 142 | 00:18:54 (172)     | 00:03:27 | 00:35:03 (72)  | 00:01:37 | 00:31:47 (200) |         | 01:30:48.85 | 01:30:48.85 |
| 165  | MERING MARTA               | 117 | TRISPACE                              | BYDGOSZCZ                       | POLSKA  | K30-39 | 9      | K 23  | 00:21:24 (200)     | 00:01:01 | 00:42:51 (196) | 00:01:43 | 00:23:54 (79)  |         | 01:30:53.60 | 01:30:53.60 |
| 166  | KWIATOŃ AGATA              | 97  |                                       | WARSZAWA                        | POLSKA  | K30-39 | 10     | K 24  | 00:16:27 (105)     | 00:05:07 | 00:40:32 (172) | 00:03:02 | 00:25:51 (124) |         | 01:30:59.75 | 01:30:59.75 |

**OCEAN LAVA TRIATHLON POLSKA - SPRINT, OPEN c.d.**

| M-ce | Nazwisko i imię          | Nr  | Klub                             | M-scowość       | Kraj             | Kat.   | M. kat | K/M   | Pływanie<br>0.75km | T1       | Rower<br>20km  | T2       | Bieg<br>5km    | Kar/Bon | Netto       | Brutto      |
|------|--------------------------|-----|----------------------------------|-----------------|------------------|--------|--------|-------|--------------------|----------|----------------|----------|----------------|---------|-------------|-------------|
| 167  | RZENTKOWSKI GRZEGORZ     | 151 |                                  | BYDGOSZCZ       | POLSKA           | M40-49 | 44     | M 143 | 00:19:16 (182)     | 00:04:06 | 00:38:30 (149) | 00:02:18 | 00:26:57 (143) |         | 01:31:07.75 | 01:31:07.75 |
| 168  | MIEKCZYNSKI ARTUR        | 120 | POLONIA<br>BYDGOSZCZ             | ZIELONCZYN      | POLSKA           | M30-39 | 61     | M 144 | 00:19:49 (187)     | 00:03:40 | 00:38:01 (140) | 00:01:09 | 00:29:03 (175) |         | 01:31:42.50 | 01:31:42.50 |
| 169  | KRYZAN IRMA              | 87  |                                  | POZNAŃ          | POLSKA           | K18-29 | 6      | K 25  | 00:16:11 (94)      | 00:03:47 | 00:43:40 (204) | 00:01:00 | 00:27:21 (150) |         | 01:31:59.90 | 01:31:59.90 |
| 170  | .                        | 776 |                                  | 1 FALA          |                  |        | 1      | 1     | 00:18:02 (155)     | 00:04:47 | 00:35:26 (79)  | 00:01:44 | 00:32:14 (201) |         | 01:32:13.40 | 01:32:13.40 |
| 171  | SMIETANA MIROSŁAW        | 161 |                                  | DOBRCZ          | POLSKA           | M60-69 | 1      | M 145 | 00:20:35 (194)     | 00:04:40 | 00:41:35 (185) | 00:01:15 | 00:24:08 (89)  |         | 01:32:13.80 | 01:32:13.80 |
| 172  | GWIZDAŁA ADAM            | 50  | BUKOWIEC                         | BUKOWIEC        | POLSKA           | M30-39 | 62     | M 146 | 00:20:46 (196)     | 00:03:11 | 00:38:38 (152) | 00:00:46 | 00:28:57 (172) |         | 01:32:18.25 | 01:32:18.25 |
| 173  | KADOW RYSZARD            | 64  | TRISPACE                         | BYDGOSZCZ       | POLSKA           | M40-49 | 45     | M 147 | 00:21:51 (203)     | 00:03:59 | 00:28:09 (2)   | 00:01:52 | 00:36:32 (212) |         | 01:32:23.90 | 01:32:23.90 |
| 174  | MIĘTKIEWICZ RAFAŁ        | 121 | SPÓJNIA BIAŁE<br>BŁOTA           | BIAŁOŚLIWIE     | POLSKA           | M18-29 | 31     | M 148 | 00:23:08 (209)     | 00:03:39 | 00:40:07 (169) | 00:00:56 | 00:29:34 (101) |         | 01:32:24.25 | 01:32:24.25 |
| 175  | TURNO SZYMON             | 179 | TURBO TEAM                       | UNISŁAW         | POLSKA           | M40-49 | 46     | M 149 | 00:17:53 (150)     | 00:04:30 | 00:39:16 (163) | 00:01:01 | 00:29:46 (179) |         | 01:32:26.40 | 01:32:26.40 |
| 176  | FALCONNET CHRIS          | 38  |                                  | TORUN           | POLSKA           | M30-39 | 63     | M 150 | 00:19:00 (174)     | 00:04:04 | 00:41:27 (183) | 00:01:10 | 00:27:06 (147) |         | 01:32:47.50 | 01:32:47.50 |
| 177  | BILSKA MAGDA             | 12  | CHŁOPAKI TO MY                   | GDANSK          | POLSKA           | K30-39 | 11     | K 26  | 00:17:50 (148)     | 00:04:00 | 00:41:32 (184) | 00:01:24 | 00:28:02 (163) |         | 01:32:48.00 | 01:32:48.00 |
| 178  | STĘPIEŃ MICHAŁ           | 164 |                                  | BYDGOSZCZ       | POLSKA           | M30-39 | 64     | M 151 | 00:20:00 (188)     | 00:03:44 | 00:41:26 (182) | 00:01:06 | 00:26:42 (135) |         | 01:32:58.30 | 01:32:58.30 |
| 179  | SPRYSZYŃSKA MAGDALENA    | 162 | TRIRODZINKA.PL                   | BYDGOSZCZ       | POLSKA           | K30-39 | 12     | K 27  | 00:19:02 (175)     | 00:03:20 | 00:42:34 (194) | 00:01:08 | 00:26:58 (144) |         | 01:33:02.90 | 01:33:02.90 |
| 180  | NITKA DOMINIKA           | 126 |                                  | BYDGOSZCZ       | POLSKA           | K18-29 | 7      | K 28  | 00:15:03 (68)      | 00:03:32 | 00:42:31 (193) | 00:01:15 | 00:30:43 (187) |         | 01:33:04.70 | 01:33:04.70 |
| 181  | SZURNICKA GOSIA          | 172 | 1972                             | DRĘŻEWO         | POLSKA           | K40-49 | 7      | K 29  | 00:19:16 (181)     | 00:04:06 | 00:38:41 (154) | 00:02:59 | 00:29:02 (174) |         | 01:34:04.40 | 01:34:04.40 |
| 182  | JUREK KRZYSZTOF          | 63  |                                  | NIEMCZ          | POLSKA           | M50-59 | 10     | M 152 | 00:15:57 (89)      | 00:04:26 | 00:43:18 (200) | 00:00:55 | 00:29:32 (177) |         | 01:34:08.70 | 01:34:08.70 |
| 183  | JUCHACZ MICHAŁ           | 62  | DZIKI Z BALCZEWA                 | INOWROCŁAW      | POLSKA           | M40-49 | 47     | M 153 | 00:20:28 (193)     | 00:02:56 | 00:46:05 (209) | 00:00:54 | 00:24:24 (95)  |         | 01:34:47.20 | 01:34:47.20 |
| 184  | SENSKI PRZEMYSŁAW        | 152 |                                  | BYDGOSZCZ       | POLSKA           | M30-39 | 65     | M 154 | 00:16:53 (120)     | 00:04:01 | 00:40:55 (176) | 00:02:10 | 00:30:55 (189) |         | 01:34:54.05 | 01:34:54.05 |
| 185  | BINDEK ŁUKASZ            | 13  |                                  | KĘSOWO          | POLSKA           | M30-39 | 66     | M 155 | 00:16:22 (100)     | 00:05:44 | 00:44:41 (207) | 00:01:32 | 00:26:46 (138) |         | 01:35:05.00 | 01:35:05.00 |
| 186  | PASTWA DONATA            | 135 | TRISPACE                         | BYDGOSZCZ       | POLSKA           | K40-49 | 8      | K 30  | 00:23:20 (210)     | 00:04:04 | 00:41:51 (187) | 00:01:36 | 00:24:56 (106) |         | 01:35:47.10 | 01:35:47.10 |
| 187  | RUTKOWSKA VIRGINIA       | 149 | ATOS/KLINIKA<br>TRIATHLONU       | BYDGOSZCZ       | POLSKA           | K30-39 | 13     | K 31  | 00:18:47 (169)     | 00:04:08 | 00:41:53 (188) | 00:01:34 | 00:29:34 (178) |         | 01:35:56.15 | 01:35:56.15 |
| 188  | HRYNIEWICZ AGNIESZKA     | 56  |                                  | ŁÓDŹ            | POLSKA           | K30-39 | 14     | K 32  | 00:17:34 (143)     | 00:05:10 | 00:43:31 (203) | 00:01:07 | 00:28:38 (169) |         | 01:36:00.85 | 01:36:00.85 |
| 189  | SEKIERKA ROBERT          | 154 | AS BOX                           | BYDGOSZCZ       | POLSKA           | M40-49 | 48     | M 156 | 00:21:42 (202)     | 00:04:40 | 00:40:54 (175) | 00:01:01 | 00:27:57 (159) |         | 01:36:14.50 | 01:36:14.50 |
| 190  | HARTMAN JOANNA           | 53  |                                  | LUBOMIA         | POLSKA           | K30-39 | 15     | K 33  | 00:20:42 (195)     | 00:03:36 | 00:39:17 (164) | 00:01:28 | 00:31:38 (199) |         | 01:36:41.90 | 01:36:41.90 |
| 191  | PETRENKO HRYHORII        | 141 | ARRK                             | BYDGOSZCZ       | ПОЛЬША           | M18-29 | 32     | M 157 | 00:22:29 (207)     | 00:04:19 | 00:19:11 (1)   | 00:01:14 | 00:49:45 (215) |         | 01:36:58.55 | 01:36:58.55 |
| 192  | KOCZOROWSKA KAMILA       | 74  |                                  | BYDGOSZCZ       | POLSKA           | K30-39 | 16     | K 34  | 00:18:55 (173)     | 00:03:23 | 00:41:02 (178) | 00:01:11 | 00:33:02 (204) |         | 01:37:33.70 | 01:37:33.70 |
| 193  | KWIATKOWSKI WALDEMAR     | 96  |                                  | BYDGOSZCZ       | POLSKA           | M30-39 | 67     | M 158 | 00:17:52 (149)     | 00:03:49 | 00:43:53 (205) | 00:01:01 | 00:31:31 (198) |         | 01:38:06.55 | 01:38:06.55 |
| 194  | WEDEŁ AGNIESZKA          | 188 |                                  | BYDGOSZCZ       | POLSKA           | K30-39 | 17     | K 35  | 00:16:53 (121)     | 00:03:24 | 00:43:10 (199) | 00:01:06 | 00:33:51 (206) |         | 01:38:24.35 | 01:38:24.35 |
| 195  | URBAŃSKI JANUSZ          | 183 | TRISPACE                         | BYDGOSZCZ       | POLSKA           | M50-59 | 11     | M 159 | 00:18:22 (161)     | 00:05:17 | 00:38:11 (143) | 00:02:25 | 00:35:28 (210) |         | 01:39:43.05 | 01:39:43.05 |
| 196  | KRYSPIŃ MARTA ALEKSANDRA | 86  | STOMIL TRAINING /<br>V RUNNER    | GRUDZIĄDZ       | POLSKA           | K30-39 | 18     | K 36  | 00:20:48 (197)     | 00:04:49 | 00:41:23 (181) | 00:02:00 | 00:31:05 (191) |         | 01:40:05.45 | 01:40:05.45 |
| 197  | WĘGRZYŃSKA OLIVIA        | 191 |                                  | BYDGOSZCZ       | POLSKA           | K18-29 | 8      | K 37  | 00:22:02 (204)     | 00:03:25 | 00:42:46 (195) | 00:02:04 | 00:30:21 (184) |         | 01:40:38.95 | 01:40:38.95 |
| 198  | WĘGRZYŃSKI PIOTR         | 192 |                                  | BYDGOSZCZ       | POLSKA           | M40-49 | 49     | M 160 | 00:22:05 (205)     | 00:03:36 | 00:38:38 (151) | 00:02:07 | 00:34:13 (207) |         | 01:40:39.00 | 01:40:39.00 |
| 199  | OSIŃSKI ADAM             | 130 |                                  | BYDGOSZCZ       | POLSKA           | M40-49 | 50     | M 161 | 00:22:33 (208)     | 00:05:39 | 00:39:49 (168) | 00:01:40 | 00:31:19 (194) |         | 01:41:00.30 | 01:41:00.30 |
| 200  | WŁODARCZAK BARBARA       | 195 | TRISPACE                         | BYDGOSZCZ       | POLSKA           | K50-59 | 4      | K 38  | 00:22:24 (206)     | 00:03:09 | 00:42:55 (197) | 00:01:28 | 00:31:07 (192) |         | 01:41:03.35 | 01:41:03.35 |
| 201  | GÓRNKIEWICZ PIOTR        | 44  |                                  | POZNAŃ          | POLSKA           | M30-39 | 68     | M 162 | 00:21:06 (199)     | 00:05:24 | 00:43:04 (198) | 00:01:38 | 00:30:42 (186) |         | 01:41:54.55 | 01:41:54.55 |
| 202  | DĄBKOWSKA WIOLETA        | 29  | OSTROŁĘKA                        | OLSZEWO-BORKI   | POLSKA           | K30-39 | 19     | K 39  | 00:19:07 (176)     | 00:04:59 | 00:42:16 (190) | 00:01:24 | 00:34:28 (208) |         | 01:42:14.45 | 01:42:14.45 |
| 203  | DĄBROWSKI BARTOSZ        | 30  | SPORTOWA PASJA                   | BYDGOSZCZ       | POLSKA           | M30-39 | 69     | M 163 | 00:20:01 (189)     | 00:05:30 | 00:46:12 (210) | 00:01:08 | 00:29:59 (181) |         | 01:42:50.65 | 01:42:50.65 |
| 204  | BUDNICKI KRZYSZTOF       | 18  |                                  | BYDGOSZCZ       | POLSKA           | M40-49 | 51     | M 164 | 00:24:36 (212)     | 00:05:04 | 00:41:46 (186) | 00:01:46 | 00:30:04 (182) |         | 01:43:16.25 | 01:43:16.25 |
| 205  | KLIMEK PRZEMYSŁAW        | 70  |                                  | BYDGOSZCZ       | POLSKA           | M18-29 | 33     | M 165 | 00:18:21 (160)     | 00:04:28 | 00:49:27 (214) | 00:00:51 | 00:30:59 (190) |         | 01:44:06.35 | 01:44:06.35 |
| 206  | HAC MONIKA               | 51  |                                  | ŁÓDŹ            | POLSKA           | K40-49 | 9      | K 40  | 00:18:05 (156)     | 00:05:22 | 00:45:19 (208) | 00:03:07 | 00:33:12 (205) |         | 01:45:05.60 | 01:45:05.60 |
| 207  | JĘDRUSZCZAK PRZEMYSŁAW   | 61  |                                  | LUBLIN          | POLSKA           | M18-29 | 34     | M 166 | 00:24:52 (213)     | 00:05:04 | 00:43:22 (202) | 00:01:04 | 00:31:31 (197) |         | 01:45:53.70 | 01:45:53.70 |
| 208  | ŁUKOMSKI DAWID           | 109 | GARDENFLORA<br>MTB TEAM          | BYDGOSZCZ       | POLSKA           | M18-29 | 35     | M 167 | 00:24:00 (211)     | 00:04:08 | 00:43:21 (201) | 00:01:27 | 00:33:00 (203) |         | 01:45:56.95 | 01:45:56.95 |
| 209  | ŚLIZOWSKA PAULINA        | 173 |                                  | BOCHNIA         | POLSKA           | K30-39 | 20     | K 41  | 00:18:32 (163)     | 00:06:19 | 00:48:01 (213) | 00:01:21 | 00:32:28 (202) |         | 01:46:41.65 | 01:46:41.65 |
| 210  | SZABO-MOSKAŁ JADWIGA     | 168 |                                  | BORÓWNO         | POLSKA           | K50-59 | 5      | K 42  | 00:21:38 (201)     | 00:04:30 | 00:50:08 (215) | 00:01:03 | 00:31:19 (195) |         | 01:48:38.10 | 01:48:38.10 |
| 211  | CHMIEL DOROTA            | 23  | PTT DELTA                        | NOWY DUNINÓW    | POLSKA           | K50-59 | 6      | K 43  | 00:18:40 (166)     | 00:04:37 | 00:47:16 (212) | 00:01:17 | 00:37:09 (213) |         | 01:48:59.65 | 01:48:59.65 |
| 212  | DETLAF MARIUSZ           | 33  |                                  | MAKSYMILIANOWO  | POLSKA           | M30-39 | 70     | M 168 | 00:26:04 (215)     | 00:03:32 | 00:42:26 (192) | 00:01:26 | 00:35:50 (211) |         | 01:49:18.45 | 01:49:18.45 |
| 213  | PALACZ MIROSŁAW          | 133 |                                  | BYDGOSZCZ       | POLSKA           | M50-59 | 12     | M 169 | 00:28:35 (216)     | 00:04:02 | 00:42:22 (191) | 00:01:27 | 00:34:29 (209) |         | 01:50:55.65 | 01:50:55.65 |
| 214  | WYSŁOUCH SEBASTIAN       | 201 | AMATOR                           | ZAKOPANE        | POLSKA           | M40-49 | 52     | M 170 | 00:21:04 (198)     | 00:06:08 | 00:44:38 (206) | 00:01:48 | 00:40:01 (214) |         | 01:53:39.75 | 01:53:39.75 |
| 215  | GWIAZDOWSKI KRZYSZTOF    | 49  |                                  | BYDGOSZCZ       | POLSKA           | M40-49 | 53     | M 171 | 00:16:57 (126)     | 00:04:18 |                |          |                |         |             |             |
| 216  | LIPIŃSKI MICHAŁ          | 103 |                                  | ZIELONKA        | POLSKA           | M40-49 | 54     | M 172 |                    |          |                |          |                |         |             |             |
| DNC  | MARTIN ADAM              | 227 | WILDCATS SWISS<br>TRIATHLON TEAM | PALMERSON NORTH | NOWA<br>ZELANDIA | M18-29 | DNC    | DNC   | 00:09:06 (1)       | 00:01:46 | 00:46:55 (211) | 00:01:05 | 00:17:09 (3)   |         | 01:16:01.25 | 01:16:01.25 |

**OCEAN LAVA TRIATHLON POLSKA - SPRINT, Kobiety**

| M-ce | Nazwisko i imię            | Nr  | Klub                          | M-scowość      | Kraj   | Kat.   | M. kat | K/M  | Pływanie | T1       | Rower    | T2       | Bieg     | Kar/Bon | Netto       | Brutto      |
|------|----------------------------|-----|-------------------------------|----------------|--------|--------|--------|------|----------|----------|----------|----------|----------|---------|-------------|-------------|
|      |                            |     |                               |                |        |        |        |      | 0.75km   |          |          |          | 5km      |         |             |             |
|      |                            |     |                               |                |        |        |        |      | 20km     |          |          |          |          |         |             |             |
| 1    | KOWALSKA ANGELIKA          | 237 | TRISPACE                      | BYDGOSZCZ      | POLSKA | K30-39 | 1      | K 1  | 00:13:50 | 00:02:17 | 00:33:17 | 00:00:49 | 00:21:56 |         | 01:12:09.05 | 01:12:09.05 |
| 2    | ŻMICH-FÓRCHANIAK JOANNA    | 790 | TRISPACE/TRECK                |                |        | K40-49 | 1      | K 2  | 00:13:36 | 00:02:53 | 00:35:04 | 00:02:26 | 00:22:36 |         | 01:16:35.40 | 01:16:35.40 |
| 3    | BENTKOWSKA NATALIA         | 11  | WITKOWSKITEAM                 | PRĄDOCIN       | POLSKA | K18-29 | 1      | K 3  | 00:13:05 | 00:02:51 | 00:37:52 | 00:01:32 | 00:22:03 |         | 01:17:23.80 | 01:17:23.80 |
| 4    | PILIUKH MARHARYTA          | 235 | TRISPACE/TREK                 | BYDGOSZCZ      | POLSKA | K18-29 | 2      | K 4  | 00:12:16 | 00:02:39 | 00:35:51 | 00:01:01 | 00:25:51 |         | 01:17:38.80 | 01:17:38.80 |
| 5    | WASILEWSKA MARTYNA         | 185 | AMS BYDGOSZCZ                 | BYDGOSZCZ      | POLSKA | K30-39 | 2      | K 5  | 00:14:44 | 00:02:57 | 00:36:37 | 00:01:18 | 00:22:59 |         | 01:18:35.95 | 01:18:35.95 |
| 6    | WOŹNIAK ANNA               | 198 |                               | BYDGOSZCZ      | POLSKA | K40-49 | 2      | K 6  | 00:16:31 | 00:02:58 | 00:35:34 | 00:01:22 | 00:24:02 |         | 01:20:27.05 | 01:20:27.05 |
| 7    | LICZNIERSKA ALINA          | 101 | ZONE3 TEAM                    | PLEWISKA       | POLSKA | K30-39 | 3      | K 7  | 00:17:15 | 00:02:51 | 00:38:28 | 00:01:12 | 00:22:03 |         | 01:21:49.55 | 01:21:49.55 |
| 8    | WASILEWSKA-MICHALAK AGATA  | 186 | AMS                           | OSÓWIEC        | POLSKA | K30-39 | 4      | K 8  | 00:15:26 | 00:03:25 | 00:37:19 | 00:01:26 | 00:24:59 |         | 01:22:35.45 | 01:22:35.45 |
| 9    | WARCZAK KATARZYNA          | 215 | TEAMOCHAL                     | BYDGOSZCZ      | POLSKA | K30-39 | 5      | K 9  | 00:14:12 | 00:03:24 | 00:38:30 | 00:01:31 | 00:26:14 |         | 01:23:51.10 | 01:23:51.10 |
| 10   | JAKUBOWSKA-OLECH EDYTA     | 232 | AMATOR ŚWIECIE                | ŚWIECIE        | POLSKA | K50-59 | 1      | K 10 | 00:18:18 | 00:03:07 | 00:37:41 | 00:01:08 | 00:24:45 |         | 01:24:59.90 | 01:24:59.90 |
| 11   | DULIŃSKA DOROTA            | 36  | TRISPACE                      | NIEMCZ         | POLSKA | K40-49 | 3      | K 11 | 00:16:36 | 00:02:23 | 00:38:12 | 00:01:30 | 00:26:20 |         | 01:25:01.95 | 01:25:01.95 |
| 12   | CZAJKOWSKA NATALIA         | 26  |                               | BYDGOSZCZ      | POLSKA | K18-29 | 3      | K 12 | 00:13:25 | 00:03:20 | 00:36:23 | 00:01:51 | 00:30:05 |         | 01:25:04.80 | 01:25:04.80 |
| 13   | MIKA-HOFFMANN MAGDALENA    | 122 | BRZYSKI TRI TEAM              | KRAKÓW         | POLSKA | K40-49 | 4      | K 13 | 00:16:51 | 00:03:13 | 00:38:18 | 00:01:11 | 00:25:37 |         | 01:25:10.75 | 01:25:10.75 |
| 14   | TUREK MARTA                | 178 | TRIBA BOSIR<br>BARCIN         | ŻNIN           | POLSKA | K30-39 | 6      | K 14 | 00:17:58 | 00:03:29 | 00:36:18 | 00:01:11 | 00:27:06 |         | 01:26:02.20 | 01:26:02.20 |
| 15   | KRUCZKOWSKA - LASSAK ANITA | 85  | CHŁOPAKI TO MY                | STRZELCE GÓRNE | POLSKA | K30-39 | 7      | K 15 | 00:18:14 | 00:03:15 | 00:38:23 | 00:01:32 | 00:24:46 |         | 01:26:10.70 | 01:26:10.70 |
| 16   | KOSMALA-SZULC DARIA        | 214 | KOCHAM WOJTKA                 | BYDGOSZCZ      | POLSKA | K30-39 | 8      | K 16 | 00:16:56 | 00:03:35 | 00:37:44 | 00:01:14 | 00:26:43 |         | 01:26:12.90 | 01:26:12.90 |
| 17   | RASZLIŃSKA MARIOLA         | 147 |                               | BYDGOSZCZ      | POLSKA | K50-59 | 2      | K 17 | 00:17:11 | 00:03:09 | 00:38:02 | 00:01:37 | 00:26:14 |         | 01:26:13.95 | 01:26:13.95 |
| 18   | MARTYNOWICZ MARIA          | 115 | TRISPACE                      | BRZOZA         | POLSKA | K40-49 | 5      | K 18 | 00:19:24 | 00:03:34 | 00:37:52 | 00:01:39 | 00:25:25 |         | 01:27:54.55 | 01:27:54.55 |
| 19   | OSUCH MIRKA                | 132 |                               | GRUDZIĄDZ      | POLSKA | K50-59 | 3      | K 19 | 00:17:58 | 00:03:11 | 00:37:51 | 00:01:26 | 00:27:44 |         | 01:28:10.65 | 01:28:10.65 |
| 20   | PELANT HANNA               | 138 | WICHER<br>ROSNÓWKO            | ROSNÓWKO       | POLSKA | K18-29 | 4      | K 20 | 00:18:35 | 00:03:27 | 00:42:14 | 00:01:43 | 00:22:34 |         | 01:28:33.30 | 01:28:33.30 |
| 21   | KAMIŃSKA AGNIESZKA         | 65  | SAN ESCOBAR<br>TRIATHLON TEAM | BYDGOSZCZ      | POLSKA | K40-49 | 6      | K 21 | 00:17:45 | 00:04:27 | 00:37:38 | 00:01:13 | 00:28:28 |         | 01:29:31.10 | 01:29:31.10 |
| 22   | ZUPA MARTYNA               | 209 | SISU-OWB TEAM                 | BYDGOSZCZ      | POLSKA | K18-29 | 5      | K 22 | 00:14:53 | 00:03:39 | 00:41:02 | 00:01:23 | 00:28:44 |         | 01:29:41.55 | 01:29:41.55 |
| 23   | MERING MARTA               | 117 | TRISPACE                      | BYDGOSZCZ      | POLSKA | K30-39 | 9      | K 23 | 00:21:24 | 00:01:01 | 00:42:51 | 00:01:43 | 00:23:54 |         | 01:30:53.60 | 01:30:53.60 |
| 24   | KWIATOŃ AGATA              | 97  |                               | WARSZAWA       | POLSKA | K30-39 | 10     | K 24 | 00:16:27 | 00:05:07 | 00:40:32 | 00:03:02 | 00:25:51 |         | 01:30:59.75 | 01:30:59.75 |
| 25   | KRYZAN IRMA                | 87  |                               | POZNAŃ         | POLSKA | K18-29 | 6      | K 25 | 00:16:11 | 00:03:47 | 00:43:40 | 00:01:00 | 00:27:21 |         | 01:31:59.90 | 01:31:59.90 |
| 26   | BILSKA MAGDA               | 12  | CHŁOPAKI TO MY                | GDANSK         | POLSKA | K30-39 | 11     | K 26 | 00:17:50 | 00:04:00 | 00:41:32 | 00:01:24 | 00:28:02 |         | 01:32:48.00 | 01:32:48.00 |
| 27   | SPRYSZYŃSKA MAGDALENA      | 162 | TRIRODZINKA.PL                | BYDGOSZCZ      | POLSKA | K30-39 | 12     | K 27 | 00:19:02 | 00:03:20 | 00:42:34 | 00:01:08 | 00:26:58 |         | 01:33:02.90 | 01:33:02.90 |
| 28   | NITKA DOMINIKA             | 126 |                               | BYDGOSZCZ      | POLSKA | K18-29 | 7      | K 28 | 00:15:03 | 00:03:32 | 00:42:31 | 00:01:15 | 00:30:43 |         | 01:33:04.70 | 01:33:04.70 |
| 29   | SZURNICKA GOSIA            | 172 | 1972                          | DREŻEWO        | POLSKA | K40-49 | 7      | K 29 | 00:19:16 | 00:04:06 | 00:38:41 | 00:02:59 | 00:29:02 |         | 01:34:04.40 | 01:34:04.40 |
| 30   | PASTWA DONATA              | 135 | TRISPACE                      | BYDGOSZCZ      | POLSKA | K40-49 | 8      | K 30 | 00:23:20 | 00:04:04 | 00:41:51 | 00:01:36 | 00:24:56 |         | 01:35:47.10 | 01:35:47.10 |
| 31   | RUTKOWSKA VIRGINIA         | 149 | ATOS/KLINIKA<br>TRIATHLONU    | BYDGOSZCZ      | POLSKA | K30-39 | 13     | K 31 | 00:18:47 | 00:04:08 | 00:41:53 | 00:01:34 | 00:29:34 |         | 01:35:56.15 | 01:35:56.15 |
| 32   | HRYNIEWICZ AGNIESZKA       | 56  |                               | ŁÓDŹ           | POLSKA | K30-39 | 14     | K 32 | 00:17:34 | 00:05:10 | 00:43:31 | 00:01:07 | 00:28:38 |         | 01:36:00.85 | 01:36:00.85 |
| 33   | HARTMAN JOANNA             | 53  |                               | LUBOMIA        | POLSKA | K30-39 | 15     | K 33 | 00:20:42 | 00:03:36 | 00:39:17 | 00:01:28 | 00:31:38 |         | 01:36:41.90 | 01:36:41.90 |
| 34   | KOCZOROWSKA KAMILA         | 74  |                               | BYDGOSZCZ      | POLSKA | K30-39 | 16     | K 34 | 00:18:55 | 00:03:23 | 00:41:02 | 00:01:11 | 00:33:02 |         | 01:37:33.70 | 01:37:33.70 |
| 35   | WEDEŁ AGNIESZKA            | 188 |                               | BYDGOSZCZ      | POLSKA | K30-39 | 17     | K 35 | 00:16:53 | 00:03:24 | 00:43:10 | 00:01:06 | 00:33:51 |         | 01:38:24.35 | 01:38:24.35 |
| 36   | KRYSPIN MARTA ALEKSANDRA   | 86  | STOMIL TRAINING /<br>V RUNNER | GRUDZIĄDZ      | POLSKA | K30-39 | 18     | K 36 | 00:20:48 | 00:04:49 | 00:41:23 | 00:02:00 | 00:31:05 |         | 01:40:05.45 | 01:40:05.45 |
| 37   | WĘGRZYŃSKA OLIVIA          | 191 |                               | BYDGOSZCZ      | POLSKA | K18-29 | 8      | K 37 | 00:22:02 | 00:03:25 | 00:42:46 | 00:02:04 | 00:30:21 |         | 01:40:38.95 | 01:40:38.95 |
| 38   | WŁODARCZAK BARBARA         | 195 | TRISPACE                      | BYDGOSZCZ      | POLSKA | K50-59 | 4      | K 38 | 00:22:24 | 00:03:09 | 00:42:55 | 00:01:28 | 00:31:07 |         | 01:41:03.35 | 01:41:03.35 |
| 39   | DĄBKOWSKA WIOLETA          | 29  | OSTROŁĘKA                     | OLSZEWO-BORKI  | POLSKA | K30-39 | 19     | K 39 | 00:19:07 | 00:04:59 | 00:42:16 | 00:01:24 | 00:34:28 |         | 01:42:14.45 | 01:42:14.45 |
| 40   | HĄC MONIKA                 | 51  |                               | ŁÓDŹ           | POLSKA | K40-49 | 9      | K 40 | 00:18:05 | 00:05:22 | 00:45:19 | 00:03:07 | 00:33:12 |         | 01:45:05.60 | 01:45:05.60 |
| 41   | ŚLIZOWSKA PAULINA          | 173 |                               | BOCHNIA        | POLSKA | K30-39 | 20     | K 41 | 00:18:32 | 00:06:19 | 00:48:01 | 00:01:21 | 00:32:28 |         | 01:46:41.65 | 01:46:41.65 |
| 42   | SZABO-MOSKAL JADWIGA       | 168 |                               | BORÓWNO        | POLSKA | K50-59 | 5      | K 42 | 00:21:38 | 00:04:30 | 00:50:08 | 00:01:03 | 00:31:19 |         | 01:48:38.10 | 01:48:38.10 |
| 43   | CHMIEL DOROTA              | 23  | PTT DELTA                     | NOWY DUNINÓW   | POLSKA | K50-59 | 6      | K 43 | 00:18:40 | 00:04:37 | 00:47:16 | 00:01:17 | 00:37:09 |         | 01:48:59.65 | 01:48:59.65 |

**OCEAN LAVA TRIATHLON POLSKA - SPRINT, Mężczyźni**

| M-ce | Nazwisko i imię      | Nr  | Klub                                  | M-scowość             | Kraj   | Kat.   | M. kat | K/M  | Pływanie<br>0.75km | T1       | Rower<br>20km | T2       | Bieg<br>5km | Kar/Bon  | Netto       | Brutto      |
|------|----------------------|-----|---------------------------------------|-----------------------|--------|--------|--------|------|--------------------|----------|---------------|----------|-------------|----------|-------------|-------------|
| 1    | URBAŃSKI MICHAŁ      | 182 | TRISPACE                              | OSIELSKO              | POLSKA | M18-29 | 1      | M 1  | 00:09:29           | 00:02:10 | 00:31:35      | 00:00:52 | 00:19:50    |          | 01:03:56.15 | 01:03:56.15 |
| 2    | KUBIŃSKI JAKUB       | 90  | ENEA BYDGOSZCZ<br>TRIATHLON           | BYDGOSZCZ             | POLSKA | M30-39 | 1      | M 2  | 00:11:08           | 00:02:01 | 00:30:57      | 00:00:57 | 00:19:38    | 00:00:10 | 01:04:41.00 | 01:04:41.00 |
| 3    | BEDNARCZYK TOMASZ    | 8   | BIKE U UP                             | GDYNIA                | POLSKA | M30-39 | 2      | M 3  | 00:11:12           | 00:02:05 | 00:31:43      | 00:00:56 | 00:19:03    |          | 01:04:59.05 | 01:04:59.05 |
| 4    | ZIENKIEWICZ JANUSZ   | 207 | TRISPACE ALLIANZ<br>TRIATHLON TEAM    | BYDGOSZCZ             | POLSKA | M40-49 | 1      | M 4  | 00:12:07           | 00:02:05 | 00:31:24      | 00:00:51 | 00:19:16    |          | 01:05:43.90 | 01:05:43.90 |
| 5    | LEWANDOWSKI MACIEJ   | 100 | TRIDEA TEAM                           | GDYNIA                | POLSKA | M30-39 | 3      | M 5  | 00:10:56           | 00:02:10 | 00:30:53      | 00:01:06 | 00:20:43    |          | 01:05:48.10 | 01:05:48.10 |
| 6    | EJSMONT KRZYSZTOF    | 225 | TRISPACE                              | BORÓWNO               | POLSKA | M40-49 | 2      | M 6  | 00:13:20           | 00:02:02 | 00:30:20      | 00:01:17 | 00:18:54    |          | 01:05:53.00 | 01:05:53.00 |
| 7    | ZIELIŃSKI NICOLAS    | 205 | OLIMPIASPORT.PL                       | BYDGOSZCZ             | POLSKA | M18-29 | 2      | M 7  | 00:12:22           | 00:02:26 | 00:31:04      | 00:01:07 | 00:19:21    |          | 01:06:20.35 | 01:06:20.35 |
| 8    | WASZTYL MICHAŁ       | 187 | ZONE3 TEAM /<br>WITKOWO BIEGA         | POWIDZ                | POLSKA | M30-39 | 4      | M 8  | 00:11:29           | 00:02:07 | 00:32:11      | 00:00:52 | 00:19:59    |          | 01:06:38.95 | 01:06:38.95 |
| 9    | TOPCZEWSKI GRACJAN   | 231 | TRISPACE/TREK                         | BYDGOSZCZ             | POLSKA | M40-49 | 3      | M 9  | 00:12:37           | 00:02:21 | 00:30:42      | 00:01:19 | 00:20:02    |          | 01:07:01.80 | 01:07:01.80 |
| 10   | ŚLIWIŃSKI ŁUKASZ     | 223 | LKS BOGMAR<br>OSTROMECKO              | OSTROMECKO            | POLSKA | M30-39 | 5      | M 10 | 00:13:19           | 00:02:01 | 00:30:35      | 00:00:49 | 00:20:23    |          | 01:07:07.00 | 01:07:07.00 |
| 11   | WITKOWSKI MATEUSZ    | 194 | JW 1223                               | KOSZALIN              | POLSKA | M18-29 | 3      | M 11 | 00:14:36           | 00:02:15 | 00:32:48      | 00:00:54 | 00:16:52    |          | 01:07:25.75 | 01:07:25.75 |
| 12   | SAWIEŁAJC JAKUB      | 238 | FUJI KRYSPOORT<br>TEAM                | BYDGOSZCZ             | POLSKA | M18-29 | 4      | M 12 | 00:11:14           | 00:02:11 | 00:32:22      | 00:01:07 | 00:21:14    |          | 01:08:08.15 | 01:08:08.15 |
| 13   | KOTŁOWSKI BARTOSZ    | 78  | LKS OSTROMECKO                        | BYDGOSZCZ             | POLSKA | M18-29 | 5      | M 13 | 00:14:32           | 00:01:59 | 00:33:19      | 00:01:29 | 00:16:51    |          | 01:08:10.05 | 01:08:10.05 |
| 14   | SZAŁKOWSKI ŁUKASZ    | 169 | UKS CITYZEN_BE3                       | POZNAŃ                | POLSKA | M30-39 | 6      | M 14 | 00:12:18           | 00:02:43 | 00:31:22      | 00:01:44 | 00:20:11    |          | 01:08:18.90 | 01:08:18.90 |
| 15   | KOZAR KAROL          | 83  | POLISH<br>TRIATHLETES IN UK           | SWINDON               | POLSKA | M30-39 | 7      | M 15 | 00:12:48           | 00:02:43 | 00:31:21      | 00:01:53 | 00:19:39    |          | 01:08:24.95 | 01:08:24.95 |
| 16   | HERMELIN WOJCIECH    | 226 | KANCELARIA HMM                        | BYDGOSZCZ             | POLSKA | M40-49 | 4      | M 16 | 00:11:57           | 00:02:01 | 00:31:46      | 00:00:52 | 00:22:21    |          | 01:08:57.90 | 01:08:57.90 |
| 17   | LITWINIUK KRZYSZTOF  | 106 | KRISS COACHING                        | BARTĄG                | POLSKA | M30-39 | 8      | M 17 | 00:12:55           | 00:02:20 | 00:31:39      | 00:01:05 | 00:21:06    |          | 01:09:05.20 | 01:09:05.20 |
| 18   | MARTYNOWICZ MICHAŁ   | 114 | TRISPACE                              | BRZOZA                | POLSKA | M40-49 | 5      | M 18 | 00:11:44           | 00:02:22 | 00:32:09      | 00:01:44 | 00:21:10    |          | 01:09:09.30 | 01:09:09.30 |
| 19   | GOŚCINIAK MICHAŁ     | 127 | 3GRAVITY                              | BYDGOSZCZ             | POLSKA | M30-39 | 9      | M 19 | 00:13:37           | 00:02:58 | 00:33:07      | 00:00:44 | 00:19:16    |          | 01:09:42.00 | 01:09:42.00 |
| 20   | CHOLEWIŃSKI DARIUSZ  | 24  | HURAGAN<br>MIEDZYŃ                    | BYDGOSZCZ             | POLSKA | M40-49 | 6      | M 20 | 00:14:51           | 00:02:15 | 00:32:25      | 00:00:55 | 00:20:01    |          | 01:10:27.35 | 01:10:27.35 |
| 21   | BASIŃSKI ŁUKASZ      | 6   | OLIMPIASPORT.PL                       | BYDGOSZCZ             | POLSKA | M18-29 | 6      | M 21 | 00:14:04           | 00:01:55 | 00:32:16      | 00:01:44 | 00:20:29    |          | 01:10:28.80 | 01:10:28.80 |
| 22   | MADEJ RAFAŁ          | 112 | BRZESKO                               | BYDGOSZCZ             | POLSKA | M40-49 | 7      | M 22 | 00:14:19           | 00:02:46 | 00:31:16      | 00:01:07 | 00:21:19    |          | 01:10:47.50 | 01:10:47.50 |
| 23   | DOŁKOWSKI WOJCIECH   | 779 |                                       | BYDGOSZCZ             | POLSKA | M40-49 | 8      | M 23 | 00:11:40           | 00:02:42 | 00:32:28      | 00:01:48 | 00:22:17    |          | 01:10:55.85 | 01:10:55.85 |
| 24   | TRAWCZYŃSKI JACEK    | 176 | TRISPACE                              | BYDGOSZCZ             | POLSKA | M50-59 | 1      | M 24 | 00:14:25           | 00:02:23 | 00:31:35      | 00:01:36 | 00:21:05    |          | 01:11:04.05 | 01:11:04.05 |
| 25   | KOŁAKOWSKI TOMASZ    | 75  |                                       | BYDGOSZCZ             | POLSKA | M30-39 | 10     | M 25 | 00:15:25           | 00:02:34 | 00:33:13      | 00:01:06 | 00:19:17    |          | 01:11:35.90 | 01:11:35.90 |
| 26   | LICZNIERSKI MAREK    | 102 | TRIATHLONISTA.CO<br>M/ ZONE3 TEAM     | PLEWISKA              | POLSKA | M30-39 | 11     | M 26 | 00:12:21           | 00:01:58 | 00:34:42      | 00:01:27 | 00:21:10    |          | 01:11:38.85 | 01:11:38.85 |
| 27   | HOPPE TOMASZ         | 21  | CB163 BTT<br>TRISPACE                 | BYDGOSZCZ             | POLSKA | M30-39 | 12     | M 27 | 00:14:18           | 00:02:50 | 00:32:18      | 00:02:03 | 00:20:17    |          | 01:11:46.40 | 01:11:46.40 |
| 28   | MICHAŁSKI MICHAŁ     | 119 |                                       | BYDGOSZCZ             | POLSKA | M30-39 | 13     | M 28 | 00:13:10           | 00:02:11 | 00:33:15      | 00:01:05 | 00:22:24    |          | 01:12:05.15 | 01:12:05.15 |
| 29   | BINKOWSKI ADRIAN     | 210 | PROFESSIONALHR/<br>CB163              | GZIN                  | POLSKA | M30-39 | 14     | M 29 | 00:14:09           | 00:02:31 | 00:32:28      | 00:01:51 | 00:21:26    |          | 01:12:25.90 | 01:12:25.90 |
| 30   | DERDA PIOTR          | 32  |                                       | BYDGOSZCZ             | POLSKA | M18-29 | 7      | M 30 | 00:14:30           | 00:02:40 | 00:32:42      | 00:01:29 | 00:21:06    |          | 01:12:27.45 | 01:12:27.45 |
| 31   | SAWICKI ARKADIUSZ    | 230 | SCORPION GVT                          | WROCŁAW               | POLSKA | M30-39 | 15     | M 31 | 00:13:33           | 00:02:40 | 00:32:00      | 00:00:56 | 00:23:41    |          | 01:12:50.65 | 01:12:50.65 |
| 32   | DAWIDOWICZ MACIEJ    | 28  | BRZOZA BIEGA                          | BRZOZA                | POLSKA | M40-49 | 9      | M 32 | 00:12:48           | 00:02:19 | 00:33:04      | 00:00:51 | 00:23:54    |          | 01:12:56.60 | 01:12:56.60 |
| 33   | BOCIAN ŁUKASZ        | 14  | BOCIAN<br>SPORT&REKREACJA<br>/ F3TEAM | GDAŃSK                | POLSKA | M30-39 | 16     | M 33 | 00:12:25           | 00:02:46 | 00:33:16      | 00:01:15 | 00:23:24    |          | 01:13:06.40 | 01:13:06.40 |
| 34   | GOŁATA WOJCIECH      | 43  | WILCZA WATAHA                         | DĄBROWA<br>CHEŁMIŃSKA | POLSKA | M30-39 | 17     | M 34 | 00:16:28           | 00:02:29 | 00:34:03      | 00:00:57 | 00:20:42    |          | 01:14:39.65 | 01:14:39.65 |
| 35   | HIPNAROWICZ GRZEGORZ | 55  | SPORTTREND.PL                         | BYDGOSZCZ             | POLSKA | M40-49 | 10     | M 35 | 00:13:23           | 00:02:33 | 00:34:03      | 00:01:55 | 00:22:52    |          | 01:14:46.70 | 01:14:46.70 |
| 36   | SIATKOWSKI PAWEŁ     | 153 | OPEN BROKERS<br>TEAM                  | KIELCE                | POLSKA | M30-39 | 18     | M 36 | 00:13:51           | 00:03:10 | 00:36:01      | 00:00:59 | 00:21:31    |          | 01:15:32.15 | 01:15:32.15 |
| 37   | PIEKARSKI WOJTEK     | 142 | TMS                                   | BYDGOSZCZ             | POLSKA | M40-49 | 11     | M 37 | 00:13:53           | 00:03:21 | 00:34:10      | 00:01:22 | 00:22:51    |          | 01:15:37.40 | 01:15:37.40 |
| 38   | NOWICKI BARTOSZ      | 128 | AQUA+                                 | BYDGOSZCZ             | POLSKA | M30-39 | 19     | M 38 | 00:12:40           | 00:02:50 | 00:34:24      | 00:01:03 | 00:24:42    |          | 01:15:39.20 | 01:15:39.20 |
| 39   | BURDYN GRZEGORZ      | 20  | DIVINEBEAUTY /<br>F3TEAM              | GDAŃSK                | POLSKA | M30-39 | 20     | M 39 | 00:15:20           | 00:03:41 | 00:33:46      | 00:00:48 | 00:22:07    |          | 01:15:42.05 | 01:15:42.05 |
| 40   | GIERES WALDEMAR      | 41  | PTT DELTA                             | PŁOCK                 | POLSKA | M50-59 | 2      | M 40 | 00:15:27           | 00:02:33 | 00:33:59      | 00:01:33 | 00:22:17    |          | 01:15:49.05 | 01:15:49.05 |
| 41   | ŁUCZAK PAWEŁ         | 108 | TKKF KOLEJARZ<br>BYDGOSZCZ            | BYDGOSZCZ             | POLSKA | M50-59 | 3      | M 41 | 00:15:53           | 00:02:45 | 00:34:33      | 00:01:22 | 00:21:22    |          | 01:15:55.55 | 01:15:55.55 |

**OCEAN LAVA TRIATHLON POLSKA - SPRINT, Mężczyźni c.d.**

| M-ce | Nazwisko i imię     | Nr  | Klub                                 | M-scowość  | Kraj   | Kat.   | M. kat | K/M  | Pływanie<br>0.75km | T1       | Rower<br>20km | T2       | Bieg<br>5km | Kar/Bon | Netto       | Brutto      |
|------|---------------------|-----|--------------------------------------|------------|--------|--------|--------|------|--------------------|----------|---------------|----------|-------------|---------|-------------|-------------|
| 42   | KUBIAK SŁAWOMIR     | 89  |                                      | BYDGOSZCZ  | POLSKA | M50-59 | 4      | M 42 | 00:15:35           | 00:03:00 | 00:34:41      | 00:01:20 | 00:21:23    |         | 01:15:59.70 | 01:15:59.70 |
| 43   | ZIENKIEWICZ MAREK   | 239 | ATOS                                 | MUROWANIEC | POLSKA | M40-49 | 12     | M 43 | 00:14:04           | 00:02:58 | 00:35:16      | 00:01:07 | 00:22:35    |         | 01:16:00.00 | 01:16:00.00 |
| 44   | LISOWSKI ALEKSANDER | 105 | RAZEM TRENUJEMY SPORT                | ŁÓDŹ       | POLSKA | M30-39 | 21     | M 44 | 00:15:34           | 00:03:03 | 00:34:38      | 00:01:19 | 00:21:40    |         | 01:16:14.10 | 01:16:14.10 |
| 45   | KAWCZYŃSKI PAWEŁ    | 68  |                                      | GDYŃIA     | POLSKA | M30-39 | 22     | M 45 | 00:11:00           | 00:02:34 | 00:34:46      | 00:01:27 | 00:26:30    |         | 01:16:17.15 | 01:16:17.15 |
| 46   | JANUSZKIEWICZ PIOTR | 59  | PROSIACZEK/HYDR O-BART/JANTUR        | ŁOCHOWO    | POLSKA | M30-39 | 23     | M 46 | 00:14:17           | 00:03:53 | 00:34:46      | 00:01:33 | 00:21:51    |         | 01:16:20.20 | 01:16:20.20 |
| 47   | ZIELIŃSKI MACIEJ    | 206 |                                      | BYDGOSZCZ  | POLSKA | M30-39 | 24     | M 47 | 00:15:30           | 00:02:20 | 00:31:14      | 00:01:00 | 00:26:42    |         | 01:16:46.00 | 01:16:46.00 |
| 48   | PAWEŁCZYK KACPER    | 136 | 1987                                 | ŁÓDŹ       | POLSKA | M30-39 | 25     | M 48 | 00:14:41           | 00:03:15 | 00:35:16      | 00:01:47 | 00:21:52    |         | 01:16:51.10 | 01:16:51.10 |
| 49   | SŁOMKA MACIEJ       | 159 | MOŻE I POWOLI ALE ZA TO BYLE JAK     | BYDGOSZCZ  | POLSKA | M30-39 | 26     | M 49 | 00:16:49           | 00:03:43 | 00:32:19      | 00:01:44 | 00:22:17    |         | 01:16:52.00 | 01:16:52.00 |
| 50   | ZAKURZEWSKI TOMASZ  | 203 | BRZOZABIEGA                          | BRZOZA     | POLSKA | M40-49 | 13     | M 50 | 00:13:54           | 00:02:34 | 00:35:25      | 00:02:06 | 00:23:02    |         | 01:17:01.90 | 01:17:01.90 |
| 51   | SMOCZYŃSKI MAREK    | 228 | MBC TEAM                             | TUCHOLA    | POLSKA | M30-39 | 27     | M 51 | 00:15:12           | 00:03:17 | 00:32:50      | 00:01:42 | 00:24:02    |         | 01:17:03.60 | 01:17:03.60 |
| 52   | FIEGEL WOJCIECH     | 39  | TRISPACE/TREK                        | BYDGOSZCZ  | POLSKA | M40-49 | 14     | M 52 | 00:14:48           | 00:02:32 | 00:33:31      | 00:01:18 | 00:25:05    |         | 01:17:14.80 | 01:17:14.80 |
| 53   | PERLINSKI DAMIAN    | 140 | MOŻE I POWOLI ALE ZA TO BYLE JAK     | BYDGOSZCZ  | POLSKA | M30-39 | 28     | M 53 | 00:16:23           | 00:02:42 | 00:34:00      | 00:01:15 | 00:22:59    |         | 01:17:19.20 | 01:17:19.20 |
| 54   | KĄTNIK JACEK        | 222 |                                      | ŁOCHOWO    | POLSKA | M40-49 | 15     | M 54 | 00:17:06           | 00:02:43 | 00:33:05      | 00:01:53 | 00:22:34    |         | 01:17:21.85 | 01:17:21.85 |
| 55   | WROBEL MATEUSX      | 200 | TEAM WROBEL                          | FABIANKI   | POLSKA | M18-29 | 8      | M 55 | 00:17:15           | 00:02:23 | 00:33:02      | 00:00:27 | 00:24:27    |         | 01:17:34.95 | 01:17:34.95 |
| 56   | POPEK MACIEJ        | 143 | WŁOCLAWEK TRIATHLON TEAM, ANETA TEAM | WŁOCLAWEK  | POLSKA | M40-49 | 16     | M 56 | 00:15:53           | 00:03:31 | 00:34:10      | 00:01:21 | 00:22:53    |         | 01:17:48.95 | 01:17:48.95 |
| 57   | BUGALSKI WOJCIECH   | 19  |                                      | BYDGOSZCZ  | POLSKA | M40-49 | 17     | M 57 | 00:16:14           | 00:02:56 | 00:33:49      | 00:03:46 | 00:21:11    |         | 01:17:56.20 | 01:17:56.20 |
| 58   | KULWICKI KAROL      | 92  |                                      | BYDGOSZCZ  | POLSKA | M30-39 | 29     | M 58 | 00:15:38           | 00:03:04 | 00:32:26      | 00:01:32 | 00:25:23    |         | 01:18:03.40 | 01:18:03.40 |
| 59   | MEYER MACIEJ        | 118 |                                      | BYDGOSZCZ  | POLSKA | M18-29 | 9      | M 59 | 00:16:10           | 00:03:21 | 00:36:26      | 00:02:02 | 00:20:05    |         | 01:18:04.30 | 01:18:04.30 |
| 60   | WIŚNIEWSKI ARNOLD   | 193 |                                      | ŁÓDŹ       | POLSKA | M40-49 | 18     | M 60 | 00:14:40           | 00:05:36 | 00:33:41      | 00:00:56 | 00:23:19    |         | 01:18:12.30 | 01:18:12.30 |
| 61   | SZULC WOJTEK        | 229 | KOCHAM DARIE                         | BYDGOSZCZ  | POLSKA | M50-59 | 5      | M 61 | 00:17:26           | 00:03:11 | 00:32:27      | 00:01:25 | 00:23:54    |         | 01:18:23.30 | 01:18:23.30 |
| 62   | TOMASZEWSKI MARCIN  | 175 |                                      | BYDGOSZCZ  | POLSKA | M40-49 | 19     | M 62 | 00:14:45           | 00:02:58 | 00:35:27      | 00:01:49 | 00:23:40    |         | 01:18:39.75 | 01:18:39.75 |
| 63   | URBANIAK DANIEL     | 181 |                                      | GDYŃIA     | POLSKA | M40-49 | 20     | M 63 | 00:17:48           | 00:03:56 | 00:34:14      | 00:02:01 | 00:21:01    |         | 01:19:00.90 | 01:19:00.90 |
| 64   | DEMBSKI PATRYK      | 31  | TEAM PATROL                          | BYDGOSZCZ  | POLSKA | M18-29 | 10     | M 64 | 00:09:54           | 00:02:45 | 00:36:22      | 00:01:05 | 00:29:25    |         | 01:19:31.00 | 01:19:31.00 |
| 65   | STACHNIUK PRZEMEK   | 163 | TRISPACE                             | BYDGOSZCZ  | POLSKA | M40-49 | 21     | M 65 | 00:16:05           | 00:03:16 | 00:34:05      | 00:01:48 | 00:24:22    |         | 01:19:36.50 | 01:19:36.50 |
| 66   | BANAŚ MATEUSZ       | 4   |                                      | GDAŃSK     | POLSKA | M30-39 | 30     | M 66 | 00:18:53           | 00:02:10 | 00:35:50      | 00:02:08 | 00:20:36    |         | 01:19:37.15 | 01:19:37.15 |
| 67   | KAPUSTKA MIROSŁAW   | 66  | KAPUSTRI                             | POZNAŃ     | POLSKA | M30-39 | 31     | M 67 | 00:15:04           | 00:03:09 | 00:36:54      | 00:01:26 | 00:23:08    |         | 01:19:41.55 | 01:19:41.55 |
| 68   | BRYCKI JAKUB        | 219 | POLONIA BIELANY WROCŁAWSKIE          | WYSOKA     | POLSKA | M18-29 | 11     | M 68 | 00:12:50           | 00:03:29 | 00:37:42      | 00:00:44 | 00:25:07    |         | 01:19:52.10 | 01:19:52.10 |
| 69   | SIUDA MAREK         | 155 | KLINIKA TRIATHLONU BYDGOSZCZ         | BYDGOSZCZ  | POLSKA | M40-49 | 22     | M 69 | 00:14:49           | 00:04:06 | 00:34:09      | 00:01:45 | 00:25:07    |         | 01:19:56.30 | 01:19:56.30 |
| 70   | CIUPA JAROSŁAW      | 25  | ARRK                                 | BYDGOSZCZ  | POLSKA | M40-49 | 23     | M 70 | 00:16:27           | 00:03:31 | 00:34:32      | 00:02:06 | 00:23:24    |         | 01:20:00.10 | 01:20:00.10 |
| 71   | PAWEŁA MARCIN       | 137 |                                      | BYDGOSZCZ  | POLSKA | M30-39 | 32     | M 71 | 00:19:14           | 00:02:37 | 00:33:44      | 00:02:55 | 00:21:32    |         | 01:20:02.20 | 01:20:02.20 |
| 72   | NAGOW MICHAŁ        | 124 |                                      | BYDGOSZCZ  | POLSKA | M40-49 | 24     | M 72 | 00:16:15           | 00:02:54 | 00:36:11      | 00:01:45 | 00:23:01    |         | 01:20:06.00 | 01:20:06.00 |
| 73   | GEHRKE TOMASZ       | 40  | LPN                                  | GDYŃIA     | POLSKA | M40-49 | 25     | M 73 | 00:16:44           | 00:03:59 | 00:35:03      | 00:01:38 | 00:22:46    |         | 01:20:10.00 | 01:20:10.00 |
| 74   | GILL DANIEL         | 216 | BOGMAR                               | BYDGOSZCZ  | POLSKA | M30-39 | 33     | M 74 | 00:15:00           | 00:03:21 | 00:36:55      | 00:01:30 | 00:23:51    |         | 01:20:37.45 | 01:20:37.45 |
| 75   | KRUCZKOWSKI PIOTR   | 220 | KRYSPOORT TEAM                       | BYDGOSZCZ  | POLSKA | M50-59 | 6      | M 75 | 00:17:10           | 00:02:46 | 00:33:49      | 00:00:57 | 00:26:02    |         | 01:20:44.60 | 01:20:44.60 |
| 76   | RADZIEJEWSKI TOMASZ | 146 |                                      | BYDGOSZCZ  | POLSKA | M30-39 | 34     | M 76 | 00:15:54           | 00:03:53 | 00:36:14      | 00:00:51 | 00:23:54    |         | 01:20:46.90 | 01:20:46.90 |
| 77   | BYRTEK GRZEGORZ     | 22  |                                      | BYDGOSZCZ  | POLSKA | M40-49 | 26     | M 77 | 00:13:18           | 00:03:11 | 00:36:42      | 00:01:08 | 00:26:46    |         | 01:21:05.70 | 01:21:05.70 |
| 78   | WOŹNIAK RADEK       | 199 | BOZITA POLSKA                        | BYDGOSZCZ  | POLSKA | M30-39 | 35     | M 78 | 00:17:00           | 00:03:14 | 00:34:46      | 00:01:39 | 00:24:27    |         | 01:21:06.00 | 01:21:06.00 |
| 79   | BOROWSKI RADOSŁAW   | 15  | MLKS KRAJNA SĘPÓLNO                  | BYDGOSZCZ  | POLSKA | M30-39 | 36     | M 79 | 00:16:59           | 00:02:53 | 00:37:12      | 00:01:25 | 00:22:43    |         | 01:21:12.85 | 01:21:12.85 |
| 80   | GRUBICH ARKADIUSZ   | 217 |                                      | NIEMCZ     | POLSKA | M40-49 | 27     | M 80 | 00:16:58           | 00:02:55 | 00:35:49      | 00:01:15 | 00:24:18    |         | 01:21:15.15 | 01:21:15.15 |
| 81   | KRAWISZ MACIEJ      | 84  | LP500                                | BYDGOSZCZ  | POLSKA | M40-49 | 28     | M 81 | 00:16:35           | 00:02:40 | 00:35:16      | 00:01:47 | 00:24:58    |         | 01:21:16.55 | 01:21:16.55 |
| 82   | KWIATOŃ MICHAŁ      | 98  |                                      | BYDGOSZCZ  | POLSKA | M18-29 | 12     | M 82 | 00:16:21           | 00:03:57 | 00:32:34      | 00:01:26 | 00:27:04    |         | 01:21:22.20 | 01:21:22.20 |
| 83   | SKOWROŃSKI JAROSŁAW | 157 | KRISS COACHING                       | OLSZTYN    | POLSKA | M30-39 | 37     | M 83 | 00:16:21           | 00:03:14 | 00:36:54      | 00:01:01 | 00:24:00    |         | 01:21:30.70 | 01:21:30.70 |
| 84   | WOLSKI TOMASZ       | 196 | BYDGOSZCZ TRIATHLON TEAM             | BYDGOSZCZ  | POLSKA | M18-29 | 13     | M 84 | 00:16:40           | 00:03:03 | 00:36:00      | 00:01:29 | 00:24:27    |         | 01:21:39.75 | 01:21:39.75 |



**OCEAN LAVA TRIATHLON POLSKA - SPRINT, Mężczyźni c.d.**

| M-ce | Nazwisko i imię       | Nr  | Klub                            | M-scowość                    | Kraj    | Kat.   | M. kat | K/M   | Pływanie<br>0.75km | T1       | Rower<br>20km | T2       | Bieg<br>5km | Kar/Bon | Netto       | Brutto      |
|------|-----------------------|-----|---------------------------------|------------------------------|---------|--------|--------|-------|--------------------|----------|---------------|----------|-------------|---------|-------------|-------------|
| 85   | SZARLEJ MARCIN        | 170 | PKO BANK POLSKI S.A.            | BYDGOSZCZ                    | POLSKA  | M30-39 | 38     | M 85  | 00:16:57           | 00:03:10 | 00:35:53      | 00:01:17 | 00:24:28    |         | 01:21:45.05 | 01:21:45.05 |
| 86   | TWAROWSKI ARKADIUSZ   | 180 |                                 | TORUŃ                        | POLSKA  | M40-49 | 29     | M 86  | 00:14:58           | 00:02:54 | 00:38:27      | 00:01:40 | 00:24:01    |         | 01:22:00.70 | 01:22:00.70 |
| 87   | DRELICH MICHAŁ        | 240 | SEGRUD                          |                              | POLSKA  | M30-39 | 39     | M 87  | 00:17:01           | 00:03:48 | 00:37:19      | 00:01:51 | 00:22:07    |         | 01:22:06.80 | 01:22:06.80 |
| 88   | JARUSZEWSKI KRZYSZTOF | 60  | MAJKA TEAM                      | CHEŁMNO                      | POLSKA  | M40-49 | 30     | M 88  | 00:15:01           | 00:04:50 | 00:33:46      | 00:01:45 | 00:26:49    |         | 01:22:11.90 | 01:22:11.90 |
| 89   | WERNER MICHAŁ         | 190 | GARDENFLORA MTB TEAM            | ŁABISZYŃ                     | POLSKA  | M18-29 | 14     | M 89  | 00:18:45           | 00:03:30 | 00:36:55      | 00:01:13 | 00:21:54    |         | 01:22:17.80 | 01:22:17.80 |
| 90   | DĘBIEC ANDRZEJ        | 218 |                                 | NIEMCZ                       | POLSKA  | M30-39 | 40     | M 90  | 00:17:12           | 00:02:44 | 00:36:37      | 00:00:43 | 00:25:04    |         | 01:22:20.75 | 01:22:20.75 |
| 91   | DUDEK KRZYSZTOF       | 221 | POLONIA BIELANY WROCŁAWSKIE     | ŚLĘZA                        | POLSKA  | M18-29 | 15     | M 91  | 00:13:30           | 00:03:53 | 00:37:16      | 00:01:27 | 00:26:32    |         | 01:22:38.55 | 01:22:38.55 |
| 92   | SKORECKI ALEKSANDER   | 156 | BYDGOSZCZ TRIATHLON TEAM        | BYDGOSZCZ                    | POLSKA  | M18-29 | 16     | M 92  | 00:14:05           | 00:02:48 | 00:35:11      | 00:00:56 | 00:29:53    |         | 01:22:53.60 | 01:22:53.60 |
| 93   | ZIÓLKOWSKI KRZYSZTOF  | 171 |                                 | BYDGOSZCZ                    | POLSKA  | M30-39 | 41     | M 93  | 00:15:36           | 00:02:23 | 00:39:23      | 00:01:23 | 00:24:10    |         | 01:22:55.80 | 01:22:55.80 |
| 94   | TACIAK DAWID          | 174 | ATOS/KLINIKA TRIATHLONU         | BYDGOSZCZ                    | POLSKA  | M30-39 | 42     | M 94  | 00:16:46           | 00:03:57 | 00:36:20      | 00:01:35 | 00:24:21    |         | 01:22:59.45 | 01:22:59.45 |
| 95   | SKRZYNIARZ HUBERT     | 158 | #CIAGLA_WALKA_Z_BMI             | ŁOCHOWO                      | POLSKA  | M30-39 | 43     | M 95  | 00:16:25           | 00:04:00 | 00:34:22      | 00:01:42 | 00:26:31    |         | 01:23:00.20 | 01:23:00.20 |
| 96   | KUŻMA WOJTEK          | 94  |                                 | BYDGOSZCZ                    | POLSKA  | M50-59 | 7      | M 96  | 00:16:54           | 00:02:35 | 00:36:33      | 00:00:57 | 00:26:20    |         | 01:23:19.50 | 01:23:19.50 |
| 97   | KUCHARCZYK MICHAŁ     | 139 | KS POLONIA BIELANY              | WROCŁAW                      | POLSKA  | M18-29 | 17     | M 97  | 00:18:37           | 00:04:04 | 00:38:02      | 00:00:33 | 00:22:12    |         | 01:23:28.80 | 01:23:28.80 |
| 98   | LESZCZYŃSKI MARCIN    | 99  | BYDGOSZCZ TRIATHLON TEAM        | BYDGOSZCZ                    | POLSKA  | M18-29 | 18     | M 98  | 00:16:50           | 00:03:12 | 00:37:13      | 00:01:44 | 00:24:31    |         | 01:23:30.60 | 01:23:30.60 |
| 99   | HENDRZAK SYLWESTER    | 54  | MISYL RUN TEAM                  | ŁUBIANKA                     | POLSKA  | M30-39 | 44     | M 99  | 00:20:05           | 00:04:11 | 00:36:38      | 00:00:58 | 00:21:50    |         | 01:23:42.60 | 01:23:42.60 |
| 100  | GUSS RAFAŁ            | 48  | ARRK                            | TUCHOLA                      | POLSKA  | M18-29 | 19     | M 100 | 00:18:12           | 00:04:13 | 00:36:39      | 00:00:51 | 00:23:49    |         | 01:23:44.85 | 01:23:44.85 |
| 101  | GREJCZYK ALAN         | 123 |                                 | BYDGOSZCZ                    | POLSKA  | M18-29 | 20     | M 101 | 00:19:14           | 00:03:27 | 00:35:44      | 00:01:28 | 00:24:00    |         | 01:23:53.20 | 01:23:53.20 |
| 102  | KOWALSKI MAREK        | 82  | REKINY OSIELSKO                 | NIEMCZ                       | POLSKA  | M40-49 | 31     | M 102 | 00:15:24           | 00:02:35 | 00:39:13      | 00:02:24 | 00:24:19    |         | 01:23:55.55 | 01:23:55.55 |
| 103  | DOBRAŃSKI DARIUSZ     | 34  | 3GRAVITY                        | BYDGOSZCZ                    | POLSKA  | M18-29 | 21     | M 103 | 00:15:13           | 00:04:06 | 00:35:40      | 00:01:24 | 00:27:35    |         | 01:23:58.50 | 01:23:58.50 |
| 104  | DULIŃSKI JACEK        | 37  |                                 | NIEMCZ                       | POLSKA  | M40-49 | 32     | M 104 | 00:16:58           | 00:04:14 | 00:36:30      | 00:01:39 | 00:25:02    |         | 01:24:23.40 | 01:24:23.40 |
| 105  | ŁATKA MARCIN          | 107 |                                 | BYDGOSZCZ                    | POLSKA  | M40-49 | 33     | M 105 | 00:14:25           | 00:03:06 | 00:39:05      | 00:01:35 | 00:26:23    |         | 01:24:34.95 | 01:24:34.95 |
| 106  | NAWROCKI MARCIN       | 125 | DELIKATESY RYBNE FISHKA.PL      | BYDGOSZCZ                    | POLSKA  | M30-39 | 45     | M 106 | 00:16:20           | 00:04:25 | 00:37:36      | 00:01:24 | 00:25:25    |         | 01:25:10.60 | 01:25:10.60 |
| 107  | LIPNIEWICZ PAWEŁ      | 104 | LIPNE MUMIE                     | KOSZALIN                     | POLSKA  | M30-39 | 46     | M 107 | 00:19:12           | 00:03:34 | 00:33:37      | 00:01:09 | 00:27:42    |         | 01:25:14.00 | 01:25:14.00 |
| 108  | TRZASKOWSKI TOMASZ    | 177 |                                 | BYDGOSZCZ                    | POLSKA  | M30-39 | 47     | M 108 | 00:14:34           | 00:04:54 | 00:36:42      | 00:01:50 | 00:27:22    |         | 01:25:22.45 | 01:25:22.45 |
| 109  | KULIŃSKI GRZEGORZ     | 91  |                                 | BYDGOSZCZ                    | POLSKA  | M18-29 | 22     | M 109 | 00:16:42           | 00:03:18 | 00:39:11      | 00:00:47 | 00:25:35    |         | 01:25:33.10 | 01:25:33.10 |
| 110  | OLECH JACEK           | 233 |                                 | ŚWIECIE                      | POLSKA  | M40-49 | 34     | M 110 | 00:19:45           | 00:03:30 | 00:36:05      | 00:00:45 | 00:25:31    |         | 01:25:36.00 | 01:25:36.00 |
| 111  | KIEPIŃSKI MIKOŁAJ     | 69  |                                 | BYDGOSZCZ                    | POLSKA  | M18-29 | 23     | M 111 | 00:13:59           | 00:03:28 | 00:38:40      | 00:01:14 | 00:28:25    |         | 01:25:46.35 | 01:25:46.35 |
| 112  | KARCZEWSKI FILIP      | 67  |                                 | BYDGOSZCZ                    | POLSKA  | M30-39 | 48     | M 112 | 00:17:54           | 00:03:05 | 00:36:18      | 00:01:08 | 00:27:22    |         | 01:25:47.65 | 01:25:47.65 |
| 113  | KLINOWSKI RADOŚLAW    | 72  | GALACTICA                       | BYDGOSZCZ                    | POLSKA  | M30-39 | 49     | M 113 | 00:20:25           | 00:03:56 | 00:37:50      | 00:01:48 | 00:21:58    |         | 01:25:57.85 | 01:25:57.85 |
| 114  | MACIEJEWSKI TOMASZ    | 111 | NORMOBARIC                      | BYDGOSZCZ                    | POLSKA  | M18-29 | 24     | M 114 | 00:17:48           | 00:02:11 | 00:40:32      | 00:02:15 | 00:23:16    |         | 01:26:02.15 | 01:26:02.15 |
| 115  | RIVAT EMMANUEL        | 212 |                                 | BIAŁE BLOTA                  | FRANCJA | M40-49 | 35     | M 115 | 00:16:10           | 00:04:02 | 00:37:06      | 00:01:25 | 00:27:35    |         | 01:26:18.65 | 01:26:18.65 |
| 116  | MACIEJCZYK MICHAŁ     | 110 |                                 | PISZ                         | POLSKA  | M30-39 | 50     | M 116 | 00:13:37           | 00:02:45 | 00:36:52      | 00:01:50 | 00:31:24    |         | 01:26:28.90 | 01:26:28.90 |
| 117  | MALINOWSKI ARTUR      | 113 |                                 | MAKSYMILIANOWO               | POLSKA  | M50-59 | 8      | M 117 | 00:18:50           | 00:04:18 | 00:36:09      | 00:01:43 | 00:25:40    |         | 01:26:40.35 | 01:26:40.35 |
| 118  | STRYCZYŃSKI MAREK     | 166 | TRISPACE                        | BYDGOSZCZ                    | POLSKA  | M30-39 | 51     | M 118 | 00:16:30           | 00:03:15 | 00:38:53      | 00:01:21 | 00:26:46    |         | 01:26:45.35 | 01:26:45.35 |
| 119  | KLIMKOWSKI MATEUSZ    | 71  | DECATHLON TRIATHLON TEAM        | BYDGOSZCZ                    | POLSKA  | M18-29 | 25     | M 119 | 00:15:26           | 00:02:44 | 00:36:33      | 00:01:21 | 00:30:46    |         | 01:26:50.90 | 01:26:50.90 |
| 120  | OSAK PAWEŁ            | 129 |                                 | BYDGOSZCZ                    | POLSKA  | M30-39 | 52     | M 120 | 00:17:07           | 00:04:02 | 00:37:53      | 00:01:15 | 00:26:53    |         | 01:27:10.05 | 01:27:10.05 |
| 121  | ROŚ SŁAWEK            | 148 |                                 | BYDGOSZCZ / NOWA WIEŚ WIELKA | POLSKA  | M30-39 | 53     | M 121 | 00:16:41           | 00:03:54 | 00:37:58      | 00:01:10 | 00:27:31    |         | 01:27:14.30 | 01:27:14.30 |
| 122  | BEJFUS ŁUKASZ         | 9   | LEŚNY PARK KULTURY I WYPOCZYŃKU | BYDGOSZCZ                    | POLSKA  | M18-29 | 26     | M 122 | 00:18:26           | 00:03:06 | 00:36:38      | 00:01:11 | 00:27:58    |         | 01:27:19.50 | 01:27:19.50 |
| 123  | BEJFUS MATEUSZ        | 10  |                                 | BYDGOSZCZ                    | POLSKA  | M18-29 | 27     | M 123 | 00:17:23           | 00:03:35 | 00:37:13      | 00:01:07 | 00:28:02    |         | 01:27:20.30 | 01:27:20.30 |
| 124  | CZAPLICKI WOJCIECH    | 211 |                                 | WARSZAWA                     | POLSKA  | M40-49 | 36     | M 124 | 00:19:38           | 00:02:21 | 00:39:44      | 00:02:11 | 00:23:47    |         | 01:27:41.60 | 01:27:41.60 |
| 125  | MAZURKIEWICZ PIOTR    | 116 |                                 | DOBRCZ                       | POLSKA  | M40-49 | 37     | M 125 | 00:20:13           | 00:04:10 | 00:37:29      | 00:01:21 | 00:24:44    |         | 01:27:57.10 | 01:27:57.10 |
| 126  | BOROWSKI ŁUKASZ       | 16  | LADYSI TEAM                     | BYDGOSZCZ                    | POLSKA  | M40-49 | 38     | M 126 | 00:17:13           | 00:03:22 | 00:37:44      | 00:01:40 | 00:28:02    |         | 01:28:01.50 | 01:28:01.50 |
| 127  | IWAŃCZYK MARCIN       | 57  | CB163                           | NOWA WIEŚ WIELKA             | POLSKA  | M30-39 | 54     | M 127 | 00:16:09           | 00:04:47 | 00:37:18      | 00:01:44 | 00:28:09    |         | 01:28:07.65 | 01:28:07.65 |

**OCEAN LAVA TRIATHLON POLSKA - SPRINT, Mężczyźni c.d.**

| M-ce | Nazwisko i imię        | Nr  | Klub                             | M-scowość       | Kraj             | Kat.   | M. kat | K/M   | Pływanie | T1       | Rower    | T2       | Bieg     | Kar/Bon | Netto       | Brutto      |
|------|------------------------|-----|----------------------------------|-----------------|------------------|--------|--------|-------|----------|----------|----------|----------|----------|---------|-------------|-------------|
|      |                        |     |                                  |                 |                  |        |        |       | 0.75km   |          |          |          | 5km      |         |             |             |
|      |                        |     |                                  |                 |                  |        |        |       | 20km     |          |          |          |          |         |             |             |
| 128  | SŁOMSKI MARCIN         | 160 | TRIATHLON<br>KONSULTING TEAM     | MAKSYMILIANOWO  | POLSKA           | M30-39 | 55     | M 128 | 00:16:23 | 00:04:01 | 00:40:49 | 00:01:00 | 00:25:59 |         | 01:28:12.25 | 01:28:12.25 |
| 129  | GRUBA JACEK            | 45  |                                  | BRZOZA          | POLSKA           | M50-59 | 9      | M 129 | 00:18:01 | 00:04:07 | 00:37:12 | 00:01:39 | 00:27:15 |         | 01:28:14.60 | 01:28:14.60 |
| 130  | KLISZEWSKI DAMIAN      | 73  |                                  | BYDGOSZCZ       | POLSKA           | M40-49 | 39     | M 130 | 00:17:49 | 00:02:10 | 00:39:44 | 00:01:28 | 00:27:17 |         | 01:28:28.20 | 01:28:28.20 |
| 131  | PRZYBYTKOWSKI MAREK    | 145 |                                  | BYDGOSZCZ       | POLSKA           | M18-29 | 28     | M 131 | 00:24:57 | 00:04:56 | 00:35:37 | 00:01:32 | 00:22:07 |         | 01:29:09.40 | 01:29:09.40 |
| 132  | BORUCKI MARCIN         | 17  |                                  | ŚWIECIE         | POLSKA           | M30-39 | 56     | M 132 | 00:15:55 | 00:04:33 | 00:38:56 | 00:01:31 | 00:28:16 |         | 01:29:11.60 | 01:29:11.60 |
| 133  | RYBCZYŃSKI ŁUKASZ      | 213 |                                  | BARCIN          | POLSKA           | M18-29 | 29     | M 133 | 00:16:51 | 00:03:56 | 00:41:08 | 00:01:42 | 00:25:37 |         | 01:29:14.15 | 01:29:14.15 |
| 134  | OSTRZYCKI SŁAWOMIR     | 131 | TRISPACE/TREK                    | BYSDOSZCZ       | POLSKA           | M30-39 | 57     | M 134 | 00:16:57 | 00:03:57 | 00:39:13 | 00:01:31 | 00:27:38 |         | 01:29:16.15 | 01:29:16.15 |
| 135  | RYBAK MARIUSZ          | 150 | SISU-OWB TEAM                    | MAŁE RUDY       | POLSKA           | M40-49 | 40     | M 135 | 00:15:27 | 00:03:40 | 00:40:23 | 00:00:45 | 00:29:02 |         | 01:29:17.05 | 01:29:17.05 |
| 136  | ADLER FILIP            | 1   |                                  | BYDGOSZCZ       | POLSKA           | M18-29 | 30     | M 136 | 00:17:17 | 00:03:20 | 00:41:09 | 00:02:13 | 00:25:18 |         | 01:29:17.85 | 01:29:17.85 |
| 137  | BARANOWICZ BARTOSZ     | 5   | TMS GLOBART                      | BYDGOSZCZ       | POLSKA           | M40-49 | 41     | M 137 | 00:14:10 | 00:03:52 | 00:39:06 | 00:01:46 | 00:30:40 |         | 01:29:34.45 | 01:29:34.45 |
| 138  | ZIELIŃSKI RADOŚLAW     | 204 |                                  | BYDGOSZCZ       | POLSKA           | M30-39 | 58     | M 138 | 00:19:13 | 00:03:43 | 00:36:02 | 00:02:01 | 00:28:43 |         | 01:29:42.20 | 01:29:42.20 |
| 139  | KOSIŃSKI ROBERT        | 77  | NOKIA BYDGOSZCZ                  | PAKOŚĆ          | POLSKA           | M30-39 | 59     | M 139 | 00:15:51 | 00:03:08 | 00:38:00 | 00:01:31 | 00:31:13 |         | 01:29:43.45 | 01:29:43.45 |
| 140  | PAPIEROWSKI PIOTR      | 134 |                                  | BYDGOSZCZ       | POLSKA           | M30-39 | 60     | M 140 | 00:18:44 | 00:02:45 | 00:39:13 | 00:00:53 | 00:28:19 |         | 01:29:54.05 | 01:29:54.05 |
| 141  | WOZNIAK TOMASZ         | 197 |                                  | GDANSK          | POLSKA           | M40-49 | 42     | M 141 | 00:19:31 | 00:04:32 | 00:40:26 | 00:01:30 | 00:23:56 |         | 01:29:55.50 | 01:29:55.50 |
| 142  | KOTOWSKI JACEK         | 79  |                                  | BYDGOSZCZ       | POLSKA           | M40-49 | 43     | M 142 | 00:18:54 | 00:03:27 | 00:35:03 | 00:01:37 | 00:31:47 |         | 01:30:48.85 | 01:30:48.85 |
| 143  | RZENTKOWSKI GRZEGORZ   | 151 |                                  | BYDGOSZCZ       | POLSKA           | M40-49 | 44     | M 143 | 00:19:16 | 00:04:06 | 00:38:30 | 00:02:18 | 00:26:57 |         | 01:31:07.75 | 01:31:07.75 |
| 144  | MIEKCZYŃSKI ARTUR      | 120 | POLONIA<br>BYDGOSZCZ             | ZIELONCZYN      | POLSKA           | M30-39 | 61     | M 144 | 00:19:49 | 00:03:40 | 00:38:01 | 00:01:09 | 00:29:03 |         | 01:31:42.50 | 01:31:42.50 |
| 145  | SMIETANA MIROŚLAW      | 161 |                                  | DOBRCZ          | POLSKA           | M60-69 | 1      | M 145 | 00:20:35 | 00:04:40 | 00:41:35 | 00:01:15 | 00:24:08 |         | 01:32:13.80 | 01:32:13.80 |
| 146  | GWIZDAŁA ADAM          | 50  | BUKOWIEC                         | BUKOWIEC        | POLSKA           | M30-39 | 62     | M 146 | 00:20:46 | 00:03:11 | 00:38:38 | 00:00:46 | 00:28:57 |         | 01:32:18.25 | 01:32:18.25 |
| 147  | KADOW RYSZARD          | 64  | TRISPACE                         | BYDGOSZCZ       | POLSKA           | M40-49 | 45     | M 147 | 00:21:51 | 00:03:59 | 00:28:09 | 00:01:52 | 00:36:32 |         | 01:32:23.90 | 01:32:23.90 |
| 148  | MIĘTKIEWICZ RAFAŁ      | 121 | SPÓJNIA BIAŁE<br>BŁOTA           | BIAŁOŚLIWIE     | POLSKA           | M18-29 | 31     | M 148 | 00:23:08 | 00:03:39 | 00:40:07 | 00:00:56 | 00:24:34 |         | 01:32:24.25 | 01:32:24.25 |
| 149  | TURNO SZYMON           | 179 | TURBO TEAM                       | UNISŁAW         | POLSKA           | M40-49 | 46     | M 149 | 00:17:53 | 00:04:30 | 00:39:16 | 00:01:01 | 00:29:46 |         | 01:32:26.40 | 01:32:26.40 |
| 150  | FALCONNET CHRIS        | 38  |                                  | TORUN           | POLSKA           | M30-39 | 63     | M 150 | 00:19:00 | 00:04:04 | 00:41:27 | 00:01:10 | 00:27:06 |         | 01:32:47.50 | 01:32:47.50 |
| 151  | STĘPIEŃ MICHAŁ         | 164 |                                  | BYDGOSZCZ       | POLSKA           | M30-39 | 64     | M 151 | 00:20:00 | 00:03:44 | 00:41:26 | 00:01:06 | 00:26:42 |         | 01:32:58.30 | 01:32:58.30 |
| 152  | JUREK KRZYSZTOF        | 63  |                                  | NIEMCZ          | POLSKA           | M50-59 | 10     | M 152 | 00:15:57 | 00:04:26 | 00:43:18 | 00:00:55 | 00:29:32 |         | 01:34:08.70 | 01:34:08.70 |
| 153  | JUHACZ MICHAŁ          | 62  | DZIKI Z BALCZEWA                 | INOWROCŁAW      | POLSKA           | M40-49 | 47     | M 153 | 00:20:28 | 00:02:56 | 00:46:05 | 00:00:54 | 00:24:24 |         | 01:34:47.20 | 01:34:47.20 |
| 154  | SENSKI PRZEMYSŁAW      | 152 |                                  | BYDGOSZCZ       | POLSKA           | M30-39 | 65     | M 154 | 00:16:53 | 00:04:01 | 00:40:55 | 00:02:10 | 00:30:55 |         | 01:34:54.05 | 01:34:54.05 |
| 155  | BINDEK ŁUKASZ          | 13  |                                  | KĘSOWO          | POLSKA           | M30-39 | 66     | M 155 | 00:16:22 | 00:05:44 | 00:44:41 | 00:01:32 | 00:26:46 |         | 01:35:05.00 | 01:35:05.00 |
| 156  | SIEKIERKA ROBERT       | 154 | AS BOX                           | BYDGOSZCZ       | POLSKA           | M40-49 | 48     | M 156 | 00:21:42 | 00:04:40 | 00:40:54 | 00:01:01 | 00:27:57 |         | 01:36:14.50 | 01:36:14.50 |
| 157  | PETRENKO HRYHORII      | 141 | ARRK                             | BYDGOSZCZ       | ПОЛЬША           | M18-29 | 32     | M 157 | 00:22:29 | 00:04:19 | 00:19:11 | 00:01:14 | 00:49:45 |         | 01:36:58.55 | 01:36:58.55 |
| 158  | KWIATKOWSKI WALDEMAR   | 96  |                                  | BYDGOSZCZ       | POLSKA           | M30-39 | 67     | M 158 | 00:17:52 | 00:03:49 | 00:43:53 | 00:01:01 | 00:31:31 |         | 01:38:06.55 | 01:38:06.55 |
| 159  | URBAŃSKI JANUSZ        | 183 | TRISPACE                         | BYDGOSZCZ       | POLSKA           | M50-59 | 11     | M 159 | 00:18:22 | 00:05:17 | 00:38:11 | 00:02:25 | 00:35:28 |         | 01:39:43.05 | 01:39:43.05 |
| 160  | WĘGRZYŃSKI PIOTR       | 192 |                                  | BYDGOSZCZ       | POLSKA           | M40-49 | 49     | M 160 | 00:22:05 | 00:03:36 | 00:38:38 | 00:02:07 | 00:34:13 |         | 01:40:39.00 | 01:40:39.00 |
| 161  | OSIŃSKI ADAM           | 130 |                                  | BYDGOSZCZ       | POLSKA           | M40-49 | 50     | M 161 | 00:22:33 | 00:05:39 | 00:39:49 | 00:01:40 | 00:31:19 |         | 01:41:00.30 | 01:41:00.30 |
| 162  | GÓRNIKIEWICZ PIOTR     | 44  |                                  | POZNAŃ          | POLSKA           | M30-39 | 68     | M 162 | 00:21:06 | 00:05:24 | 00:43:04 | 00:01:38 | 00:30:42 |         | 01:41:54.55 | 01:41:54.55 |
| 163  | DĄBROWSKI BARTOSZ      | 30  | SPORTOWA PASJA                   | BYDGOSZCZ       | POLSKA           | M30-39 | 69     | M 163 | 00:20:01 | 00:05:30 | 00:46:12 | 00:01:08 | 00:29:59 |         | 01:42:50.65 | 01:42:50.65 |
| 164  | BUDNICKI KRZYSZTOF     | 18  |                                  | BYDGOSZCZ       | POLSKA           | M40-49 | 51     | M 164 | 00:24:36 | 00:05:04 | 00:41:46 | 00:01:46 | 00:30:04 |         | 01:43:16.25 | 01:43:16.25 |
| 165  | KLIMEK PRZEMYSŁAW      | 70  |                                  | BYDGOSZCZ       | POLSKA           | M18-29 | 33     | M 165 | 00:18:21 | 00:04:28 | 00:49:27 | 00:00:51 | 00:30:59 |         | 01:44:06.35 | 01:44:06.35 |
| 166  | JĘDRUSZCZAK PRZEMYSŁAW | 61  |                                  | LUBLIN          | POLSKA           | M18-29 | 34     | M 166 | 00:24:52 | 00:05:04 | 00:43:22 | 00:01:04 | 00:31:31 |         | 01:45:53.70 | 01:45:53.70 |
| 167  | ŁUKOMSKI DAWID         | 109 | GARDENFLORA<br>MTB TEAM          | BYDGOSZCZ       | POLSKA           | M18-29 | 35     | M 167 | 00:24:00 | 00:04:08 | 00:43:21 | 00:01:27 | 00:33:00 |         | 01:45:56.95 | 01:45:56.95 |
| 168  | DETLAF MARIUSZ         | 33  |                                  | MAKSYMILIANOWO  | POLSKA           | M30-39 | 70     | M 168 | 00:26:04 | 00:03:32 | 00:42:26 | 00:01:26 | 00:35:50 |         | 01:49:18.45 | 01:49:18.45 |
| 169  | PALACZ MIROSLAW        | 133 |                                  | BYDGOSZCZ       | POLSKA           | M50-59 | 12     | M 169 | 00:28:35 | 00:04:02 | 00:42:22 | 00:01:27 | 00:34:29 |         | 01:50:55.65 | 01:50:55.65 |
| 170  | WYSŁOUCH SEBASTIAN     | 201 | AMATOR                           | ZAKOPANE        | POLSKA           | M40-49 | 52     | M 170 | 00:21:04 | 00:06:08 | 00:44:38 | 00:01:48 | 00:40:01 |         | 01:53:39.75 | 01:53:39.75 |
| 171  | GWIAZDOWSKI KRZYSZTOF  | 49  |                                  | BYDGOSZCZ       | POLSKA           | M40-49 | 53     | M 171 | 00:16:57 | 00:04:18 |          |          |          |         |             |             |
| 172  | LIPIŃSKI MICHAŁ        | 103 |                                  | ZIELONKA        | POLSKA           | M40-49 | 54     | M 172 |          |          |          |          |          |         |             |             |
| DNC  | MARTIN ADAM            | 227 | WILDCATS SWISS<br>TRIATHLON TEAM | PALMERSON NORTH | NOWA<br>ZELANDIA | M18-29 | DNC    | DNC   | 00:09:06 | 00:01:46 | 00:46:55 | 00:01:05 | 00:17:09 |         | 01:16:01.25 | 01:16:01.25 |

**OCEAN LAVA TRIATHLON POLSKA - SPRINT, 1 Fala**

| M-ce | Nazwisko i imię      | Nr  | Klub                                  | M-scowość             | Kraj   | Kat.   | M. kat | K/M  | Pływanie<br>0.75km | T1       | Rower<br>20km | T2       | Bieg<br>5km | Kar/Bon  | Netto       | Brutto      |
|------|----------------------|-----|---------------------------------------|-----------------------|--------|--------|--------|------|--------------------|----------|---------------|----------|-------------|----------|-------------|-------------|
| 1    | URBAŃSKI MICHAŁ      | 182 | TRISPACE                              | OSIELSKO              | POLSKA | M18-29 | 1      | M 1  | 00:09:29           | 00:02:10 | 00:31:35      | 00:00:52 | 00:19:50    |          | 01:03:56.15 | 01:03:56.15 |
| 2    | KUBIŃSKI JAKUB       | 90  | ENEA BYDGOSZCZ<br>TRIATHLON           | BYDGOSZCZ             | POLSKA | M30-39 | 1      | M 2  | 00:11:08           | 00:02:01 | 00:30:57      | 00:00:57 | 00:19:38    | 00:00:10 | 01:04:41.00 | 01:04:41.00 |
| 3    | BEDNARCZYK TOMASZ    | 8   | BIKE U UP                             | GDYNIA                | POLSKA | M30-39 | 2      | M 3  | 00:11:12           | 00:02:05 | 00:31:43      | 00:00:56 | 00:19:03    |          | 01:04:59.05 | 01:04:59.05 |
| 4    | ZIENKIEWICZ JANUSZ   | 207 | TRISPACE ALLIANZ<br>TRIATHLON TEAM    | BYDGOSZCZ             | POLSKA | M40-49 | 1      | M 4  | 00:12:07           | 00:02:05 | 00:31:24      | 00:00:51 | 00:19:16    |          | 01:05:43.90 | 01:05:43.90 |
| 5    | LEWANDOWSKI MACIEJ   | 100 | TRIDEA TEAM                           | GDYNIA                | POLSKA | M30-39 | 3      | M 5  | 00:10:56           | 00:02:10 | 00:30:53      | 00:01:06 | 00:20:43    |          | 01:05:48.10 | 01:05:48.10 |
| 6    | EJSMONT KRZYSZTOF    | 225 | TRISPACE                              | BORÓWNO               | POLSKA | M40-49 | 2      | M 6  | 00:13:20           | 00:02:02 | 00:30:20      | 00:01:17 | 00:18:54    |          | 01:05:53.00 | 01:05:53.00 |
| 7    | ZIELIŃSKI NICOLAS    | 205 | OLIMPIASPORT.PL                       | BYDGOSZCZ             | POLSKA | M18-29 | 2      | M 7  | 00:12:22           | 00:02:26 | 00:31:04      | 00:01:07 | 00:19:21    |          | 01:06:20.35 | 01:06:20.35 |
| 8    | WASZTYL MICHAŁ       | 187 | ZONE3 TEAM /<br>WITKOWO BIEGA         | POWIDZ                | POLSKA | M30-39 | 4      | M 8  | 00:11:29           | 00:02:07 | 00:32:11      | 00:00:52 | 00:19:59    |          | 01:06:38.95 | 01:06:38.95 |
| 9    | TOPCZEWSKI GRACJAN   | 231 | TRISPACE/TREK                         | BYDGOSZCZ             | POLSKA | M40-49 | 3      | M 9  | 00:12:37           | 00:02:21 | 00:30:42      | 00:01:19 | 00:20:02    |          | 01:07:01.80 | 01:07:01.80 |
| 10   | ŚLIWIŃSKI ŁUKASZ     | 223 | LKS BOGMAR<br>OSTROMECKO              | OSTROMECKO            | POLSKA | M30-39 | 5      | M 10 | 00:13:19           | 00:02:01 | 00:30:35      | 00:00:49 | 00:20:23    |          | 01:07:07.00 | 01:07:07.00 |
| 11   | WITKOWSKI MATEUSZ    | 194 | JW 1223                               | KOSZALIN              | POLSKA | M18-29 | 3      | M 11 | 00:14:36           | 00:02:15 | 00:32:48      | 00:00:54 | 00:16:52    |          | 01:07:25.75 | 01:07:25.75 |
| 12   | SAWIEŁAJC JAKUB      | 238 | FUJI KRYSPOORT<br>TEAM                | BYDGOSZCZ             | POLSKA | M18-29 | 4      | M 12 | 00:11:14           | 00:02:11 | 00:32:22      | 00:01:07 | 00:21:14    |          | 01:08:08.15 | 01:08:08.15 |
| 13   | KOTŁOWSKI BARTOSZ    | 78  | LKS OSTROMECKO                        | BYDGOSZCZ             | POLSKA | M18-29 | 5      | M 13 | 00:14:32           | 00:01:59 | 00:33:19      | 00:01:29 | 00:16:51    |          | 01:08:10.05 | 01:08:10.05 |
| 14   | SZAŁKOWSKI ŁUKASZ    | 169 | UKS CITYZEN_BE3                       | POZNAŃ                | POLSKA | M30-39 | 6      | M 14 | 00:12:18           | 00:02:43 | 00:31:22      | 00:01:44 | 00:20:11    |          | 01:08:18.90 | 01:08:18.90 |
| 15   | KOZAR KAROL          | 83  | POLISH<br>TRIATHLETES IN UK           | SWINDON               | POLSKA | M30-39 | 7      | M 15 | 00:12:48           | 00:02:43 | 00:31:21      | 00:01:53 | 00:19:39    |          | 01:08:24.95 | 01:08:24.95 |
| 16   | HERMELIN WOJCIECH    | 226 | KANCELARIA HMM                        | BYDGOSZCZ             | POLSKA | M40-49 | 4      | M 16 | 00:11:57           | 00:02:01 | 00:31:46      | 00:00:52 | 00:22:21    |          | 01:08:57.90 | 01:08:57.90 |
| 17   | LITWINIUK KRZYSZTOF  | 106 | KRISS COACHING                        | BARTĄG                | POLSKA | M30-39 | 8      | M 17 | 00:12:55           | 00:02:20 | 00:31:39      | 00:01:05 | 00:21:06    |          | 01:09:05.20 | 01:09:05.20 |
| 18   | MARTYNOWICZ MICHAŁ   | 114 | TRISPACE                              | BRZOZA                | POLSKA | M40-49 | 5      | M 18 | 00:11:44           | 00:02:22 | 00:32:09      | 00:01:44 | 00:21:10    |          | 01:09:09.30 | 01:09:09.30 |
| 19   | GOŚCINIAK MICHAŁ     | 127 | 3GRAVITY                              | BYDGOSZCZ             | POLSKA | M30-39 | 9      | M 19 | 00:13:37           | 00:02:58 | 00:33:07      | 00:00:44 | 00:19:16    |          | 01:09:42.00 | 01:09:42.00 |
| 20   | CHOLEWIŃSKI DARIUSZ  | 24  | HURAGAN<br>MIEDZYŃ                    | BYDGOSZCZ             | POLSKA | M40-49 | 6      | M 20 | 00:14:51           | 00:02:15 | 00:32:25      | 00:00:55 | 00:20:01    |          | 01:10:27.35 | 01:10:27.35 |
| 21   | BASIŃSKI ŁUKASZ      | 6   | OLIMPIASPORT.PL                       | BYDGOSZCZ             | POLSKA | M18-29 | 6      | M 21 | 00:14:04           | 00:01:55 | 00:32:16      | 00:01:44 | 00:20:29    |          | 01:10:28.80 | 01:10:28.80 |
| 22   | MADEJ RAFAŁ          | 112 | BRZESKO                               | BYDGOSZCZ             | POLSKA | M40-49 | 7      | M 22 | 00:14:19           | 00:02:46 | 00:31:16      | 00:01:07 | 00:21:19    |          | 01:10:47.50 | 01:10:47.50 |
| 23   | DOŁKOWSKI WOJCIECH   | 779 |                                       | BYDGOSZCZ             | POLSKA | M40-49 | 8      | M 23 | 00:11:40           | 00:02:42 | 00:32:28      | 00:01:48 | 00:22:17    |          | 01:10:55.85 | 01:10:55.85 |
| 24   | TRAWCZYŃSKI JACEK    | 176 | TRISPACE                              | BYDGOSZCZ             | POLSKA | M50-59 | 1      | M 24 | 00:14:25           | 00:02:23 | 00:31:35      | 00:01:36 | 00:21:05    |          | 01:11:04.05 | 01:11:04.05 |
| 25   | KOŁAKOWSKI TOMASZ    | 75  |                                       | BYDGOSZCZ             | POLSKA | M30-39 | 10     | M 25 | 00:15:25           | 00:02:34 | 00:33:13      | 00:01:06 | 00:19:17    |          | 01:11:35.90 | 01:11:35.90 |
| 26   | LICZNIERSKI MAREK    | 102 | TRIATHLONISTA.CO<br>M/ ZONE3 TEAM     | PLEWISKA              | POLSKA | M30-39 | 11     | M 26 | 00:12:21           | 00:01:58 | 00:34:42      | 00:01:27 | 00:21:10    |          | 01:11:38.85 | 01:11:38.85 |
| 27   | HOPPE TOMASZ         | 21  | CB163 BTT<br>TRISPACE                 | BYDGOSZCZ             | POLSKA | M30-39 | 12     | M 27 | 00:14:18           | 00:02:50 | 00:32:18      | 00:02:03 | 00:20:17    |          | 01:11:46.40 | 01:11:46.40 |
| 28   | MICHAŁSKI MICHAŁ     | 119 |                                       | BYDGOSZCZ             | POLSKA | M30-39 | 13     | M 28 | 00:13:10           | 00:02:11 | 00:33:15      | 00:01:05 | 00:22:24    |          | 01:12:05.15 | 01:12:05.15 |
| 29   | KOWALSKA ANGELIKA    | 237 | TRISPACE                              | BYDGOSZCZ             | POLSKA | K30-39 | 1      | K 1  | 00:13:50           | 00:02:17 | 00:33:17      | 00:00:49 | 00:21:56    |          | 01:12:09.05 | 01:12:09.05 |
| 30   | BINKOWSKI ADRIAN     | 210 | PROFESSIONALHR/<br>CB163              | GZIN                  | POLSKA | M30-39 | 14     | M 29 | 00:14:09           | 00:02:31 | 00:32:28      | 00:01:51 | 00:21:26    |          | 01:12:25.90 | 01:12:25.90 |
| 31   | DERDA PIOTR          | 32  |                                       | BYDGOSZCZ             | POLSKA | M18-29 | 7      | M 30 | 00:14:30           | 00:02:40 | 00:32:42      | 00:01:29 | 00:21:06    |          | 01:12:27.45 | 01:12:27.45 |
| 32   | SAWICKI ARKADIUSZ    | 230 | SCORPION GVT                          | WROCŁAW               | POLSKA | M30-39 | 15     | M 31 | 00:13:33           | 00:02:40 | 00:32:00      | 00:00:56 | 00:23:41    |          | 01:12:50.65 | 01:12:50.65 |
| 33   | DAWIDOWICZ MACIEJ    | 28  | BRZOZA BIEGA                          | BRZOZA                | POLSKA | M40-49 | 9      | M 32 | 00:12:48           | 00:02:19 | 00:33:04      | 00:00:51 | 00:23:54    |          | 01:12:56.60 | 01:12:56.60 |
| 34   | BOCIAN ŁUKASZ        | 14  | BOCIAN<br>SPORT&REKREACJA<br>/ F3TEAM | GDAŃSK                | POLSKA | M30-39 | 16     | M 33 | 00:12:25           | 00:02:46 | 00:33:16      | 00:01:15 | 00:23:24    |          | 01:13:06.40 | 01:13:06.40 |
| 35   | GOŁATA WOJCIECH      | 43  | WILCZA WATAHA                         | DĄBROWA<br>CHEŁMIŃSKA | POLSKA | M30-39 | 17     | M 34 | 00:16:28           | 00:02:29 | 00:34:03      | 00:00:57 | 00:20:42    |          | 01:14:39.65 | 01:14:39.65 |
| 36   | HIPNAROWICZ GRZEGORZ | 55  | SPORTTREND.PL                         | BYDGOSZCZ             | POLSKA | M40-49 | 10     | M 35 | 00:13:23           | 00:02:33 | 00:34:03      | 00:01:55 | 00:22:52    |          | 01:14:46.70 | 01:14:46.70 |
| 37   | SIATKOWSKI PAWEŁ     | 153 | OPEN BROKERS<br>TEAM                  | KIELCE                | POLSKA | M30-39 | 18     | M 36 | 00:13:51           | 00:03:10 | 00:36:01      | 00:00:59 | 00:21:31    |          | 01:15:32.15 | 01:15:32.15 |
| 38   | PIEKARSKI WOJTEK     | 142 | TMS                                   | BYDGOSZCZ             | POLSKA | M40-49 | 11     | M 37 | 00:13:53           | 00:03:21 | 00:34:10      | 00:01:22 | 00:22:51    |          | 01:15:37.40 | 01:15:37.40 |
| 39   | NOWICKI BARTOSZ      | 128 | AQUA+                                 | BYDGOSZCZ             | POLSKA | M30-39 | 19     | M 38 | 00:12:40           | 00:02:50 | 00:34:24      | 00:01:03 | 00:24:42    |          | 01:15:39.20 | 01:15:39.20 |
| 40   | BURDYN GRZEGORZ      | 20  | DIVINEBEAUTY /<br>F3TEAM              | GDAŃSK                | POLSKA | M30-39 | 20     | M 39 | 00:15:20           | 00:03:41 | 00:33:46      | 00:00:48 | 00:22:07    |          | 01:15:42.05 | 01:15:42.05 |
| 41   | GIERES WALDEMAR      | 41  | PTT DELTA                             | PŁOCK                 | POLSKA | M50-59 | 2      | M 40 | 00:15:27           | 00:02:33 | 00:33:59      | 00:01:33 | 00:22:17    |          | 01:15:49.05 | 01:15:49.05 |

**OCEAN LAVA TRIATHLON POLSKA - SPRINT, 1 Fala c.d.**

| M-ce | Nazwisko i imię         | Nr  | Klub                                       | M-scowość  | Kraj   | Kat.   | M. kat | K/M  | Pływanie<br>0.75km | T1       | Rower<br>20km | T2       | Bieg<br>5km | Kar/Bon | Netto       | Brutto      |
|------|-------------------------|-----|--------------------------------------------|------------|--------|--------|--------|------|--------------------|----------|---------------|----------|-------------|---------|-------------|-------------|
| 42   | ŁUCZAK PAWEŁ            | 108 | TKKF KOLEJARZ<br>BYDGOSZCZ                 | BYDGOSZCZ  | POLSKA | M50-59 | 3      | M 41 | 00:15:53           | 00:02:45 | 00:34:33      | 00:01:22 | 00:21:22    |         | 01:15:55.55 | 01:15:55.55 |
| 43   | KUBIAK SŁAWOMIR         | 89  |                                            | BYDGOSZCZ  | POLSKA | M50-59 | 4      | M 42 | 00:15:35           | 00:03:00 | 00:34:41      | 00:01:20 | 00:21:23    |         | 01:15:59.70 | 01:15:59.70 |
| 44   | ZIENKIEWICZ MAREK       | 239 | ATOS                                       | MUROWANIEC | POLSKA | M40-49 | 12     | M 43 | 00:14:04           | 00:02:58 | 00:35:16      | 00:01:07 | 00:22:35    |         | 01:16:00.00 | 01:16:00.00 |
| 45   | LISOWSKI ALEKSANDER     | 105 | RAZEM TRENUJEMY<br>SPORT                   | ŁÓDŹ       | POLSKA | M30-39 | 21     | M 44 | 00:15:34           | 00:03:03 | 00:34:38      | 00:01:19 | 00:21:40    |         | 01:16:14.10 | 01:16:14.10 |
| 46   | KAWCZYŃSKI PAWEŁ        | 68  |                                            | GDYNIA     | POLSKA | M30-39 | 22     | M 45 | 00:11:00           | 00:02:34 | 00:34:46      | 00:01:27 | 00:26:30    |         | 01:16:17.15 | 01:16:17.15 |
| 47   | JANUSZKIEWICZ PIOTR     | 59  | PROSIACZEK/HYDR<br>O-BART/JANTUR           | ŁOCHOWO    | POLSKA | M30-39 | 23     | M 46 | 00:14:17           | 00:03:53 | 00:34:46      | 00:01:33 | 00:21:51    |         | 01:16:20.20 | 01:16:20.20 |
| 48   | ŻMICH-FÓRCHANIAK JOANNA | 790 | TRISPACE/TRECK                             |            |        | K40-49 | 1      | K 2  | 00:13:36           | 00:02:53 | 00:35:04      | 00:02:26 | 00:22:36    |         | 01:16:35.40 | 01:16:35.40 |
| 49   | ZIELIŃSKI MACIEJ        | 206 |                                            | BYDGOSZCZ  | POLSKA | M30-39 | 24     | M 47 | 00:15:30           | 00:02:20 | 00:31:14      | 00:01:00 | 00:26:42    |         | 01:16:46.00 | 01:16:46.00 |
| 50   | PAWEŁCZYK KACPER        | 136 | 1987                                       | ŁÓDŹ       | POLSKA | M30-39 | 25     | M 48 | 00:14:41           | 00:03:15 | 00:35:16      | 00:01:47 | 00:21:52    |         | 01:16:51.10 | 01:16:51.10 |
| 51   | SŁOMKA MACIEJ           | 159 | MOŻE I POWOLI<br>ALE ZA TO BYLE<br>JAK     | BYDGOSZCZ  | POLSKA | M30-39 | 26     | M 49 | 00:16:49           | 00:03:43 | 00:32:19      | 00:01:44 | 00:22:17    |         | 01:16:52.00 | 01:16:52.00 |
| 52   | ZAKURZEWSKI TOMASZ      | 203 | BRZOZABIEGA                                | BRZOZA     | POLSKA | M40-49 | 13     | M 50 | 00:13:54           | 00:02:34 | 00:35:25      | 00:02:06 | 00:23:02    |         | 01:17:01.90 | 01:17:01.90 |
| 53   | SMOCZYŃSKI MAREK        | 228 | MBC TEAM                                   | TUCHOLA    | POLSKA | M30-39 | 27     | M 51 | 00:15:12           | 00:03:17 | 00:32:50      | 00:01:42 | 00:24:02    |         | 01:17:03.60 | 01:17:03.60 |
| 54   | FIEGEL WOJCIECH         | 39  | TRISPACE/TREK                              | BYDGOSZCZ  | POLSKA | M40-49 | 14     | M 52 | 00:14:48           | 00:02:32 | 00:33:31      | 00:01:18 | 00:25:05    |         | 01:17:14.80 | 01:17:14.80 |
| 55   | PERLINSKI DAMIAN        | 140 | MOŻE I POWOLI<br>ALE ZA TO BYLE<br>JAK     | BYDGOSZCZ  | POLSKA | M30-39 | 28     | M 53 | 00:16:23           | 00:02:42 | 00:34:00      | 00:01:15 | 00:22:59    |         | 01:17:19.20 | 01:17:19.20 |
| 56   | KĄTNIK JACEK            | 222 |                                            | ŁOCHOWO    | POLSKA | M40-49 | 15     | M 54 | 00:17:06           | 00:02:43 | 00:33:05      | 00:01:53 | 00:22:34    |         | 01:17:21.85 | 01:17:21.85 |
| 57   | BENTKOWSKA NATALIA      | 11  | WITKOWSKITEAM                              | PRĄDOCIN   | POLSKA | K18-29 | 1      | K 3  | 00:13:05           | 00:02:51 | 00:37:52      | 00:01:32 | 00:22:03    |         | 01:17:23.80 | 01:17:23.80 |
| 58   | WROBEL MATEUSX          | 200 | TEAM WROBEL                                | FABIANKI   | POLSKA | M18-29 | 8      | M 55 | 00:17:15           | 00:02:23 | 00:33:02      | 00:00:27 | 00:24:27    |         | 01:17:34.95 | 01:17:34.95 |
| 59   | PILIUKH MARHARYTA       | 235 | TRISPACE/TREK                              | BYDGOSZCZ  | POLSKA | K18-29 | 2      | K 4  | 00:12:16           | 00:02:39 | 00:35:51      | 00:01:01 | 00:25:51    |         | 01:17:38.80 | 01:17:38.80 |
| 60   | POPEK MACIEJ            | 143 | WŁOCLAWEK<br>TRIATHLON TEAM,<br>ANETA TEAM | WŁOCLAWEK  | POLSKA | M40-49 | 16     | M 56 | 00:15:53           | 00:03:31 | 00:34:10      | 00:01:21 | 00:22:53    |         | 01:17:48.95 | 01:17:48.95 |
| 61   | BUGALSKI WOJCIECH       | 19  |                                            | BYDGOSZCZ  | POLSKA | M40-49 | 17     | M 57 | 00:16:14           | 00:02:56 | 00:33:49      | 00:03:46 | 00:21:11    |         | 01:17:56.20 | 01:17:56.20 |
| 62   | KULWICKI KAROL          | 92  |                                            | BYDGOSZCZ  | POLSKA | M30-39 | 29     | M 58 | 00:15:38           | 00:03:04 | 00:32:26      | 00:01:32 | 00:25:23    |         | 01:18:03.40 | 01:18:03.40 |
| 63   | MEYER MACIEJ            | 118 |                                            | BYDGOSZCZ  | POLSKA | M18-29 | 9      | M 59 | 00:16:10           | 00:03:21 | 00:36:26      | 00:02:02 | 00:20:05    |         | 01:18:04.30 | 01:18:04.30 |
| 64   | WIŚNIEWSKI ARNOLD       | 193 |                                            | ŁÓDŹ       | POLSKA | M40-49 | 18     | M 60 | 00:14:40           | 00:05:36 | 00:33:41      | 00:00:56 | 00:23:19    |         | 01:18:12.30 | 01:18:12.30 |
| 65   | SZULC WOJTEK            | 229 | KOCHAM DARIE                               | BYDGOSZCZ  | POLSKA | M50-59 | 5      | M 61 | 00:17:26           | 00:03:11 | 00:32:27      | 00:01:25 | 00:23:54    |         | 01:18:23.30 | 01:18:23.30 |
| 66   | WASILEWSKA MARTYNA      | 185 | AMS BYDGOSZCZ                              | BYDGOSZCZ  | POLSKA | K30-39 | 2      | K 5  | 00:14:44           | 00:02:57 | 00:36:37      | 00:01:18 | 00:22:59    |         | 01:18:35.95 | 01:18:35.95 |
| 67   | TOMASZEWSKI MARCIN      | 175 |                                            | BYDGOSZCZ  | POLSKA | M40-49 | 19     | M 62 | 00:14:45           | 00:02:58 | 00:35:27      | 00:01:49 | 00:23:40    |         | 01:18:39.75 | 01:18:39.75 |
| 68   | URBANIAK DANIEL         | 181 |                                            | GDYNIA     | POLSKA | M40-49 | 20     | M 63 | 00:17:48           | 00:03:56 | 00:34:14      | 00:02:01 | 00:21:01    |         | 01:19:00.90 | 01:19:00.90 |
| 69   | DEMBSKI PATRYK          | 31  | TEAM PATROL                                | BYDGOSZCZ  | POLSKA | M18-29 | 10     | M 64 | 00:09:54           | 00:02:45 | 00:36:22      | 00:01:05 | 00:29:25    |         | 01:19:31.00 | 01:19:31.00 |
| 70   | STACHNIUK PRZEMEK       | 163 | TRISPACE                                   | BYDGOSZCZ  | POLSKA | M40-49 | 21     | M 65 | 00:16:05           | 00:03:16 | 00:34:05      | 00:01:48 | 00:24:22    |         | 01:19:36.50 | 01:19:36.50 |
| 71   | BANAŚ MATEUSZ           | 4   |                                            | GDAŃSK     | POLSKA | M30-39 | 30     | M 66 | 00:18:53           | 00:02:10 | 00:35:50      | 00:02:08 | 00:20:36    |         | 01:19:37.15 | 01:19:37.15 |
| 72   | KAPUSTKA MIROSŁAW       | 66  | KAPUSTRI                                   | POZNAŃ     | POLSKA | M30-39 | 31     | M 67 | 00:15:04           | 00:03:09 | 00:36:54      | 00:01:26 | 00:23:08    |         | 01:19:41.55 | 01:19:41.55 |
| 73   | BRYCKI JAKUB            | 219 | POLONIA BIELANY<br>WROCŁAWSKIE             | WYSOKA     | POLSKA | M18-29 | 11     | M 68 | 00:12:50           | 00:03:29 | 00:37:42      | 00:00:44 | 00:25:07    |         | 01:19:52.10 | 01:19:52.10 |
| 74   | SIUDA MAREK             | 155 | KLINIKA<br>TRIATHLONU<br>BYDGOSZCZ         | BYDGOSZCZ  | POLSKA | M40-49 | 22     | M 69 | 00:14:49           | 00:04:06 | 00:34:09      | 00:01:45 | 00:25:07    |         | 01:19:56.30 | 01:19:56.30 |
| 75   | CIUPA JAROSŁAW          | 25  | ARRK                                       | BYDGOSZCZ  | POLSKA | M40-49 | 23     | M 70 | 00:16:27           | 00:03:31 | 00:34:32      | 00:02:06 | 00:23:24    |         | 01:20:00.10 | 01:20:00.10 |
| 76   | PAWEŁA MARCIN           | 137 |                                            | BYDGOSZCZ  | POLSKA | M30-39 | 32     | M 71 | 00:19:14           | 00:02:37 | 00:33:44      | 00:02:55 | 00:21:32    |         | 01:20:02.20 | 01:20:02.20 |
| 77   | NAGOW MICHAŁ            | 124 |                                            | BYDGOSZCZ  | POLSKA | M40-49 | 24     | M 72 | 00:16:15           | 00:02:54 | 00:36:11      | 00:01:45 | 00:23:01    |         | 01:20:06.00 | 01:20:06.00 |
| 78   | GEHRKE TOMASZ           | 40  | LPN                                        | GDYNIA     | POLSKA | M40-49 | 25     | M 73 | 00:16:44           | 00:03:59 | 00:35:03      | 00:01:38 | 00:22:46    |         | 01:20:10.00 | 01:20:10.00 |
| 79   | WOŹNIAK ANNA            | 198 |                                            | BYDGOSZCZ  | POLSKA | K40-49 | 2      | K 6  | 00:16:31           | 00:02:58 | 00:35:34      | 00:01:22 | 00:24:02    |         | 01:20:27.05 | 01:20:27.05 |
| 80   | GILL DANIEL             | 216 | BOGMAR                                     | BYDGOSZCZ  | POLSKA | M30-39 | 33     | M 74 | 00:15:00           | 00:03:21 | 00:36:55      | 00:01:30 | 00:23:51    |         | 01:20:37.45 | 01:20:37.45 |
| 81   | KRUCZKOWSKI PIOTR       | 220 | KRYSPOORT TEAM                             | BYDGOSZCZ  | POLSKA | M50-59 | 6      | M 75 | 00:17:10           | 00:02:46 | 00:33:49      | 00:00:57 | 00:26:02    |         | 01:20:44.60 | 01:20:44.60 |
| 82   | RADZIEJEWSKI TOMASZ     | 146 |                                            | BYDGOSZCZ  | POLSKA | M30-39 | 34     | M 76 | 00:15:54           | 00:03:53 | 00:36:14      | 00:00:51 | 00:23:54    |         | 01:20:46.90 | 01:20:46.90 |
| 83   | BYRTEK GRZEGORZ         | 22  |                                            | BYDGOSZCZ  | POLSKA | M40-49 | 26     | M 77 | 00:13:18           | 00:03:11 | 00:36:42      | 00:01:08 | 00:26:46    |         | 01:21:05.70 | 01:21:05.70 |
| 84   | WOŹNIAK RADEK           | 199 | BOZITA POLSKA                              | BYDGOSZCZ  | POLSKA | M30-39 | 35     | M 78 | 00:17:00           | 00:03:14 | 00:34:46      | 00:01:39 | 00:24:27    |         | 01:21:06.00 | 01:21:06.00 |
| 85   | BOROWSKI RADOSŁAW       | 15  | MLKS KRAJNA<br>SĘPÓLNO                     | BYDGOSZCZ  | POLSKA | M30-39 | 36     | M 79 | 00:16:59           | 00:02:53 | 00:37:12      | 00:01:25 | 00:22:43    |         | 01:21:12.85 | 01:21:12.85 |

**OCEAN LAVA TRIATHLON POLSKA - SPRINT, 1 Fala c.d.**

| M-ce | Nazwisko i imię            | Nr  | Klub                        | M-scowość      | Kraj   | Kat.   | M. kat | K/M   | Pływanie | T1       | Rower    | T2       | Bieg     | Kar/Bon | Netto       | Brutto      |
|------|----------------------------|-----|-----------------------------|----------------|--------|--------|--------|-------|----------|----------|----------|----------|----------|---------|-------------|-------------|
|      |                            |     |                             |                |        |        |        |       | 0.75km   | 20km     |          | 5km      |          |         |             |             |
| 86   | GRUBICH ARKADIUSZ          | 217 |                             | NIEMCZ         | POLSKA | M40-49 | 27     | M 80  | 00:16:58 | 00:02:55 | 00:35:49 | 00:01:15 | 00:24:18 |         | 01:21:15.15 | 01:21:15.15 |
| 87   | KRAWISZ MACIEJ             | 84  | LP500                       | BYDGOSZCZ      | POLSKA | M40-49 | 28     | M 81  | 00:16:35 | 00:02:40 | 00:35:16 | 00:01:47 | 00:24:58 |         | 01:21:16.55 | 01:21:16.55 |
| 88   | KWIATOŃ MICHAŁ             | 98  |                             | BYDGOSZCZ      | POLSKA | M18-29 | 12     | M 82  | 00:16:21 | 00:03:57 | 00:32:34 | 00:01:26 | 00:27:04 |         | 01:21:22.20 | 01:21:22.20 |
| 89   | SKOWROŃSKI JAROSŁAW        | 157 | KRISS COACHING              | OLSZTYN        | POLSKA | M30-39 | 37     | M 83  | 00:16:21 | 00:03:14 | 00:36:54 | 00:01:01 | 00:24:00 |         | 01:21:30.70 | 01:21:30.70 |
| 90   | WOLSKI TOMASZ              | 196 | BYDGOSZCZ                   | BYDGOSZCZ      | POLSKA | M18-29 | 13     | M 84  | 00:16:40 | 00:03:03 | 00:36:00 | 00:01:29 | 00:24:27 |         | 01:21:39.75 | 01:21:39.75 |
| 91   | SZARLEJ MARCIN             | 170 | PKO BANK POLSKI S.A.        | BYDGOSZCZ      | POLSKA | M30-39 | 38     | M 85  | 00:16:57 | 00:03:10 | 00:35:53 | 00:01:17 | 00:24:28 |         | 01:21:45.05 | 01:21:45.05 |
| 92   | LICZNIERSKA ALINA          | 101 | ZONE3 TEAM                  | PLEWISKA       | POLSKA | K30-39 | 3      | K 7   | 00:17:15 | 00:02:51 | 00:38:28 | 00:01:12 | 00:22:03 |         | 01:21:49.55 | 01:21:49.55 |
| 93   | TWAROWSKI ARKADIUSZ        | 180 |                             | TORUŃ          | POLSKA | M40-49 | 29     | M 86  | 00:14:58 | 00:02:54 | 00:38:27 | 00:01:40 | 00:24:01 |         | 01:22:00.70 | 01:22:00.70 |
| 94   | DRELICH MICHAŁ             | 240 | SEGRUD                      |                | POLSKA | M30-39 | 39     | M 87  | 00:17:01 | 00:03:48 | 00:37:19 | 00:01:51 | 00:22:07 |         | 01:22:06.80 | 01:22:06.80 |
| 95   | JARUSZEWSKI KRZYSZTOF      | 60  | MAJKA TEAM                  | CHEŁMNO        | POLSKA | M40-49 | 30     | M 88  | 00:15:01 | 00:04:50 | 00:33:46 | 00:01:45 | 00:26:49 |         | 01:22:11.90 | 01:22:11.90 |
| 96   | WERNER MICHAŁ              | 190 | GARDENFLORA MTB TEAM        | ŁABISZYN       | POLSKA | M18-29 | 14     | M 89  | 00:18:45 | 00:03:30 | 00:36:55 | 00:01:13 | 00:21:54 |         | 01:22:17.80 | 01:22:17.80 |
| 97   | DĘBIEC ANDRZEJ             | 218 |                             | NIEMCZ         | POLSKA | M30-39 | 40     | M 90  | 00:17:12 | 00:02:44 | 00:36:37 | 00:00:43 | 00:25:04 |         | 01:22:20.75 | 01:22:20.75 |
| 98   | WASILEWSKA-MICHALAK AGATA  | 186 | AMS                         | OSÓWIEC        | POLSKA | K30-39 | 4      | K 8   | 00:15:26 | 00:03:25 | 00:37:19 | 00:01:26 | 00:24:59 |         | 01:22:35.45 | 01:22:35.45 |
| 99   | DUDEK KRZYSZTOF            | 221 | POLONIA BIELANY WROCŁAWSKIE | ŚLĘZA          | POLSKA | M18-29 | 15     | M 91  | 00:13:30 | 00:03:53 | 00:37:16 | 00:01:27 | 00:26:32 |         | 01:22:38.55 | 01:22:38.55 |
| 100  | SKORECKI ALEKSANDER        | 156 | BYDGOSZCZ TRIATHLON TEAM    | BYDGOSZCZ      | POLSKA | M18-29 | 16     | M 92  | 00:14:05 | 00:02:48 | 00:35:11 | 00:00:56 | 00:29:53 |         | 01:22:53.60 | 01:22:53.60 |
| 101  | ZIÓŁKOWSKI KRZYSZTOF       | 171 |                             | BYDGOSZCZ      | POLSKA | M30-39 | 41     | M 93  | 00:15:36 | 00:02:23 | 00:39:23 | 00:01:23 | 00:24:10 |         | 01:22:55.80 | 01:22:55.80 |
| 102  | TACIAK DAWID               | 174 | ATOS/KLINIKA TRIATHLONU     | BYDGOSZCZ      | POLSKA | M30-39 | 42     | M 94  | 00:16:46 | 00:03:57 | 00:36:20 | 00:01:35 | 00:24:21 |         | 01:22:59.45 | 01:22:59.45 |
| 103  | SKRZYNIARZ HUBERT          | 158 | #CIAGLA_WALKĄ_Z_BMI         | ŁOCHOWO        | POLSKA | M30-39 | 43     | M 95  | 00:16:25 | 00:04:00 | 00:34:22 | 00:01:42 | 00:26:31 |         | 01:23:00.20 | 01:23:00.20 |
| 104  | KUŹMA WOJTEK               | 94  |                             | BYDGOSZCZ      | POLSKA | M50-59 | 7      | M 96  | 00:16:54 | 00:02:35 | 00:36:33 | 00:00:57 | 00:26:20 |         | 01:23:19.50 | 01:23:19.50 |
| 105  | KUCHARCZYK MICHAŁ          | 139 | KS POLONIA BIELANY          | WROCŁAW        | POLSKA | M18-29 | 17     | M 97  | 00:18:37 | 00:04:04 | 00:38:02 | 00:00:33 | 00:22:12 |         | 01:23:28.80 | 01:23:28.80 |
| 106  | LESZCZYŃSKI MARCIN         | 99  | BYDGOSZCZ TRIATHLON TEAM    | BYDGOSZCZ      | POLSKA | M18-29 | 18     | M 98  | 00:16:50 | 00:03:12 | 00:37:13 | 00:01:44 | 00:24:31 |         | 01:23:30.60 | 01:23:30.60 |
| 107  | HENDRZAK SYLWESTER         | 54  | MISYL RUN TEAM              | ŁUBIANKA       | POLSKA | M30-39 | 44     | M 99  | 00:20:05 | 00:04:11 | 00:36:38 | 00:00:58 | 00:21:50 |         | 01:23:42.60 | 01:23:42.60 |
| 108  | GUSS RAFAŁ                 | 48  | ARRK                        | TUCHOLA        | POLSKA | M18-29 | 19     | M 100 | 00:18:12 | 00:04:13 | 00:36:39 | 00:00:51 | 00:23:49 |         | 01:23:44.85 | 01:23:44.85 |
| 109  | WARCZAK KATARZYNA          | 215 | TEAMOCHAL                   | BYDGOSZCZ      | POLSKA | K30-39 | 5      | K 9   | 00:14:12 | 00:03:24 | 00:38:30 | 00:01:31 | 00:26:14 |         | 01:23:51.10 | 01:23:51.10 |
| 110  | GREJCZYK ALAN              | 123 |                             | BYDGOSZCZ      | POLSKA | M18-29 | 20     | M 101 | 00:19:14 | 00:03:27 | 00:35:44 | 00:01:28 | 00:24:00 |         | 01:23:53.20 | 01:23:53.20 |
| 111  | KOWALSKI MAREK             | 82  | REKINY OSIELSKO             | NIEMCZ         | POLSKA | M40-49 | 31     | M 102 | 00:15:24 | 00:02:35 | 00:39:13 | 00:02:24 | 00:24:19 |         | 01:23:55.55 | 01:23:55.55 |
| 112  | DOBRZAŃSKI DARIUSZ         | 34  | 3GRAVITY                    | BYDGOSZCZ      | POLSKA | M18-29 | 21     | M 103 | 00:15:13 | 00:04:06 | 00:35:40 | 00:01:24 | 00:27:35 |         | 01:23:58.50 | 01:23:58.50 |
| 113  | DULIŃSKI JACEK             | 37  |                             | NIEMCZ         | POLSKA | M40-49 | 32     | M 104 | 00:16:58 | 00:04:14 | 00:36:30 | 00:01:39 | 00:25:02 |         | 01:24:23.40 | 01:24:23.40 |
| 114  | ŁATKA MARCIN               | 107 |                             | BYDGOSZCZ      | POLSKA | M40-49 | 33     | M 105 | 00:14:25 | 00:03:06 | 00:39:05 | 00:01:35 | 00:26:23 |         | 01:24:34.95 | 01:24:34.95 |
| 115  | JAKUBOWSKA-OLECH EDYTA     | 232 | AMATOR ŚWIECIE              | ŚWIECIE        | POLSKA | K50-59 | 1      | K 10  | 00:18:18 | 00:03:07 | 00:37:41 | 00:01:08 | 00:24:45 |         | 01:24:59.90 | 01:24:59.90 |
| 116  | DULIŃSKA DOROTA            | 36  | TRISPACE                    | NIEMCZ         | POLSKA | K40-49 | 3      | K 11  | 00:16:36 | 00:02:23 | 00:38:12 | 00:01:30 | 00:26:20 |         | 01:25:01.95 | 01:25:01.95 |
| 117  | CZAJKOWSKA NATALIA         | 26  |                             | BYDGOSZCZ      | POLSKA | K18-29 | 3      | K 12  | 00:13:25 | 00:03:20 | 00:36:23 | 00:01:51 | 00:30:05 |         | 01:25:04.80 | 01:25:04.80 |
| 118  | NAWROCKI MARCIN            | 125 | DELIKATESY RYBNE FISHKA.PL  | BYDGOSZCZ      | POLSKA | M30-39 | 45     | M 106 | 00:16:20 | 00:04:25 | 00:37:36 | 00:01:24 | 00:25:25 |         | 01:25:10.60 | 01:25:10.60 |
| 119  | MIKA-HOFFMANN MAGDALENA    | 122 | BRZYSKI TRI TEAM            | KRAKÓW         | POLSKA | K40-49 | 4      | K 13  | 00:16:51 | 00:03:13 | 00:38:18 | 00:01:11 | 00:25:37 |         | 01:25:10.75 | 01:25:10.75 |
| 120  | LIPNIEWICZ PAWEŁ           | 104 | LIPNE MUMIE                 | KOSZALIN       | POLSKA | M30-39 | 46     | M 107 | 00:19:12 | 00:03:34 | 00:33:37 | 00:01:09 | 00:27:42 |         | 01:25:14.00 | 01:25:14.00 |
| 121  | TRZĄSKOWSKI TOMASZ         | 177 |                             | BYDGOSZCZ      | POLSKA | M30-39 | 47     | M 108 | 00:14:34 | 00:04:54 | 00:36:42 | 00:01:50 | 00:27:22 |         | 01:25:22.45 | 01:25:22.45 |
| 122  | KULIŃSKI GRZEGORZ          | 91  |                             | BYDGOSZCZ      | POLSKA | M18-29 | 22     | M 109 | 00:16:42 | 00:03:18 | 00:39:11 | 00:00:47 | 00:25:35 |         | 01:25:33.10 | 01:25:33.10 |
| 123  | OLECH JACEK                | 233 |                             | ŚWIECIE        | POLSKA | M40-49 | 34     | M 110 | 00:19:45 | 00:03:30 | 00:36:05 | 00:00:45 | 00:25:31 |         | 01:25:36.00 | 01:25:36.00 |
| 124  | KIEŁPIŃSKI MIKOŁAJ         | 69  |                             | BYDGOSZCZ      | POLSKA | M18-29 | 23     | M 111 | 00:13:59 | 00:03:28 | 00:38:40 | 00:01:14 | 00:28:25 |         | 01:25:46.35 | 01:25:46.35 |
| 125  | KARCZEWSKI FILIP           | 67  |                             | BYDGOSZCZ      | POLSKA | M30-39 | 48     | M 112 | 00:17:54 | 00:03:05 | 00:36:18 | 00:01:08 | 00:27:22 |         | 01:25:47.65 | 01:25:47.65 |
| 126  | KLINOWSKI RADOSŁAW         | 72  | GALACTICA                   | BYDGOSZCZ      | POLSKA | M30-39 | 49     | M 113 | 00:20:25 | 00:03:56 | 00:37:50 | 00:01:48 | 00:21:58 |         | 01:25:57.85 | 01:25:57.85 |
| 127  | MACIEJEWSKI TOMASZ         | 111 | NORMOBARIC                  | BYDGOSZCZ      | POLSKA | M18-29 | 24     | M 114 | 00:17:48 | 00:02:11 | 00:40:32 | 00:02:15 | 00:23:16 |         | 01:26:02.15 | 01:26:02.15 |
| 128  | TUREK MARTA                | 178 | TRIBA BOSIR BARCIN          | ŻNIN           | POLSKA | K30-39 | 6      | K 14  | 00:17:58 | 00:03:29 | 00:36:18 | 00:01:11 | 00:27:06 |         | 01:26:02.20 | 01:26:02.20 |
| 129  | KRUCZKOWSKA - LASSAK ANITA | 85  | CHŁOPAKI TO MY              | STRZELCE GÓRNE | POLSKA | K30-39 | 7      | K 15  | 00:18:14 | 00:03:15 | 00:38:23 | 00:01:32 | 00:24:46 |         | 01:26:10.70 | 01:26:10.70 |

**OCEAN LAVA TRIATHLON POLSKA - SPRINT, 1 Fala c.d.**

| M-ce | Nazwisko i imię      | Nr  | Klub                            | M-scowość                    | Kraj    | Kat.   | M. kat | K/M   | Pływanie | T1       | Rower    | T2       | Bieg     | Kar/Bon | Netto       | Brutto      |
|------|----------------------|-----|---------------------------------|------------------------------|---------|--------|--------|-------|----------|----------|----------|----------|----------|---------|-------------|-------------|
|      |                      |     |                                 |                              |         |        |        |       | 0.75km   | 20km     |          | 5km      |          |         |             |             |
| 130  | KOSMALA-SZULC DARIA  | 214 | KOCHAM WOJTKA                   | BYDGOSZCZ                    | POLSKA  | K30-39 | 8      | K 16  | 00:16:56 | 00:03:35 | 00:37:44 | 00:01:14 | 00:26:43 |         | 01:26:12.90 | 01:26:12.90 |
| 131  | RASZLIŃSKA MARIOLA   | 147 |                                 | BYDGOSZCZ                    | POLSKA  | K50-59 | 2      | K 17  | 00:17:11 | 00:03:09 | 00:38:02 | 00:01:37 | 00:26:14 |         | 01:26:13.95 | 01:26:13.95 |
| 132  | RIVAT EMMANUEL       | 212 |                                 | BIALE BLOTA                  | FRANCJA | M40-49 | 35     | M 115 | 00:16:10 | 00:04:02 | 00:37:06 | 00:01:25 | 00:27:35 |         | 01:26:18.65 | 01:26:18.65 |
| 133  | MACIEJCZYK MICHAŁ    | 110 |                                 | PISZ                         | POLSKA  | M30-39 | 50     | M 116 | 00:13:37 | 00:02:45 | 00:36:52 | 00:01:50 | 00:31:24 |         | 01:26:28.90 | 01:26:28.90 |
| 134  | MALINOWSKI ARTUR     | 113 |                                 | MAKSYMILIANOWO               | POLSKA  | M50-59 | 8      | M 117 | 00:18:50 | 00:04:18 | 00:36:09 | 00:01:43 | 00:25:40 |         | 01:26:40.35 | 01:26:40.35 |
| 135  | STRYCZYŃSKI MAREK    | 166 | TRISPACE                        | BYDGOSZCZ                    | POLSKA  | M30-39 | 51     | M 118 | 00:16:30 | 00:03:15 | 00:38:53 | 00:01:21 | 00:26:46 |         | 01:26:45.35 | 01:26:45.35 |
| 136  | KLINKOWSKI MATEUSZ   | 71  | DECATHLON TRIATHLON TEAM        | BYDGOSZCZ                    | POLSKA  | M18-29 | 25     | M 119 | 00:15:26 | 00:02:44 | 00:36:33 | 00:01:21 | 00:30:46 |         | 01:26:50.90 | 01:26:50.90 |
| 137  | OSAK PAWEŁ           | 129 |                                 | BYDGOSZCZ                    | POLSKA  | M30-39 | 52     | M 120 | 00:17:07 | 00:04:02 | 00:37:53 | 00:01:15 | 00:26:53 |         | 01:27:10.05 | 01:27:10.05 |
| 138  | ROŚ SŁAWEK           | 148 |                                 | BYDGOSZCZ / NOWA WIEŚ WIELKA | POLSKA  | M30-39 | 53     | M 121 | 00:16:41 | 00:03:54 | 00:37:58 | 00:01:10 | 00:27:31 |         | 01:27:14.30 | 01:27:14.30 |
| 139  | BEJFUS ŁUKASZ        | 9   | LEŚNY PARK KULTURY I WYPOCZYNKU | BYDGOSZCZ                    | POLSKA  | M18-29 | 26     | M 122 | 00:18:26 | 00:03:06 | 00:36:38 | 00:01:11 | 00:27:58 |         | 01:27:19.50 | 01:27:19.50 |
| 140  | BEJFUS MATEUSZ       | 10  |                                 | BYDGOSZCZ                    | POLSKA  | M18-29 | 27     | M 123 | 00:17:23 | 00:03:35 | 00:37:13 | 00:01:07 | 00:28:02 |         | 01:27:20.30 | 01:27:20.30 |
| 141  | CZAPLICKI WOJCIECH   | 211 |                                 | WARSZAWA                     | POLSKA  | M40-49 | 36     | M 124 | 00:19:38 | 00:02:21 | 00:39:44 | 00:02:11 | 00:23:47 |         | 01:27:41.60 | 01:27:41.60 |
| 142  | MARTYNOWICZ MARIA    | 115 | TRISPACE                        | BRZOZA                       | POLSKA  | K40-49 | 5      | K 18  | 00:19:24 | 00:03:34 | 00:37:52 | 00:01:39 | 00:25:25 |         | 01:27:54.55 | 01:27:54.55 |
| 143  | MAZURKIEWICZ PIOTR   | 116 |                                 | DOBRCZ                       | POLSKA  | M40-49 | 37     | M 125 | 00:20:13 | 00:04:10 | 00:37:29 | 00:01:21 | 00:24:44 |         | 01:27:57.10 | 01:27:57.10 |
| 144  | BOROWSKI ŁUKASZ      | 16  | LADYSI TEAM                     | BYDGOSZCZ                    | POLSKA  | M40-49 | 38     | M 126 | 00:17:13 | 00:03:22 | 00:37:44 | 00:01:40 | 00:28:02 |         | 01:28:01.50 | 01:28:01.50 |
| 145  | IWAŃCZYK MARCIN      | 57  | CB163                           | NOWA WIEŚ WIELKA             | POLSKA  | M30-39 | 54     | M 127 | 00:16:09 | 00:04:47 | 00:37:18 | 00:01:44 | 00:28:09 |         | 01:28:07.65 | 01:28:07.65 |
| 146  | OSUCH MIRKA          | 132 |                                 | GRUDZIĄDZ                    | POLSKA  | K50-59 | 3      | K 19  | 00:17:58 | 00:03:11 | 00:37:51 | 00:01:26 | 00:27:44 |         | 01:28:10.65 | 01:28:10.65 |
| 147  | SŁOMSKI MARCIN       | 160 | TRIATHLON KONSULTING TEAM       | MAKSYMILIANOWO               | POLSKA  | M30-39 | 55     | M 128 | 00:16:23 | 00:04:01 | 00:40:49 | 00:01:00 | 00:25:59 |         | 01:28:12.25 | 01:28:12.25 |
| 148  | GRUBA JACEK          | 45  |                                 | BRZOZA                       | POLSKA  | M50-59 | 9      | M 129 | 00:18:01 | 00:04:07 | 00:37:12 | 00:01:39 | 00:27:15 |         | 01:28:14.60 | 01:28:14.60 |
| 149  | KLISZEWSKI DAMIAN    | 73  |                                 | BYDGOSZCZ                    | POLSKA  | M40-49 | 39     | M 130 | 00:17:49 | 00:02:10 | 00:39:44 | 00:01:28 | 00:27:17 |         | 01:28:28.20 | 01:28:28.20 |
| 150  | PELANT HANNA         | 138 | WICHER ROSNÓWKO                 | ROSNÓWKO                     | POLSKA  | K18-29 | 4      | K 20  | 00:18:35 | 00:03:27 | 00:42:14 | 00:01:43 | 00:22:34 |         | 01:28:33.30 | 01:28:33.30 |
| 151  | PRZYBYTKOWSKI MAREK  | 145 |                                 | BYDGOSZCZ                    | POLSKA  | M18-29 | 28     | M 131 | 00:24:57 | 00:04:56 | 00:35:37 | 00:01:32 | 00:22:07 |         | 01:29:09.40 | 01:29:09.40 |
| 152  | BORUCKI MARCIN       | 17  |                                 | ŚWIECIE                      | POLSKA  | M30-39 | 56     | M 132 | 00:15:55 | 00:04:33 | 00:38:56 | 00:01:31 | 00:28:16 |         | 01:29:11.60 | 01:29:11.60 |
| 153  | RYBCZYŃSKI ŁUKASZ    | 213 |                                 | BARCIN                       | POLSKA  | M18-29 | 29     | M 133 | 00:16:51 | 00:03:56 | 00:41:08 | 00:01:42 | 00:25:37 |         | 01:29:14.15 | 01:29:14.15 |
| 154  | OSTRZYCKI SŁAWOMIR   | 131 | TRISPACE/TREK                   | BYDGOSZCZ                    | POLSKA  | M30-39 | 57     | M 134 | 00:16:57 | 00:03:57 | 00:39:13 | 00:01:31 | 00:27:38 |         | 01:29:16.15 | 01:29:16.15 |
| 155  | RYBAK MARIUSZ        | 150 | SISU-OWB TEAM                   | MAŁE RUDY                    | POLSKA  | M40-49 | 40     | M 135 | 00:15:27 | 00:03:40 | 00:40:23 | 00:00:45 | 00:29:02 |         | 01:29:17.05 | 01:29:17.05 |
| 156  | ADLER FILIP          | 1   |                                 | BYDGOSZCZ                    | POLSKA  | M18-29 | 30     | M 136 | 00:17:17 | 00:03:20 | 00:41:09 | 00:02:13 | 00:25:18 |         | 01:29:17.85 | 01:29:17.85 |
| 157  | KAMIŃSKA AGNIESZKA   | 65  | SAN ESCOBAR TRIATHLON TEAM      | BYDGOSZCZ                    | POLSKA  | K40-49 | 6      | K 21  | 00:17:45 | 00:04:27 | 00:37:38 | 00:01:13 | 00:28:28 |         | 01:29:31.10 | 01:29:31.10 |
| 158  | BARANOWICZ BARTOSZ   | 5   | TMS GLOBART                     | BYDGOSZCZ                    | POLSKA  | M40-49 | 41     | M 137 | 00:14:10 | 00:03:52 | 00:39:06 | 00:01:46 | 00:30:40 |         | 01:29:34.45 | 01:29:34.45 |
| 159  | ZUPA MARTYNA         | 209 | SISU-OWB TEAM                   | BYDGOSZCZ                    | POLSKA  | K18-29 | 5      | K 22  | 00:14:53 | 00:03:39 | 00:41:02 | 00:01:23 | 00:28:44 |         | 01:29:41.55 | 01:29:41.55 |
| 160  | ZIELIŃSKI RADOSŁAW   | 204 |                                 | BYDGOSZCZ                    | POLSKA  | M30-39 | 58     | M 138 | 00:19:13 | 00:03:43 | 00:36:02 | 00:02:01 | 00:28:43 |         | 01:29:42.20 | 01:29:42.20 |
| 161  | KOSIŃSKI ROBERT      | 77  | NOKIA BYDGOSZCZ                 | PAKOŚĆ                       | POLSKA  | M30-39 | 59     | M 139 | 00:15:51 | 00:03:08 | 00:38:00 | 00:01:31 | 00:31:13 |         | 01:29:43.45 | 01:29:43.45 |
| 162  | PAPIEROWSKI PIOTR    | 134 |                                 | BYDGOSZCZ                    | POLSKA  | M30-39 | 60     | M 140 | 00:18:44 | 00:02:45 | 00:39:13 | 00:00:53 | 00:28:19 |         | 01:29:54.05 | 01:29:54.05 |
| 163  | WOZNAK TOMASZ        | 197 |                                 | GDANSK                       | POLSKA  | M40-49 | 42     | M 141 | 00:19:31 | 00:04:32 | 00:40:26 | 00:01:30 | 00:23:56 |         | 01:29:55.50 | 01:29:55.50 |
| 164  | KOTOWSKI JACEK       | 79  |                                 | BYDGOSZCZ                    | POLSKA  | M40-49 | 43     | M 142 | 00:18:54 | 00:03:27 | 00:35:03 | 00:01:37 | 00:31:47 |         | 01:30:48.85 | 01:30:48.85 |
| 165  | MERING MARTA         | 117 | TRISPACE                        | BYDGOSZCZ                    | POLSKA  | K30-39 | 9      | K 23  | 00:21:24 | 00:01:01 | 00:42:51 | 00:01:43 | 00:23:54 |         | 01:30:53.60 | 01:30:53.60 |
| 166  | KWIATOŃ AGATA        | 97  |                                 | WARSZAWA                     | POLSKA  | K30-39 | 10     | K 24  | 00:16:27 | 00:05:07 | 00:40:32 | 00:03:02 | 00:25:51 |         | 01:30:59.75 | 01:30:59.75 |
| 167  | RZENTKOWSKI GRZEGORZ | 151 |                                 | BYDGOSZCZ                    | POLSKA  | M40-49 | 44     | M 143 | 00:19:16 | 00:04:06 | 00:38:30 | 00:02:18 | 00:26:57 |         | 01:31:07.75 | 01:31:07.75 |
| 168  | MIEKCYŃSKI ARTUR     | 120 | POLONIA BYDGOSZCZ               | ZIELONCZYN                   | POLSKA  | M30-39 | 61     | M 144 | 00:19:49 | 00:03:40 | 00:38:01 | 00:01:09 | 00:29:03 |         | 01:31:42.50 | 01:31:42.50 |
| 169  | KRYZAN IRMA          | 87  |                                 | POZNAŃ                       | POLSKA  | K18-29 | 6      | K 25  | 00:16:11 | 00:03:47 | 00:43:40 | 00:01:00 | 00:27:21 |         | 01:31:59.90 | 01:31:59.90 |
| 170  | ..                   | 776 |                                 | 1 FALA                       | POLSKA  | K18-29 | 1      | K 26  | 00:18:02 | 00:04:47 | 00:35:26 | 00:01:44 | 00:32:14 |         | 01:32:13.40 | 01:32:13.40 |
| 171  | SMIETANA MIROSLAW    | 161 |                                 | DOBRCZ                       | POLSKA  | M60-69 | 1      | M 145 | 00:20:35 | 00:04:40 | 00:41:35 | 00:01:15 | 00:24:08 |         | 01:32:13.80 | 01:32:13.80 |
| 172  | GWIZDAŁA ADAM        | 50  | BUKOWIEC                        | BUKOWIEC                     | POLSKA  | M30-39 | 62     | M 146 | 00:20:46 | 00:03:11 | 00:38:38 | 00:00:46 | 00:28:57 |         | 01:32:18.25 | 01:32:18.25 |
| 173  | KADOW RYSZARD        | 64  | TRISPACE                        | BYDGOSZCZ                    | POLSKA  | M40-49 | 45     | M 147 | 00:21:51 | 00:03:59 | 00:28:09 | 00:01:52 | 00:36:32 |         | 01:32:23.90 | 01:32:23.90 |
| 174  | MIĘTKIEWICZ RAFAŁ    | 121 | SPÓJNIA BIAŁE BŁOTA             | BIAŁOŚLIWIE                  | POLSKA  | M18-29 | 31     | M 148 | 00:23:08 | 00:03:39 | 00:40:07 | 00:00:56 | 00:24:34 |         | 01:32:24.25 | 01:32:24.25 |
| 175  | TURNO SZYMON         | 179 | TURBO TEAM                      | UNISŁAW                      | POLSKA  | M40-49 | 46     | M 149 | 00:17:53 | 00:04:30 | 00:39:16 | 00:01:01 | 00:29:46 |         | 01:32:26.40 | 01:32:26.40 |
| 176  | FALCONNETH CHRIS     | 38  |                                 | TORUN                        | POLSKA  | M30-39 | 63     | M 150 | 00:19:00 | 00:04:04 | 00:41:27 | 00:01:10 | 00:27:06 |         | 01:32:47.50 | 01:32:47.50 |

**OCEAN LAVA TRIATHLON POLSKA - SPRINT, 1 Fala c.d.**

| M-ce | Nazwisko i imię          | Nr  | Klub                          | M-scowość       | Kraj          | Kat.   | M. kat | K/M   | Pływanie | T1       | Rower    | T2       | Bieg     | Kar/Bon | Netto       | Brutto      |
|------|--------------------------|-----|-------------------------------|-----------------|---------------|--------|--------|-------|----------|----------|----------|----------|----------|---------|-------------|-------------|
|      |                          |     |                               |                 |               |        |        |       | 0.75km   | 20km     |          | 5km      |          |         |             |             |
| 177  | BILSKA MAGDA             | 12  | CHŁOPAKI TO MY                | GDANSK          | POLSKA        | K30-39 | 11     | K 26  | 00:17:50 | 00:04:00 | 00:41:32 | 00:01:24 | 00:28:02 |         | 01:32:48.00 | 01:32:48.00 |
| 178  | STĘPIEŃ MICHAŁ           | 164 |                               | BYDGOSZCZ       | POLSKA        | M30-39 | 64     | M 151 | 00:20:00 | 00:03:44 | 00:41:26 | 00:01:06 | 00:26:42 |         | 01:32:58.30 | 01:32:58.30 |
| 179  | SPRYSZYŃSKA MAGDALENA    | 162 | TRIRODZINKA.PL                | BYDGOSZCZ       | POLSKA        | K30-39 | 12     | K 27  | 00:19:02 | 00:03:20 | 00:42:34 | 00:01:08 | 00:26:58 |         | 01:33:02.90 | 01:33:02.90 |
| 180  | NITKA DOMINIKA           | 126 |                               | BYDGOSZCZ       | POLSKA        | K18-29 | 7      | K 28  | 00:15:03 | 00:03:32 | 00:42:31 | 00:01:15 | 00:30:43 |         | 01:33:04.70 | 01:33:04.70 |
| 181  | SZURNICKA GOSIA          | 172 | 1972                          | DREŻEWO         | POLSKA        | K40-49 | 7      | K 29  | 00:19:16 | 00:04:06 | 00:38:41 | 00:02:59 | 00:29:02 |         | 01:34:04.40 | 01:34:04.40 |
| 182  | JUREK KRZYSZTOF          | 63  |                               | NIEMCZ          | POLSKA        | M50-59 | 10     | M 152 | 00:15:57 | 00:04:26 | 00:43:18 | 00:00:55 | 00:29:32 |         | 01:34:08.70 | 01:34:08.70 |
| 183  | JUCHACZ MICHAŁ           | 62  | DZIKI Z BALCZEWA              | INOWROCLAW      | POLSKA        | M40-49 | 47     | M 153 | 00:20:28 | 00:02:56 | 00:46:05 | 00:00:54 | 00:24:24 |         | 01:34:47.20 | 01:34:47.20 |
| 184  | SENSKI PRZEMYSŁAW        | 152 |                               | BYDGOSZCZ       | POLSKA        | M30-39 | 65     | M 154 | 00:16:53 | 00:04:01 | 00:40:55 | 00:02:10 | 00:30:55 |         | 01:34:54.05 | 01:34:54.05 |
| 185  | BINDEK ŁUKASZ            | 13  |                               | KĘSOWO          | POLSKA        | M30-39 | 66     | M 155 | 00:16:22 | 00:05:44 | 00:44:41 | 00:01:32 | 00:26:46 |         | 01:35:05.00 | 01:35:05.00 |
| 186  | PASTWA DONATA            | 135 | TRISPACE                      | BYDGOSZCZ       | POLSKA        | K40-49 | 8      | K 30  | 00:23:20 | 00:04:04 | 00:41:51 | 00:01:36 | 00:24:56 |         | 01:35:47.10 | 01:35:47.10 |
| 187  | RUTKOWSKA VIRGINIA       | 149 | ATOS/KLINIKA TRIATHLONU       | BYDGOSZCZ       | POLSKA        | K30-39 | 13     | K 31  | 00:18:47 | 00:04:08 | 00:41:53 | 00:01:34 | 00:29:34 |         | 01:35:56.15 | 01:35:56.15 |
| 188  | HRYNIEWICZ AGNIESZKA     | 56  |                               | ŁÓDŹ            | POLSKA        | K30-39 | 14     | K 32  | 00:17:34 | 00:05:10 | 00:43:31 | 00:01:07 | 00:28:38 |         | 01:36:00.85 | 01:36:00.85 |
| 189  | SIEKIERKA ROBERT         | 154 | AS BOX                        | BYDGOSZCZ       | POLSKA        | M40-49 | 48     | M 156 | 00:21:42 | 00:04:40 | 00:40:54 | 00:01:01 | 00:27:57 |         | 01:36:14.50 | 01:36:14.50 |
| 190  | HARTMAN JOANNA           | 53  |                               | LUBOMIA         | POLSKA        | K30-39 | 15     | K 33  | 00:20:42 | 00:03:36 | 00:39:17 | 00:01:28 | 00:31:38 |         | 01:36:41.90 | 01:36:41.90 |
| 191  | PETRENKO HRYHORII        | 141 | ARRK                          | BYDGOSZCZ       | ПОЛЬША        | M18-29 | 32     | M 157 | 00:22:29 | 00:04:19 | 00:19:11 | 00:01:14 | 00:49:45 |         | 01:36:58.55 | 01:36:58.55 |
| 192  | KOCZOROWSKA KAMILA       | 74  |                               | BYDGOSZCZ       | POLSKA        | K30-39 | 16     | K 34  | 00:18:55 | 00:03:23 | 00:41:02 | 00:01:11 | 00:33:02 |         | 01:37:33.70 | 01:37:33.70 |
| 193  | KWIATKOWSKI WALDEMAR     | 96  |                               | BYDGOSZCZ       | POLSKA        | M30-39 | 67     | M 158 | 00:17:52 | 00:03:49 | 00:43:53 | 00:01:01 | 00:31:31 |         | 01:38:06.55 | 01:38:06.55 |
| 194  | WEDEŁ AGNIESZKA          | 188 |                               | BYDGOSZCZ       | POLSKA        | K30-39 | 17     | K 35  | 00:16:53 | 00:03:24 | 00:43:10 | 00:01:06 | 00:33:51 |         | 01:38:24.35 | 01:38:24.35 |
| 195  | URBAŃSKI JANUSZ          | 183 | TRISPACE                      | BYDGOSZCZ       | POLSKA        | M50-59 | 11     | M 159 | 00:18:22 | 00:05:17 | 00:38:11 | 00:02:25 | 00:35:28 |         | 01:39:43.05 | 01:39:43.05 |
| 196  | KRYSPIN MARTA ALEKSANDRA | 86  | STOMIL TRAINING / V RUNNER    | GRUDZIĄDZ       | POLSKA        | K30-39 | 18     | K 36  | 00:20:48 | 00:04:49 | 00:41:23 | 00:02:00 | 00:31:05 |         | 01:40:05.45 | 01:40:05.45 |
| 197  | WĘGRZYŃSKA OLIVIA        | 191 |                               | BYDGOSZCZ       | POLSKA        | K18-29 | 8      | K 37  | 00:22:02 | 00:03:25 | 00:42:46 | 00:02:04 | 00:30:21 |         | 01:40:38.95 | 01:40:38.95 |
| 198  | WĘGRZYŃSKI PIOTR         | 192 |                               | BYDGOSZCZ       | POLSKA        | M40-49 | 49     | M 160 | 00:22:05 | 00:03:36 | 00:38:38 | 00:02:07 | 00:34:13 |         | 01:40:39.00 | 01:40:39.00 |
| 199  | OŚIŃSKI ADAM             | 130 |                               | BYDGOSZCZ       | POLSKA        | M40-49 | 50     | M 161 | 00:22:33 | 00:05:39 | 00:39:49 | 00:01:40 | 00:31:19 |         | 01:41:00.30 | 01:41:00.30 |
| 200  | WŁÓDARCZAK BARBARA       | 195 | TRISPACE                      | BYDGOSZCZ       | POLSKA        | K50-59 | 4      | K 38  | 00:22:24 | 00:03:09 | 00:42:55 | 00:01:28 | 00:31:07 |         | 01:41:03.35 | 01:41:03.35 |
| 201  | GÓRNIKIEWICZ PIOTR       | 44  |                               | POZNAŃ          | POLSKA        | M30-39 | 68     | M 162 | 00:21:06 | 00:05:24 | 00:43:04 | 00:01:38 | 00:30:42 |         | 01:41:54.55 | 01:41:54.55 |
| 202  | DĄBKOWSKA WIOLETA        | 29  | OSTROŁĘKA                     | OLSZEWO-BORKI   | POLSKA        | K30-39 | 19     | K 39  | 00:19:07 | 00:04:59 | 00:42:16 | 00:01:24 | 00:34:28 |         | 01:42:14.45 | 01:42:14.45 |
| 203  | DĄBROWSKI BARTOSZ        | 30  | SPORTOWA PASJA                | BYDGOSZCZ       | POLSKA        | M30-39 | 69     | M 163 | 00:20:01 | 00:05:30 | 00:46:12 | 00:01:08 | 00:29:59 |         | 01:42:50.65 | 01:42:50.65 |
| 204  | BUDNICKI KRZYSZTOF       | 18  |                               | BYDGOSZCZ       | POLSKA        | M40-49 | 51     | M 164 | 00:24:36 | 00:05:04 | 00:41:46 | 00:01:46 | 00:30:04 |         | 01:43:16.25 | 01:43:16.25 |
| 205  | KLIMEK PRZEMYSŁAW        | 70  |                               | BYDGOSZCZ       | POLSKA        | M18-29 | 33     | M 165 | 00:18:21 | 00:04:28 | 00:49:27 | 00:00:51 | 00:30:59 |         | 01:44:06.35 | 01:44:06.35 |
| 206  | HAC MONIKA               | 51  |                               | ŁÓDŹ            | POLSKA        | K40-49 | 9      | K 40  | 00:18:05 | 00:05:22 | 00:45:19 | 00:03:07 | 00:33:12 |         | 01:45:05.60 | 01:45:05.60 |
| 207  | JĘDRUSZCZAK PRZEMYSŁAW   | 61  |                               | LUBLIN          | POLSKA        | M18-29 | 34     | M 166 | 00:24:52 | 00:05:04 | 00:43:22 | 00:01:04 | 00:31:31 |         | 01:45:53.70 | 01:45:53.70 |
| 208  | ŁUKOMSKI DAWID           | 109 | GARDENFLORA MTB TEAM          | BYDGOSZCZ       | POLSKA        | M18-29 | 35     | M 167 | 00:24:00 | 00:04:08 | 00:43:21 | 00:01:27 | 00:33:00 |         | 01:45:56.95 | 01:45:56.95 |
| 209  | ŚLIZOWSKA PAULINA        | 173 |                               | BOCHNIA         | POLSKA        | K30-39 | 20     | K 41  | 00:18:32 | 00:06:19 | 00:48:01 | 00:01:21 | 00:32:28 |         | 01:46:41.65 | 01:46:41.65 |
| 210  | SZABO-MOSKAŁ JADWIGA     | 168 |                               | BORÓWNO         | POLSKA        | K50-59 | 5      | K 42  | 00:21:38 | 00:04:30 | 00:50:08 | 00:01:03 | 00:31:19 |         | 01:48:38.10 | 01:48:38.10 |
| 211  | CHMIEL DOROTA            | 23  | PTT DELTA                     | NOWY DUNINÓW    | POLSKA        | K50-59 | 6      | K 43  | 00:18:40 | 00:04:37 | 00:47:16 | 00:01:17 | 00:37:09 |         | 01:48:59.65 | 01:48:59.65 |
| 212  | DETLAF MARIUSZ           | 33  |                               | MAKSYMILIANOWO  | POLSKA        | M30-39 | 70     | M 168 | 00:26:04 | 00:03:32 | 00:42:26 | 00:01:26 | 00:35:50 |         | 01:49:18.45 | 01:49:18.45 |
| 213  | PALACZ MIROSLAW          | 133 |                               | BYDGOSZCZ       | POLSKA        | M50-59 | 12     | M 169 | 00:28:35 | 00:04:02 | 00:42:22 | 00:01:27 | 00:34:29 |         | 01:50:55.65 | 01:50:55.65 |
| 214  | WYSŁOUCH SEBASTIAN       | 201 | AMATOR                        | ZAKOPANE        | POLSKA        | M40-49 | 52     | M 170 | 00:21:04 | 00:06:08 | 00:44:38 | 00:01:48 | 00:40:01 |         | 01:53:39.75 | 01:53:39.75 |
| 215  | GWIAZDOWSKI KRZYSZTOF    | 49  |                               | BYDGOSZCZ       | POLSKA        | M40-49 | 53     | M 171 | 00:16:57 | 00:04:18 |          |          |          |         |             |             |
| 216  | LIPIŃSKI MICHAŁ          | 103 |                               | ZIELONKA        | POLSKA        | M40-49 | 54     | M 172 |          |          |          |          |          |         |             |             |
| DNC  | MARTIN ADAM              | 227 | WILDCATS SWISS TRIATHLON TEAM | PALMERSON NORTH | NOWA ZELANDIA | M18-29 |        | DNC   | 00:09:06 | 00:01:46 | 00:46:55 | 00:01:05 | 00:17:09 |         | 01:16:01.25 | 01:16:01.25 |

**OCEAN LAVA TRIATHLON POLSKA - SPRINT, K18-29**

| M-ce | Nazwisko i imię    | Nr  | Klub            | M-scowość | Kraj   | Kat.   | M. kat | K/M  | Pływanie | T1       | Rower    | T2       | Bieg     | Kar/Bon | Netto       | Brutto      |
|------|--------------------|-----|-----------------|-----------|--------|--------|--------|------|----------|----------|----------|----------|----------|---------|-------------|-------------|
|      |                    |     |                 |           |        |        |        |      | 0.75km   | 20km     |          | 5km      |          |         |             |             |
| 1    | BENTKOWSKA NATALIA | 11  | WITKOWSKITEAM   | PRĄDOCIN  | POLSKA | K18-29 | 1      | K 3  | 00:13:05 | 00:02:51 | 00:37:52 | 00:01:32 | 00:22:03 |         | 01:17:23.80 | 01:17:23.80 |
| 2    | PILIUKH MARHARYTA  | 235 | TRISPACE/TREK   | BYDGOSZCZ | POLSKA | K18-29 | 2      | K 4  | 00:12:16 | 00:02:39 | 00:35:51 | 00:01:01 | 00:25:51 |         | 01:17:38.80 | 01:17:38.80 |
| 3    | CZAJKOWSKA NATALIA | 26  |                 | BYDGOSZCZ | POLSKA | K18-29 | 3      | K 12 | 00:13:25 | 00:03:20 | 00:36:23 | 00:01:51 | 00:30:05 |         | 01:25:04.80 | 01:25:04.80 |
| 4    | PELANT HANNA       | 138 | WICHER ROSNÓWKO | ROSNÓWKO  | POLSKA | K18-29 | 4      | K 20 | 00:18:35 | 00:03:27 | 00:42:14 | 00:01:43 | 00:22:34 |         | 01:28:33.30 | 01:28:33.30 |

**OCEAN LAVA TRIATHLON POLSKA - SPRINT, K18-29 c.d.**

| M-ce | Nazwisko i imię   | Nr  | Klub          | M-scowość | Kraj   | Kat.   | M. kat | K/M  | Pływanie<br>0.75km | T1       | Rower<br>20km | T2       | Bieg<br>5km | Kar/Bon | Netto       | Brutto      |
|------|-------------------|-----|---------------|-----------|--------|--------|--------|------|--------------------|----------|---------------|----------|-------------|---------|-------------|-------------|
| 5    | ZUPA MARTYNA      | 209 | SISU-OWB TEAM | BYDGOSZCZ | POLSKA | K18-29 | 5      | K 22 | 00:14:53           | 00:03:39 | 00:41:02      | 00:01:23 | 00:28:44    |         | 01:29:41.55 | 01:29:41.55 |
| 6    | KRYZAN IRMA       | 87  | POZNAŃ        | POZNAŃ    | POLSKA | K18-29 | 6      | K 25 | 00:16:11           | 00:03:47 | 00:43:40      | 00:01:00 | 00:27:21    |         | 01:31:59.90 | 01:31:59.90 |
| 7    | NITKA DOMINIKA    | 126 | BYDGOSZCZ     | BYDGOSZCZ | POLSKA | K18-29 | 7      | K 28 | 00:15:03           | 00:03:32 | 00:42:31      | 00:01:15 | 00:30:43    |         | 01:33:04.70 | 01:33:04.70 |
| 8    | WĘGRZYŃSKA OLIWIA | 191 | BYDGOSZCZ     | BYDGOSZCZ | POLSKA | K18-29 | 8      | K 37 | 00:22:02           | 00:03:25 | 00:42:46      | 00:02:04 | 00:30:21    |         | 01:40:38.95 | 01:40:38.95 |

**OCEAN LAVA TRIATHLON POLSKA - SPRINT, M18-29**

| M-ce | Nazwisko i imię     | Nr  | Klub                                  | M-scowość   | Kraj   | Kat.   | M. kat | K/M   | Pływanie<br>0.75km | T1       | Rower<br>20km | T2       | Bieg<br>5km | Kar/Bon | Netto       | Brutto      |
|------|---------------------|-----|---------------------------------------|-------------|--------|--------|--------|-------|--------------------|----------|---------------|----------|-------------|---------|-------------|-------------|
| 1    | URBAŃSKI MICHAŁ     | 182 | TRISPACE                              | OSIELSKO    | POLSKA | M18-29 | 1      | M 1   | 00:09:29           | 00:02:10 | 00:31:35      | 00:00:52 | 00:19:50    |         | 01:03:56.15 | 01:03:56.15 |
| 2    | ZIELIŃSKI NICOLAS   | 205 | OLIMPIASPORT.PL                       | BYDGOSZCZ   | POLSKA | M18-29 | 2      | M 7   | 00:12:22           | 00:02:26 | 00:31:04      | 00:01:07 | 00:19:21    |         | 01:06:20.35 | 01:06:20.35 |
| 3    | WITKOWSKI MATEUSZ   | 194 | JW 1223                               | KOSZALIN    | POLSKA | M18-29 | 3      | M 11  | 00:14:36           | 00:02:15 | 00:32:48      | 00:00:54 | 00:16:52    |         | 01:07:25.75 | 01:07:25.75 |
| 4    | SAWIEŁAJC JAKUB     | 238 | FUJI KRYSPO<br>TEAM                   | BYDGOSZCZ   | POLSKA | M18-29 | 4      | M 12  | 00:11:14           | 00:02:11 | 00:32:22      | 00:01:07 | 00:21:14    |         | 01:08:08.15 | 01:08:08.15 |
| 5    | KOTŁOWSKI BARTOSZ   | 78  | LKS OSTROMECKO                        | BYDGOSZCZ   | POLSKA | M18-29 | 5      | M 13  | 00:14:32           | 00:01:59 | 00:33:19      | 00:01:29 | 00:16:51    |         | 01:08:10.05 | 01:08:10.05 |
| 6    | BASIŃSKI ŁUKASZ     | 6   | OLIMPIASPORT.PL                       | BYDGOSZCZ   | POLSKA | M18-29 | 6      | M 21  | 00:14:04           | 00:01:55 | 00:32:16      | 00:01:44 | 00:20:29    |         | 01:10:28.80 | 01:10:28.80 |
| 7    | DERDA PIOTR         | 32  | BYDGOSZCZ                             | BYDGOSZCZ   | POLSKA | M18-29 | 7      | M 30  | 00:14:30           | 00:02:40 | 00:32:42      | 00:01:29 | 00:21:06    |         | 01:12:27.45 | 01:12:27.45 |
| 8    | WROBEL MATEUSX      | 200 | TEAM WROBEL                           | FABIANKI    | POLSKA | M18-29 | 8      | M 55  | 00:17:15           | 00:02:23 | 00:33:02      | 00:00:27 | 00:24:27    |         | 01:17:34.95 | 01:17:34.95 |
| 9    | MEYER MACIEJ        | 118 | BYDGOSZCZ                             | BYDGOSZCZ   | POLSKA | M18-29 | 9      | M 59  | 00:16:10           | 00:03:21 | 00:36:26      | 00:02:02 | 00:20:05    |         | 01:18:04.30 | 01:18:04.30 |
| 10   | DEMBSKI PATRYK      | 31  | TEAM PATROL                           | BYDGOSZCZ   | POLSKA | M18-29 | 10     | M 64  | 00:09:54           | 00:02:45 | 00:36:22      | 00:01:05 | 00:29:25    |         | 01:19:31.00 | 01:19:31.00 |
| 11   | BRYCKI JAKUB        | 219 | POLONIA BIELANY<br>WROCLAWSKIE        | WYSOKA      | POLSKA | M18-29 | 11     | M 68  | 00:12:50           | 00:03:29 | 00:37:42      | 00:00:44 | 00:25:07    |         | 01:19:52.10 | 01:19:52.10 |
| 12   | KWIATOŃ MICHAŁ      | 98  | BYDGOSZCZ                             | BYDGOSZCZ   | POLSKA | M18-29 | 12     | M 82  | 00:16:21           | 00:03:57 | 00:32:34      | 00:01:26 | 00:27:04    |         | 01:21:22.20 | 01:21:22.20 |
| 13   | WOLSKI TOMASZ       | 196 | BYDGOSZCZ<br>TRIATHLON TEAM           | BYDGOSZCZ   | POLSKA | M18-29 | 13     | M 84  | 00:16:40           | 00:03:03 | 00:36:00      | 00:01:29 | 00:24:27    |         | 01:21:39.75 | 01:21:39.75 |
| 14   | WERNER MICHAŁ       | 190 | GARDENFLORA<br>MTB TEAM               | ŁABISZYN    | POLSKA | M18-29 | 14     | M 89  | 00:18:45           | 00:03:30 | 00:36:55      | 00:01:13 | 00:21:54    |         | 01:22:17.80 | 01:22:17.80 |
| 15   | DUDEK KRZYSZTOF     | 221 | POLONIA BIELANY<br>WROCLAWSKIE        | ŚLĘZA       | POLSKA | M18-29 | 15     | M 91  | 00:13:30           | 00:03:53 | 00:37:16      | 00:01:27 | 00:26:32    |         | 01:22:38.55 | 01:22:38.55 |
| 16   | SKORECKI ALEKSANDER | 156 | BYDGOSZCZ<br>TRIATHLON TEAM           | BYDGOSZCZ   | POLSKA | M18-29 | 16     | M 92  | 00:14:05           | 00:02:48 | 00:35:11      | 00:00:56 | 00:29:53    |         | 01:22:53.60 | 01:22:53.60 |
| 17   | KUCHARCZYK MICHAŁ   | 139 | KS POLONIA<br>BIELANY                 | WROCLAW     | POLSKA | M18-29 | 17     | M 97  | 00:18:37           | 00:04:04 | 00:38:02      | 00:00:33 | 00:22:12    |         | 01:23:28.80 | 01:23:28.80 |
| 18   | LESZCZYŃSKI MARCIN  | 99  | BYDGOSZCZ<br>TRIATHLON TEAM           | BYDGOSZCZ   | POLSKA | M18-29 | 18     | M 98  | 00:16:50           | 00:03:12 | 00:37:13      | 00:01:44 | 00:24:31    |         | 01:23:30.60 | 01:23:30.60 |
| 19   | GUSS RAFAŁ          | 48  | ARRK                                  | TUCHOLA     | POLSKA | M18-29 | 19     | M 100 | 00:18:12           | 00:04:13 | 00:36:39      | 00:00:51 | 00:23:49    |         | 01:23:44.85 | 01:23:44.85 |
| 20   | GREJCZYK ALAN       | 123 | BYDGOSZCZ                             | BYDGOSZCZ   | POLSKA | M18-29 | 20     | M 101 | 00:19:14           | 00:03:27 | 00:35:44      | 00:01:28 | 00:24:00    |         | 01:23:53.20 | 01:23:53.20 |
| 21   | DOBRZAŃSKI DARIUSZ  | 34  | 3GRAVITY                              | BYDGOSZCZ   | POLSKA | M18-29 | 21     | M 103 | 00:15:13           | 00:04:06 | 00:35:40      | 00:01:24 | 00:27:35    |         | 01:23:58.50 | 01:23:58.50 |
| 22   | KULIŃSKI GRZEGORZ   | 91  | BYDGOSZCZ                             | BYDGOSZCZ   | POLSKA | M18-29 | 22     | M 109 | 00:16:42           | 00:03:18 | 00:39:11      | 00:00:47 | 00:25:35    |         | 01:25:33.10 | 01:25:33.10 |
| 23   | KIELPIŃSKI MIKOŁAJ  | 69  | BYDGOSZCZ                             | BYDGOSZCZ   | POLSKA | M18-29 | 23     | M 111 | 00:13:59           | 00:03:28 | 00:38:40      | 00:01:14 | 00:28:25    |         | 01:25:46.35 | 01:25:46.35 |
| 24   | MACIEJEWSKI TOMASZ  | 111 | NORMOBARIC                            | BYDGOSZCZ   | POLSKA | M18-29 | 24     | M 114 | 00:17:48           | 00:02:11 | 00:40:32      | 00:02:15 | 00:23:16    |         | 01:26:02.15 | 01:26:02.15 |
| 25   | KLIMKOWSKI MATEUSZ  | 71  | DECATHLON<br>TRIATHLON TEAM           | BYDGOSZCZ   | POLSKA | M18-29 | 25     | M 119 | 00:15:26           | 00:02:44 | 00:36:33      | 00:01:21 | 00:30:46    |         | 01:26:50.90 | 01:26:50.90 |
| 26   | BEJFUS ŁUKASZ       | 9   | LEŚNY PARK<br>KULTURY I<br>WYPOCZYNKU | BYDGOSZCZ   | POLSKA | M18-29 | 26     | M 122 | 00:18:26           | 00:03:06 | 00:36:38      | 00:01:11 | 00:27:58    |         | 01:27:19.50 | 01:27:19.50 |
| 27   | BEJFUS MATEUSZ      | 10  | BYDGOSZCZ                             | BYDGOSZCZ   | POLSKA | M18-29 | 27     | M 123 | 00:17:23           | 00:03:35 | 00:37:13      | 00:01:07 | 00:28:02    |         | 01:27:20.30 | 01:27:20.30 |
| 28   | PRZYBYTKOWSKI MAREK | 145 | BYDGOSZCZ                             | BYDGOSZCZ   | POLSKA | M18-29 | 28     | M 131 | 00:24:57           | 00:04:56 | 00:35:37      | 00:01:32 | 00:22:07    |         | 01:29:09.40 | 01:29:09.40 |
| 29   | RYBCZYŃSKI ŁUKASZ   | 213 | BARCIN                                | BARCIN      | POLSKA | M18-29 | 29     | M 133 | 00:16:51           | 00:03:56 | 00:41:08      | 00:01:42 | 00:25:37    |         | 01:29:14.15 | 01:29:14.15 |
| 30   | ADLER FILIP         | 1   | BYDGOSZCZ                             | BYDGOSZCZ   | POLSKA | M18-29 | 30     | M 136 | 00:17:17           | 00:03:20 | 00:41:09      | 00:02:13 | 00:25:18    |         | 01:29:17.85 | 01:29:17.85 |
| 31   | MIĘTKIEWICZ RAFAŁ   | 121 | SPÓJNIA BIAŁE<br>BŁOTA                | BIAŁOŚLIWIE | POLSKA | M18-29 | 31     | M 148 | 00:23:08           | 00:03:39 | 00:40:07      | 00:00:56 | 00:24:34    |         | 01:32:24.25 | 01:32:24.25 |
| 32   | PETRENKO HRYHORII   | 141 | ARRK                                  | BYDGOSZCZ   | ПОЛЬША | M18-29 | 32     | M 157 | 00:22:29           | 00:04:19 | 00:19:11      | 00:01:14 | 00:49:45    |         | 01:36:58.55 | 01:36:58.55 |
| 33   | KLIMEK PRZEMYSŁAW   | 70  | BYDGOSZCZ                             | BYDGOSZCZ   | POLSKA | M18-29 | 33     | M 165 | 00:18:21           | 00:04:28 | 00:49:27      | 00:00:51 | 00:30:59    |         | 01:44:06.35 | 01:44:06.35 |



**OCEAN LAVA TRIATHLON POLSKA - SPRINT, M18-29 c.d.**

| M-ce | Nazwisko i imię        | Nr  | Klub                             | M-scowość       | Kraj             | Kat.   | M. kat | K/M   | Pływanie<br>0.75km | T1       | Rower<br>20km | T2       | Bieg<br>5km | Kar/Bon | Netto       | Brutto      |
|------|------------------------|-----|----------------------------------|-----------------|------------------|--------|--------|-------|--------------------|----------|---------------|----------|-------------|---------|-------------|-------------|
| 34   | JĘDRUSZCZAK PRZEMYSŁAW | 61  |                                  | LUBLIN          | POLSKA           | M18-29 | 34     | M 166 | 00:24:52           | 00:05:04 | 00:43:22      | 00:01:04 | 00:31:31    |         | 01:45:53.70 | 01:45:53.70 |
| 35   | ŁUKOMSKI DAWID         | 109 | GARDENFLORA<br>MTB TEAM          | BYDGOSZCZ       | POLSKA           | M18-29 | 35     | M 167 | 00:24:00           | 00:04:08 | 00:43:21      | 00:01:27 | 00:33:00    |         | 01:45:56.95 | 01:45:56.95 |
| DNC  | MARTIN ADAM            | 227 | WILDCATS SWISS<br>TRIATHLON TEAM | PALMERSON NORTH | NOWA<br>ZELANDIA | M18-29 | DNC    | DNC   | 00:09:06           | 00:01:46 | 00:46:55      | 00:01:05 | 00:17:09    |         | 01:16:01.25 | 01:16:01.25 |

**OCEAN LAVA TRIATHLON POLSKA - SPRINT, K30-39**

| M-ce | Nazwisko i imię             | Nr  | Klub                          | M-scowość      | Kraj   | Kat.   | M. kat | K/M  | Pływanie<br>0.75km | T1       | Rower<br>20km | T2       | Bieg<br>5km | Kar/Bon | Netto       | Brutto      |
|------|-----------------------------|-----|-------------------------------|----------------|--------|--------|--------|------|--------------------|----------|---------------|----------|-------------|---------|-------------|-------------|
| 1    | KOWALSKA ANGELIKA           | 237 | TRISPACE                      | BYDGOSZCZ      | POLSKA | K30-39 | 1      | K 1  | 00:13:50           | 00:02:17 | 00:33:17      | 00:00:49 | 00:21:56    |         | 01:12:09.05 | 01:12:09.05 |
| 2    | WASILEWSKA MARTYNA          | 185 | AMS BYDGOSZCZ                 | BYDGOSZCZ      | POLSKA | K30-39 | 2      | K 5  | 00:14:44           | 00:02:57 | 00:36:37      | 00:01:18 | 00:22:59    |         | 01:18:35.95 | 01:18:35.95 |
| 3    | LICZNIERSKA ALINA           | 101 | ZONE3 TEAM                    | PLEWISKA       | POLSKA | K30-39 | 3      | K 7  | 00:17:15           | 00:02:51 | 00:38:28      | 00:01:12 | 00:22:03    |         | 01:21:49.55 | 01:21:49.55 |
| 4    | WASILEWSKA-MICHALAK AGATA   | 186 | AMS                           | OSÓWIEC        | POLSKA | K30-39 | 4      | K 8  | 00:15:26           | 00:03:25 | 00:37:19      | 00:01:26 | 00:24:59    |         | 01:22:35.45 | 01:22:35.45 |
| 5    | WARCZAK KATARZYNA           | 215 | TEAMOCHAL                     | BYDGOSZCZ      | POLSKA | K30-39 | 5      | K 9  | 00:14:12           | 00:03:24 | 00:38:30      | 00:01:31 | 00:26:14    |         | 01:23:51.10 | 01:23:51.10 |
| 6    | TUREK MARTA                 | 178 | TRIBA BOSIR<br>BARCIN         | ŻNIN           | POLSKA | K30-39 | 6      | K 14 | 00:17:58           | 00:03:29 | 00:36:18      | 00:01:11 | 00:27:06    |         | 01:26:02.20 | 01:26:02.20 |
| 7    | KRUCZKOWSKA - LASSAK ANITA  | 85  | CHŁOPAKI TO MY                | STRZELCE GÓRNE | POLSKA | K30-39 | 7      | K 15 | 00:18:14           | 00:03:15 | 00:38:23      | 00:01:32 | 00:24:46    |         | 01:26:10.70 | 01:26:10.70 |
| 8    | KOSMALA-SZULC DARIA         | 214 | KOCHAM WOJTKA                 | BYDGOSZCZ      | POLSKA | K30-39 | 8      | K 16 | 00:16:56           | 00:03:35 | 00:37:44      | 00:01:14 | 00:26:43    |         | 01:26:12.90 | 01:26:12.90 |
| 9    | MERING MARTA                | 117 | TRISPACE                      | BYDGOSZCZ      | POLSKA | K30-39 | 9      | K 23 | 00:21:24           | 00:01:01 | 00:42:51      | 00:01:43 | 00:23:54    |         | 01:30:53.60 | 01:30:53.60 |
| 10   | KWIATOŃ AGATA               | 97  |                               | WARSZAWA       | POLSKA | K30-39 | 10     | K 24 | 00:16:27           | 00:05:07 | 00:40:32      | 00:03:02 | 00:25:51    |         | 01:30:59.75 | 01:30:59.75 |
| 11   | BILSKA MAGDA                | 12  | CHŁOPAKI TO MY                | GDANSK         | POLSKA | K30-39 | 11     | K 26 | 00:17:50           | 00:04:00 | 00:41:32      | 00:01:24 | 00:28:02    |         | 01:32:48.00 | 01:32:48.00 |
| 12   | SPRYSZYŃSKA MAGDALENA       | 162 | TRIRODZINKA.PL                | BYDGOSZCZ      | POLSKA | K30-39 | 12     | K 27 | 00:19:02           | 00:03:20 | 00:42:34      | 00:01:08 | 00:26:58    |         | 01:33:02.90 | 01:33:02.90 |
| 13   | RUTKOWSKA VIRGINIA          | 149 | ATOS/KLINIKA<br>TRIATHLONU    | BYDGOSZCZ      | POLSKA | K30-39 | 13     | K 31 | 00:18:47           | 00:04:08 | 00:41:53      | 00:01:34 | 00:29:34    |         | 01:35:56.15 | 01:35:56.15 |
| 14   | HRYNIEWICZ AGNIESZKA        | 56  |                               | ŁÓDŹ           | POLSKA | K30-39 | 14     | K 32 | 00:17:34           | 00:05:10 | 00:43:31      | 00:01:07 | 00:28:38    |         | 01:36:00.85 | 01:36:00.85 |
| 15   | HARTMAN JOANNA              | 53  |                               | LUBOMIA        | POLSKA | K30-39 | 15     | K 33 | 00:20:42           | 00:03:36 | 00:39:17      | 00:01:28 | 00:31:38    |         | 01:36:41.90 | 01:36:41.90 |
| 16   | KOCZOROWSKA KAMILA          | 74  |                               | BYDGOSZCZ      | POLSKA | K30-39 | 16     | K 34 | 00:18:55           | 00:03:23 | 00:41:02      | 00:01:11 | 00:33:02    |         | 01:37:33.70 | 01:37:33.70 |
| 17   | WEDEŁ AGNIESZKA             | 188 |                               | BYDGOSZCZ      | POLSKA | K30-39 | 17     | K 35 | 00:16:53           | 00:03:24 | 00:43:10      | 00:01:06 | 00:33:51    |         | 01:38:24.35 | 01:38:24.35 |
| 18   | KRYSPIŃSKA MARTA ALEKSANDRA | 86  | STOMIL TRAINING /<br>V RUNNER | GRUDZIĄDZ      | POLSKA | K30-39 | 18     | K 36 | 00:20:48           | 00:04:49 | 00:41:23      | 00:02:00 | 00:31:05    |         | 01:40:05.45 | 01:40:05.45 |
| 19   | DĄBKOWSKA WIOLETA           | 29  | OSTROŁĘKA                     | OLSZEWO-BORKI  | POLSKA | K30-39 | 19     | K 39 | 00:19:07           | 00:04:59 | 00:42:16      | 00:01:24 | 00:34:28    |         | 01:42:14.45 | 01:42:14.45 |
| 20   | ŚLIZOWSKA PAULINA           | 173 |                               | BOCHNIA        | POLSKA | K30-39 | 20     | K 41 | 00:18:32           | 00:06:19 | 00:48:01      | 00:01:21 | 00:32:28    |         | 01:46:41.65 | 01:46:41.65 |

**OCEAN LAVA TRIATHLON POLSKA - SPRINT, M30-39**

| M-ce | Nazwisko i imię     | Nr  | Klub                          | M-scowość  | Kraj   | Kat.   | M. kat | K/M  | Pływanie<br>0.75km | T1       | Rower<br>20km | T2       | Bieg<br>5km | Kar/Bon  | Netto       | Brutto      |
|------|---------------------|-----|-------------------------------|------------|--------|--------|--------|------|--------------------|----------|---------------|----------|-------------|----------|-------------|-------------|
| 1    | KUBIŃSKI JAKUB      | 90  | ENEA BYDGOSZCZ<br>TRIATHLON   | BYDGOSZCZ  | POLSKA | M30-39 | 1      | M 2  | 00:11:08           | 00:02:01 | 00:30:57      | 00:00:57 | 00:19:38    | 00:00:10 | 01:04:41.00 | 01:04:41.00 |
| 2    | BEDNARCZYK TOMASZ   | 8   | BIKE U UP                     | GDYNIA     | POLSKA | M30-39 | 2      | M 3  | 00:11:12           | 00:02:05 | 00:31:43      | 00:00:56 | 00:19:03    |          | 01:04:59.05 | 01:04:59.05 |
| 3    | LEWANDOWSKI MACIEJ  | 100 | TRIDEA TEAM                   | GDYNIA     | POLSKA | M30-39 | 3      | M 5  | 00:10:56           | 00:02:10 | 00:30:53      | 00:01:06 | 00:20:43    |          | 01:05:48.10 | 01:05:48.10 |
| 4    | WASZTYL MICHAŁ      | 187 | ZONE3 TEAM /<br>WITKOWO BIEGA | POWIDZ     | POLSKA | M30-39 | 4      | M 8  | 00:11:29           | 00:02:07 | 00:32:11      | 00:00:52 | 00:19:59    |          | 01:06:38.95 | 01:06:38.95 |
| 5    | ŚLIWIŃSKI ŁUKASZ    | 223 | LKS BOGMAR<br>OSTROMECKO      | OSTROMECKO | POLSKA | M30-39 | 5      | M 10 | 00:13:19           | 00:02:01 | 00:30:35      | 00:00:49 | 00:20:23    |          | 01:07:07.00 | 01:07:07.00 |
| 6    | SZAŁKOWSKI ŁUKASZ   | 169 | UKS CITYZEN /BE3              | POZNAŃ     | POLSKA | M30-39 | 6      | M 14 | 00:12:18           | 00:02:43 | 00:31:22      | 00:01:44 | 00:20:11    |          | 01:08:18.90 | 01:08:18.90 |
| 7    | KOZAR KAROL         | 83  | POLISH<br>TRIATHLETES IN UK   | SWINDON    | POLSKA | M30-39 | 7      | M 15 | 00:12:48           | 00:02:43 | 00:31:21      | 00:01:53 | 00:19:39    |          | 01:08:24.95 | 01:08:24.95 |
| 8    | LITWINIUK KRZYSZTOF | 106 | KRISS COACHING                | BARTĄG     | POLSKA | M30-39 | 8      | M 17 | 00:12:55           | 00:02:20 | 00:31:39      | 00:01:05 | 00:21:06    |          | 01:09:05.20 | 01:09:05.20 |

**OCEAN LAVA TRIATHLON POLSKA - SPRINT, M30-39 c.d.**

| M-ce | Nazwisko i imię      | Nr  | Klub                                   | M-scowość             | Kraj   | Kat.   | M. kat | K/M   | Pływanie<br>0.75km | T1       | Rower<br>20km | T2       | Bieg<br>5km | Kar/Bon | Netto       | Brutto      |
|------|----------------------|-----|----------------------------------------|-----------------------|--------|--------|--------|-------|--------------------|----------|---------------|----------|-------------|---------|-------------|-------------|
| 9    | GOŚCINIAK MICHAŁ     | 127 | 3GRAVITY                               | BYDGOSZCZ             | POLSKA | M30-39 | 9      | M 19  | 00:13:37           | 00:02:58 | 00:33:07      | 00:00:44 | 00:19:16    |         | 01:09:42.00 | 01:09:42.00 |
| 10   | KOŁAKOWSKI TOMASZ    | 75  |                                        | BYDGOSZCZ             | POLSKA | M30-39 | 10     | M 25  | 00:15:25           | 00:02:34 | 00:33:13      | 00:01:06 | 00:19:17    |         | 01:11:35.90 | 01:11:35.90 |
| 11   | LICZNIERSKI MAREK    | 102 | TRIATHLONISTA.CO<br>M/ ZONE3 TEAM      | PLEWISKA              | POLSKA | M30-39 | 11     | M 26  | 00:12:21           | 00:01:58 | 00:34:42      | 00:01:27 | 00:21:10    |         | 01:11:38.85 | 01:11:38.85 |
| 12   | HOPPE TOMASZ         | 21  | CB163 BTT<br>TRISPACE                  | BYDGOSZCZ             | POLSKA | M30-39 | 12     | M 27  | 00:14:18           | 00:02:50 | 00:32:18      | 00:02:03 | 00:20:17    |         | 01:11:46.40 | 01:11:46.40 |
| 13   | MICHALSKI MICHAŁ     | 119 |                                        | BYDGOSZCZ             | POLSKA | M30-39 | 13     | M 28  | 00:13:10           | 00:02:11 | 00:33:15      | 00:01:05 | 00:22:24    |         | 01:12:05.15 | 01:12:05.15 |
| 14   | BINKOWSKI ADRIAN     | 210 | PROFESSIONALHR/<br>CB163               | GZIN                  | POLSKA | M30-39 | 14     | M 29  | 00:14:09           | 00:02:31 | 00:32:28      | 00:01:51 | 00:21:26    |         | 01:12:25.90 | 01:12:25.90 |
| 15   | SAWICKI ARKADIUSZ    | 230 | SCORPION GVT                           | WROCŁAW               | POLSKA | M30-39 | 15     | M 31  | 00:13:33           | 00:02:40 | 00:32:00      | 00:00:56 | 00:23:41    |         | 01:12:50.65 | 01:12:50.65 |
| 16   | BOCIAN ŁUKASZ        | 14  | BOCIAN<br>SPORT&REKREACJA<br>/ F3TEAM  | GDAŃSK                | POLSKA | M30-39 | 16     | M 33  | 00:12:25           | 00:02:46 | 00:33:16      | 00:01:15 | 00:23:24    |         | 01:13:06.40 | 01:13:06.40 |
| 17   | GOŁATA WOJCIECH      | 43  | WILCZA WATAHA                          | DĄBROWA<br>CHEŁMIŃSKA | POLSKA | M30-39 | 17     | M 34  | 00:16:28           | 00:02:29 | 00:34:03      | 00:00:57 | 00:20:42    |         | 01:14:39.65 | 01:14:39.65 |
| 18   | SIATKOWSKI PAWEŁ     | 153 | OPEN BROKERS<br>TEAM                   | KIELCE                | POLSKA | M30-39 | 18     | M 36  | 00:13:51           | 00:03:10 | 00:36:01      | 00:00:59 | 00:21:31    |         | 01:15:32.15 | 01:15:32.15 |
| 19   | NOWICKI BARTOSZ      | 128 | AQUA+                                  | BYDGOSZCZ             | POLSKA | M30-39 | 19     | M 38  | 00:12:40           | 00:02:50 | 00:34:24      | 00:01:03 | 00:24:42    |         | 01:15:39.20 | 01:15:39.20 |
| 20   | BURDYN GRZEGORZ      | 20  | DIVINEBEAUTY /<br>F3TEAM               | GDAŃSK                | POLSKA | M30-39 | 20     | M 39  | 00:15:20           | 00:03:41 | 00:33:46      | 00:00:48 | 00:22:07    |         | 01:15:42.05 | 01:15:42.05 |
| 21   | LISOWSKI ALEKSANDER  | 105 | RAZEM TRENUJEMY<br>SPORT               | ŁÓDŹ                  | POLSKA | M30-39 | 21     | M 44  | 00:15:34           | 00:03:03 | 00:34:38      | 00:01:19 | 00:21:40    |         | 01:16:14.10 | 01:16:14.10 |
| 22   | KAWCZYŃSKI PAWEŁ     | 68  |                                        | GDYNIA                | POLSKA | M30-39 | 22     | M 45  | 00:11:00           | 00:02:34 | 00:34:46      | 00:01:27 | 00:26:30    |         | 01:16:17.15 | 01:16:17.15 |
| 23   | JANUSZKIEWICZ PIOTR  | 59  | PROSIACZEK/HYDR<br>O-BART/JANTUR       | ŁOCHOWO               | POLSKA | M30-39 | 23     | M 46  | 00:14:17           | 00:03:53 | 00:34:46      | 00:01:33 | 00:21:51    |         | 01:16:20.20 | 01:16:20.20 |
| 24   | ZIELIŃSKI MACIEJ     | 206 |                                        | BYDGOSZCZ             | POLSKA | M30-39 | 24     | M 47  | 00:15:30           | 00:02:20 | 00:31:14      | 00:01:00 | 00:26:42    |         | 01:16:46.00 | 01:16:46.00 |
| 25   | PAWEŁCZYK KACPER     | 136 | 1987                                   | ŁÓDŹ                  | POLSKA | M30-39 | 25     | M 48  | 00:14:41           | 00:03:15 | 00:35:16      | 00:01:47 | 00:21:52    |         | 01:16:51.10 | 01:16:51.10 |
| 26   | SŁOMKA MACIEJ        | 159 | MOŻE I POWOLI<br>ALE ZA TO BYLE<br>JAK | BYDGOSZCZ             | POLSKA | M30-39 | 26     | M 49  | 00:16:49           | 00:03:43 | 00:32:19      | 00:01:44 | 00:22:17    |         | 01:16:52.00 | 01:16:52.00 |
| 27   | SMOCZYŃSKI MAREK     | 228 | MBC TEAM                               | TUCHOLA               | POLSKA | M30-39 | 27     | M 51  | 00:15:12           | 00:03:17 | 00:32:50      | 00:01:42 | 00:24:02    |         | 01:17:03.60 | 01:17:03.60 |
| 28   | PERLINSKI DAMIAN     | 140 | MOŻE I POWOLI<br>ALE ZA TO BYLE<br>JAK | BYDGOSZCZ             | POLSKA | M30-39 | 28     | M 53  | 00:16:23           | 00:02:42 | 00:34:00      | 00:01:15 | 00:22:59    |         | 01:17:19.20 | 01:17:19.20 |
| 29   | KULWICKI KAROL       | 92  |                                        | BYDGOSZCZ             | POLSKA | M30-39 | 29     | M 58  | 00:15:38           | 00:03:04 | 00:32:26      | 00:01:32 | 00:25:23    |         | 01:18:03.40 | 01:18:03.40 |
| 30   | BANAŚ MATEUSZ        | 4   |                                        | GDAŃSK                | POLSKA | M30-39 | 30     | M 66  | 00:18:53           | 00:02:10 | 00:35:50      | 00:02:08 | 00:20:36    |         | 01:19:37.15 | 01:19:37.15 |
| 31   | KAPUSTKA MIROSŁAW    | 66  | KAPUSTRI                               | POZNAŃ                | POLSKA | M30-39 | 31     | M 67  | 00:15:04           | 00:03:09 | 00:36:54      | 00:01:26 | 00:23:08    |         | 01:19:41.55 | 01:19:41.55 |
| 32   | PAWĘTA MARCIN        | 137 |                                        | BYDGOSZCZ             | POLSKA | M30-39 | 32     | M 71  | 00:19:14           | 00:02:37 | 00:33:44      | 00:02:55 | 00:21:32    |         | 01:20:02.20 | 01:20:02.20 |
| 33   | GILL DANIEL          | 216 | BOGMAR                                 | BYDGOSZCZ             | POLSKA | M30-39 | 33     | M 74  | 00:15:00           | 00:03:21 | 00:36:55      | 00:01:30 | 00:23:51    |         | 01:20:37.45 | 01:20:37.45 |
| 34   | RADZIEJEWSKI TOMASZ  | 146 |                                        | BYDGOSZCZ             | POLSKA | M30-39 | 34     | M 76  | 00:15:54           | 00:03:53 | 00:36:14      | 00:00:51 | 00:23:54    |         | 01:20:46.90 | 01:20:46.90 |
| 35   | WOŹNIAK RADEK        | 199 | BOZITA POLSKA                          | BYDGOSZCZ             | POLSKA | M30-39 | 35     | M 78  | 00:17:00           | 00:03:14 | 00:34:46      | 00:01:39 | 00:24:27    |         | 01:21:06.00 | 01:21:06.00 |
| 36   | BOROWSKI RADOSŁAW    | 15  | MLKS KRAJNA<br>SĘPÓLNO                 | BYDGOSZCZ             | POLSKA | M30-39 | 36     | M 79  | 00:16:59           | 00:02:53 | 00:37:12      | 00:01:25 | 00:22:43    |         | 01:21:12.85 | 01:21:12.85 |
| 37   | SKOWROŃSKI JAROSŁAW  | 157 | KRISS COACHING                         | OLSZTYN               | POLSKA | M30-39 | 37     | M 83  | 00:16:21           | 00:03:14 | 00:36:54      | 00:01:01 | 00:24:00    |         | 01:21:30.70 | 01:21:30.70 |
| 38   | SZARLEJ MARCIN       | 170 | PKO BANK POLSKI<br>S.A.                | BYDGOSZCZ             | POLSKA | M30-39 | 38     | M 85  | 00:16:57           | 00:03:10 | 00:35:53      | 00:01:17 | 00:24:28    |         | 01:21:45.05 | 01:21:45.05 |
| 39   | DRELICH MICHAŁ       | 240 | SEGROUD                                |                       | POLSKA | M30-39 | 39     | M 87  | 00:17:01           | 00:03:48 | 00:37:19      | 00:01:51 | 00:22:07    |         | 01:22:06.80 | 01:22:06.80 |
| 40   | DĘBIEC ANDRZEJ       | 218 |                                        | NIEMCZ                | POLSKA | M30-39 | 40     | M 90  | 00:17:12           | 00:02:44 | 00:36:37      | 00:00:43 | 00:25:04    |         | 01:22:20.75 | 01:22:20.75 |
| 41   | ZIÓŁKOWSKI KRZYSZTOF | 171 |                                        | BYDGOSZCZ             | POLSKA | M30-39 | 41     | M 93  | 00:15:36           | 00:02:23 | 00:39:23      | 00:01:23 | 00:24:10    |         | 01:22:55.80 | 01:22:55.80 |
| 42   | TACIAK DAWID         | 174 | ATOS/KLINIKA<br>TRIATHLONU             | BYDGOSZCZ             | POLSKA | M30-39 | 42     | M 94  | 00:16:46           | 00:03:57 | 00:36:20      | 00:01:35 | 00:24:21    |         | 01:22:59.45 | 01:22:59.45 |
| 43   | SKRZYNIARZ HUBERT    | 158 | #CIAGLA_WALKA_Z<br>_BMI                | ŁOCHOWO               | POLSKA | M30-39 | 43     | M 95  | 00:16:25           | 00:04:00 | 00:34:22      | 00:01:42 | 00:26:31    |         | 01:23:00.20 | 01:23:00.20 |
| 44   | HENDRZAK SYLWESTER   | 54  | MISYL RUN TEAM                         | ŁUBIANKA              | POLSKA | M30-39 | 44     | M 99  | 00:20:05           | 00:04:11 | 00:36:38      | 00:00:58 | 00:21:50    |         | 01:23:42.60 | 01:23:42.60 |
| 45   | NAWROCKI MARCIN      | 125 | DELIKATESY RYBNE<br>FISHKA.PL          | BYDGOSZCZ             | POLSKA | M30-39 | 45     | M 106 | 00:16:20           | 00:04:25 | 00:37:36      | 00:01:24 | 00:25:25    |         | 01:25:10.60 | 01:25:10.60 |

**OCEAN LAVA TRIATHLON POLSKA - SPRINT, M30-39 c.d.**

| M-ce | Nazwisko i imię      | Nr  | Klub                         | M-scowość                       | Kraj   | Kat.   | M. kat | K/M   | Pływanie<br>0.75km | T1       | Rower<br>20km | T2       | Bieg<br>5km | Kar/Bon | Netto       | Brutto      |
|------|----------------------|-----|------------------------------|---------------------------------|--------|--------|--------|-------|--------------------|----------|---------------|----------|-------------|---------|-------------|-------------|
| 46   | LIPNIEWICZ PAWEŁ     | 104 | LIPNE MUMIE                  | KOSZALIN                        | POLSKA | M30-39 | 46     | M 107 | 00:19:12           | 00:03:34 | 00:33:37      | 00:01:09 | 00:27:42    |         | 01:25:14.00 | 01:25:14.00 |
| 47   | TRZASKOWSKI TOMASZ   | 177 |                              | BYDGOSZCZ                       | POLSKA | M30-39 | 47     | M 108 | 00:14:34           | 00:04:54 | 00:36:42      | 00:01:50 | 00:27:22    |         | 01:25:22.45 | 01:25:22.45 |
| 48   | KARCZEWSKI FILIP     | 67  |                              | BYDGOSZCZ                       | POLSKA | M30-39 | 48     | M 112 | 00:17:54           | 00:03:05 | 00:36:18      | 00:01:08 | 00:27:22    |         | 01:25:47.65 | 01:25:47.65 |
| 49   | KLINOWSKI RADOŚLAW   | 72  | GALACTICA                    | BYDGOSZCZ                       | POLSKA | M30-39 | 49     | M 113 | 00:20:25           | 00:03:56 | 00:37:50      | 00:01:48 | 00:21:58    |         | 01:25:57.85 | 01:25:57.85 |
| 50   | MACIEJCZYK MICHAŁ    | 110 | PISZ                         | POLSKA                          | M30-39 | M30-39 | 50     | M 116 | 00:13:37           | 00:02:45 | 00:36:52      | 00:01:50 | 00:31:24    |         | 01:26:28.90 | 01:26:28.90 |
| 51   | STRZYCZYŃSKI MAREK   | 166 | TRISPACE                     | BYDGOSZCZ                       | POLSKA | M30-39 | 51     | M 118 | 00:16:30           | 00:03:15 | 00:38:53      | 00:01:21 | 00:26:46    |         | 01:26:45.35 | 01:26:45.35 |
| 52   | OSAK PAWEŁ           | 129 |                              | BYDGOSZCZ                       | POLSKA | M30-39 | 52     | M 120 | 00:17:07           | 00:04:02 | 00:37:53      | 00:01:15 | 00:26:53    |         | 01:27:10.05 | 01:27:10.05 |
| 53   | ROŚ SŁAWEK           | 148 |                              | BYDGOSZCZ /<br>NOWA WIEŚ WIELKA | POLSKA | M30-39 | 53     | M 121 | 00:16:41           | 00:03:54 | 00:37:58      | 00:01:10 | 00:27:31    |         | 01:27:14.30 | 01:27:14.30 |
| 54   | IWAŃCZYK MARCIN      | 57  | CB163                        | NOWA WIEŚ WIELKA                | POLSKA | M30-39 | 54     | M 127 | 00:16:09           | 00:04:47 | 00:37:18      | 00:01:44 | 00:28:09    |         | 01:28:07.65 | 01:28:07.65 |
| 55   | SŁOMSKI MARCIN       | 160 | TRIATHLON<br>KONSULTING TEAM | MAKSYMILIANOWO                  | POLSKA | M30-39 | 55     | M 128 | 00:16:23           | 00:04:01 | 00:40:49      | 00:01:00 | 00:25:59    |         | 01:28:12.25 | 01:28:12.25 |
| 56   | BORUCKI MARCIN       | 17  |                              | ŚWIECIE                         | POLSKA | M30-39 | 56     | M 132 | 00:15:55           | 00:04:33 | 00:38:56      | 00:01:31 | 00:28:16    |         | 01:29:11.60 | 01:29:11.60 |
| 57   | OSTRZYCKI SŁAWOMIR   | 131 | TRISPACE/TREK                | BYDGOSZCZ                       | POLSKA | M30-39 | 57     | M 134 | 00:16:57           | 00:03:57 | 00:39:13      | 00:01:31 | 00:27:38    |         | 01:29:16.15 | 01:29:16.15 |
| 58   | ZIELIŃSKI RADOŚLAW   | 204 |                              | BYDGOSZCZ                       | POLSKA | M30-39 | 58     | M 138 | 00:19:13           | 00:03:43 | 00:36:02      | 00:02:01 | 00:28:43    |         | 01:29:42.20 | 01:29:42.20 |
| 59   | KOŚIŃSKI ROBERT      | 77  | NOKIA BYDGOSZCZ              | PAKOŚĆ                          | POLSKA | M30-39 | 59     | M 139 | 00:15:51           | 00:03:08 | 00:38:00      | 00:01:31 | 00:31:13    |         | 01:29:43.45 | 01:29:43.45 |
| 60   | PAPIEROWSKI PIOTR    | 134 |                              | BYDGOSZCZ                       | POLSKA | M30-39 | 60     | M 140 | 00:18:44           | 00:02:45 | 00:39:13      | 00:00:53 | 00:28:19    |         | 01:29:54.05 | 01:29:54.05 |
| 61   | MIEKCYŃSKI ARTUR     | 120 | POLONIA<br>BYDGOSZCZ         | ZIELONCZYŃ                      | POLSKA | M30-39 | 61     | M 144 | 00:19:49           | 00:03:40 | 00:38:01      | 00:01:09 | 00:29:03    |         | 01:31:42.50 | 01:31:42.50 |
| 62   | GWIZDAŁA ADAM        | 50  | BUKOWIEC                     | BUKOWIEC                        | POLSKA | M30-39 | 62     | M 146 | 00:20:46           | 00:03:11 | 00:38:38      | 00:00:46 | 00:28:57    |         | 01:32:18.25 | 01:32:18.25 |
| 63   | FALCONNET CHRIS      | 38  |                              | TORUN                           | POLSKA | M30-39 | 63     | M 150 | 00:19:00           | 00:04:04 | 00:41:27      | 00:01:10 | 00:27:06    |         | 01:32:47.50 | 01:32:47.50 |
| 64   | STĘPIEŃ MICHAŁ       | 164 |                              | BYDGOSZCZ                       | POLSKA | M30-39 | 64     | M 151 | 00:20:00           | 00:03:44 | 00:41:26      | 00:01:06 | 00:26:42    |         | 01:32:58.30 | 01:32:58.30 |
| 65   | SENSKI PRZEMYSŁAW    | 152 |                              | BYDGOSZCZ                       | POLSKA | M30-39 | 65     | M 154 | 00:16:53           | 00:04:01 | 00:40:55      | 00:02:10 | 00:30:55    |         | 01:34:54.05 | 01:34:54.05 |
| 66   | BINDEK ŁUKASZ        | 13  |                              | KĘSOWO                          | POLSKA | M30-39 | 66     | M 155 | 00:16:22           | 00:05:44 | 00:44:41      | 00:01:32 | 00:26:46    |         | 01:35:05.00 | 01:35:05.00 |
| 67   | KWIATKOWSKI WALDEMAR | 96  |                              | BYDGOSZCZ                       | POLSKA | M30-39 | 67     | M 158 | 00:17:52           | 00:03:49 | 00:43:53      | 00:01:01 | 00:31:31    |         | 01:38:06.55 | 01:38:06.55 |
| 68   | GÓRNIKIEWICZ PIOTR   | 44  |                              | POZNAŃ                          | POLSKA | M30-39 | 68     | M 162 | 00:21:06           | 00:05:24 | 00:43:04      | 00:01:38 | 00:30:42    |         | 01:41:54.55 | 01:41:54.55 |
| 69   | DĄBROWSKI BARTOSZ    | 30  | SPORTOWA PASJA               | BYDGOSZCZ                       | POLSKA | M30-39 | 69     | M 163 | 00:20:01           | 00:05:30 | 00:46:12      | 00:01:08 | 00:29:59    |         | 01:42:50.65 | 01:42:50.65 |
| 70   | DETLAF MARIUSZ       | 33  |                              | MAKSYMILIANOWO                  | POLSKA | M30-39 | 70     | M 168 | 00:26:04           | 00:03:32 | 00:42:26      | 00:01:26 | 00:35:50    |         | 01:49:18.45 | 01:49:18.45 |

**OCEAN LAVA TRIATHLON POLSKA - SPRINT, K40-49**

| M-ce | Nazwisko i imię         | Nr  | Klub                          | M-scowość | Kraj   | Kat.   | M. kat | K/M  | Pływanie<br>0.75km | T1       | Rower<br>20km | T2       | Bieg<br>5km | Kar/Bon | Netto       | Brutto      |
|------|-------------------------|-----|-------------------------------|-----------|--------|--------|--------|------|--------------------|----------|---------------|----------|-------------|---------|-------------|-------------|
| 1    | ŻMICH-FÓRCHANIAK JOANNA | 790 | TRISPACE/TREK                 |           |        | K40-49 | 1      | K 2  | 00:13:36           | 00:02:53 | 00:35:04      | 00:02:26 | 00:22:36    |         | 01:16:35.40 | 01:16:35.40 |
| 2    | WOŹNIAK ANNA            | 198 |                               | BYDGOSZCZ | POLSKA | K40-49 | 2      | K 6  | 00:16:31           | 00:02:58 | 00:35:34      | 00:01:22 | 00:24:02    |         | 01:20:27.05 | 01:20:27.05 |
| 3    | DULIŃSKA DOROTA         | 36  | TRISPACE                      | NIEMCZ    | POLSKA | K40-49 | 3      | K 11 | 00:16:36           | 00:02:23 | 00:38:12      | 00:01:30 | 00:26:20    |         | 01:25:01.95 | 01:25:01.95 |
| 4    | MIKA-HOFFMANN MAGDALENA | 122 | BRZYSKI TRI TEAM              | KRAKÓW    | POLSKA | K40-49 | 4      | K 13 | 00:16:51           | 00:03:13 | 00:38:18      | 00:01:11 | 00:25:37    |         | 01:25:10.75 | 01:25:10.75 |
| 5    | MARTYNOWICZ MARIA       | 115 | TRISPACE                      | BRZOZA    | POLSKA | K40-49 | 5      | K 18 | 00:19:24           | 00:03:34 | 00:37:52      | 00:01:39 | 00:25:25    |         | 01:27:54.55 | 01:27:54.55 |
| 6    | KAMIŃSKA AGNIESZKA      | 65  | SAN ESCOBAR<br>TRIATHLON TEAM | BYDGOSZCZ | POLSKA | K40-49 | 6      | K 21 | 00:17:45           | 00:04:27 | 00:37:38      | 00:01:13 | 00:28:28    |         | 01:29:31.10 | 01:29:31.10 |
| 7    | SZURNICKA GOSIA         | 172 | 1972                          | DREŻEWO   | POLSKA | K40-49 | 7      | K 29 | 00:19:16           | 00:04:06 | 00:38:41      | 00:02:59 | 00:29:02    |         | 01:34:04.40 | 01:34:04.40 |
| 8    | PASTWA DONATA           | 135 | TRISPACE                      | BYDGOSZCZ | POLSKA | K40-49 | 8      | K 30 | 00:23:20           | 00:04:04 | 00:41:51      | 00:01:36 | 00:24:56    |         | 01:35:47.10 | 01:35:47.10 |
| 9    | HAC MONIKA              | 51  |                               | ŁÓDŹ      | POLSKA | K40-49 | 9      | K 40 | 00:18:05           | 00:05:22 | 00:45:19      | 00:03:07 | 00:33:12    |         | 01:45:05.60 | 01:45:05.60 |

**OCEAN LAVA TRIATHLON POLSKA - SPRINT, M40-49**

| M-ce | Nazwisko i imię    | Nr  | Klub                               | M-scowość | Kraj   | Kat.   | M. kat | K/M | Pływanie<br>0.75km | T1       | Rower<br>20km | T2       | Bieg<br>5km | Kar/Bon | Netto       | Brutto      |
|------|--------------------|-----|------------------------------------|-----------|--------|--------|--------|-----|--------------------|----------|---------------|----------|-------------|---------|-------------|-------------|
| 1    | ZIENKIEWICZ JANUSZ | 207 | TRISPACE ALLIANZ<br>TRIATHLON TEAM | BYDGOSZCZ | POLSKA | M40-49 | 1      | M 4 | 00:12:07           | 00:02:05 | 00:31:24      | 00:00:51 | 00:19:16    |         | 01:05:43.90 | 01:05:43.90 |
| 2    | EJSMONT KRZYSZTOF  | 225 | TRISPACE                           | BORÓWNO   | POLSKA | M40-49 | 2      | M 6 | 00:13:20           | 00:02:02 | 00:30:20      | 00:01:17 | 00:18:54    |         | 01:05:53.00 | 01:05:53.00 |
| 3    | TOPCZEWSKI GRACJAN | 231 | TRISPACE/TREK                      | BYDGOSZCZ | POLSKA | M40-49 | 3      | M 9 | 00:12:37           | 00:02:21 | 00:30:42      | 00:01:19 | 00:20:02    |         | 01:07:01.80 | 01:07:01.80 |

**OCEAN LAVA TRIATHLON POLSKA - SPRINT, M40-49 c.d.**

| M-ce | Nazwisko i imię       | Nr  | Klub                                       | M-scowość   | Kraj    | Kat.   | M. kat | K/M   | Pływanie<br>0.75km | T1       | Rower<br>20km | T2       | Bieg<br>5km | Kar/Bon | Netto       | Brutto      |
|------|-----------------------|-----|--------------------------------------------|-------------|---------|--------|--------|-------|--------------------|----------|---------------|----------|-------------|---------|-------------|-------------|
| 4    | HERMELIN WOJCIECH     | 226 | KANCELARIA HMM                             | BYDGOSZCZ   | POLSKA  | M40-49 | 4      | M 16  | 00:11:57           | 00:02:01 | 00:31:46      | 00:00:52 | 00:22:21    |         | 01:08:57.90 | 01:08:57.90 |
| 5    | MARTYNOWICZ MICHAŁ    | 114 | TRISPACE                                   | BRZOZA      | POLSKA  | M40-49 | 5      | M 18  | 00:11:44           | 00:02:22 | 00:32:09      | 00:01:44 | 00:21:10    |         | 01:09:09.30 | 01:09:09.30 |
| 6    | CHOLEWIŃSKI DARIUSZ   | 24  | HURAGAN<br>MIEDZYŃ                         | BYDGOSZCZ   | POLSKA  | M40-49 | 6      | M 20  | 00:14:51           | 00:02:15 | 00:32:25      | 00:00:55 | 00:20:01    |         | 01:10:27.35 | 01:10:27.35 |
| 7    | MADEJ RAFAŁ           | 112 |                                            | BRZESKO     | POLSKA  | M40-49 | 7      | M 22  | 00:14:19           | 00:02:46 | 00:31:16      | 00:01:07 | 00:21:19    |         | 01:10:47.50 | 01:10:47.50 |
| 8    | DOŁKOWSKI WOJCIECH    | 779 |                                            |             | POLSKA  | M40-49 | 8      | M 23  | 00:11:40           | 00:02:42 | 00:32:28      | 00:01:48 | 00:22:17    |         | 01:10:55.85 | 01:10:55.85 |
| 9    | DAWIDOWICZ MACIEJ     | 28  | BRZOZA BIEGA                               | BRZOZA      | POLSKA  | M40-49 | 9      | M 32  | 00:12:48           | 00:02:19 | 00:33:04      | 00:00:51 | 00:23:54    |         | 01:12:56.60 | 01:12:56.60 |
| 10   | HIPNAROWICZ GRZEGORZ  | 55  | SPORTTREND.PL                              | BYDGOSZCZ   | POLSKA  | M40-49 | 10     | M 35  | 00:13:23           | 00:02:33 | 00:34:03      | 00:01:55 | 00:22:52    |         | 01:14:46.70 | 01:14:46.70 |
| 11   | PIEKARSKI WOJTEK      | 142 | TMS                                        | BYDGOSZCZ   | POLSKA  | M40-49 | 11     | M 37  | 00:13:53           | 00:03:21 | 00:34:10      | 00:01:22 | 00:22:51    |         | 01:15:37.40 | 01:15:37.40 |
| 12   | ZIENKIEWICZ MAREK     | 239 | ATOS                                       | MUROWANIEC  | POLSKA  | M40-49 | 12     | M 43  | 00:14:04           | 00:02:58 | 00:35:16      | 00:01:07 | 00:22:35    |         | 01:16:00.00 | 01:16:00.00 |
| 13   | ZAKURZEWSKI TOMASZ    | 203 | BRZOZABIEGA                                | BRZOZA      | POLSKA  | M40-49 | 13     | M 50  | 00:13:54           | 00:02:34 | 00:35:25      | 00:02:06 | 00:23:02    |         | 01:17:01.90 | 01:17:01.90 |
| 14   | FIEGEL WOJCIECH       | 39  | TRISPACE/TREK                              | BYDGOSZCZ   | POLSKA  | M40-49 | 14     | M 52  | 00:14:48           | 00:02:32 | 00:33:31      | 00:01:18 | 00:25:05    |         | 01:17:14.80 | 01:17:14.80 |
| 15   | KĄTNIK JACEK          | 222 |                                            | ŁOCHOWO     | POLSKA  | M40-49 | 15     | M 54  | 00:17:06           | 00:02:43 | 00:33:05      | 00:01:53 | 00:22:34    |         | 01:17:21.85 | 01:17:21.85 |
| 16   | POPEK MACIEJ          | 143 | WŁOCLAWEK<br>TRIATHLON TEAM,<br>ANETA TEAM | WŁOCLAWEK   | POLSKA  | M40-49 | 16     | M 56  | 00:15:53           | 00:03:31 | 00:34:10      | 00:01:21 | 00:22:53    |         | 01:17:48.95 | 01:17:48.95 |
| 17   | BUGALSKI WOJCIECH     | 19  |                                            | BYDGOSZCZ   | POLSKA  | M40-49 | 17     | M 57  | 00:16:14           | 00:02:56 | 00:33:49      | 00:03:46 | 00:21:11    |         | 01:17:56.20 | 01:17:56.20 |
| 18   | WIŚNIEWSKI ARNOLD     | 193 |                                            | ŁÓDŹ        | POLSKA  | M40-49 | 18     | M 60  | 00:14:40           | 00:05:36 | 00:33:41      | 00:00:56 | 00:23:19    |         | 01:18:12.30 | 01:18:12.30 |
| 19   | TOMASZEWSKI MARCIN    | 175 |                                            | BYDGOSZCZ   | POLSKA  | M40-49 | 19     | M 62  | 00:14:45           | 00:02:58 | 00:35:27      | 00:01:49 | 00:23:40    |         | 01:18:39.75 | 01:18:39.75 |
| 20   | URBANIAK DANIEL       | 181 |                                            | GDYNIA      | POLSKA  | M40-49 | 20     | M 63  | 00:17:48           | 00:03:56 | 00:34:14      | 00:02:01 | 00:21:01    |         | 01:19:00.90 | 01:19:00.90 |
| 21   | STACHNIUK PRZEMEK     | 163 | TRISPACE                                   | BYDGOSZCZ   | POLSKA  | M40-49 | 21     | M 65  | 00:16:05           | 00:03:16 | 00:34:05      | 00:01:48 | 00:24:22    |         | 01:19:36.50 | 01:19:36.50 |
| 22   | SIUDA MAREK           | 155 | KLINIKA<br>TRIATHLONU<br>BYDGOSZCZ         | BYDGOSZCZ   | POLSKA  | M40-49 | 22     | M 69  | 00:14:49           | 00:04:06 | 00:34:09      | 00:01:45 | 00:25:07    |         | 01:19:56.30 | 01:19:56.30 |
| 23   | CIUPA JAROSŁAW        | 25  | ARRK                                       | BYDGOSZCZ   | POLSKA  | M40-49 | 23     | M 70  | 00:16:27           | 00:03:31 | 00:34:32      | 00:02:06 | 00:23:24    |         | 01:20:00.10 | 01:20:00.10 |
| 24   | NAGOW MICHAŁ          | 124 |                                            | BYDGOSZCZ   | POLSKA  | M40-49 | 24     | M 72  | 00:16:15           | 00:02:54 | 00:36:11      | 00:01:45 | 00:23:01    |         | 01:20:06.00 | 01:20:06.00 |
| 25   | GEHRKE TOMASZ         | 40  | LPN                                        | GDYNIA      | POLSKA  | M40-49 | 25     | M 73  | 00:16:44           | 00:03:59 | 00:35:03      | 00:01:38 | 00:22:46    |         | 01:20:10.00 | 01:20:10.00 |
| 26   | BYRTEK GRZEGORZ       | 22  |                                            | BYDGOSZCZ   | POLSKA  | M40-49 | 26     | M 77  | 00:13:18           | 00:03:11 | 00:36:42      | 00:01:08 | 00:26:46    |         | 01:21:05.70 | 01:21:05.70 |
| 27   | GRUBICH ARKADIUSZ     | 217 |                                            | NIEMCZ      | POLSKA  | M40-49 | 27     | M 80  | 00:16:58           | 00:02:55 | 00:35:49      | 00:01:15 | 00:24:18    |         | 01:21:15.15 | 01:21:15.15 |
| 28   | KRAWISZ MACIEJ        | 84  | LP500                                      | BYDGOSZCZ   | POLSKA  | M40-49 | 28     | M 81  | 00:16:35           | 00:02:40 | 00:35:16      | 00:01:47 | 00:24:58    |         | 01:21:16.55 | 01:21:16.55 |
| 29   | TWAROWSKI ARKADIUSZ   | 180 |                                            | TORUŃ       | POLSKA  | M40-49 | 29     | M 86  | 00:14:58           | 00:02:54 | 00:38:27      | 00:01:40 | 00:24:01    |         | 01:22:00.70 | 01:22:00.70 |
| 30   | JARUSZEWSKI KRZYSZTOF | 60  | MAJKA TEAM                                 | CHEŁMNO     | POLSKA  | M40-49 | 30     | M 88  | 00:15:01           | 00:04:50 | 00:33:46      | 00:01:45 | 00:26:49    |         | 01:22:11.90 | 01:22:11.90 |
| 31   | KOWALSKI MAREK        | 82  | REKINY OSIELSKO                            | NIEMCZ      | POLSKA  | M40-49 | 31     | M 102 | 00:15:24           | 00:02:35 | 00:39:13      | 00:02:24 | 00:24:19    |         | 01:23:55.55 | 01:23:55.55 |
| 32   | DULIŃSKI JACEK        | 37  |                                            | NIEMCZ      | POLSKA  | M40-49 | 32     | M 104 | 00:16:58           | 00:04:14 | 00:36:30      | 00:01:39 | 00:25:02    |         | 01:24:23.40 | 01:24:23.40 |
| 33   | ŁATKA MARCIN          | 107 |                                            | BYDGOSZCZ   | POLSKA  | M40-49 | 33     | M 105 | 00:14:25           | 00:03:06 | 00:39:05      | 00:01:35 | 00:26:23    |         | 01:24:34.95 | 01:24:34.95 |
| 34   | OLECH JACEK           | 233 |                                            | ŚWIECIE     | POLSKA  | M40-49 | 34     | M 110 | 00:19:45           | 00:03:30 | 00:36:05      | 00:00:45 | 00:25:31    |         | 01:25:36.00 | 01:25:36.00 |
| 35   | RIVAT EMMANUEL        | 212 |                                            | BIALE BLOTA | FRANCJA | M40-49 | 35     | M 115 | 00:16:10           | 00:04:02 | 00:37:06      | 00:01:25 | 00:27:35    |         | 01:26:18.65 | 01:26:18.65 |
| 36   | CZAPLICKI WOJCIECH    | 211 |                                            | WARSZAWA    | POLSKA  | M40-49 | 36     | M 124 | 00:19:38           | 00:02:21 | 00:39:44      | 00:02:11 | 00:23:47    |         | 01:27:41.60 | 01:27:41.60 |
| 37   | MAZURKIEWICZ PIOTR    | 116 |                                            | DOBRCZ      | POLSKA  | M40-49 | 37     | M 125 | 00:20:13           | 00:04:10 | 00:37:29      | 00:01:21 | 00:24:44    |         | 01:27:57.10 | 01:27:57.10 |
| 38   | BOROWSKI ŁUKASZ       | 16  | LADYSI TEAM                                | BYDGOSZCZ   | POLSKA  | M40-49 | 38     | M 126 | 00:17:13           | 00:03:22 | 00:37:44      | 00:01:40 | 00:28:02    |         | 01:28:01.50 | 01:28:01.50 |
| 39   | KLISZEWSKI DAMIAN     | 73  |                                            | BYDGOSZCZ   | POLSKA  | M40-49 | 39     | M 130 | 00:17:49           | 00:02:10 | 00:39:44      | 00:01:28 | 00:27:17    |         | 01:28:28.20 | 01:28:28.20 |
| 40   | RYBAK MARIUSZ         | 150 | SISU-QWB TEAM                              | MAŁE RUDY   | POLSKA  | M40-49 | 40     | M 135 | 00:15:27           | 00:03:40 | 00:40:23      | 00:00:45 | 00:29:02    |         | 01:29:17.05 | 01:29:17.05 |
| 41   | BARANOWICZ BARTOSZ    | 5   | TMS GLOBART                                | BYDGOSZCZ   | POLSKA  | M40-49 | 41     | M 137 | 00:14:10           | 00:03:52 | 00:39:06      | 00:01:46 | 00:30:40    |         | 01:29:34.45 | 01:29:34.45 |
| 42   | WOZNIAK TOMASZ        | 197 |                                            | GDANSK      | POLSKA  | M40-49 | 42     | M 141 | 00:19:31           | 00:04:32 | 00:40:26      | 00:01:30 | 00:23:56    |         | 01:29:55.50 | 01:29:55.50 |
| 43   | KOTOWSKI JACEK        | 79  |                                            | BYDGOSZCZ   | POLSKA  | M40-49 | 43     | M 142 | 00:18:54           | 00:03:27 | 00:35:03      | 00:01:37 | 00:31:47    |         | 01:30:48.85 | 01:30:48.85 |
| 44   | RZENTKOWSKI GRZEGORZ  | 151 |                                            | BYDGOSZCZ   | POLSKA  | M40-49 | 44     | M 143 | 00:19:16           | 00:04:06 | 00:38:30      | 00:02:18 | 00:26:57    |         | 01:31:07.75 | 01:31:07.75 |
| 45   | KADOW RYSZARD         | 64  | TRISPACE                                   | BYDGOSZCZ   | POLSKA  | M40-49 | 45     | M 147 | 00:21:51           | 00:03:59 | 00:28:09      | 00:01:52 | 00:36:32    |         | 01:32:23.90 | 01:32:23.90 |
| 46   | TURNO SZYMON          | 179 | TURBO TEAM                                 | UNISŁAW     | POLSKA  | M40-49 | 46     | M 149 | 00:17:53           | 00:04:30 | 00:39:16      | 00:01:01 | 00:29:46    |         | 01:32:26.40 | 01:32:26.40 |
| 47   | JUCHACZ MICHAŁ        | 62  | DZIKI Z BALCZEWA                           | INOWROCLAW  | POLSKA  | M40-49 | 47     | M 153 | 00:20:28           | 00:02:56 | 00:46:05      | 00:00:54 | 00:24:24    |         | 01:34:47.20 | 01:34:47.20 |
| 48   | SIEKIERKA ROBERT      | 154 | AS BOX                                     | BYDGOSZCZ   | POLSKA  | M40-49 | 48     | M 156 | 00:21:42           | 00:04:40 | 00:40:54      | 00:01:01 | 00:27:57    |         | 01:36:14.50 | 01:36:14.50 |
| 49   | WĘGRZYŃSKI PIOTR      | 192 |                                            | BYDGOSZCZ   | POLSKA  | M40-49 | 49     | M 160 | 00:22:05           | 00:03:36 | 00:38:38      | 00:02:07 | 00:34:13    |         | 01:40:39.00 | 01:40:39.00 |
| 50   | OŚIŃSKI ADAM          | 130 |                                            | BYDGOSZCZ   | POLSKA  | M40-49 | 50     | M 161 | 00:22:33           | 00:05:39 | 00:39:49      | 00:01:40 | 00:31:19    |         | 01:41:00.30 | 01:41:00.30 |
| 51   | BUDNICKI KRZYSZTOF    | 18  |                                            | BYDGOSZCZ   | POLSKA  | M40-49 | 51     | M 164 | 00:24:36           | 00:05:04 | 00:41:46      | 00:01:46 | 00:30:04    |         | 01:43:16.25 | 01:43:16.25 |
| 52   | WYSŁOUCH SEBASTIAN    | 201 | AMATOR                                     | ZAKOPANE    | POLSKA  | M40-49 | 52     | M 170 | 00:21:04           | 00:05:08 | 00:44:38      | 00:01:48 | 00:40:01    |         | 01:53:39.75 | 01:53:39.75 |
| 53   | GWIAZDOWSKI KRZYSZTOF | 49  |                                            | BYDGOSZCZ   | POLSKA  | M40-49 | 53     | M 171 | 00:16:57           | 00:04:18 |               |          |             |         |             |             |
| 54   | LIPIŃSKI MICHAŁ       | 103 |                                            | ZIELONKA    | POLSKA  | M40-49 | 54     | M 172 |                    |          |               |          |             |         |             |             |

**OCEAN LAVA TRIATHLON POLSKA - SPRINT, K50-59**

| M-ce | Nazwisko i imię        | Nr  | Klub           | M-scowość    | Kraj   | Kat.   | M. kat | K/M  | Pływanie<br>0.75km | T1       | Rower<br>20km | T2       | Bieg<br>5km | Kar/Bon | Netto       | Brutto      |
|------|------------------------|-----|----------------|--------------|--------|--------|--------|------|--------------------|----------|---------------|----------|-------------|---------|-------------|-------------|
| 1    | JAKUBOWSKA-OLECH EDYTA | 232 | AMATOR ŚWIECIE | ŚWIECIE      | POLSKA | K50-59 | 1      | K 10 | 00:18:18           | 00:03:07 | 00:37:41      | 00:01:08 | 00:24:45    |         | 01:24:59.90 | 01:24:59.90 |
| 2    | RASZLIŃSKA MARIOLA     | 147 |                | BYDGOSZCZ    | POLSKA | K50-59 | 2      | K 17 | 00:17:11           | 00:03:09 | 00:38:02      | 00:01:37 | 00:26:14    |         | 01:26:13.95 | 01:26:13.95 |
| 3    | OSUCH MIRKA            | 132 |                | GRUDZIĄDZ    | POLSKA | K50-59 | 3      | K 19 | 00:17:58           | 00:03:11 | 00:37:51      | 00:01:26 | 00:27:44    |         | 01:28:10.65 | 01:28:10.65 |
| 4    | WŁODARCZAK BARBARA     | 195 | TRISPACE       | BYDGOSZCZ    | POLSKA | K50-59 | 4      | K 38 | 00:22:24           | 00:03:09 | 00:42:55      | 00:01:28 | 00:31:07    |         | 01:41:03.35 | 01:41:03.35 |
| 5    | SZABO-MOSKAL JADWIGA   | 168 |                | BORÓWNO      | POLSKA | K50-59 | 5      | K 42 | 00:21:38           | 00:04:30 | 00:50:08      | 00:01:03 | 00:31:19    |         | 01:48:38.10 | 01:48:38.10 |
| 6    | CHMIEL DOROTA          | 23  | PTT DELTA      | NOWY DUNINÓW | POLSKA | K50-59 | 6      | K 43 | 00:18:40           | 00:04:37 | 00:47:16      | 00:01:17 | 00:37:09    |         | 01:48:59.65 | 01:48:59.65 |

**OCEAN LAVA TRIATHLON POLSKA - SPRINT, M50-59**

| M-ce | Nazwisko i imię   | Nr  | Klub                       | M-scowość      | Kraj   | Kat.   | M. kat | K/M   | Pływanie<br>0.75km | T1       | Rower<br>20km | T2       | Bieg<br>5km | Kar/Bon | Netto       | Brutto      |
|------|-------------------|-----|----------------------------|----------------|--------|--------|--------|-------|--------------------|----------|---------------|----------|-------------|---------|-------------|-------------|
| 1    | TRAWCZYŃSKI JACEK | 176 | TRISPACE                   | BYDGOSZCZ      | POLSKA | M50-59 | 1      | M 24  | 00:14:25           | 00:02:23 | 00:31:35      | 00:01:36 | 00:21:05    |         | 01:11:04.05 | 01:11:04.05 |
| 2    | GIERES WALDEMAR   | 41  | PTT DELTA                  | PŁOCK          | POLSKA | M50-59 | 2      | M 40  | 00:15:27           | 00:02:33 | 00:33:59      | 00:01:33 | 00:22:17    |         | 01:15:49.05 | 01:15:49.05 |
| 3    | ŁUCZAK PAWEŁ      | 108 | TKKF KOLEJARZ<br>BYDGOSZCZ | BYDGOSZCZ      | POLSKA | M50-59 | 3      | M 41  | 00:15:53           | 00:02:45 | 00:34:33      | 00:01:22 | 00:21:22    |         | 01:15:55.55 | 01:15:55.55 |
| 4    | KUBIAK SŁAWOMIR   | 89  |                            | BYDGOSZCZ      | POLSKA | M50-59 | 4      | M 42  | 00:15:35           | 00:03:00 | 00:34:41      | 00:01:20 | 00:21:23    |         | 01:15:59.70 | 01:15:59.70 |
| 5    | SZULC WOJTEK      | 229 | KOCHAM DARIE               | BYDGOSZCZ      | POLSKA | M50-59 | 5      | M 61  | 00:17:26           | 00:03:11 | 00:32:27      | 00:01:25 | 00:23:54    |         | 01:18:23.30 | 01:18:23.30 |
| 6    | KRUCZKOWSKI PIOTR | 220 | KRYSPOORT TEAM             | BYDGOSZCZ      | POLSKA | M50-59 | 6      | M 75  | 00:17:10           | 00:02:46 | 00:33:49      | 00:00:57 | 00:26:02    |         | 01:20:44.60 | 01:20:44.60 |
| 7    | KUŹMA WOJTEK      | 94  |                            | BYDGOSZCZ      | POLSKA | M50-59 | 7      | M 96  | 00:16:54           | 00:02:35 | 00:36:33      | 00:00:57 | 00:26:20    |         | 01:23:19.50 | 01:23:19.50 |
| 8    | MALINOWSKI ARTUR  | 113 |                            | MAKSYMILIANOWO | POLSKA | M50-59 | 8      | M 117 | 00:18:50           | 00:04:18 | 00:36:09      | 00:01:43 | 00:25:40    |         | 01:26:40.35 | 01:26:40.35 |
| 9    | GRUBA JACEK       | 45  |                            | BRZOZA         | POLSKA | M50-59 | 9      | M 129 | 00:18:01           | 00:04:07 | 00:37:12      | 00:01:39 | 00:27:15    |         | 01:28:14.60 | 01:28:14.60 |
| 10   | JUREK KRZYSZTOF   | 63  |                            | NIEMCZ         | POLSKA | M50-59 | 10     | M 152 | 00:15:57           | 00:04:26 | 00:43:18      | 00:00:55 | 00:29:32    |         | 01:34:08.70 | 01:34:08.70 |
| 11   | URBAŃSKI JANUSZ   | 183 | TRISPACE                   | BYDGOSZCZ      | POLSKA | M50-59 | 11     | M 159 | 00:18:22           | 00:05:17 | 00:38:11      | 00:02:25 | 00:35:28    |         | 01:39:43.05 | 01:39:43.05 |
| 12   | PALACZ MIROSLAW   | 133 |                            | BYDGOSZCZ      | POLSKA | M50-59 | 12     | M 169 | 00:28:35           | 00:04:02 | 00:42:22      | 00:01:27 | 00:34:29    |         | 01:50:55.65 | 01:50:55.65 |

**OCEAN LAVA TRIATHLON POLSKA - SPRINT, M60-69**

| M-ce | Nazwisko i imię   | Nr  | Klub | M-scowość | Kraj   | Kat.   | M. kat | K/M   | Pływanie<br>0.75km | T1       | Rower<br>20km | T2       | Bieg<br>5km | Kar/Bon | Netto       | Brutto      |
|------|-------------------|-----|------|-----------|--------|--------|--------|-------|--------------------|----------|---------------|----------|-------------|---------|-------------|-------------|
| 1    | SMIETANA MIROSLAW | 161 |      | DOBR CZ   | POLSKA | M60-69 | 1      | M 145 | 00:20:35           | 00:04:40 | 00:41:35      | 00:01:15 | 00:24:08    |         | 01:32:13.80 | 01:32:13.80 |